















Positive values increase energy of s $\Delta U = q + w$ q > 0: heat flow into the system w > 0: work done on the system	ystem (curroudings gr (volume)) system	t colder) u decher
Direction of Energy Transfer	Sign Convention	Effect on U _{system}
Heat flow from surroundings to system	q>0 (+)	U increases, $\Delta U > 0$
Heat flow from system to surroundings	$\overline{q < 0}$	U decreases, $\Delta U <$ 0
Work done on system by surroundings	W > 0	U increases, $\Delta U > 0$
Work done on surroundings by system	(W < 0 (-))	U decreases, $\Delta U < 0$

























