This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
Pre-Event Medical Time-Out Check List

**Purpose Statement:** In the event of an Emergency this will be the team that will be involved in the care and transport of the injured patient. This meeting is designed for us to familiarize ourselves with each other, review emergency procedure, and establish today’s plans for best patient care.

**Identification and Role Delineation (In game locations)**
- Home AT
- MD/DO
- Visiting AT
- AT Students
- EMS
- BUPD
- Facilities Management
- Game Officials

**Emergency Action Plan Review**
- Address and venue specific physical location
- Identify Entrances for EMS and access points to event floor/rink/field
  - Also Keys or Access that will be needed
- Activation is through BUPD dispatch at (617) 353-2121
- Status of Ambulance (i.e. on site, on call, dedicated unit)
- Contingencies for altering written EAP (i.e. weather, BUPD onsite etc.)

**Emergency Equipment and Locations**
- EAP
- AED
- Splint Kit
- Emergency Bag (oxygen, adjunct/advanced airways etc.)
- Crutches

**Emergency Communication**
- Who is activating EAP
- Means to activate EAP (i.e. BUPD radio, call 353-2121)
  - Armstrong Ambulance
  - ACLS or BLS
  - To Boston Medical Center
- Hand Signals
  - On court/ice/field Help/MD
  - EAP Activation
  - Emergency Equipment including AED, Splint, and Emergency Bag
  - All Emergency Equipment including Spinal Motion Restriction

**Sport Specific Considerations**
- Acknowledge Spinal Motion Restriction Procedure in Equipment Laden Athlete

**Questions**
- Does anyone have any questions regarding our plan in case of emergency during today’s event?
ROLE DELINEATION/CHAIN OF COMMAND IN EMERGENCY SITUATIONS

Role delineation is the assigning of roles to individuals in order to most efficiently execute the emergency action plan. Depending on staffing, more than one person can carry out each role or multiple roles can be carried out by one person. The Athletic Trainer (AT) will assign roles to the individuals present. The following list is an example of role delineation in an emergency. At least two individuals are listed for each role.

- **Immediate care of the injured person and decision whether or not to activate EMS:**
  1. AT/Physician*
  2. Athletic Training Student (ATS)

- **Activation of EMS:**
  1. ATS
  2. Coach/Assistant Coach
  3. Staff/Administrators

- **Equipment retrieval/assistance to care provider:**
  1. ATS
  2. Coach/Assistant Coach
  3. Staff/Administrators

- **Meets Ambulance/Open Appropriate Entrances:**
  1. ATS
  2. Coach/Assistant Coach
  3. Teammate
  4. Staff/Administrators

- **Player Control:**
  1. Coach/Assistant Coach
  2. Team Captain

- **Spectator Control:**
  1. Staff
  2. Coach/Assistant Coach
  3. Administrators

* In accordance with An Ordinance Creating a College Athlete Head Injury Gameday Safety Protocol

All Varsity Ice Hockey and Men’s Lacrosse competitions hosted by Boston University will be staffed with an onsite Neurotrauma Consultant. The Neurotrauma Consultant shall be a physician who is board certified or board eligible in neurology, neurological surgery, emergency medicine, physical medicine and rehabilitation, or primary care CAQ sports medicine certified physician. The Neurotrauma Consultant shall be present at the level of the event’s playing surface, and with full access to the benches and/or sidelines of any participating athletic program.

- During all emergencies, the most qualified medical personnel will direct care of the injured party/parties. The person stabilizing the cervical spine will have the authority to command the care procedures. Multiple rescuers will be necessary for stabilizing the cervical spine when caring for an equipment laden athlete. Any individual who identifies themselves as a medical healthcare provider during an emergency situation should remain at the scene until dismissed by the individual directing the care of the injured party/parties.

- In the event of multiple injuries, the AT and ATS, if present, will triage the injured parties and provide the appropriate care.

- Visiting AT will treat his/her patients with the assistance of home AT/ATS if deemed necessary by either party.

- When an injury occurs to a spectator and first aid is not present, the AT will assume control of the situation and direct care of the injured parties. The role delineation will follow identically for a spectator as it would for an injured athlete.
**Lightning Safety**

Prior to any athletic event weather forecasts should be monitored for the threat of inclement weather. Options for monitoring forecasts include but are not limiting to the national weather service at [www.weather.com](http://www.weather.com) and verified lightning detection services including but not limited to WeatherSentry and WeatherBug. This policy should be discussed during medical time outs prior to events, with all relevant stakeholders.

The following emergency action plan was developed using the most current recommendations of the National Weather Service, the National Lightning Safety Institute, the NATA Position Statement on Lightning Safety for Athletics and Recreation as well as the NCAA Sports Medicine handbook. In the situation where a **clap of thunder** is heard, a **flash of lightning is seen** or a **storm capable of producing lighting is within a 12-mile radius**:

1. Seek safe shelter at the **first sound** of thunder. **“When Thunder Roars, Go Indoors”**
2. When Lightning is observed and no audible thunder is present
   a. Open weather app with independently verified lightning detection to view proximity of storm to venue
   b. **If the storm and/or any lightning strike** is within **12 miles** safe shelter should be sought immediately.
      i. Lightning is capable of striking 10 miles from the rain shaft of a storm
      ii. Continue to monitor movement and location of storm.
   c. **In the event the WeatherSentry or WeatherBug applications is not available or in operation immediately seek safe shelter**
3. Safe shelter is any **fully enclosed building** that involves **plumbing and/or electrical wires** that act to electrically ground the structure. **“No Place outside is safe when thunderstorms are in the area.”**
4. If such a shelter cannot be found, take shelter in any **vehicle with a hard metal roof and closed windows**.
5. While indoors, **stay away** from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
6. **Designate** a weather watcher to monitor the weather from a safe location.
   a. **During events where Athletic Training Services are providing on-site coverage, Athletic Training Services will make all decisions regarding suspension and resumption of outdoor activities as outlined in this policy. The web-based application will be used as a resource however the Athletic Trainer will make a clinical decision. This decision will be unchallengeable. These decisions will be communicated to Athletics Administration, Facilities Management, Coaches, Officials, etc. as appropriate. Further, Athletic Training Services will designate a specific weather watcher without additional responsibilities during the delay.**
   b. **Decisions regarding suspension and resumption of outdoor activities in circumstances where Athletic Training Services are not present will be made in accordance with this policy by Athletics Administration, Facilities Management, Coaches and/or their appropriate designees. The individual responsible for this decision will designate a weather watcher.**
7. No outdoor activities including but not limited to practices, games, conditioning, individual sessions etc. are to be resumed until 30 minutes after the last sign of lightning/thunder or once the storm is outside of the 12-mile radius. The timer will be reset for every clap of thunder heard or lightning strike within the 12-mile radius.
**Management of Storm-Induced Injuries**

- Individuals that are struck by lightning do not carry residual charge and may be handled without danger to the medical personnel. The medical personnel should:
  1. Evaluate whether the scene is safe. On-going lightning may still be a threat.
  2. Determine whether moving the individual to a safe shelter is warranted. Safely move the injured individual to a safe shelter.
  3. Activate emergency medical response systems if deemed necessary.
  4. Apply any first aid necessary.

- When managing storm-induced injuries, first triage lightning victims who appear dead. Most deaths from lightning strikes are caused by cardiac arrests and aggressive CPR and defibrillation may resuscitate these patients.

- Activate EMS by calling BUPD from a cell phone: (617) 353-2121
  BU campus landline phone/Blue Box: 3-2121

**Mechanisms of Lightning Injury**

- **Direct strike:** Occurs to the head, current may enter the orifices causing eye and ear injuries. When assuming the lightning-safe position, one can cover their ears to help avoid this type of trauma.

- **Contact injury:** Occurs when the victim is touching an object that is in the pathway of a lightning current.

- **Side flash:** Lightning may strike an object near the victim and then jumps from that object to the victim. The chance of a side flash is increased under a shelter such as a small picnic shelter or next to a tree.

- **Step voltage** or **ground current:** Current from lighting radiates outward from strike point. When assuming lightning safety position, place feet close together to avoid injury.

- **Blunt injury:** Lightning current can create abrupt heating/cooling of air leading to explosive/implosive forces that cause injury.
COLD WEATHER POLICY

Cold Weather Policy

The following policy guides decision making for patient safety regarding environmental cold injuries. Exposure to cold presents an inherent risk of injury. It is important to note that the following guidelines for activity and associated limitations apply only in the absence of precipitation. Precipitation, most notably rain and snow, will affect the risk of environmental cold injury. It is unclear in the literature at exactly what rate of rain or snow fall, in conjunction with the air temperature and wind rate, conditions become unsafe. However, it is clear that precipitation significantly increases the risk of environmental cold injury. Therefore, in circumstances involving precipitation, decisions about participation restrictions will be made by Athletic Training Services on an individual basis based upon the current conditions.

All outdoor athletic events at Boston University operate under the guidelines in the following table. The certified athletic trainer is responsible for communicating to all athletic personnel and employing these guidelines. Please note the following temperatures ranges account for wind-chill.

