

BU RESOURCES FOR BUSSW STUDENTS

A copy of this guide is available on each platform's Information Central under the Resources (OCHP/OLP) or Health and Counseling (CRC) tab and by going to this link:

<https://www.bu.edu/ssw/students/current/support-resources/>

This guide is accurate to the best of our knowledge. It is not meant to replace what is on the website for the individual sites and may be subject to change. If you notice that there are discrepancies or missing information, please let us know at dberglin@bu.edu.



Department	Website address	Services Offered	Which students can access the services?			
			CRC-PT	CRC-FT	OCHP	OLP
Dean of Students	https://www.bu.edu/dos/	Emergency funds available to all students, can be larger than \$250, other services available to CRC or local students only including emergency food and short-term laptop loans	X	X	Emergency Funds	Emergency Funds
Education Resource Center	https://www.bu.edu/erc/	Academic and time management, 1:1 coaching and workshops, writing assistance, ESL conversation groups, graduate student lunch and learn series, everything is available to all students via zoom and in person	X	X	X	X
International Students & Scholars Office	https://www.bu.edu/isso/	Assistance with visas, immigration, on-campus employment	X	X	N/A	N/A
BUSSW Emergency Request Fund	https://www.bu.edu/ssw/resources/back-2-busssw/student-emergency-fund/	Emergency funds up to \$250	X	X	X	X
Sargent Choice Nutrition Center	https://www.bu.edu/scnc/all-services/	Nutritional counseling, with specializations in eating disorders and digestion disorders; free consultation session, then utilize insurance for additional services. Free workshop series for all students; recipes, and tips on healthy eating and food prep available on website. Virtual and in-person options	X	X	X	X
Fitness & Recreation Center	https://www.bu.edu/fitrec/	Free to FT students, cost for PT students, fitness center and fitness classes all in-person	X (fee)	X (no fee)	fee; all in-person	fee; all in-person
Newbury Center	https://www.bu.edu/newbury-center/	Informal and formal support, workshops, and groups for first gen students, virtual and in-person offerings. all free	X	X	X	X

Howard Thurman Center:	https://www.bu.edu/thurman/	BU's cultural programming hub, events/programs/groups; student ambassadors/graduate assistantships-- everything in person, but open to all	X	X	In-Person	In-Person
LGBTQI student center	https://www.bu.edu/lgbtqia-student-center/	On-campus student groups and resources, off-campus resources for Boston-based students	X	X	Boston-based Only	Boston-based Only
Danielsen Institute	https://www.bu.edu/danielsen/	Individual/group/family/couples counseling, psych testing and psychiatric services offered to BU students and Boston community members, insurance and self-pay available, national resources for affinity specific counseling referrals. In-person and telehealth.	SHIP, self-pay or private insurance	X	SHIP, self-pay or private insurance Must live in MA, 1 st appt in person	SHIP, self-pay or private insurance, must live in MA, 1 st appt in person
Student Wellbeing	https://www.bu.edu/studentwellbeing/how-to-live-well/	A one-stop department for BU wellness and support resources, both in-person and virtual. On-line workshops and support groups for all students on many topics related to wellness, including mental health, affinity support, grief, body positive, substance use, academic support, etc. All free and available to all students.	X	X	X	X
Student Health Services / Behavioral Medicine / Primary Care	https://www.bu.edu/shs/	Primary Medical Care: Basic urgent care, vaccinations, reproductive health care, LGBTQ+ care Behavioral Health Services: individual counseling, support groups, referral services, 24/7 crisis support (call back) 617-353-3569 Who: Full-time, in-person students can access all services regardless of insurance; part-time students with SHIP can use all services; Part-time students without SHIP can receive minor medical care at cost, attend support groups, receive 24/7 crisis intervention, and access referral services.	SHIP all services; non-SHIP: crisis intervention, groups, in-person minor medical care (fee)	All services	SHIP all services; non-SHIP: crisis intervention, groups, in-person minor medical care (fee)	crisis intervention, groups, in-person minor medical care (fee)
Family Resources	https://www.bu.edu/childrens-center/family-resources/	Campus daycare at cost, referrals to local babysitters and elder care	X	X	Referrals to Boston-based providers	Referrals to Boston-based providers

Center for Psychiatric Rehabilitation	http://cpr.bu.edu/	Mental health and addiction support services to students and community members who have a mental illness or substance use disorder, a mental health disability or are returning from LOA. Not a counseling or medication service. Provide wellness, academic skills, and resilience education, peer support, coaching and written resources. Services available in person and telehealth	If no SHIP, can receive services for a fee. Resource database available for free	X	If no SHIP, can receive services for a fee. Resource database available for free	If no SHIP, can receive services for a fee, Resource database available for free.
NASW Therapy Matcher	www.therapymatcher.org	MSW therapy matching service for students in MA, some clinicians take insurance or provide sliding scale	MA Only	MA Only	MA Only	MA Only
Veteran's Services	http://www.bu.edu/reg/general-information/veterans-services/	Help with use of the VA Ed benefit, support with applying for scholarships, connections to national mentoring services and Boston Vet counseling and support services and the national vet crisis line	X	X	X	X
Sexual Assault Response and Prevention Center	https://www.bu.edu/shs/sarp/	24-hour crisis line (617-353-7277), advocacy, and referrals to outside support for all students, individual and group counseling for FT CRC students	Everything except ongoing counseling	X	Everything except ongoing counseling	Everything except ongoing counseling
LGBTQ+ Student Health Services (Part of SHS)	https://www.bu.edu/shs/getting-started/lgbtq-plus-students/	Gender-affirming care, support groups, resources referrals and information on and off-campus in the Boston area	All services if have SHIP, everything except ongoing medical care if don't	X	Support groups, resources and referrals for Boston-area	Support groups, resources, and referrals for Boston-area
Office of Disability and Access Services	https://www.bu.edu/disability/	Support with accessing accommodations	X	X	X	X
Headspace	https://www.bu.edu/studentwellbeing/how-to-live-well/headspace-app-free-for-students/	Free wellness app provided by BU to all students	X	X	X	X