

Alexander Dailida, Questrom '29, Sargent '22



Bio

I graduated from BU in 2022, where I studied Health Science and Statistics. I then began my career in healthcare analytics at a consulting firm in Boston. I currently work as a consultant at Brown & Brown in the Health & Welfare practice, focusing on medical, pharmacy, and financial strategy for large-employer health insurance plans. I started my part-time MBA at Questrom School of Business in Fall 2025, concentrating in health sector management.

Randi Jacoby, Sargent '80



Bio

Randi Jacoby, M.S.C.C.C., is a licensed and certified speech and language pathologist, who holds a master of science from Columbia University. She is the director of Jacoby Speech Therapy Associates, a private group practice in Manhattan, specializing in pediatric

communication development and learning skills. Jacoby has served as a lecturer to both parents and educators at the 92Y Parenting Center and 92Y Nursery School for more than 20 years, as well as a consultant to many New York City private and public schools. She has been a contributor to New York Family magazine, as well as many parent education portals, including recent podcasts for both the 92Y and Health Matters at Boston University. As an alumna of Sargent College, Jacoby continues to play an active role in mentoring both undergraduate and graduate students in speech pathology. She was noted as one of the top therapists in her field by “A Parent’s Guide to Special Education in New York City.” Jacoby is an active member of the UJA Healthcare Division and joined the Sargent College Clinical Advisory Board in 2020. Throughout her career, she has been an ardent advocate on behalf of children with developmental disabilities and learning disorders.

Mary Ellen Kelly, Sargent '04



Bio

Mary Ellen Kelly is the Director of Nutrition for The Boston Red Sox. Prior to the Red Sox she has served as a sports dietitian with the New York Liberty (2024 WNBA Champions), Miami Dolphins, University of North Carolina at Chapel Hill, and St. John’s University in Queens, NY. In 2018 Mary Ellen Kelly founded Fuel Forward, a private practice and nutrition consulting business offering nutrition-related speaking, writing, consulting, and coaching for groups and individuals. Current or former clients include but are not limited to: Baylor University, Bloomsburg University, Boston College, PWHL Boston Fleet, Regis College, and USA Lacrosse. A 2004 graduate of Boston University Sargent College, she has served as Adjunct Faculty for BU and was a 4-year member of the Terriers Women’s Track & Field Team.

Justin Robert Luh, Sargent '19



Bio

Justin graduated with a BS in Human Physiology in 2019. While at Sargent, he worked as a research assistant and completed a UROP project in the Human Systems Neuroscience Laboratory under Professor Zikopoulos. After graduating, he started a career in the life science industry with Azure Biosystems as a technical sales representative for western blotting capital equipment and reagents. He later moved into global and regional marketing roles, joining Kuros Biosciences to establish a US commercial presence for a synthetic orthopedic implant portfolio targeting spine and neurosurgeons. Justin then worked for Audacity Health, a boutique marketing strategy and creative agency with expertise across fundamental science, healthcare, and consumer wellness. Currently, he is the Associate Director of Product Marketing at Reaction Biology, a preclinical drug discovery and development CRO delivering data that advances novel oncology therapeutics.

Jessica Mousseau MS, RD, LDN, CNSC Sargent '20



Bio

Jess Mousseau, MS, RD, LDN, CNSC, is the Team Lead for Inpatient Clinical Nutrition at UMass Memorial Medical Center (UMMMC). She earned her B.S. in Nutrition and Dietetics from the University of New Hampshire and her M.S. in Nutrition Sciences from Boston University. She completed her dietetic internship through Boston University at UMMC and joined the organization as a Clinical Dietitian upon becoming a Registered Dietitian. After several years in clinical practice, she advanced into her current Team Lead role.

In her current position, Jess has spearheaded the implementation of a dietitian-led small-bore feeding tube placement team on acute care units and led the development of clinical practice guidelines for parenteral nutrition and the management of patients with disordered eating. She also coordinates clinical rotations for Boston University dietetic interns at UMMC and was honored with the Massachusetts Academy of Nutrition and Dietetics' Outstanding Dietetic Preceptor Award in 2025.

