

# Help Distribute Rescued Produce to the East Boston Community!

**EBNHC Fair Foods Distribution**

**1st and 3rd Friday of the Month**

**12:00 pm to 2:00 pm**

**East Boston Neighborhood Health Center**

**Join us while we sort and pack bags of fruits and vegetables for our bimonthly Fair Foods distribution!**

- ◆ **Volunteers can help out one time or sign up to be a regular volunteer**
- ◆ **A great team building activity for groups**
- ◆ **A fun way to spend a Friday afternoon for individuals, coworkers, and families.**
- ◆ **And all volunteers get to bring home a bag of produce!**

**For more information about this or other volunteer opportunities  
contact us at:**

**[terchiaie@ebnhc.org](mailto:terchiaie@ebnhc.org) or by phone at 617-568-4865**



Our distribution is in partnership with Fair Foods, Inc. Fair Foods is a food rescue program that distributes bags of rescued and gleaned produce for \$2 per bag in low-income communities. *“Fair Foods helps transform the under-utilized abundance our society has into a more equitable paradigm of serving and sharing among people. Resources of food, materials, knowledge, and compassion are distributed to those who have a need.”*  
[www.fairfoods.org](http://www.fairfoods.org)