<table>
<thead>
<tr>
<th>Wind-Chill Temperature</th>
<th>Guidelines/adjustment</th>
</tr>
</thead>
</table>
| < 25°F                 | - Be aware and ready for possibility of cold injuries.  
                         - All practice participants will take reasonable precautions to cover exposed skin.  
                         This includes, at minimum: practice participants should wear long sleeves, pants, gloves, and hats during warm up activities. Hats and gloves should remain on during practice. All non-participating student-athletes should have exposed skin covered. |
| ≤ 20°F                 | - All practice participants must wear appropriate clothing/equipment at all times while outdoors. This includes, at minimum: long sleeves, pants, gloves, and hats. Athletic Training Services will make additional clothing or equipment recommendations as seen fit. Any practice participant not in appropriate clothing/equipment must be removed from practice and remain indoors until appropriate clothing/equipment is worn.  
                         - All non-participating student-athletes should remain indoors. |
| ≤ 15°F                 | - Must comply with previously stated clothing/equipment requirements.  
                         - Warm up and cool down activities should occur indoors.  
                         - Practice plan should be altered to decrease “down time” where participants are not moving.  
                         - Appropriate practice length should be determined, in advance, by head coach and Athletic Training Services based upon the intensity of the practice plan.  
                         - All non-participating student-athletes should remain indoors. |
| ≤ 10°F                 | - Must comply with previously stated clothing/equipment requirements.  
                         - Warm up and cool down activities must occur indoors.  
                         - Practice plan should be altered to decrease “down time” where participants are not moving.  
                         - Maximum exposure time: 60 minutes (any further exposure that day must follow a period time that includes complete re-warming and the changing of all base layer clothing)  
                         - All non-participating student-athletes should remain indoors. |
| ≤ 0°F                  | - Cancel event and reschedule |
All temperature readings for interpretation of the above chart will be taken by Athletic Training Services immediately preceding the scheduled practice or game, using the Kestrel® 4500 Pocket Weather Tracker. Communication regarding readings taken prior to this will occur between the head coach and Athletic Training Services on an individual basis. **NOTE:** the above guidelines may be altered by Athletic Training Services in the presence of other mitigating factors, such as, portable heaters, temporary re-warming facilities, altering game play rules (e.g. extended half-times for rewarming), etc. These decisions will be made on an individual basis.

For events involving participants subject to this policy that are not directly covered by Athletic Training Services and occur off campus, decision will be made based upon the most currently available data from the National Weather Service. This information can be located at:  
http://www.weather.com/weather/today/Boston+MA+USMA0046?lswe=boston%20ma&from=searchbox_localwx

Prevention of Cold-Related Injuries During Rowing

- Rowing in cold weather can be dangerous. Cold weather is defined as:
  - Air temperature (including wind chill) + Water temperature < 90°F  
  - OR
  - Water temperature < 50°F

- Water temperature will be determined by the thermometer (Kestrel Weather Tracker) housed at the DeWolfe Boathouse. When rowing in cold weather, Boston University strictly advocates that all of the following criteria be met for each boat:
  1. Use of 4-oars
  2. Use of a personal floatation device or neoprene suit for each member on the boat
  3. Ability to activate 911 from the boat

Recognition of Cold-Related Injuries

Recognizing early signs of cold-induced stress may prove to be important in preventing cold-related injuries. The following signs and symptoms are considered to be early warning signs:

- shivering
- dysesthesia at the distal extremities (e.g. numbness, pain, or burning sensation)
- disorientation
- slurred speech
**Signs & Symptoms of Cold-Related Injuries**

<table>
<thead>
<tr>
<th>Mild Hypothermia</th>
<th>Frostbite</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Vigorous shivering</td>
<td>- Edema</td>
</tr>
<tr>
<td>- Increased blood pressure</td>
<td>- Erythema</td>
</tr>
<tr>
<td>- Rectal temperature between 95-98.6°F</td>
<td>- Stiffness</td>
</tr>
<tr>
<td>- Fine motor skill impairment</td>
<td>- Tingling or burning</td>
</tr>
<tr>
<td>- Lethargy</td>
<td>- Mottled or gray skin appearance</td>
</tr>
<tr>
<td>- Apathy</td>
<td>- Tissue that feels hard and does not rebound</td>
</tr>
<tr>
<td>- Mild amnesia</td>
<td>- Vesicles</td>
</tr>
<tr>
<td></td>
<td>- Numbness or anesthesia</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Moderate/Severe Hypothermia</th>
<th>Chilblain/pernio</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Cessation of shivering</td>
<td>- Small erythematous papules</td>
</tr>
<tr>
<td>- Depressed vital signs</td>
<td>- Edema</td>
</tr>
<tr>
<td>- Rectal temperature less than 95°F</td>
<td>- Tenderness</td>
</tr>
<tr>
<td>- Impaired mental function</td>
<td>- Itching</td>
</tr>
<tr>
<td>- Slurred speech</td>
<td></td>
</tr>
<tr>
<td>- Unconsciousness</td>
<td></td>
</tr>
<tr>
<td>- Gross motor skill impairment</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Immersion (trench) foot</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>- Burning, tingling, itching</td>
<td></td>
</tr>
<tr>
<td>- Loss of sensation</td>
<td></td>
</tr>
<tr>
<td>- Cyanotic/blotchy skin</td>
<td></td>
</tr>
<tr>
<td>- Swelling</td>
<td></td>
</tr>
<tr>
<td>- Blisters</td>
<td></td>
</tr>
<tr>
<td>- Skin fissures</td>
<td></td>
</tr>
</tbody>
</table>

Any situation where an individual has been exposed to cold-weather and would like to lay down and rest should be considered a medical emergency and necessitate activation of the EAP.
Management of Cold-Related Injuries

- Activate EMS by calling BUPD from a cell phone: (617) 353-2121
  BU campus landline phone/Blue Box: 3-2121

- If a certified athletic trainer is NOT PRESENT:
  1. Assist the student-athlete to the best of your ability
  2. Activate EMS if deemed necessary
  3. If during normal business hours, call and refer the athlete to Boston University Athletic Training Services at 285 Babcock Street (617-353-2746)
  4. If outside normal business hours, refer the athlete to the Boston Medical Center Emergency Room or emergency room with a burn unit for immediate care
  5. Ensure notification of the athletic trainer who coordinates care for the patient

- If a certified athletic trainer is PRESENT:
  1. Determine if EMS needs to be activated. If so, designate another individual to activate the EAP.
  2. Treat the individual according to current medical practices per table below
  3. Ensure notification of a Head Athletic Trainer, Director of Athletic Training Services, and Medical Director

- Any patient who is treated for a cold-related illness MUST follow up with a Boston University team physician for clearance PRIOR to returning to activity.

Management of Cold-Related Injuries During Rowing

In a situation where an individual falls into cold water (< 60°F):
  1. Quickly remove the individual from the water
  2. Follow steps above listed immediately under ‘Treatment’
  3. Carefully move the individual to a safe and warm location
<table>
<thead>
<tr>
<th>Mild Hypothermia</th>
<th>Frostbite</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Treat for any life-threatening conditions</td>
<td>• Rule out hypothermia</td>
</tr>
<tr>
<td>• Assess and monitor rectal temperature</td>
<td>• Tissue plasminogen activators (tPA) may be used to prevent amputation in severe cases</td>
</tr>
<tr>
<td>• Remove wet or damp clothing, insulate with warm dry fabrics (including covering the head), and move to a warm environment, if possible</td>
<td>• Immerse area in warm water (98.0 – 104°F)</td>
</tr>
<tr>
<td>• Apply heat to trunk, axilla, chest wall, and groin</td>
<td>• Protect area</td>
</tr>
<tr>
<td>• Avoid applying friction massage</td>
<td>• If tissue sloughing involved, infection control warranted.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Moderate/Severe Hypothermia</th>
<th>Immersion (trench) foot</th>
<th>Chilblain/pernio</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Treat for any life-threatening conditions</td>
<td>• Clean and dry area</td>
<td>• Remove wet or constrictive clothing</td>
</tr>
<tr>
<td>• Assess and monitor rectal temperature</td>
<td>• Apply warm packs or soak in warm water (102-110°F)</td>
<td>• Wash and dry the area gently</td>
</tr>
<tr>
<td>• Remove wet or damp clothing, insulate with warm dry fabrics (including covering the head)</td>
<td>• Replace with dry socks &amp; footwear</td>
<td>• Elevate the affected area and cover with warm, loose, dry fabrics</td>
</tr>
<tr>
<td>• If signs of cardiac arrhythmia are present, move with extreme caution to avoid paroxysmal ventricular fibrillation</td>
<td></td>
<td>• Do not disturb blisters, do not apply friction massage, do not apply creams or lotions, do not use high levels of heat, and do not allow weight bearing on affected area</td>
</tr>
<tr>
<td>• Apply heat to trunk, axilla, chest wall, and groin</td>
<td></td>
<td>• Avoid applying friction massage</td>
</tr>
</tbody>
</table>
HOT WEATHER POLICY

Prevention of Heat-Related Injuries

- All outdoor athletic events at Boston University operate under guidelines highlighted in the following table. The certified athletic trainer is responsible for communicating to all athletic personnel and employing these guidelines.