Laura Orlando, Sargent '18



Bio

Laura Orlando is a proud member of the Sargent College Class of 2018. After graduating from Sargent, she went on to attend Touro College, where she earned her Master's in Physician Assistant Studies in 2022.

Laura began her career in New York as a surgical PA, working in plastic surgery and thoracic oncology. She had the opportunity to work alongside two surgeons in private practices affiliated with multiple hospitals, including Mount Sinai South Nassau and Mercy Hospital. These experiences helped her build a strong foundation in surgery and patient care.

In 2024, Laura also began working per diem in the Neurosurgical ICU at North Shore University Hospital. Wanting to challenge herself outside of the operating room, she gained valuable experience caring for critically ill patients.

In July 2026, after three and a half years as a surgical PA, Laura took the next step in her career and moved to Miami to join Jackson Memorial Hospital as a thoracic surgery PA. Her current role encompasses thoracic surgery, lung transplantation, ICU care, and 24-hour consult call. She has spent the past year developing her skills in caring for high-acuity patients, gaining experience with emergency procedures such as ECMO, and learning the complexities of lung transplantation.

Laura's career has been shaped by a commitment to lifelong learning, challenging herself, and embracing opportunities that push her outside of her comfort zone. She is excited to return to Sargent and share her journey and experiences with the next generation of healthcare professionals.

Sauni P. Perera-Sandler, SAR'97



Bio

Dr. Sauni Perera is a board-certified anesthesiologist with two decades of experience practicing in New York City, specializing in regional anesthesia and outpatient surgery procedures.

Dr. Perera graduated in 1997 from Sargent, where she majored in human physiology with a minor in psychology. She pursued scientific laboratory and clinical research at the Dana-Farber Cancer Institute immediately after college. At DFCI, her clinical work focused on renal cell carcinomas and clinical trials, and she contributed to articles published in multiple scientific journals of cancer research, specifically those focused on tumor suppressor genes in both colon and prostate cancers.

After receiving her medical degree from the New York College of Osteopathic Medicine, Dr. Perera completed her anesthesia residency at New York University and then remained at NYU, where she began specializing in regional anesthesia as a clinical professor at the NYU Hospital for Joint Diseases. Her expertise in and love for performing nerve blocks and other targeted anesthetic procedures led her to become an instructor for regional workshops in the prestigious annual Postgraduate Assembly meeting for the New York State Society of Anesthesiologists.

Dr. Perera also practiced regional anesthesia for years at Lenox Hill Hospital on the Upper East Side of Manhattan before forming her own private practice, through which she

currently works as a trusted anesthesiologist for several outpatient surgery centers and IVF offices in and around Manhattan.

Michael Evan Silverman, MS, Ph.D. Sargent '91



Bio

Michael Silverman, MS, PhD, (SAR '91) is a licensed psychologist and professor at the Icahn School of Medicine at Mount Sinai. He is dual-trained in psychotherapeutic techniques and cognitive science, with a clinical and research focus on mood and anxiety disorders, particularly in the perinatal period.

Dr. Silverman is a pioneering researcher in perinatal mental health, having led several landmark studies, including the first fMRI study of postpartum depression (2007), the largest U.S. population-based study of severe postpartum depression (2011), and the development of a universal screening protocol for perinatal mental health (2016). His recent work explores psychiatric outcomes related to childhood food allergies, ALS, schizophrenia, chronic stress, and prenatal dexamethasone exposure.

In addition to his research, Dr. Silverman maintains a clinical practice focused on mood and anxiety disorders, life transitions, and performance-related challenges. He is trained in multiple therapeutic modalities, including CBT, DBT, ACT, IPT, and RO-DBT. He also serves on the Board of Directors for Postpartum Support International.

Maya S. Wolf, Sargent'03, Sargent '22

**Bio**

Maya Wolf is a two time Boston University graduate with extensive experience supporting children and families using a holistic approach. She is the founder of Dream On OT a private practice offering sleep coaching for parents as well as pediatric occupational therapy services in New Jersey. She also continues to treat at Manhattan East Associates in New York. Committed to education and mentorship in the field of occupational therapy, Maya developed the Dream On continuing education course, has served as an adjunct professor at Iona university, and supervises occupational therapy students in their Level II fieldwork training.
