

Natalie A. Perkins, Dr.OT, M.Ed., OTR/L, FIEE

**Education**

Executive Certificate in Leadership and Management	2020	University of Notre Dame Notre Dame, IN
Post Professional Doctor of Occupational Therapy Doctoral Project: Self-Awareness Educational App	2018	Boston University Boston, MA
Master of Education, Adult Education and Training	2011	Colorado State University Fort Collins, CO
B.S., Occupational Therapy	1997	Colorado State University Fort Collins, CO

**Other certifications or licensure**

Colorado State OT License	2013-Present
California OT License	2020-Present
National Board for Certification in Occupational Therapy (1023905)	1998-Present
Medicaid Billing License	2003-Present
Medicare Billing License	2014-Present

**Academic appointments**

2020-Present	Program Director, Department Chair, Clinical Assistant Professor, University of the Pacific, Occupational Therapy Doctorate Program Responsible for the development and coordination of the OTD program.
2014-2020	Faculty Instructor, Colorado State University, College of Health and Human Sciences, Department of Occupational Therapy

Responsible for the instruction of graduate level occupational therapy and rehabilitation science courses; and the development and coordination of on-line courses. Specialty: educational theory and practice, assistive technology, emerging areas of practice, adolescence, therapeutic rapport, adult rehab practices.

2018-Present Online Faculty Instructor, Boston University, Sergeant College of Health and Rehabilitation Sciences, Department of Occupational Therapy  
Responsible for the instruction of doctoral level occupational therapy students, development and coordination of post-professional doctorate projects, on-line course instruction. Specialty: capstone project, emerging practice areas, interprofessional collaboration.

### **Other Employment**

2017-Present Owner, Director of Development, TheraPERKS  
Responsible for public relations, fund raising, grant writing, administration, personnel management, budgeting.

2000-Present Consultant, Fort Collins, CO.  
Consultant and lecturer to a variety of settings: business, industry, school systems, hospitals, universities, rehabilitation centers. Specialty: IEP advocate, ergonomics, assistive technology, rehabilitation practices, therapeutic rapport, emotional intelligence in healthcare.

### **Special positions, honors and awards**

2019 Fellow- Institute for Inclusive Excellence, Colorado State University

2019 Award of Service, UCHealth

2018 Graduate Cum Laude, Boston University, Sargent College of Rehabilitation

2017 Boston University Scholarship of Teaching and Learning Recipient

### **Research Funding**

2021, Granted- OER Educational Research Grant, University of the Pacific, \$1000

2020, Sustainability Grant, University of the Pacific

2020, Granted- *Interprofessional Training*, University of the Pacific, \$3500

2018, *Recruiting Mini-Grant*, Colorado State University, \$500.

### **Publications:**

#### **Peer reviewed articles**

Tarango, A.K., **Perkins, N.A.**, Boswell, J., Steele, E., Perran, T., Beaton, A. (2020). Building interprofessional therapeutic relationships: Occupational therapy and palliative care services in acute rehab. *Student Journal of Occupational Therapy*, (Under Review).

**Perkins, N. A.**, & Schmid, A. A. (2019). Increasing emotional intelligence through self-reflection journals: Implications for occupational therapy students as emerging clinicians. *Journal of Occupational Therapy Education*, 3 (3).

#### **Other publications**

Jacobs, K., Warnken, B., Knowlton, J., **Perkins, N.**, Ellis, K., Mula, A., Calhoun, T., Lemisch, L., (2018). Integrating occupational therapy into new settings: Accounts of online practicums. *OT Practice*, 23 (9), 14-17.

Perkins, N. (2016). Elevating therapeutic rapport part I. *Advance Occupational Therapy*, 32 (10), 6-7.

Perkins, N. (2016). Elevating therapeutic rapport part II. *Advance Occupational Therapy*, 32 (11), 6-7.

#### **Professional Presentations:**

Invited

**Perkins, N.**, Bains, R. (November, 2020). Virtual Occupational Therapy Student Session, Webinar, University of the Pacific.

