

CURRICULUM VITAE

Jaime Kay

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EDUCATION

Boston University

Doctor of Occupational Therapy (OTD)

Boston, MA

2021-2024

University of Florida

Bachelor of Health Science (BHS), Minor: Theatre

Gainesville, FL

2017-2021

OCCUPATIONAL THERAPY EXPERIENCE

Boston Ability Center

Per Diem Occupational Therapist

Natick, MA

March 2025-Present

- Delivered pediatric outpatient occupational therapy for a caseload of 6-8 patients per day ages 6-11 with a range of disabilities including autism spectrum disorder, dyspraxia, and pediatric stroke.
- Engaged with patients in child-led activities to support targeted goal areas such as visual-motor integration, bimanual coordination, and problem solving to increase participation in childhood occupations such as dressing, toileting and play.
- Applied a variety of treatment approaches such as sensory integration, gross motor play, and executive functioning tasks in order to meet the patient's individualized support needs.

Center for Psychiatric Rehabilitation at Boston University

Doctoral Capstone

Boston, MA

May 2024-August 2024

- Explored the relationship of occupational therapy, mental illness rehabilitation and the performative arts via expanded literature search and program development
- Developed novel curriculum and outcome measures for a group intervention targeting the growth of self-efficacy and social skills via occupational participation in theatre
- Co-facilitated a group for individuals with serious mental illness and facilitated theatre activities and lessons targeting development of social skill-related topics to increase participation in social occupations.
- Fostered inclusive group dynamic and supported diverse learning styles via providing multiple means of engagement with course content
- Analyzed student reported outcomes to inform future occupational therapy practice on the value of occupation-based theatre intervention

NAPA Center

Level II Fieldwork Student

Waltham, MA

January 2024-March 2024

- Developed and implemented pediatric occupational therapy treatment plans for a caseload of weekly and intensive patients aged 22 months to 23 years old with a range of

neurological disabilities including neonatal stroke, cerebral palsy, autism spectrum disorder, cortical visual impairment and rare genetic disorders

- Administered pediatric assessments and conducted evaluations to gather comprehensive occupational history, current level of function and family goals for new patients and to monitor annual progress for established patients
- Utilized various treatment approaches to deliver client-centered and goal directed interventions including sensory integration, functional electrical stimulation, and Galileo vibration therapy
- Completed daily documentation, progress notes, chart reviews and wrote client-centered goals using the Raintree EMR system
- Developed knowledge in the delivery of evidence-based intervention modalities (e.g., Spider Cage, neurosuit, dynamic movement intervention, feeding therapy) for patients in the intensive therapy program by observing therapists across multiple disciplines

Spaulding Nursing and Therapy - Brighton

Boston, MA

Level II Fieldwork Student

September 2023-December 2023

- Evaluated incoming patients via obtaining expanded occupational and medical history and administered standardized and non-standardized assessment methods such as manual muscle testing, range of motion, and box and blocks test
- Implemented occupation-based interventions such as ADL retraining for caseload of individuals aged 25-87 with various conditions including cancer, Parkinson's disease, other neurological conditions (e.g., stroke, spinal surgery, Guillain-Barré syndrome, multiple sclerosis), orthopedic conditions and other cognitive disabilities
- Worked collaboratively with multidisciplinary care team in weekly rounds and family during care plan meetings to discuss progress in therapy and provide recommendations for smooth home transition
- Utilized EPIC EMR system to complete chart reviews, daily documentation, evaluations, progress notes and recommendations for discharge
- Assisted occupational and physical therapists in co-treatment interventions focused on bed mobility, toilet transfers, and mobility while maintaining non-weight bearing restrictions
- Presented in-service presentation on occupation-based neuro re-education intervention option compatible in acute care rehab for individuals with hemiparesis

Lexington High School

Lexington, MA

Level I Fieldwork Student - Group Leadership

January 2023-May 2023

- Jointly led group of autistic high school students through 8-week leisure intervention
- Utilized an occupation-based approach to foster exploration of leisure activities and promote self-determination among members
- Collected and analyzed outcome measure data and presented findings via academic poster presentation

Sargent College Outpatient Pediatric Therapy

Boston, MA

Level I Fieldwork Student

September 2022-December 2022

- Conducted an evaluation, administered clinical pediatric assessments, and collaboratively wrote progress notes to develop emerging skills in the OT process