<table>
<thead>
<tr>
<th>Temperature</th>
<th>Chart Area</th>
<th>Guidelines/Recommendations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low Risk Zone (WBGT &lt; 65°F)</td>
<td>Beneath the triangles</td>
<td>• Perform activity as planned</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Include 5-10 minute fluid breaks every 20-30 minutes</td>
</tr>
<tr>
<td>Mild Risk Zone (65°F &lt; WBGT &lt; 75°F)</td>
<td>Above triangles, but beneath squares</td>
<td>• Include 5-10 minute fluid breaks every 20-25 minutes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• If applicable, only upper body pads are to be worn</td>
</tr>
<tr>
<td>Moderate Risk Zone (75°F &lt; WBGT &lt; 85°F)</td>
<td>Above squares, but beneath circles</td>
<td>• Include 5-10 minute fluid breaks every 15-20 minutes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• If applicable, no pads are to be worn</td>
</tr>
<tr>
<td>High Risk Zone (WBGT &gt; 85°F)</td>
<td>Above circles</td>
<td>• Consider canceling outdoor activities</td>
</tr>
</tbody>
</table>
### Signs & Symptoms of Heat-Related Injuries

<table>
<thead>
<tr>
<th>Exercise-associated muscle cramps</th>
<th>Heat Syncope</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Intense pain/cramping</td>
<td>• Dizziness/lightheadedness/syncope</td>
</tr>
<tr>
<td>• High sweat rate</td>
<td>• Fatigue</td>
</tr>
<tr>
<td>• Dehydration/Thirst</td>
<td>• Tunnel vision</td>
</tr>
<tr>
<td>• Fatigue</td>
<td>• Pale, sweaty skin</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Exercise (heat) exhaustion</th>
<th>Exertional heat stroke</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Core temp (97.0 – 104.0°F)</td>
<td>• Core temp (&gt; 104.0°F)</td>
</tr>
<tr>
<td>• Dehydration</td>
<td>• Dizziness</td>
</tr>
<tr>
<td>• Dizziness/lightheadedness/syncope</td>
<td>• Irrational behavior</td>
</tr>
<tr>
<td>• Headache</td>
<td>• Confusion/disorientation</td>
</tr>
<tr>
<td>• Nausea</td>
<td>• Altered level of consciousness</td>
</tr>
<tr>
<td>• Intestinal cramps/diarrhea</td>
<td>• Hot skin</td>
</tr>
<tr>
<td>• Profuse sweating</td>
<td>• Tachycardia (100-120 bpm)</td>
</tr>
<tr>
<td>• Cool, pale, clammy skin</td>
<td>• Hypotension</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Exertional hyponatremia</th>
<th>Exertional sickling</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Core temp (&lt; 104.0°F)</td>
<td>• Muscle cramping</td>
</tr>
<tr>
<td>• Excessive fluid consumption</td>
<td>• Pain</td>
</tr>
<tr>
<td>• Nausea</td>
<td>• Swelling</td>
</tr>
<tr>
<td>• Vomiting</td>
<td>• Weakness</td>
</tr>
<tr>
<td>• Swelling of extremities</td>
<td>• Inability to catch one’s breath</td>
</tr>
<tr>
<td>• Progressive headache</td>
<td>• Fatigue</td>
</tr>
<tr>
<td>• Confusion/disorientation</td>
<td></td>
</tr>
<tr>
<td>• Altered level of consciousness</td>
<td></td>
</tr>
</tbody>
</table>
**Assessing Core Temperature**

Assess the individual to determine nature and degree of illness. Use of a rectal thermometer is the most accurate method of accessing core temperature and allows for differentiation between many of the similar signs & symptoms between heat-related injuries. Core temperature should be assessed rectally in all circumstances where the necessary equipment is available.

**Management of Heat-Related Injuries**

- Activate EMS by calling BUPD from a cell phone: **(617) 353-2121**
  BU campus landline phone/Blue Box: **3-2121**

- If a certified athletic trainer is NOT PRESENT:
  1. Assist the student-athlete to the best of your ability
  2. Activate EMS if deemed necessary
  3. If during normal business hours, call and refer the athlete to Boston University Athletic Training Services at 285 Babcock Street **(617-353-2746)**
  4. If outside normal business hours, refer the athlete to the Boston Medical Center Emergency Room or comparable emergency room for immediate care
  5. Ensure notification of the athletic trainer who coordinates care for the patient

- If a certified athletic trainer is PRESENT:
  1. Determine if EMS needs to be activated. If so, designate another individual to activate the EAP.
  2. Treat the individual according to current medical practices per table below
  3. Ensure notification of a Head Athletic Trainer, Director of Athletic Training Services, and Medical Director

- Any patient who is treated for a heat-related illness MUST follow up with a Boston University team physician for clearance PRIOR to returning to activity.
<table>
<thead>
<tr>
<th>Exercise-associated muscle cramps</th>
<th>Heat syncope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Replace lost fluids w/ high sodium drink</td>
<td>Move athlete to shaded area</td>
</tr>
<tr>
<td>Mild stretching &amp; massage</td>
<td>Monitor vital signs</td>
</tr>
<tr>
<td>Consider IV fluids, as available through physician</td>
<td>Elevate legs above head</td>
</tr>
<tr>
<td>Rehydrate</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Exercise (heat) exhaustion</th>
<th>Exertional heat stroke</th>
</tr>
</thead>
<tbody>
<tr>
<td>Measure core temp w/ rectal thermometer</td>
<td>Active EMS</td>
</tr>
<tr>
<td>Remove excess clothing</td>
<td>Measure core temp w/ rectal thermometer</td>
</tr>
<tr>
<td>Cool athlete w/ fans, ice towels, or ice bags if temp &gt; 102°F</td>
<td>Assess cognitive function</td>
</tr>
<tr>
<td>Consider referral to physician if recovery is not rapid</td>
<td>Lower core temp to 102°F quickly (cold water immersion 35 – 59°F)</td>
</tr>
<tr>
<td></td>
<td>EMS transport</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Exertional hyponatremia</th>
<th>Exertional sickling</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rule out heat stroke and heat exhaustion</td>
<td>Administer oxygen with nonrebreather mask at rate of 15L/min</td>
</tr>
<tr>
<td>Differentiate from heat stroke w/ core temp (should be &lt; 104°F)</td>
<td>Monitor vital signs</td>
</tr>
<tr>
<td>Refer for treatment with IV fluids</td>
<td>Consider referral to physician or activation of EAP if vital signs decline or recovery is not rapid</td>
</tr>
<tr>
<td></td>
<td>Sickling collapse should be treated as a medical emergency</td>
</tr>
</tbody>
</table>
**Cold-Water Submersion**

Cold-water submersion (35 - 59°F) is the most effective way of cooling the body if heat stroke is suspected. Use of a rectal thermometer is the most effective means of monitoring core temperature. The athlete should be removed from the water when core temperature reaches 102°F and transported via EMS.

**Return to Play after Exertional Heat Stroke**

There are currently no evidence-based guidelines concerning the proper return to play progression after suffering from exertional heat stroke. The following are the most recent guidelines published:

1. Refrain from exercise for at least 7 days following release from medical care
2. Follow up in about 1 week for physical exam and repeat lab testing or diagnostic imaging of affected organs that may be indicated, based on the physician’s evaluation
3. When cleared for activity, begin exercise in a cool environment and gradually increase the duration, intensity, and heat exposure for 2 weeks to acclimatize and demonstrate heat tolerance
4. If return to activity is difficult, consider a laboratory exercise-heat tolerance test about one month post-incident
5. Consider clearance for full competition if heat tolerance exists after 2-4 weeks of training
### AED LOCATIONS

<table>
<thead>
<tr>
<th>Building and Address</th>
<th>Quantity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Case Athletic Center</td>
<td>1</td>
<td>The Roof: mounted on the wall to the left as you enter the gymnasium from the vestibule</td>
</tr>
<tr>
<td>285 Babcock Street</td>
<td></td>
<td>Walter Brown Arena athletic training room</td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td>1</td>
<td>Mounted below the windows on the wall outside of the South side of the office across from the wet room side of the room</td>
</tr>
<tr>
<td>Case Athletic Training Room</td>
<td>0-7*</td>
<td>Storage shelves inside the front closet</td>
</tr>
<tr>
<td>285 Babcock Street</td>
<td>1</td>
<td>3rd floor - Weight room, mounted on the wall between the offices in the main gym area</td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td></td>
<td>Tank Room</td>
</tr>
<tr>
<td>Track and Tennis Center</td>
<td>1</td>
<td>Mounted on the wall behind turn four of the track adjacent to facility access ramp.</td>
</tr>
<tr>
<td>100 Ashford Street</td>
<td></td>
<td>Stored and locked in AT Supply cabinets in athletic training room</td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td>1</td>
<td>Pool deck by lifeguard office</td>
</tr>
<tr>
<td>Fitness and Recreation</td>
<td>1</td>
<td>FitRec Athletic Training Room mounted on the wall on the left of after entrance</td>
</tr>
<tr>
<td>915 Commonwealth Avenue</td>
<td></td>
<td>Upper Second Level: Wall Mount in Fitness Center by the First Aid office (room# 202) on the west end</td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td>1</td>
<td>Upper Second Level: PERD Dept. wall mount inside front desk lobby</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Main Ground Level: Wall Mount in Fitness Center to the left of entrance at office (Rm #111)</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>3rd floor - Weight room, mounted on the wall between the offices in the main gym area</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Lower Level 1: Wall mount to Left of Pro shop</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Lower Level 1: Wall mount at the end of hall at 3 Court Gym #3</td>
</tr>
<tr>
<td>Anagnis Arena</td>
<td>1</td>
<td>Lower Level 2: Dance Studio hallway wall mount just past the squash courts.</td>
</tr>
<tr>
<td>925 Commonwealth Avenue</td>
<td></td>
<td>2nd floor concourse First Aid Room</td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td>1</td>
<td>Stored on the ground floor on the dock level, near the first aid equipment</td>
</tr>
<tr>
<td>DeWolfe Boathouse</td>
<td>1</td>
<td>Mounted on the wall on the ground floor on the dock level</td>
</tr>
<tr>
<td>619 Memorial Drive</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cambridge, MA 02139</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* These AEDs are signed out for travel and field coverage, they are not intended to be stationary and may not be available during an Emergency. Utilize AED Mounted on the wall outside the office on the South side of the Case Athletic Training Room when possible. Locations highlighted in gray signify locations of AEDs that may be used during an Emergency but are not maintained as a part of the Athletic Training Services inventory.
HOSPITAL DIRECTIONS

Boston Medical Center Emergency Department: (751 Albany Street, Boston MA) should be used during an emergency involving an incident on Boston University’s campus.

*From all venues at Case Center, Nickerson Field, New Balance Field, Track and Tennis Center, Softball Field, Agganis Arena and Fitness & Recreation Center:*

Turn left onto Commonwealth Ave. Continue along Commonwealth Ave. for approximately 1.5 miles (you will pass all of BU’s campus and you will be heading towards downtown Boston). Make a right turn onto Massachusetts Ave. and follow this for approximately 3 miles. As you get close to Boston Medical Center, you will see signs for the hospital, as well as the Emergency Department. A walkway will span over Massachusetts Ave. as you approach the hospital. Move into the left lane and turn left at the traffic light after the walkway. This will be Albany Street. The Emergency Department is located on the left at 751 Albany St.