**Perkins, N.** (October, 2020) *COVID and your health series: Balancing meaningful occupations during COVID-19*. University of the Pacific Health Series, Sacramento, CA.

**Perkins, N.**, Ghiglieri, M. (September, 2020). Virtual Occupational Therapy Student Session, Webinar, University of the Pacific.

**Perkins, N.**, Ghiglieri, M. (August, 2020). Virtual Occupational Therapy Student Session, Webinar, University of the Pacific.

**Perkins, N.,** Ghiglieri, M. (July, 2020). Virtual Occupational Therapy Student Session, Webinar, University of the Pacific.

**Perkins, N.,** Ghiglieri, M., McCormick, G. (June, 2020). Virtual Occupational Therapy Student Session, Webinar, University of the Pacific.

**Perkins, N.,** Smith, R., Velozo, C. (June, 2019). Panel Session, PhD vs. OTD. Summer Institute for Future Scientists in Occupational Therapy, Charleston, S.C.

**Perkins, N.** (March, 2019) *Careers in Occupational Therapy*. Community health career fair presentation. Colorado Springs, CO

**Perkins, N.** (July, 2019) *Therapeutic rapport and emotional intelligence*. UHealth Manager Conference, Medical Center of the Rockies, Loveland, CO.

**Perkins, N.** (September, 2018). *Therapeutic professional self-awareness: A method to increase emotional intelligence*. UHealth Rehabilitation, Poudre Valley Hospital, Denver, CO.

**Perkins, N.** (October, 2017). *Self-awareness and therapeutic rapport*. Presented to Department of Occupational Therapy, Colorado State University, Fort Collins, CO.

**Perkins, N.** (August, 2017). *Executive functioning and emotional intelligence skills when working with youth and young adults*. Presented to The Matthews House, Fort Collins, CO.

**Perkins, N.** (July, 2017). *Self-awareness and emotional intelligence in OT curriculum. A program aimed at promoting professionalism and communication* (research poster). Boston University Student Showcase, Boston, MA.

**Perkins, N.** (May, 2017). *Facilitating self-awareness skills in the classroom and improving emotional intelligence*. Presented at TILT Colorado State University, Fort Collins, CO.

**Perkins, N.** (January, 2016). *Emotional intelligence and the impact on health outcomes*. Presented to annual meeting of University of Colorado Health Rehab, Fort Collins, CO.

**Perkins, N.** (November, 2016). *Elevating Therapeutic Rapport*. Presented to Rehabilitation Department at Poudre Valley Hospital, Fort Collins, CO.

**Perkins, N.** (June, 2011) *Emotional Intelligence and Communication*. Presented to Rehabilitation Department at UHealth/Poudre Valley Hospital, Fort Collins, CO.

**Perkins, N.** (May, 2011). *Development of emotional intelligence learning course*. (Master's thesis, Colorado State University, Fort Collins).

## Peer-reviewed

**Perkins, N.** (April, 2021). *Increasing emotional intelligence (EI) through self-reflection journals: Implications for OT students.* American Occupational Therapy Association Annual Conference & Expo., San Diego, CA.

Nuckols, K., **Perkins, N.** (April, 2021). *Metamorphosis: Evidence-based theory-driven telerehabilitation to maximize upper limb function and integration for adults with chronic stroke.* American Occupational Therapy Association Annual Conference & Expo., San Diego, CA.

**Perkins, N.** Ghiglieri, M. (March, 2021). *Collaborative leadership skills: Introducing emotional intelligence (EI) to improve therapeutic rapport, interprofessional communication, and client-centered care.* Emswiller Interprofessional Symposium, Richmond, Virginia.

**Perkins, N.,** Schmid, A. (March, 2020). *Increasing emotional intelligence through self-reflection journals: Implications for occupational therapy students and practitioners.* (Research Paper) To be presented at American Occupational Therapy Association Annual Conference & Expo., Boston, MA.

English Lynch, C., **Perkins, N.** (March, 2020). *Working together: An educational guide for collaboration between pediatric occupational therapists and applied behavior analysts.* (Research Paper) To be presented at American Occupational Therapy Association Annual Conference & Expo., Boston, MA.

