

Virtual Swallowing Support Group: Navigating Swallowing with Care

Meeting Dates

- January 28, 2026
- February 25, 2026
- March 25, 2026
- April 29, 2026
- May 27, 2026
- June 24, 2026
- July 29, 2026
- NO MEETING IN AUGUST
- September 30, 2026
- October 28, 2026
- November 18, 2026
- NO MEETING IN DECEMBER

Meeting Details

- Join our **free**, virtual Support Group
- All meetings held over **Zoom**
- Meeting time: **12:00 - 1:00 pm ET**
- Gain helpful tips and strategies
- Receive support from a compassionate community

Who should attend?

- Individuals (18+) experiencing swallowing difficulties (dysphagia)
- Caregivers and family members (18+) of those with dysphagia
- Massachusetts residents only at this time

Is swallowing a challenge for you?

- Connect with others who understand the daily challenges of dysphagia
- Access resources and tools to improve your quality of life

Why join us?

- This meeting is moderated by a board-certified swallowing specialist and co-facilitated by Boston University's speech-language pathology graduate students
- Expert guest speakers lead discussions on relevant topics

TO RECEIVE ZOOM LINK PLEASE CONTACT:
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