

Metacognition Module Outline:

*Please fill out the following outline while you are watching the videos, and bring a copy to class.*

Metacognition means: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.

Metacognition is useful for college learning because: \_\_\_\_\_  
\_\_\_\_\_.

You may encounter metacognition formally in your classes in various ways such as: \_\_\_\_\_  
\_\_\_\_\_.

Write three considerations/recommendations mentioned in the video for applying some metacognition to your pre-reading:

- (Recommendation 1): \_\_\_\_\_
- (Recommendation 2): \_\_\_\_\_
- (Recommendation 3): \_\_\_\_\_

Write three considerations/recommendations mentioned in the video for applying some metacognition to your studying and reviewing readings:

- (Recommendation 1): \_\_\_\_\_
- (Recommendation 2): \_\_\_\_\_
- (Recommendation 3): \_\_\_\_\_

Three strategies for doing homework more metacognitively are:

- (Strategy 1): \_\_\_\_\_
- (Strategy 2): \_\_\_\_\_
- (Strategy 3): \_\_\_\_\_

Five key strategies for being more metacognitive in paper assignments are:

- (Strategy 1): \_\_\_\_\_
- (Strategy 2): \_\_\_\_\_
- (Strategy 3): \_\_\_\_\_
- (Strategy 4): \_\_\_\_\_
- (Strategy 5): \_\_\_\_\_