Warwick, T., **Perkins, N.** (March, 2020). *Building capacity of related service providers in the public schools: How to create a community of practice within your state.* (Research Paper) To be presented at American Occupational Therapy Association Annual Conference & Expo., Boston, MA.

**Perkins, N.,** Schmid, A. (June, 2019). *Increasing emotional intelligence through self-reflection journals: Implications for occupational therapy students and practitioners.* (Research Paper) OT Summit of Scholars, Charleston, SC.

**Perkins, N.** (April, 2019). *Self-awareness training and curriculum as a component of OT programs to increase emotional intelligence among Master-level OT students.* Knowledge Exchange, Colorado State University, Fort Collins, CO.

**Perkins, N.** (March, 2019). *Self-awareness training to improve emotional intelligence.* (Research Paper) American Occupational Therapy Association Annual Conference & Expo., New Orleans, LA.

**Perkins, N.** (September, 2018). *Therapeutic professional self-awareness: A method to increase emotional intelligence.* UHealth Rehabilitation Symposium, University of Colorado Anschutz, Denver, CO.

**Mentoring**

Boston University- Academic Mentor, 5 PP-OTD students

University of the Pacific- Capstone Mentor 19 students

**Teaching**

***Primary Teaching Responsibilities at University of the Pacific***

Course	Credit Hours	Course Title/Description	Term/Year
OTHR 303	3	Foundations of Occupational Therapy	Spring/2021
OTHR 305	3	Art & Science of Occupational Therapy	Spring/2021

Post-Professional OTD Capstone Chair (7 PP-OTD Students)

2018-Present

***Primary Teaching Responsibilities as Boston University***

Course	Credit Hours	Course Title/Description	Term/Year
SAR OT 930	3	Doctoral Project/ Utilizing Blackboard along with Zoom, advise and mentor on-line students. Course focuses on identifying gap in specific area of need, compilation of a theoretical and evidence base to support the proposed project; evaluation plan; funding plan; dissemination plan; executive summary, and fact sheet.	Spring,Fall,Summer/2018, 2019, 2020, 2021

***Primary Teaching Responsibilities at Colorado State University***

Course #	Credit Hours	Course Title	Enroll-ment	Term/Year
OT 661	1	Occupational Performance: Adolescent-Young Adult Lab	51	Spring /2020
OT 660	3	Occupational Performance: Adult/Old Age Recitation	25	Spring/2020
OT 631	4	Program Assessment and Development	13	Fall/2019

OT 660	3	Occupational Performance: Adult/Old Age Recitation	25	Spring/2019
OT 661	1	Occupational Performance: Adolescent-Young Adult Lab	51	Spring /2019
OT 631	4	Program Assessment and Development	11	Fall/2018
OT 661	1	Occupational Performance: Adolescent-Young Adult Lab	51	Spring /2018
OT 665	2	Occupational Performance: Adult to Old Age Lab	26	Spring/2018
OT 660	3	Occupational Performance: Adult/Old Age Recitation	25	Spring/2018

### Service activities

2021	School of Health Sciences Course Assessment Committee, University of the Pacific
2020	Admission Data Committee, University of the Pacific
2020-Present	Curriculum Committee Member, University of the Pacific
2019	Admissions Reviewer, Boston University
2018-Present	Moving Through Parkinson's Partnership, Colorado State University
2018	Murphy Center Homeless Shelter/Mentoring Program
2018-Present	Admissions Committee, Boston University, PP-OTD Program
2018	Faculty Institute for Inclusive Excellence
2017-2018	Peer Mentor at Boston University
2018	Judge, Graduate Student Showcase, Colorado State University
2017-Present	Neuroanatomy Lab Volunteer, Fossil Ridge High School/Colorado State University
2016-Present	Occupational Therapy New Student Orientation, Colorado State University
2016-Present	Journal Club Leader, Occupational Therapy Department

2015-Present      Representative to Grand Rounds for ICU, Palliative Care, Orthopedics,  
Neurology

**Professional memberships**

AOTA

California Occupational Therapy Association

COTAD