** There is a parking garage on the right side of Albany Street just past the Emergency Department.

*Off Campus Sites: Depending on venue location, injured patients may not be transported to Boston Medical Center for a serious injury due to proximity of other level 1 trauma hospitals. For directions to these hospitals, you should contact campus police at that school and ask for directions.*
## HOSPITAL INFORMATION CHART

<table>
<thead>
<tr>
<th>HOSPITAL</th>
<th>ADDRESS AND PHONE NUMBER</th>
<th>DISTANCE FROM AGGANIS</th>
<th>TRAUMA LEVEL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boston Medical Center</td>
<td>751 Albany Street Boston, MA 02118 617-414-4075</td>
<td>3.1 miles</td>
<td>Level 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Trauma</td>
</tr>
<tr>
<td>Beth Israel Deaconess Medical Center</td>
<td>190 Pilgrim Road Boston, MA 02215 617-754-2323</td>
<td>1.4 miles</td>
<td>Level 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Trauma</td>
</tr>
<tr>
<td>St. Elizabeth’s Medical Center</td>
<td>736 Cambridge Street Brighton, MA 02135 617-789-2666</td>
<td>1.6 miles</td>
<td>ED</td>
</tr>
<tr>
<td>Children’s Hospital Boston</td>
<td>300 Longwood Avenue Boston, MA 02115 617-355-6624</td>
<td>1.6 miles</td>
<td>Level 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Pediatric Only</td>
</tr>
<tr>
<td>Brigham &amp; Women’s Hospital</td>
<td>75 Francis Street Boston, MA 02115 617-732-5640</td>
<td>1.8 miles</td>
<td>Level 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Trauma</td>
</tr>
<tr>
<td>Tufts Medical Center</td>
<td>830 Washington Street Boston, MA 02111 617-636-5566</td>
<td>4.1 miles</td>
<td>Level 1</td>
</tr>
<tr>
<td>Mass General Hospital</td>
<td>55 Fruit Street Boston, MA 02114 617-724-4100</td>
<td>3.1 miles</td>
<td>Level 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Trauma</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Burn Unit</td>
</tr>
<tr>
<td>Mount Auburn Hospital</td>
<td>330 Mount Auburn Street Cambridge, MA 02138 617-499-5025</td>
<td>3.5 miles</td>
<td>ED</td>
</tr>
</tbody>
</table>

**Emergency Department (ED):** provides emergency care, but usually does not perform major operative procedures

**Level 1:** highest level of surgical care, has required number of surgeons in variety of specialties on-duty at all times
• Role of First Responders
  1. Immediate care of injured athlete
  2. Activation of EMS – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. Emergency equipment retrieval
  4. Direction of EMS to scene
     a. Position 1: Designate individual to wait for EMS at **Position 1**. **Swipe Card Access (SC)** or **A222 key** will allow access to building. **GH1 key** will access weight room. Once on site, direct EMS via the **elevator** to the facility.
  5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area
Venue Directions: 300 Babcock St (GPS: 42.353922, -71.120923). The rowing erg room is located at 300 Babcock St. Turn off Commonwealth Ave. onto Babcock Street (turn north towards the Charles River). Travel about 210 yards to Ashford Street. EMS should enter 300 Babcock through the main building entrance on the corner of Babcock and Ashford Streets. Once inside the building, take an immediate left and go through the door. Proceed down the ramp, turn and walk to the right, and go through the door at the end of the hallway. Once through the door, turn left, then right. The elevator will be located on your right. EMS should take the elevator upstairs to the weight room, which is located on the third floor. Exit the elevator and look for personnel to direct to the injured party.

Emergency Personnel: First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:

1. Case Athletic Training room (617-353-2746)
2. FitRec Athletic Training room (617-353-7377)
3. Anthony Dougal Athletic Training room (617-353-7326)

Emergency Communication: The certified athletic trainer or strength and conditioning coaches may carry a cell phone for emergency use. Several landline telephones are located in the space including in the coach’s office and mounted on the wall near the west entrance to the rowing erg room.

Emergency Equipment: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.

1. AED: Mounted on the wall between strength and conditioning coaches’ offices in the main weight room
2. Splinting/spineboarding equipment: Front Closet in the Case Athletic Training Room
3. Emergency bag: Front Closet in the Case Athletic Training Room
4. Athletic training kit: Bathroom in the Case Athletic Training Room
5. Oxygen delivery systems: Front Closet in the Case Athletic Training Room

<table>
<thead>
<tr>
<th>Activate EAP</th>
<th>MD/Other Help</th>
<th>Bring AED and Emergency Bag</th>
<th>Bring Emergency Equipment</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1" alt="Activate EAP" /></td>
<td><img src="image2" alt="MD/Other Help" /></td>
<td><img src="image3" alt="Bring AED and Emergency Bag" /></td>
<td><img src="image4" alt="Bring Emergency Equipment" /></td>
</tr>
</tbody>
</table>
• Role of First Responders
  1. Immediate care of injured athlete
  2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. Emergency equipment retrieval
  4. Direction of EMS to scene
     a. Position 1: Designate individual to wait for EMS at Position 1. Swipe Card Access (SC) or A222 key will gain entry into building. The GH1 Key will allow access to weight room front door. Once on site, direct EMS via the elevator to the facility.
  5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area
Venue Directions: 300 Babcock St (GPS: 42.353922, -71.120923). The weight room is located at 300 Babcock St. Turn off Commonwealth Ave. onto Babcock Street (turn North towards the Charles River). Travel about 210 yards to Ashford Street. EMS should enter 300 Babcock through the main building entrance on the corner of Babcock and Ashford Streets. Once inside the building, take an immediate left and go through the door. Proceed down the ramp, turn and walk to the right, and go through the door at the end of the hallway. Once through the door, turn left, then right. The elevator will be located on your right. EMS should take the elevator upstairs to the weight room, which is located on the third floor. Exit the elevator and look for personnel to direct to the injured party.

Emergency Personnel: First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:

1. Case Athletic Training room (617-353-2746)
2. FitRec Athletic Training room (617-353-7377)
3. Anthony Dougal Athletic Training room (617-353-7326)

Emergency Communication: The certified athletic trainer or strength and conditioning coaches may carry a cell phone for emergency use. Several landline telephones are located in the space including in the coaches’ offices and mounted on a post near the center of the main room.

Emergency Equipment: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.

1. AED: Mounted on the wall between strength and conditioning coaches’ offices
2. Splinting/spineboarding equipment: Front Closet in the Case Athletic Training Room
3. Emergency bag: Front Closet in the Case Athletic Training Room
4. Athletic training kit: Bathroom in the Case Athletic Training Room
5. Oxygen delivery systems: Front Closet in the Case Athletic Training Room
Role of First Responders

1. Immediate care of injured athlete
2. Activation of EMS – Designate an individual to call BUPD at *617-353-2121*. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. Emergency equipment retrieval
4. Direction of EMS to scene
   a. Position 1: Designate individual to wait for EMS at Position 1. Swipe-card access (SC) is needed to access the building from the street.
5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area.
•**Venue Directions**: 302 Babcock St (GPS: 42.353922, -71.120923). The tank room is located on the first floor at 302 Babcock St. Turn off Commonwealth Ave. onto Babcock Street (turn north towards the Charles River). Travel about 250 yards down Babcock Street. EMS should enter 302 Babcock through the marked entrance on the left-hand side of Babcock Street, about 20 yards past the corner of Ashford Street. Once inside the building, continue past vending services to the first hallway on the right. Turn down this hallway and follow to the tank room entrance on the left.

•**Emergency Personnel**: First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

•**Emergency Communication**: Coaches, athletic trainers, and/or strength and conditioning coaches may carry a cell phone for emergency use. There are no landline phones in the tank room.

•**Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. *AED*: On the stairs on the far side of the tank room, opposite the entrance.
  2. *Splinting/spineboarding equipment*: Front Closet in the Case Athletic Training Room
  3. *Emergency bag*: Front Closet in the Case Athletic Training Room
  4. *Athletic training kit*: Bathroom in the Case Athletic Training Room
  5. *Oxygen delivery systems*: Front Closet in the Case Athletic Training Room

---

Activate EAP

MD/Other Help

Bring AED and Emergency Bag

Bring Emergency Equipment
• Role of First Responders

1. Immediate care of injured athlete
2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. Emergency equipment retrieval
4. Direction of EMS to scene
   a. Position 1: Designate individual to wait for EMS at Position 1. This individual needs to bring a valid ID with swipe card access (SC) or A01SM key with them in the event that the doors need to be unlocked as they travel through the arena. Once the ambulance is in the facility, direct EMS personnel to the athletic training room.
   b. Garage Door Access: If the garage doors are closed, they need to be opened. The operating buttons to the outdoor garages are located on a pole between the 2nd and 3rd garage doors. The garage door that leads from the loading dock to the event surface also needs to be open. The operating buttons to this door are located to the left of the garage door.
5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area
• **Venue Directions**: 925 Commonwealth Ave (GPS 42.351507, -71.117242) The Anthony Dougal athletic training room is located in the Agganis Arena, which is located at the corner of Harry Agganis Way and Commonwealth Ave. To access the Agganis Arena loading ramp, turn off Commonwealth Ave onto Buick St. (North turn towards the Charles River). Follow Buick St. around the Fitness and Recreation Building and the Student Village Dorm. The ambulance entrance is located in the rear of the Agganis Arena. Once in the arena, take first right down the hallway; athletic training room will be located on right-hand side, past the equipment room and video room.

