

SARP NEWSLETTER

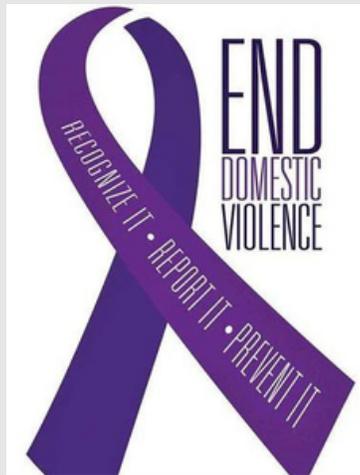
SEXUAL ASSAULT RESPONSE & PREVENTION CENTER

CELEBRATING 10 YEARS OF SUPPORTING SURVIVORS



October is Domestic Violence Awareness Month

Domestic Violence Awareness Month has been recognized for 30+ years and is committed to the following goals: **supporting domestic violence victims and survivors, holding abusers accountable, and creating and updating legislation to further those goals.**



Our Fall Support Groups

We wanted to remind everyone that three focus groups are being offered this Fall - Complicated Relationships and Sexual Assault Survivors, Overcoming Family Challenges, and Trauma Support Group for Graduate Students. Sign up on our website to join!



We have a new Instagram!

This month we launched a new Instagram account, titled "@sarp.at.BU!" Be sure to follow our new account and stay updated on what we do!

Training Highlight

This month, we are offering the This Dating Life training which is focused on educating participants on the key components of a healthy relationships, how to have healthy boundaries, and how to identify signs of unhealthy and abusive relationships. For more information or to sign up for a session, look on our website.

YOUR 2022-23 AMBASSADORS

This year, we welcomed 15 undergraduate ambassadors to the Sexual Assault Response & Prevention Center. SARP Ambassadors are a community of student workers who work together in the mission to build community, promote sex-positivity, and drive change to prevent sexual and interpersonal violence at Boston University. They assist in the planning and implementation of SARP events and initiatives, implement programs, provide valuable feedback on campus sexual violence initiatives, and facilitate important conversations with other BU students.

To learn more about our ambassadors, check out our Instagram highlights with their information. For now, check out these photos of ambassadors at the ClayRoom during their orientation last month.



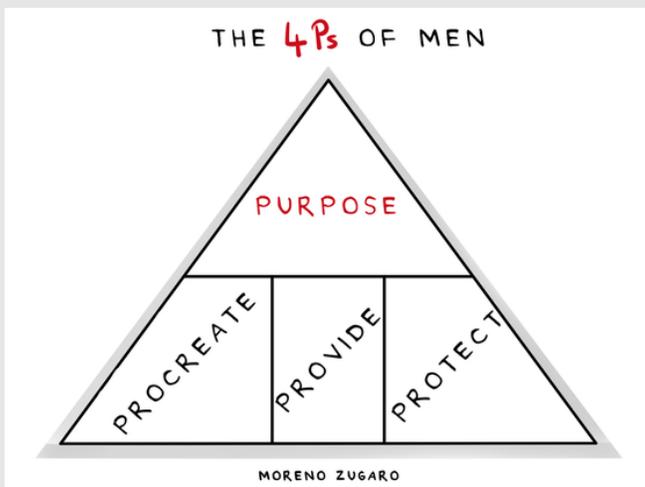
SARP'S INBOX: RECENT HEADLINES

WHAT DOES IT MEAN TO BE A MAN IN TODAY'S WORLD?

Author: Moreno Zugaro

The Highlights:

1. Preventing toxic masculinity isn't about giving up masculinity or part of someone's identity, but applying their values in the context of their lives
2. Protection, providing, and procreating remain masculine values which can be applied by being a prosocial bystander, supporting those you care about, and making time for those who look up to you
3. Purpose unites these three values and is a way to positively channel masculine energy for the benefit of the individual and those around them

