

Teacher Mental Health Vignette Scale

In this survey, we will ask you to read and respond to two fictional scenarios.

SCENARIO 1: Please read the following scenario about a fictional student in your class and respond to the questions below.

Anna is a student in your class. She is always kind with other people and follows instructions during class. In the last few months, Anna has been increasingly moody, and you have noticed that she often puts her head down on her desk. She also seems to have lost interest in many of her friends and classwork, including participating in class activities that she used to enjoy. Every day Anna says that she feels very tired, but when you ask, she also says she is sleeping more than normal at night. In addition, the last few months, Anna seems to have trouble concentrating in class.

With just this information, and to the best of your knowledge, please answer the questions below.

1. What would you say, if anything, is going on with Anna?

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2. Do you have any students like Anna in your classes?

☐ Yes ☐ No

3. Using a scale of 1-10, where 1 is not at all serious and 10 is very serious, how serious would you rate Anna's behavior? Please circle your answer.

[illegible]

4. Using a scale of 1-10, where 1 is not at all worried and 10 is very worried, how worried would you be about Anna? Please circle your answer.

1 2 3 4 5 6 7 8 9 10
Not at all worried Very worried

5. Using a scale of 1-10, where 1 is very rare and 10 is very common, how common is Anna's behavior compared to other students you teach? Please circle your answer.

Very Rare 1 2 3 4 5 6 7 8 9 10 Very Common

6. Using a scale of 1-10, where 1 is very unlikely and 10 is very likely, how likely would you be to refer Anna to a school counselor, social worker, or psychologist for mental health services? Please circle your answer.

Very unlikely 1 2 3 4 5 6 7 8 9 10 Very likely

David is a student in your class. He has a longstanding group of friends, of which he is the leader. David has above-average intelligence, is very articulate, and has maintained good grades in school without working hard. Over the past six months, David has started to lose his temper a lot. He often appears angry, and he frequently blames others for his mistakes. Lately David's friends have begun to stay away from him because he is overly sensitive, becomes annoyed easily, and at times he seems to try to annoy his friends on purpose. You have noticed that David argues with you more than other students his age.

[illegible]

☐ Yes

☐ No

1 2 3 4 5 6 7 8 9 10
Not at all serious Very serious

1 2 3 4 5 6 7 8 9 10
Not at all worried Very worried

1 2 3 4 5 6 7 8 9 10
Very Rare Very Common

Very unlikely 1 2 3 4 5 6 7 8 9 10 Very likely

Citation:

Green, J. G., Oblath, R., & Holt, M. (2022). Teacher and school characteristics associated with the identification and referral of adolescent depression and oppositional defiant disorders by US teachers. *School mental health*, 1-16.

Full set of vignettes:**Internalizing, Female, Mild**

Anna is a student in your class. She is always kind with other people and follows instructions during class. In the last few months, Anna has been increasingly moody, and you have noticed that she often puts her head down on her desk. She also seems to have lost interest in many of her friends and classwork, including participating in class activities that she used to enjoy. Every day Anna says that she feels very tired, but when you ask, she also says she is sleeping more than normal at night. In addition, the last few months, Anna seems to have trouble concentrating in class.

Internalizing, Female, Severe

Anna is a student in your class. She is always kind with other people and follows instructions during class. In the last few months, Anna has been increasingly moody, putting her head down on her desk. Anna also seems to have lost interest in many of her friends and classwork, including participating in activities that she used to enjoy. Every day Anna says that she feels very tired, however, when you ask, she also says that she is sleeping more than normal at night. As a result, on some occasions she has missed school and lately seems increasingly sad and hopeless. In the last few months, Anna seems to have trouble concentrating on what she is doing during independent work in your class. Recently, you heard Anna saying to her friends: "I can't do anything right. I'm totally worthless!"

Internalizing, Male, Mild

David is a student in your class. He is always kind with other people and follows instructions during class. In the last few months, David has been increasingly moody, and you have noticed that he often puts his head down on his desk. He also seems to have lost interest in many of his friends and classwork, including participating in class activities that he used to enjoy. Every day David says that he feels very tired, but when you ask, he also says he is sleeping more than normal at night. In addition, the last few months, David seems to have trouble concentrating in class.

Internalizing, Male, Severe

David is a student in your class. He is always kind with other people and follows instructions during class. In the last few months, David has been increasingly moody, putting his head down on his desk. David also seems to have lost interest in many of his friends and classwork, including participating in activities that he used to enjoy. Every day David says that he feels very tired, however, when you ask, he also says that he is sleeping more than normal at night. As a result, on some occasions he has missed school and lately seems increasingly sad and hopeless. In the last few months, David seems to have trouble concentrating on what he is doing during independent work in your class. Recently, you heard David saying to his friends: "I can't do anything right. I'm totally worthless!"

Externalizing, Female, Mild

Anna is a student in your class. She has a longstanding group of friends, of which she is the leader. Anna has above-average intelligence, is very articulate, and has maintained good grades in school without working hard. Over the past six months, Anna has started to lose her temper a lot. She often appears angry, and she frequently blames others for her mistakes. Lately Anna's friends have begun to stay away from her because she is overly sensitive, becomes annoyed easily, and at times she seems to try to annoy her friends on purpose. You have noticed that Anna argues with you more than other students her age.

Externalizing, Female, Severe

Anna is a student in your class. She has a longstanding group of friends, of which she is the leader. Anna is very articulate, and has maintained good grades in school without working hard. In the last few months, Anna has increasingly argued with her friends and put them down. She often appears angry, and she frequently blames others for her mistakes. Anna's friends have begun to stay away from her because she has been overly sensitive, becomes annoyed easily, and at times she seems to try to annoy her friends on purpose. Anna defies her teachers, and she refuses to comply with adults' requests and rules. She argues loudly with her teachers, more than other students in her classes. Recently, her teachers have often had to place Anna in detention.

Externalizing, Male, Mild

David is a student in your class. He has a longstanding group of friends, of which he is the leader. David has above-average intelligence, is very articulate, and has maintained good grades in school without working hard. Over the past six months, David has started to lose his temper a lot. He often appears angry, and he frequently blames others for his mistakes. Lately David's friends have begun to stay away from him because he is overly sensitive, becomes annoyed easily, and at times he seems to try to annoy his friends on purpose. You have noticed that David argues with you more than other students his age.

Externalizing, Male, Severe

David is a student in your class. He has a longstanding group of friends, of which he is the leader. David is very articulate, and has maintained good grades in school without working hard. In the last few months, David has increasingly argued with his friends and put them down. He often appears angry, and he frequently blames others for his mistakes. David's friends have begun to stay away from him because he has been overly sensitive, becomes annoyed easily, and at times he seems to try to annoy his friends on purpose. David defies his teachers, and he refuses to comply with adults' requests and rules. He argues loudly with his teachers, more than other students in his classes. Recently, his teachers have often had to place David in detention.