• **Emergency Personnel**: Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Anthony Dougal Athletic Training room (617-353-7326)
  2. FitRec Athletic Training room (617-353-7377)
  3. Case Athletic Training room (617-353-2746)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. **Landline telephones** are located in the office as well as in the center of the athletic training room.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Anthony Dougal Athletic Training Room to the left as you enter the front door
  2. **Splinting/spineboarding equipment**: Anthony Dougal Athletic Training Room
  3. **Emergency bag**: Anthony Dougal Athletic Training Room
  4. **Athletic training kit**: Anthony Dougal Athletic Training Room
  5. **Oxygen delivery systems**: Anthony Dougal Athletic Training Room

<table>
<thead>
<tr>
<th>Activate EAP</th>
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</tbody>
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• Role of First Responders

1. Immediate care of injured athlete
2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. Emergency equipment retrieval
4. Direction of EMS to scene
   a. Position 1: Designate individual to wait for EMS at Position 1. This individual needs to bring a valid ID with swipe card access (SC) or A01SM key with them in the event that the doors need to be unlocked as they travel through the arena. Once the ambulance is in the facility, direct EMS personnel onto the event surface.
   b. Garage Door Access: If the garage doors are closed, they need to be opened. The operating buttons to the outdoor garages are located on a pole between the 2nd and 3rd garage doors. The garage door that leads from the loading dock to the event surface also needs to be open. The operating buttons to this door are located to the left of the garage door.
5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area
**Venue Directions:** 925 Commonwealth Ave (GPS 42.351507, -71.117242) The ice/basketball surface is located in the Agganis Arena, which is located at the corner of Harry Agganis Way and Commonwealth Ave. To access the Agganis Arena loading ramp, turn off Commonwealth Ave onto Buick St. (North turn towards the Charles River). Follow Buick St. around the Fitness and Recreation Building and the Student Village Dorm. The ambulance entrance is located in the rear of the Agganis Arena. Once in the arena EMS will be brought through the zamboni doors and onto the ice/basketball surface.

**Emergency Personnel:** Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
1. Anthony Dougal Athletic Training room (617-353-7326)
2. FitRec Athletic Training room (617-353-7377)
3. Case Athletic Training room (617-353-2746)

**Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. A landline telephone is located in the Anthony Dougal Athletic Training Room.

**Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
1. **AED:** Anthony Dougal Athletic Training Room to the left as you enter the front door
2. **Splinting/spineboarding equipment:** Anthony Dougal Athletic Training Room
3. **Emergency bag:** Anthony Dougal Athletic Training Room
4. **Athletic training kit:** Anthony Dougal Athletic Training Room
5. **Oxygen delivery systems:** Anthony Dougal Athletic Training Room

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</table>
• Role of First Responders

1. Immediate care of injured athlete
2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. Emergency equipment retrieval
4. Direction of EMS to scene
   a. Position 1: Designate individual to wait for EMS at Position 1. This individual needs to bring a valid ID with swipe card access (SC) and AO1SM/ADSM key with them in the event that the doors need to be unlocked in the arena. Once the ambulance is in the facility, direct EMS personnel to the facility.
   b. Garage Door Access: If the garage doors are closed, they need to be opened. The operating buttons to the outdoor garages are located on a pole between the 2nd and 3rd garage doors. The garage door that leads from the loading dock to the event surface also needs to be open. The operating buttons to this door are located to the left of the garage door.
5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area
Venue Directions: 925 Commonwealth Ave (GPS 42.351507, -71.117242) The visitor’s athletic training room is located in the Agganis Arena, which is located at the corner of Harry Agganis Way and Commonwealth Ave. To access the Agganis Arena loading ramp, turn off Commonwealth Ave onto Buick St. (North turn towards the Charles River). Follow Buick St. around the Fitness and Recreation Building and the Student Village Dorm. The ambulance entrance is located in the rear of the Agganis Arena. Once in the arena, take the first left down the hallway; the visitor’s athletic training room will be located in the visitor’s locker room area, which is on the right-hand side. Once in the visitor’s locker area the visitor’s athletic training room is located on the right hand side.

Emergency Personnel: Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
1. Anthony Dougal Athletic Training room (617-353-7326)
2. FitRec Athletic Training room (617-353-7377)
3. Case Athletic Training room (617-353-2746)

Emergency Communication: The certified athletic trainer may carry a cell phone for emergency use. A landline telephone is located in the visitor’s athletic training room.

Emergency Equipment: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
1. AED: Anthony Dougal Athletic Training Room to the left as you enter the front door
2. Splinting/spineboarding equipment: Anthony Dougal Athletic Training Room
3. Emergency bag: Anthony Dougal Athletic Training Room
4. Athletic training kit: Anthony Dougal Athletic Training Room
5. Oxygen delivery systems: Anthony Dougal Athletic Training Room
• Role of First Responders

1. Immediate care of injured athlete

2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. Emergency equipment retrieval

4. Direction of EMS to scene
   a. Position 1: Designate individual to wait for EMS at Position 1. This individual needs to bring a valid ID with swipe card access (SC) or A01SM key with them in the event that the doors need to be unlocked as they travel through the arena. Once the ambulance is in the facility, direct EMS personnel to the weight room.
   b. Garage Door Access: If the garage doors are closed, they need to be opened. The operating buttons to the outdoor garages are located on a pole between the 2nd and 3rd garage doors. The garage door that leads from the loading dock to the event surface also needs to be open. The operating buttons to this door are located to the left of the garage door.

5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area
Venue Directions: 925 Commonwealth Ave (GPS 42.351507, -71.117242) The weight room is located in the Agganis Arena, which is located at the corner of Harry Agganis Way and Commonwealth Ave. To access the Agganis Arena loading ramp, turn off Commonwealth Ave onto Buick St. (North turn towards the Charles River). Follow Buick St. around the Fitness and Recreation Building and the Student Village Dorm. The ambulance entrance is located in the rear of the Agganis Arena. Once in the arena, take the first right down the hallway; the weight room will be located on the right-hand side, past the athletic training room, equipment room, and video room.

Emergency Personnel: Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
   1. Anthony Dougal Athletic Training room (617-353-7326)
   2. FitRec Athletic Training room (617-353-7377)
   3. Case Athletic Training room (617-353-2746)

Emergency Communication: The strength and conditioning coaches and/or certified athletic trainer may carry a cell phone for emergency use. A landline telephone is located in the strength and conditioning coaches’ office.

Emergency Equipment: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
   1. AED: On the left past the glass wall in the Agganis Arena Weight Room
   2. Splinting/spineboarding equipment: Anthony Dougal Athletic Training Room
   3. Emergency bag: Anthony Dougal Athletic Training Room
   4. Athletic training kit: Anthony Dougal Athletic Training Room
   5. Oxygen delivery systems: Anthony Dougal Athletic Training Room
• **Role of First Responders**

1. *Immediate care of injured athlete*

2. *Activation of EMS* – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. *Emergency equipment retrieval*

4. *Direction of EMS to scene*
   a. Position 1: Designate individual to wait for EMS at **Position 1**. Once on site, direct EMS to the facility.

5. *Crowd control* – Designate an individual to secure area for first aid providers and move bystanders away from the area.

• **Venue Directions**: 285 Babcock St. (GPS 42.353320, -71.120738) Room B11 is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. (front door to Case Athletic Center). Once inside the building, take first right off main hallway. At the end of the hallway turn left and then a quick right. Go through the double doors marked women’s locker rooms and enter the wrestling room practice facility through the door immediately in front of you.
• **Emergency Personnel**: First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. The closest **landline telephone** is located in the Case athletic training room.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment**: Front Closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room
• **Role of First Responders**

  1. *Immediate care of injured athlete*
  
  2. *Activation of EMS* – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  
  3. *Emergency equipment retrieval*
  
  4. *Direction of EMS to scene*
     
     a. Position 1: Designate individual to wait for EMS at **Position 1**. Once on site, direct EMS to the facility.
  
  5. *Crowd control* – Designate an individual to secure area for first aid providers and move bystanders away from the area.
**Venue Directions:** 285 Babcock St. (GPS 42.353320, -71.120738) The athletic training room is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. (front door to Case Athletic Center). Once inside the building, take first right off main hallway. The athletic training room has two entrances located on the left, past the equipment room.

**Emergency Personnel:** First, contact BUPD to activate EMS. If additional help is needed, contact athletic training services to request assistance from:
1. FitRec Athletic Training room (617-353-7377)
2. Anthony Dougal Athletic Training room (617-353-7326)

**Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. **Landline telephones** are located on the desk in the treatment area of the Case athletic training room as well as throughout the office area.

**Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.

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•Role of First Responders

1. **Immediate care of the injured athlete**
2. **Activation of EMS**
   a. Designate an individual to call **BUPD (617) 353-2121**
   b. Caller will provide pertinent information to dispatcher.
   c. If athletic training staff member is not present during the emergency contact the Athletic Trainer who coordinates care for that sport. If they are not available or do not answer, start at the top of the contact list (last page of this document) and work down the list until you are able to talk to someone, leaving a message does not count.
3. **Emergency equipment retrieval**
4. **Direction of EMS to scene**
   a. Designate an individual to wait for EMS, unlock and open all appropriate entrances, and direct to scene. The designated individual will be waiting for the ambulance just outside the boathouse on Memorial Drive.
   