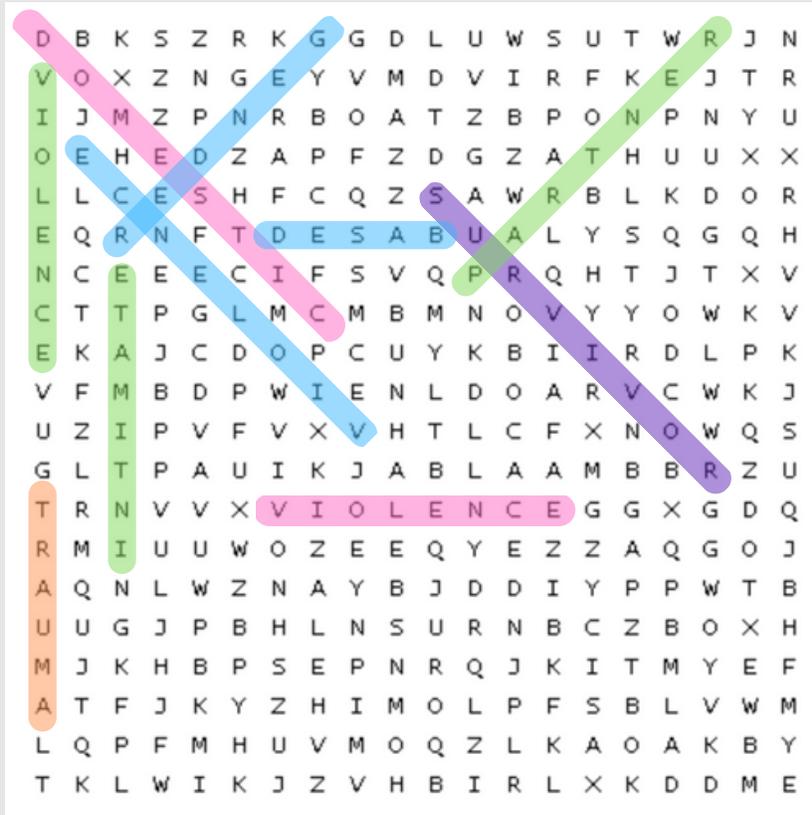


Want to learn more?

[Click below to view the article](#)

Toxic masculinity isn't something men are born with and need to be cleansed of. It's the manifestation of excess masculine energy that can't be taken out elsewhere. That's the real crisis of masculinity: Men lack an outlet through which they can channel their masculine energy — a purpose, virtues, and a higher goal.

TERMS OF THE MONTH



Domestic Violence: A pattern of assaultive and coercive behaviors in which an individual establishes and maintains power and control over another with whom they have an intimate, romantic, marital, or family relationship. [Source: Day One]

Gender-based Violence: Refers to harmful acts directed at an individual based on their gender; rooted in gender inequality, the abuse of power and harmful norms.

Intimate Partner Violence: A pattern of abusive behavior in an intimate or romantic relationship, where one person chooses to control the relationship through the use of force, intimidation, or fear; sometimes referred to as domestic violence. [Source: Day One]

Survivor: Someone who has been impacted by destructive or injurious, acute or chronic mental, emotional or physical harm, derived from real or perceived threats or actions; has been hurt but is capable of healing. [Source: University of Toledo Cecilia Williamson PhD in Conjunction with the Lucas County Human Trafficking Coalition]

Trauma: the response to a deeply distressing or disturbing event, series of events, or set of circumstances that can be experienced as emotionally or physically harmful and life threatening with lasting adverse effects on an individual's functioning and mental, physical, emotional and spiritual well-being. [Source: SAMHSA-HRSA Center for Integrated Health Solutions]

MASCULINITY:

TOXIC-MASCULINITY: HOW HARMFUL STEREOTYPES OF WHAT IT MEANS TO BE A MAN FAILED TUA TAGOVAILOA

Tua Tagovailoa is the quarterback for the Miami Dolphins. In a game against the Buffalo Bills, Tagovailoa was pushed by a linebacker, appeared unstable after the fall, and was escorted to the locker room before halftime. At the start of the second half, Tagovailoa was back on the field – a team physician and unaffiliated neurotrauma consultant cleared him to play and determined that he was not concussed – despite his symptoms. Only four days later at another game, Tagovailoa suffered another hit and was now diagnosed with a concussion – which many believed was his second in two days. This time, Tagovailoa was unable to walk off the field and was instead carried off strapped to a board. With this seemingly being his second concussion in four days, news headlines began to look at what could, and should, have been done to better protect Tagovailoa.

There has been much discussion about whether or not Tagovailoa should have been cleared to play. The NFL Players Association has fired the consultant who cleared Tagovailoa. However, the Dolphins coaching staff has continued to say that protocol was followed. So what is the truth? Journalists have explained how our toxic view of masculinity has limited men from showing pain, and thus resulted in the pain of men not being taken seriously, which is seen here in the case of Tagovailoa. Even though he was clearly hurt, he was encouraged to go back in, and he did, thus showing how toxic masculinity can have the ability to do not only emotional and psychological damage, but also physical damage.

MASCULINITY IN MEDIA

Emmanuel Acho, former NFL player and New York Times bestseller, has taken to Tik Tok to speak on how our societal view on masculinity can be used to better understand the handling, and some may say mishandling of Tua Tagovailoa's head injuries. Check out his Tik Tok to hear his stance on it in his own words [@emmanuelacho](#).

