

Rick Cresta LICSW, MSW, MPH
Boston University School of Social Work
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- Jan 2001-
Present **Private Practice**
Provide psychotherapy to adolescents and their families. Specializing in substance abuse, oppositional and acting-out behaviors, unresolved grief, gang involvement, violence, and unhealthy relationships. Specializing in work with mandated and resistant clients. Provide trainings and consultation to private agencies, the Department of Social Services, and the Department of Youth Services.
- March 2001-
Present **Boston University School of Social Work**
Adjunct Faculty for *Ethics in Social Work Practice, Clinical Work with Adolescents, & Alcohol and Drug Abuse Professional Education Program*, classes titled: *Clinical Work With Substance Abusing Adolescent, Clinical Work Mandated Adolescent Clients*, and *Tough Topics with Teen; Getting Adolescents to Open-up in Therapy*. Advanced Certificate Program, class titled: *Clinical Work with Children Adolescents, and their Families*.
- June 2002-
Present **Massachusetts Child Welfare Institute**
Instructor for in-service regional trainings for DSS throughout the state. Also, an instructor in the CORE training unit for new caseworkers. Teach both the Substance Abuse and Adolescent components.
- Nov 1995-
January 2001 **MSPCC Family Counseling Center** Jamaica Plain, MA
Director of Adolescent Services- Provided trainings and workshops. Performed clinical supervision and case consultation. Marketed and developed MSPCC programs and services.
Mental Health Clinician- Provided individual, family, and group therapy to traumatized children and young adults. Focused on issues relating to violence an anger, grief and loss, substance abuse, and sexual abuse. Performed diagnostic evaluations, case management, advocacy, and outreach services. Specialized in work with court involved adolescents.
- Jan 1993-
May 1995 **Center for Community Response Care** Dorchester, MA
Worked as a community organizer to form a community/professional partnerships to collaboratively address health concerns of the identified community. Worked with the homeless community and health care providers to develop and implement an intervention around mental health needs. Combined practicum and didactic training using the Community Oriented Primary Care (COPC) model.
- Sep 1992-
June 1993 **Fenway Community Health Center** Boston, MA
Clinical Social Work Intern- Provided brief and long term therapy to culturally diverse clients. Treatment issues included substance abuse, HIV/AIDS, homelessness, and sexual orientation. Conducted diagnostic evaluations with couples and individuals. Served on interdisciplinary treatment team.
- Sep 1991-
June 1992 **Malden Public Schools** Malden, MA
Clinical Social Work Intern- Provided individual and group counseling to adolescents with special needs, including crisis intervention work to individual and families. Served as a liaison with teachers and outside agencies. Established and lead a group for recent immigrants from Southeast Asia.
- Nov 1988-
Aug 1991 **Brandon Residential Treatment Center** Natick, MA
Treatment Team Manager- Supervised a case load which included, developing and monitoring treatment plans, chairing quarterly conferences and diagnostic meetings, acting as a liaison with parents and outside agencies, documenting team decisions, and co-leading team meetings.
Residential Supervisor- Responsible for the daily operation of a community residence for ten emotionally disturbed adolescents. Trained and supervised staff of five milieu counselors. Managed program finances. Ensured the implementation of care plans. Monitored the administration of medication.
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Boston University School of Public Health

Masters of Public Health, September 1994

Concentration: Social and Behavior Sciences, Health Education and Promotion

Boston University School of Social Work

Masters of Social Work, May 1993

Concentration: Casework-Mental Health. Minor: Community Organizing

Boston College School of Management

Bachelors of Science, May 1985

Major: Management/Marketing