



1839

Your journey starts here

18 weeks to arrival. 39 days to thrive.

Volume 10: Make It Count: Internships, Research & More



Enhance Your Academic Experience

BU and greater Boston are hubs for experiential learning! Take advantage of the opportunities available to make connections and gain professional experience.

- Interested in strengthening your college writing before taking your first classes? Check out the ERC's Zoom Series [Top Ten Tips for College Writing](#) and [Top Ten Tips for College Success](#).
- Looking for a job or internship? Download [Handshake](#), BU's online hub for career resources, including internship and job listings, in the US and globally.

Get Excited.

Want to study abroad and gain valuable global experience? BU has 170+ programs in 30+ cities in 20+ countries! Explore all the options [here](#).

Get Ready.

Want to work at FitRec this fall? Fill out our [interest form](#) to get connected with hiring managers & land an on-campus job you'll love!

Get Connected.

Check out this BU Hub Co-[Curricular Experience](#): [Designing Your BU](#), a 0 unit course designed to help first year students envision how to make the most of their time at BU.

Orientation Leader Spotlight:

Meet Madisyn Hancock, Biology, CAS 2026!

Q: What is a fun fact about you?

A: I do neurovascular research at MGH!

Q: What advice do you have for new students?

A: Give yourself time to settle when you first come in! There's a lot of pressure to get out and make friends as soon as possible but it's also equally important to let yourself adjust! :)



Scan the QR code to shape future newsletter content or apply to be featured in an upcoming New Student Spotlight!



Connect with us!

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Welcome from BU Orientation!

July 8, 2025

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Academic Exploration

To help you learn about careers, explore your academic interests, and gain valuable new skills, BU encourages all students to pursue at least one “high-impact” educational experience such as study abroad, internships, or research with a faculty member. Conducting research is a particularly good way to deepen your knowledge, build relationships with professors, and practice skills like problem-solving, communication, and teamwork (hint hint: these are all skills that you’ll need in your future jobs). Through the Undergraduate Research Opportunities Program (UROP), you can apply to get paid to do research or you can learn how to get academic credit for a project!



Zoom To BU

Register for our session **tomorrow** (Wednesday, July 9) at 7pm ET [here!](#)



Inside Orientation Week

On 8/27 & 8/28, personalize your schedule by choosing sessions based on your interests. Check out this one!

Arts In Action

Participate in the arts outside of the classroom. Whether a student in CFA or someone that enjoys the arts, learn about ways to stay creative while on campus!

Hosted By: BU Arts Initiative

10:15am-11:15am on Wednesday 8/27

Visit [MyBU student portal](#) to add it to your schedule!

Student Tip of the Week

Keep an eye out for the many free professional development workshops offered throughout the year! Most opportunities are listed on [this calendar](#).

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