

Welcome from BU Orientation!

1839

*Your journey starts here***18 weeks to arrival. 39 days to thrive.**

Volume 16: Almost There: Your Move in Game Plan

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Move-In Day is Approaching

As summer starts to wind down, it's good to start planning for your move-in! As you prepare for move-in and Orientation, you probably have mixed feelings, and that's completely normal. In this volume, you'll find:

- Helpful tips, important reminders, campus resources, and ways to make the most of your BU experience. As you settle in, remember that many are adjusting to something new, just like you!
- Take time to explore campus, introduce yourself to classmates and neighbors, and don't hesitate to ask questions. Before you know it, BU will start to feel like home.

Terrier Tip: Explore beyond your residence hall. During your first week, challenge yourself to visit one new campus spot each day!

Student Leader Spotlight

Sage, Orientation Leader

BU Wheelock '28, Education and Human Development

Q. What made your move-in day easier?

A. I would say working together with my parents helped a lot on move-in day. I also recommend vacuum seals, which keep all of my stuff very organized, and I was able to store away whatever I didn't need in the moment easily. Another thing I would recommend is bringing a fan because it can get very hot when moving in, so having a fan prior to settling in is helpful.

Q. What's one thing you wish you knew before move-in?

A. One thing I wish I knew was to buy an ottoman too, but it's extra stuff I may not need. BU Housing is very diverse and comes in all different shapes and sizes, so it's good to have an ottoman in case you need extra storage or just to have a seat in the room. I would also recommend checking out the BU Housing website to see what is allowed in dorms, so you are aware!





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Be Move-In Ready

Last Minute Tips

- **Stay Hydrated:** It can get very hot and humid, so it's good to keep drinking water!
- **Come on Time:** Expect traffic around Commonwealth Avenue. Give yourself extra travel time, especially during peak move-in hours.
- **Wear comfortable shoes:** You may be walking between parking areas, residence halls, and check-in locations.
- **Check your Emails:** Keep an eye out for any information or changes from BU housing through your BU email!
- **Explore your neighborhood:** Whether you're in Warren, West, Towers, Bay State, or Fenway Campus, take a short walk to find your dining hall, laundry room, closest T stop, and classroom buildings.

Get Connected

BU Housing

BU Housing offers many different on-campus residential spaces and manages all on-campus student residences, assignments, room selection processes, and housing agreements.

Residence Life (ResLife)

The ResLife team supports students living on campus. Your Resident Assistant (RA) is a fellow student who can help support you during your transition to university living.

Academic Exploration

Space for Success

Part of the fun of starting a new year is decorating and setting up your new living space. So how can you optimize your space for academic success? Here are a few pro tips! Get a solid night's sleep by making your bed as comfortable as possible. A [free sleep kit](#) from Student Health Services has all kinds of useful goodies. And whether you plan to study in your room, study elsewhere, or some combination of both, start by talking with your roommates about how you'll share and use the space. There's nothing more disruptive than your roommate having friends over the night before you have a midterm.



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Mental Health Resources

College Mental Health Education Programs

We know coming to college can be a challenging transition, so students are encouraged to check out the College Mental Health Education Program (CMHEP)'s variety of resources and programs, including:

- **Peer Academic Supports for Success:** Peer Coaching to help students with mental health conditions navigate their college experience.
- **FY 103: Self-Efficacy Seminar:** A course designed to help students build connections and community, identify campus resources, and build the skills and resilience to navigate college stressors



Inside Orientation: Move-In

Welcome to BU!

New Student Move-In is on Monday, August 24 & Tuesday, August 25, 2026, during which students will be able to choose what time slot they will move by making an appointment through the Housing portal. There will be four groups each day, which are:

- Group A (8am-10am)
- Group B (10am-12pm)
- Group C (1pm-3pm)
- Group D (3pm-5pm)

Move-In will be a day full of adventures and changes; you will have time to settle in before Orientation begins on August 26! If you have any questions, **BU Housing** will have more information regarding move-in, residences, and what to bring and what not to bring. We are here with you every step of the way and can't wait to welcome you at Orientation!



Connect with us!

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