   **Position 1**: Access to dock level for emergencies on first floor or dock level
   **Position 2**: Access to street level workout room, locker rooms, and offices
5. **Crowd Control**-Designate an individual to limit scene to first aid providers and move bystanders away from area
**Venue Directions:** 619 Memorial Drive, Cambridge MA (42.353598, -71.107853) The DeWolfe Boathouse is located on the Charles River side of Memorial Drive. If driving east on Memorial Drive the boathouse will be on your right located across the street from the Hyatt Hotel. If driving west on Memorial Drive the boathouse will be on your left located across the street from the Hyatt Hotel. If emergency occurs on the main floor, the ambulance should stop directly in front of boathouse. There are two main doors located on the street level that the EMS should use. If emergency occurs on the dock level or first floor the ambulance should stop to the left of the boathouse when facing the Charles River. There is an outdoor set of stairs that runs to a locked gate which accesses the dock. The key is hanging on a wooden oar handle which located in the eastern most bay of the shop, on the dock level adjacent to the east facing door. EMS should access dock in this manner.

**Emergency Personnel:** Certified athletic trainer and athletic training student may be on site for practices and games. Contact BUPD 617-353-2121 to inform them of the situation and activate EMS. Next, contact athletic training services to request assistance from:

1. Case Athletic Training room (617-353-2746)
2. FitRec Athletic Training room (617-353-7377)
3. Anthony Dougal Athletic Training room (617-353-7326)

**Emergency Communication:** Several land line telephones are located in both the women’s and men’s coaches’ offices. The coach’s offices are located on the main (street) level of the boathouse. Walk to the clear glass windows located over-looking the Charles River. The offices are located to the left of the windows. There is also a campus Emergency phone located on the outside of the boathouse. All coaches will carry cell phones. Cell phone use is recommended during thunderstorms.

**Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.

1. **AED:** Mounted on the wall on the Dock Level inside the boathouse at the bottom of the stairs.  
   *AED:* Portable AED placed on Dock during events.
2. **Splinting/spineboarding equipment:** Front Closet in the Case Athletic Training Room
3. **Emergency bag:** Front Closet in the Case Athletic Training Room
4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
5. **Oxygen delivery systems:** Front Closet in the Case Athletic Training Room

**Lightning-Safe Shelter:** At the first sign of thunder OR lightning:

1. Seek safe shelter in the boathouse.
2. If you cannot reach the boathouse, take shelter in any vehicle with a hard metal roof and closed windows.
3. While indoors, stay away from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
4. Designate a weather watcher to monitor the weather from a safe location.
5. No outdoor activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.
Role of First Responders

1. Immediate care of injured athlete
2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. Emergency equipment retrieval
4. Direction of EMS to scene
   a. Position 1: Designate individual to go to the Case Lobby to wait for EMS at Position 1. Once on site, direct EMS to the facility.
5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area.

Venue Directions: 285 Babcock St. (GPS 42.353320, -71.120738). The Case Center Pool is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. (front door to Case Athletic Center): Proceed through the lobby to end until you reach the clear glass doors. Take a right and you will see a set of stairs, proceed down one flight of stairs and you will enter the pool from here.
**Emergency Personnel:** First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:
1. Case Athletic Training room (617-353-2746)
2. FitRec Athletic Training room (617-353-7377)
3. Anthony Dougal Athletic Training room (617-353-7326)

**Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. A landline telephone is located in the coaches’ office, near the main entrance to the pool.

**Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
1. **AED:** Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
2. **Splinting/spineboarding equipment:** Front Closet in the Case Athletic Training Room
3. **Emergency bag:** Front Closet in the Case Athletic Training Room
4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
5. **Oxygen delivery systems:** Front Closet in the Case Athletic Training Room

**Lightning Safety:** In the event of a thunderstorm, the pool needs to be evacuated due to the chance of injury by ground current. At the first sign of thunder **OR** lightning:
1. Seek safe shelter in the Lobby of Case Athletic Center.
2. Designate a weather watcher to monitor the weather from a safe location.
3. No aquatic activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.

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• Role of First Responders
  1. Immediate care of injured athlete
  2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. Emergency equipment retrieval
  4. Direction of EMS to scene
     a. Position 1: Designate individual to wait for EMS at Position 1. Once on site, direct EMS to the facility.
  5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area
Venue Directions: 915 Commonwealth Ave. (GPS 42.351473, -71.116942). The fitness and recreation pool is in the Fitness and Recreation Center at 915 Commonwealth Avenue. Walk in front doors, go through turn styles, and follow the hallway along the windows above the pool. The elevators are just after the windows to the pool on the left. Take elevator down one flight. Exit elevator and turn left. Then take an immediate left down the hall toward the coaches’ offices. Enter the pool deck on the left through the offices.

Emergency Personnel: First, contact BUPD to activate EMS. If additional help is needed, contact athletic training services to request assistance from:

1. FitRec Athletic Training room (617-353-7377)
2. Anthony Dougal Athletic Training room (617-353-7326)
3. Case Athletic Training room (617-353-2746)

Emergency Communication: The certified athletic trainer may carry a cell phone for emergency use. A landline telephone is located in the lifeguard office.

Emergency Equipment: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.

1. AED: Mounted on the wall to the left of the lifeguard office
2. Splinting equipment: Along the wall leading to the doctor’s office in the Fit Rec Athletic Training Room
3. Emergency bag: Along the wall leading to the doctor’s office in the Fit Rec Athletic Training Room
4. Athletic training kit: Bathroom in the Case Athletic Training Room, although there are first aid supplies available in the Fit Rec Athletic Training Room
5. Oxygen delivery systems: Along the wall leading to the doctor’s office in the Fit Rec Athletic Training Room

Lightning Safety: In the event of a thunderstorm, the pool needs to be evacuated due to the chance of injury by ground current. At the first sign of thunder OR lightning:

1. Seek safe shelter in the Lower lobby of the Fitness and Recreation Center.
2. Designate a weather watcher to monitor the weather from a safe location.
3. No aquatic activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.
• **Role of First Responders**

1. *Immediate care of injured athlete*
2. *Activation of EMS* – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. *Emergency equipment retrieval*
4. *Direction of EMS to scene*
   a. Position 1: Designate individual to wait for EMS at **Position 1**. Once on site, direct EMS to the facility.
5. *Crowd control* – Designate an individual to secure area for first aid providers and move bystanders away from the area.

• **Venue Directions**: 915 Commonwealth Ave. (GPS 42.351473, -71.116942). The athletic training room is located in the Fitness and Recreation Center at 915 Commonwealth Avenue. Walk in front doors, go through turn styles, and follow the hallway to the set of double glass doors on the left that are labeled Athletic Training Services.
• **Emergency Personnel**: First, contact BUPD to activate EMS. If additional help is needed, contact athletic training services to request assistance from:
  1. Anthony Dougal Athletic Training room (617-353-7326)
  2. Case Athletic Training room (617-353-2746)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. **Landline telephones** are located immediately to the left as you enter through the front entrance, in the doctor’s office, the athletic trainer’s office, and on the main countertop in the room.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall to the left of the main entrance of the Fit Rec Athletic Training Room
  2. **Splinting equipment**: Along the wall leading to the doctor’s office in the Fit Rec Athletic Training Room
  3. **Emergency bag**: Along the wall leading to the doctor’s office in the Fit Rec Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room, although there are first aid supplies available in the Fit Rec Athletic Training Room
  5. **Oxygen delivery systems**: Along the wall leading to the doctor’s office in the Fit Rec Athletic Training Room
**Role of First Responders**

1. **Immediate care of injured athlete**

2. **Activation of EMS** – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. **Emergency equipment retrieval**

4. **Direction of EMS to scene**
   - Position 1: Designate individual to wait for EMS at **Position 1**. Once one site, direct EMS to the appropriate facility. **Locker room key pad codes may necessary.** Contact Facilities Management at 617-353-2711 for assistance.

   - Men’s Basketball locker room B03
   - Men’s basketball coaches B05
   - Men’s Soccer locker room B07
   - Old Wrestling Room B11
   - Men’s coaches locker room B10
   - Female Officials locker room B10A
   - Male Officials locker room B16

5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area
• **Venue Directions:** 285 Babcock St. (GPS 42.353320, -71.120738) Case Center Locker Rooms Zone 1 is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. (front door to Case Athletic Center). Once inside the building, take first right off main hallway. The locker rooms are all located immediately off the first hallway.

• **Emergency Personnel:** First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. 
  **Landline telephones** are located in the Case Athletic Training Room

• **Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED:** Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment:** Front Closet in the Case Athletic Training Room
  3. **Emergency bag:** Front Closet in the Case Athletic Training Room
  4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems:** Front Closet in the Case Athletic Training Room

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• **Role of First Responders**

1. **Immediate care of injured athlete**

2. **Activation of EMS** – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. **Emergency equipment retrieval**

4. **Direction of EMS to scene**
   
   a. Position 1: Designate individual to wait for EMS at **Position 1** (visualized in EAP for Locker Room Zone 1). Once one site, direct EMS to the appropriate facility. **Locker room key pad codes may necessary.** Contact Facilities Management at 617-353-2711 for assistance.

5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area

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**Venue Directions:** 285 Babcock St. (GPS 42.353320, -71.120738) Case Center Locker Rooms Zone 3 is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. (front door to Case Athletic Center). Once inside the building, take first right off main hallway. At the first split, follow the hallway to the left and through the doors. Locker room zone 2 can be accessed by key code 8457. All locker rooms are accessible off of this hallway.
• **Emergency Personnel**: First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. There are no *landline telephones* located in this locker room area.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment**: Front Closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room

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  2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. Emergency equipment retrieval
  4. Direction of EMS to scene 
     a. Position 1: Designate individual to wait for EMS at Position 1 (visualized in EAP for Locker Room Zone 1). Once one site, direct EMS to the appropriate facility. **Lockers room key pad codes may necessary.** Contact Facilities Management at 617-353-2711 for assistance.

