

Financial Literacy Components:

Income

Expense

BUDGETING

Credit

Monthly Budgeting:

- Expenses Spreadsheet-Include Paying Yourself
- $\text{Income} - \text{Expenses} = \text{Balance}$ (Hopefully money left over)
- Planning
- Balance Your Checking Account Every Month

Actual Monthly Budget:

- Categorize Expenses (Rent, Utilities, Credit...)
- Schedule Payments (Electronic or by Check)
- Always Pay Yourself First (Savings)
- Leave Enough to Cover Every Day Spending

Long-Term Planning:

- Define Specific Goals
- Figure the Cost of Reaching Goal (auto purchase, home, vacation, new television, computer...)
- Figure What You Can AFFORD to Put Aside Each Month
- Execute Plan: Money Into Separate Account, if Possible (out of sight, out of mind)

See:

- Balancing Your Checkbook (Checking Account-same thing)
- Creating a Budget
- Assisting in the Formula
- Tips to Control Spending
- A Blank Monthly Budget Spreadsheet
- Websites and Apps that can Help