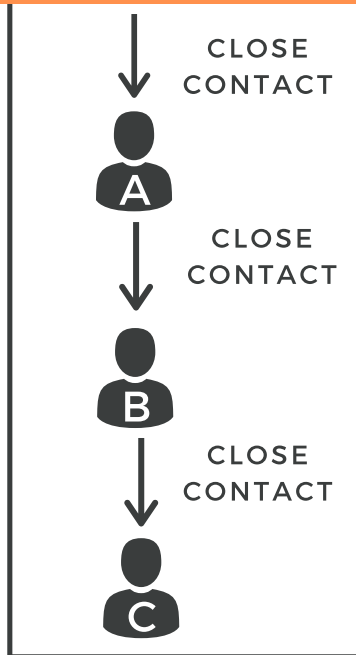# Guidelines for COVID-19 Exposures

*These guidelines are for students who are **not healthcare workers**

PERSON WHO HAS TESTED POSITIVE FOR COVID-19

CLOSE CONTACT
↓
A

CLOSE CONTACT
↓
B

CLOSE CONTACT
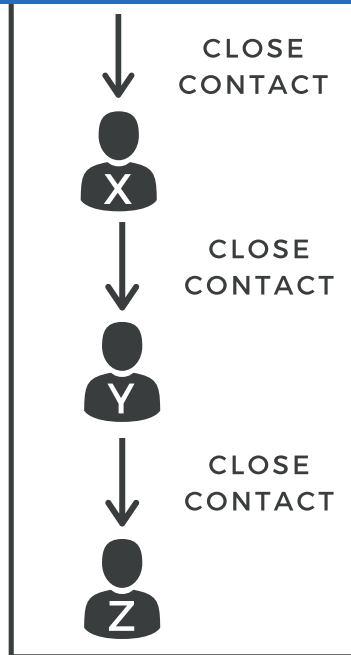↓
C

If you are "A":
Quarantine for 14 days. If you are in Massachusetts (MA), get tested for COVID-19. Contact SHS for advice on next steps.

If you are "B" or "C":
Practice physical distancing. If you develop COVID-19 symptoms, contact SHS and your personal healthcare provider.

PERSON WITH SYMPTOMS WHO IS WAITING FOR COVID-19 TEST RESULTS

CLOSE CONTACT
↓
X

CLOSE CONTACT
↓
Y

CLOSE CONTACT
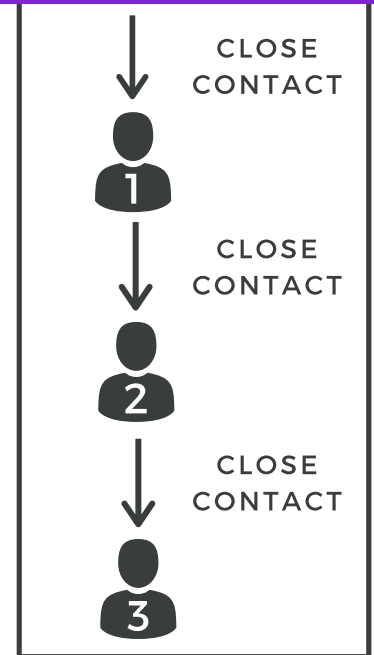↓
Z

If you are "X":
Quarantine for 14 days until you learn that the person tests negative. If the person tests **positive**, stay in quarantine, get tested if in MA, and contact SHS for advice on next steps.

If you are "Y" or "Z":
Practice physical distancing. If you develop COVID-19 symptoms, contact SHS and your personal healthcare provider.

PERSON WHO IS WELL BUT TRAVELED INTERNATIONALLY OR IN A HIGH-RISK AREA

CLOSE CONTACT
↓
1

CLOSE CONTACT
↓
2

CLOSE CONTACT
↓
3

If you are "1", "2", or "3":
Practice physical distancing. If you develop COVID-19 symptoms, contact SHS and your personal healthcare provider.

COVID-19 symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Contact Healthway:

- bu.edu/healthway
- Call 617-353-0550

Close contact means being within 6 feet of someone for at least 15 minutes OR having direct contact with infectious secretions (e.g., being coughed on, being sneezed on).

Physical distancing (social distancing) is for everyone. It means keeping people farther apart to prevent the virus from spreading in communities.

Quarantine is for people who may have been exposed to the virus. It means keeping them physically apart from others in case they are infected (i.e., staying at home).

Isolation is for people who have the virus. It means keeping them separated from people who don't have it.

Boston University Student Health Services

Adapted from Harvard University Health Services
Updated: 8/25/2020