<table>
<thead>
<tr>
<th>Field Hockey locker room</th>
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<tbody>
<tr>
<td>Visiting yellow locker room</td>
<td>S28H</td>
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<tr>
<td>Women’s lacrosse locker room</td>
<td>S20</td>
</tr>
<tr>
<td>Women’s soccer locker room</td>
<td>S21</td>
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5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area

• Venue Directions: 285 Babcock St. (GPS 42.353320, -71.120738) Case Center Locker Rooms Zone 2 is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. (front door to Case Athletic Center). Once inside the building, go through second set of red double doors on the right and down the staircase. The locker rooms are all located off this hallway.
• **Emergency Personnel:** First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. A **landline telephone** is located on the wall at the bottom of the staircase leading to the locker room area.

• **Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED:** Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment:** Front Closet in the Case Athletic Training Room
  3. **Emergency bag:** Front Closet in the Case Athletic Training Room
  4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems:** Front Closet in the Case Athletic Training Room

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• Role of First Responders
  1. Immediate care of injured athlete
  2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. Emergency equipment retrieval
  4. Direction of EMS to scene
     a. Position 1: Designate individual to wait for EMS at Position 1. Once one site, direct EMS to the appropriate facility. Locker room key pad codes may necessary. Contact Facilities Management at 617-353-2711 for assistance.
  5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area
**Venue Directions:** 285 Babcock St. (GPS 42.353320, -71.120738) The Men’s Lacrosse Locker Room is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. **Position 1** is front door to Case Athletic Center. Once inside the building, continue through the lobby and go through the first door on the right after the elevator. The locker room suite B13 is at the bottom of the stairwell and to the right. The locker room is accessed through Suite B13. Proceed through the red doors and up the half flight of stairs. The locker room door is on the left.

**Emergency Personnel:** First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:

1. Case Athletic Training room (617-353-2746)
2. FitRec Athletic Training room (617-353-7377)
3. Anthony Dougal Athletic Training room (617-353-7326)

**Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. There are no landline telephones located in this locker room area.

**Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.

1. **AED:** Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
2. **Splinting/spineboarding equipment:** Front Closet in the Case Athletic Training Room
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- **Role of First Responders**
  1. **Immediate care of injured athlete**
  2. **Activation of EMS** – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. **Emergency equipment retrieval**
  4. **Direction of EMS to scene**
     a. Position 1: Designate individual to wait for EMS at **Position 1**. Any and all emergency vehicles should remain OUTSIDE of the entrance gate to the field. Direct personnel through the entrance and onto New Balance Field. If the access gate is locked, designate someone to open with **TGM**.
  5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

- **Venue Directions**: 278 Babcock Street (GPS 42.352882, -71.118415) The entrance to New Balance Field is located on the corner of Babcock Street and Gardner Street on the southeast corner of the field. Turn off of Commonwealth Ave. onto Babcock Street. Continue straight down the street and the entrance is 150 yards from Commonwealth Avenue. If there are difficulties obtaining or using a key, contact Facilities at 617-353-2711.
• **Emergency Personnel**: Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. There is an emergency phone across the street from New Balance Field at the entrance to West Campus Residences at 277 Babcock Street.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment**: Front Closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room

• **Lightning-Safety**: At the first sign of thunder **OR** lightning:
  1. Seek safe shelter in the **Lobby of Case Athletic Center**.
  2. If you cannot reach the Case Athletic Center, take shelter in any vehicle with a hard metal roof and closed windows. **NOTE**: The area under the bleachers IS NOT safe.
  3. While indoors, stay away from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
  4. Designate a weather watcher to monitor the weather from a safe location.
  5. No outdoor activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.

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• **Role of First Responders**

  1. **Immediate care of injured athlete**
  2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. **Emergency equipment retrieval**
  4. **Direction of EMS to scene**
     a. Position 1: Designate individual to wait for EMS at **Position 1**. Direct them down the ramp and onto Nickerson Field. If the access gate is locked, designate someone to open with **FAG10 key**.
     b. Position 2: Designate an individual to wait for EMS at **Position 2**. Direct them through the courtyard and into the Nickerson Field bleacher area. If the access gate is locked, designate someone to open it with **09 key**.
  5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area

• **Venue Directions**: 33 Harry Agganis Way (GPS 42.352882, -71.118415) Nickerson Field is located off of Harry Agganis Way on the west (left) side of the street. Turn off of Commonwealth Ave. onto Harry Agganis Way (statue of Harry Agganis will be on your right). Continue straight down the street and both entrances are located on the left less than 300 yards from Commonwealth Avenue. If there are difficulties obtaining or using a key, contact Facilities at 617-353-2711.
•**Emergency Personnel:** Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

•**Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. A landline telephone is located at the West End of Nickerson field on the wall under the letter “B” in Boston University.

•**Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED:** Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment:** Front Closet in the Case Athletic Training Room
  3. **Emergency bag:** Front Closet in the Case Athletic Training Room
  4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems:** Front Closet in the Case Athletic Training Room

•**Lightning-Safety:** At the first sign of thunder OR lightning:
  1. Seek safe shelter in the Lobby of Case Athletic Center.
  2. If you cannot reach the Case Athletic Center, take shelter in any vehicle with a hard metal roof and closed windows. NOTE: The area under the bleachers IS NOT safe.
  3. While indoors, stay away from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
  4. Designate a weather watcher to monitor the weather from a safe location.
  5. No outdoor activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.
• **Role of First Responders**

1. **Immediate care of injured athlete**

2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. **Emergency equipment retrieval**

4. **Direction of EMS to scene**
   
   a. Position 1: Designate individual to wait for EMS outside at **Position 1**. Once on site, direct EMS to the facility.

5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area

• **Venue Directions**: 277 Babcock Street (GPS: 42.352824, -71.120967) The basketball courts are located at 285 Babcock Street. Turn off Commonwealth Ave onto Babcock Street (turn towards the Charles River). Stop at 277 Babcock Street (directly across from Gardner Street, in-between Rich and Sleeper Halls) approximately 90 yards down Babcock Street. The courtyard can be accessed up the stairs or ramp. Turn left to follow the sidewalk. There will be four sets of glass doors in the distance. Enter the building here. Go **up the stairs** and into the gym.
• **Emergency Personnel**: First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. There is not a landline phone in the Roof, so it is imperative that medical staff carry a phone.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the South Wall inside Case Gym between Courts A and B
  2. **Splinting/spineboarding equipment**: Front closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room

| Activate EAP | MD/Other Help | Bring AED and Emergency Bag | Bring Emergency Equipment |
**Role of First Responders**

1. **Immediate care of injured athlete**

2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. **Emergency equipment retrieval**

4. **Direction of EMS to scene**
   - **Position 1**: Designate individual to wait for EMS at **Position 1**. Direct them onto the field. If the access gate is locked, designate someone to open with **TGM**.
   - **Position 2**: Designate an individual to wait for EMS at **Position 2** and direct them onto the field. If the access gate is locked, designate someone to open it with **TGM**.

5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

**Venue Directions**: 89 Ashford Street (GPS 42.354054, -71.123992). The softball field is located at the corner of Ashford Street, Gardner Street, and Alcorn Street.

- **Position 1**: Turn off of Commonwealth Ave. (towards Charles River) onto Malvern Street (just after Packard’s Corner). Continue down Malvern approximately 600 feet to Ashford St. Turn right on Ashford Street and travel to Position 1 on the right.
- **Position 2**: Turn off of Commonwealth Ave. (towards Charles River) onto Malvern St (just after Packard’s Corner). Travel approximately 400 feet and turn right onto Gardner St. Position 2 is approximately 200 feet ahead on the left.

If there are difficulties obtaining or using a key, contact Facilities at 617-353-2711.
• **Emergency Personnel**: Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. A landline phone is located to the left of the main doors to the Track and Tennis Center.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall in the Track and Tennis Center behind turn four of the track adjacent to facility access ramp
  2. **Splinting/spineboarding equipment**: Front Closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room

• **Lightning-Safe Shelter**: At the first sign of thunder OR lightning:
  1. Seek safe shelter in the Track and Tennis Center.
  2. If you cannot reach the Track and Tennis Center, take shelter in any vehicle with a hard metal roof and closed windows. NOTE: The dugouts are NOT safe.
  3. While indoors, stay away from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
  4. Designate a weather watcher to monitor the weather from a safe location.
  5. No outdoor activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.

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**Role of First Responders**

1. **Immediate care of injured athlete**
2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. **Emergency equipment retrieval**
4. **Direction of EMS to scene**
   a. Position 1: Designate individual to wait for EMS at **Position 1**. Once on site, direct EMS to the facility.
5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

**Venue Directions**: 915 Commonwealth Ave. (GPS 42.351473, -71.116942). The athletic training room is located in the Fitness and Recreation Center at 915 Commonwealth Avenue. Walk in front doors, go through turn styles, and follow the hallway to the set of double glass doors on the left that are labeled Athletic Training Services. The door to the swim-ex will be along the wall to the right. It is the door furthest to the right.
• **Emergency Personnel**: First, contact BUPD to activate EMS. If additional help is needed, contact athletic training services to request assistance from:
  1. FitRec Athletic Training room (617-353-7377)
  2. Anthony Dougal Athletic Training room (617-353-7326)
  3. Case Athletic Training room (617-353-2746)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. A landline telephones is located immediately to the right as you enter into the swim-ex room. There are additional landline telephones in the FitRec athletic training room.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall to the left as you enter the Fit Rec Athletic Training Room
  2. **Splinting equipment**: Along the wall to the left as you enter the Fit Rec Athletic Training Room
  3. **Emergency bag**: Along the to the left as you enter the Fit Rec Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room, although there are first aid supplies available in the Fit Rec Athletic Training Room
  5. **Oxygen delivery systems**: Along the wall leading to the left as you enter the Fit Rec Athletic Training Room

• **Lightning Safety**: In the event of a thunderstorm, the pool needs to be evacuated due to the chance of injury by ground current. At the first sign of thunder OR lightning:
  1. Seek safe shelter in the FitRec Athletic Training room.
  2. Designate a weather watcher to monitor the weather from a safe location.
  3. No aquatic activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.
### SITE
Outdoor Tennis Courts

### ADDRESS
33 Harry Agganis Way
Boston, MA 02215

### EMERGENCY CALL
- **617-353-2121**
- **3-2121 (BU Landline)**

### KEYS
- FAG10

### LIGHTNING SHELTER
Case Center Lobby

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**Role of First Responders**

1. **Immediate care of injured athlete**

2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. **Emergency equipment retrieval**

4. **Direction of EMS to scene**
   - **Position 1**: Designate individual to wait for EMS at **Position 1**. Direct them down the ramp and onto the tennis courts. If the access gate is locked, designate someone to open with **FAG10 key**.

5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

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**Venue Directions**: 33 Harry Agganis Way (GPS 42.352882, -71.118415) Nickerson Field is located off of Harry Agganis Way on the west (left) side of the street. Turn off of Commonwealth Ave. onto Harry Agganis Way (statue of Harry Agganis will be on your right). Continue straight down the street and the entrance is located on the left less than 300 yards from Commonwealth Avenue. If there are difficulties obtaining or using a key, contact Facilities at 617-353-2711.
• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. A *landline telephone* is located on the wall closest to West Campus residence halls under the “B” in Boston University.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. *AED*: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. *Splinting/spineboarding equipment*: Front Closet in the Case Athletic Training Room
  3. *Emergency bag*: Front Closet in the Case Athletic Training Room
  4. *Athletic training kit*: Bathroom in the Case Athletic Training Room
  5. *Oxygen delivery systems*: Front Closet in the Case Athletic Training Room

• **Lightning-Safe Shelter**: At the first sign of thunder OR lightning:
  1. Seek safe shelter in the *Lobby of Case Athletic Center*.
  2. If you cannot reach the Case Athletic Center, take shelter in any vehicle with a hard metal roof and closed windows. NOTE: The area under the bleachers IS NOT safe.
  3. While indoors, stay away from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
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**Role of First Responders**

1. **Immediate care of injured athlete**

2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. **Emergency equipment retrieval**

4. **Direction of EMS to scene**
   a. Position 1: Designate individual to wait for EMS at **Position 1**. Once on site, direct EMS to the injured party.
   b. **Garage Door Access**: There is a garage door at the ambulance entrance to the venue that should be opened to allow ease of emergency access. The operating button is on the left-hand wall if you are standing on the ramp looking away from the track.

5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area

**Venue Directions:** 100 Ashford Street (42.354256, -71.123408) Turn down Babcock St. (turn towards Charles River). Follow Babcock St. for approximately 210 yards and take Left onto Ashford St. Follow Ashford St. for approximately 200 yards to the ambulance entrance at the West end of the Track and Tennis Center.
• **Emergency Personnel:** Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. A **landline phone** is located to the left of the main doors to the Track and Tennis Center. Inside the venue, there are phones located in the throwing pit, at the front desk, and in the athletic training room.

• **Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED:** Mounted on the wall in the southwestern corner of the Track and Tennis Center
  2. **Splinting/spineboarding equipment:** Front Closet in the Case Athletic Training Room
  3. **Emergency bag:** Front Closet in the Case Athletic Training Room
  4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems:** Front Closet in the Case Athletic Training Room

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Site Name
Visitor’s Locker Room 216

Address
285 Babcock Street
Boston, MA 02215

Emergency Call
617-353-2121
3-2121 (BU Landline)

Keys
Key Code Access

Role of First Responders

1. Immediate care of injured athlete

2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. Emergency equipment retrieval

4. Direction of EMS to scene
   a. Position 1: Designate individual to wait for EMS at Position 1. Once one site, direct EMS to the appropriate facility. Locker room key pad codes may be necessary. Contact Facilities Management at 617-353-2711 for assistance.

5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area

Venue Directions: 285 Babcock St. (GPS 42.353320, -71.120738) The Women’s Basketball Locker Room is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. Position 1 is front door to Case Athletic Center. Once inside the building, continue through the lobby and go through the first door on the right after the elevator. The locker room is down one flight of stairs and on the right. The room number is 110 and the front door is accessed through the stairwell.
• **Emergency Personnel**: First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. There are no landline telephones located in this locker room area.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment**: Front Closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room

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• Role of First Responders

1. Immediate care of injured athlete

2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. Emergency equipment retrieval

4. Direction of EMS to scene
   a. Position 1: Designate individual to wait for EMS at Position 1. Once on site, direct EMS to the injured party.

5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area

• Venue Directions: 285 Babcock St. (GPS 42.353320, -71.120738). Walter Brown Arena is located at 285 Babcock St. in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 300 yards from Commonwealth Avenue. The ambulance entrance is past the main building doors on the right hand side near the end of Babcock St.
• **Emergency Personnel**: First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. Anthony Dougal Athletic Training room (617-353-7326)
  3. FitRec Athletic Training room (617-353-7377)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. A **landline telephone** is located in the Walter Brown arena athletic training room. The **IK251** key will open the room door.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment**: Front Closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room

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Role of First Responders

1. Immediate care of injured athlete
2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. Emergency equipment retrieval
4. Direction of EMS to scene
   a. Position 1: Designate individual to wait for EMS at Position 1. Once one site, direct EMS to the appropriate facility. Locker room key pad codes may necessary. Contact Facilities Management at 617-353-2711 for assistance.
5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area

Venue Directions: 285 Babcock St. (GPS 42.353320, -71.120738) The Women’s Basketball Locker Room is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. Position 1 is the front door to Case Athletic Center. Once inside the building, continue through the lobby and go through the first door on the right after the elevator. The locker room is down one flight of stairs and on the right. The room number is 110 and the front door is accessed through the stairwell.
• **Emergency Personnel:** First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. There are no landline telephones located in this locker room area.

• **Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED:** Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment:** Front Closet in the Case Athletic Training Room
  3. **Emergency bag:** Front Closet in the Case Athletic Training Room
  4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
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• Role of First Responders
  1. Immediate care of injured athlete
  2. Activation of EMS:
     a. Athletic Trainer will call 911 or direct someone (BU Admin, Coach, bystander etc.) to call 911 to activate EMS.
        i. Provide Dispatcher pertinent patient information
     b. Athletic Trainer will direct someone (BU Admin, Coach, bystander etc.) to inform the Mount Auburn Club front desk staff of the emergency and that EMS has been called
        i. If a handheld radio is available this may be used to notify Mount Auburn Staff of the emergency.
  3. Emergency equipment retrieval
     a. Athletic Training Kit (Courtside)
     b. AED
        i. Multiple AEDs within Mount Auburn Club with closest on the wall behind fitness desk.
  4. Direction of EMS to scene
     EMS to Enter Mount Auburn Club at the Bubble Parking Lot Entrance (Eastern Most Parking Lot)
     a. Upper Tennis Courts (4-7) Access:
        i. Position 1: Designate individual to wait for EMS at EMS Meeting Position. Once on site, direct EMS to the injured party. There no airlock door for this bubble, patients must be removed through revolving door.
     b. Lower Tennis Courts (8-11) Access:
        i. Position 2: Designate individual to wait for EMS at EMS Meeting Position. Once on site, direct EMS to the injured party. There is an airlock door to the right of the main revolving door that EMS can access.
  5. Crowd control – Designate a Boston University representative to secure area for first aid providers and move bystanders away from the area
• **Venue Directions:** 57 Coolidge Ave, Watertown, MA 02472

• **Emergency Personnel:** Athletic Trainer onsite for competitions, BU Coaching Staff for First/Aid CPR, Mount Auburn Club staff may be available for assistance

• **Emergency Communication:** The athletic trainer may carry a cell phone for emergency use. A landline phone is located at the Front Desk on the Main floor of the Mount Auburn Club main building.

• **Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  - **AED:** In the wall behind the Fitness Desk in town square/inner lobby. AED locations indicated on MAP above.
  - **Athletic Training kits:** Athletic Trainer’s covering events have access to a personal kit with supplies.

• **Post Care Communication:** Following the care and transport of the patient. BU Athletic Training Services Senior Staff needs to be informed. Please see the Emergency Phone numbers sheet. Start at the top of the list and call the staff members until you speak with someone.
BU EMERGENCY PHONE NUMBERS

BUPD: 617-353-2121 (on campus)    Ambulance: 911 (off campus)

BU Case AT Room  617-353-2746
BU Fit Rec AT Room  617-353-7377
BU Agganis AT Room 617-353-7326

Larry Venis             Emily Gibb             Nick Kaltenbronn
Cell 617-791-8602       Cell 857-352-1007    Cell 618-558-7431
Mark Laursen           Nick Pfeifer          Sara Roger
Cell 617-549-0198       Cell 857-352-1008    Cell 802-522-8688
Jenn Chadburn          Rachael Goeghegan     Katelyn Zweigle
Cell 617-429-3534       Cell 857-337-6207    Cell 510-364-9727
Hollie Walusz           Bridgett Salvador     Matt Hausmann
Drew Duckett           Kristina Green        Kristen Paulius
Cell 617-608-7290       Cell 857-324-5575    Cell 630-880-3303
Brent Hamula           Tony Salvatore        Maddy Shaw
Cell 617-448-6056       Cell 857-202-7684    Cell 215-565-5141
John Cortes            Erica Peterson         Cara Szkudlapski
Cell 617-875-4581       Cell 857-202-8732    Cell 609-802-5862
Stephanie Naylor       Hannah Tremel         Hannah Tremel
Cell 617-851-2572

NON-UNIVERSITY EMERGENCY PHONE NUMBERS

Environ. Health       617-353-7233    BMC ER         617-638-6240
MA Eye & Ear General  617-523-7900    Bay State Taxi  617-730-5600
MA Eye & Ear Admitting 617-573-3400    Poison Control  617-232-2120

Emergency Phone Numbers