- Cooperatively developed family-centered goals and implemented pediatric intervention sessions with 3-year-old client and her mother
- Addressed goals around food selectivity utilizing a sensory-motor play-based approach

South Shore Hospital

Level I Fieldwork Student

*South Weymouth, MA
February 2022-April 2022*

- Observed two occupational therapy practitioners conduct patient evaluations, report patient progress in daily rounds, document daily notes, and provide home education for patient discharge in acute care setting

Center for Psychiatric Rehabilitation at Boston University

Level I Fieldwork Student

*Boston, MA
September 2021-December 2021*

- Assisted instructor in recovery education course focused on development of pre-vocational skills for individuals with serious mental illness
- Facilitated student discussion on career related topics such as networking, disclosing disability to potential employers, and interview skills

WORK EXPERIENCE

Center for Psychiatric Rehabilitation at Boston University

Coach and Instructor

*Boston, MA
January 2025-Present*

- Supported young adults with mental illness in the NITEO program, a semester-long intensive leave of absence program
- Empowered and collaborated with students to build academic, wellness and overall resiliency skills to foster growth and successful return to their desired education or vocational environments
- Led and facilitated classes around academic resilience, wellness stamina and skill application to help students build and practice necessary college readiness and stress management strategies
- Developed curriculum content for the Stress Resilience class that I led and applied occupational tools such as the KAWA model
- Delivered individualized, solution-focused and client-centered coaching to young adults living with psychiatric conditions with application of an occupation-based lens to support the students in completing goal-oriented tasks
- Completed detailed weekly documentation of coaching sessions on student strengths, and accomplished action-items for goal progression
- Engaged in weekly staff and supervision meetings for the purpose of multi-disciplinary collaboration, professional development, and continued psychiatric rehabilitation skill building.

Marcia P. Hoffman School of the Arts, Ruth Eckerd Hall

Stage Manager

*Clearwater, FL
June 2021-August 2021*

- Directed students ages 14-18 in performing a musical within a 4-week time-period
- Managed and delegated a creative technical team to ensure administrative duties and behind the scenes tasks were being executed in an efficient manner
- Fostered a positive work environment for creative team and students in which individuals felt they were being treated with kindness and respect

Teacher/Teacher's Assistant

June 2018-August 2018, June 2019-August 2019

- Worked part time during summers and taught students of various ages and abilities the fundamentals of theatre and encouraged self-expression through the arts
- Cultivated skills in problem-solving and interpersonal communication for effective interaction with administrative team and parental figures
- Collaborated with peers to create short plays for students to perform
- Directed daily activities, lessons, and craft projects for children ages 5-14

LEADERSHIP

Sargent College Occupational Therapy Association (SCOTA)

Boston, MA

Social Chair/Executive board

January 2022-May 2022

- Assisted in the establishment of a novel occupational therapy graduate organization to improve student dedication to occupational therapy values and foster bond outside of the classroom.
- Developed and grew administrative and managerial skills as an executive board member in order to successfully launch proposed events.

UF Student Occupational Therapy Association (SOTA)

Gainesville, FL

Social Chair/Executive board

June 2020-May 2021

- Planned and executed in-person and virtual social events during the COVID-19 pandemic to facilitate connection and interest in occupational therapy among members
- Coordinated with fellow executive board members to successfully run the organization and plan innovative ways to serve the Gainesville community

Balance 180 Gymnastics

Gainesville, FL

Assistant Coach, Young Athletes Program

August 2019-May 2020

- Developed and led adaptive lesson plans for approximately 30 young athletes aged 2-7 with various intellectual, developmental and physical disabilities
- Adapted activities for individual athletes to meet the just-right-challenge to foster success
- Communicated with parents about their child's progress and suggested areas of growth

ACTIVITIES

- **Diverse-OT** | Boston University, *Member*

2021- 2023

- **Discoursing Disability Book Club** | Boston University, *Member* 2023
- **Rosie's Place** | Non-profit homeless shelter, *Volunteer* 2023
- **Perkins School for the Blind** | Everybody In! Walk/Move, *Volunteer* 2023
- **Night to Shine** | Prom for Developmental Disabilities, *Volunteer* 2021
- **Hands to Love** | Hand Camp, *Family Pal Volunteer* 2019

AWARDS AND CERTIFICATIONS

National Board Certification for Occupational Therapy	<i>Valid through March 2028</i>
American Occupational Therapy Association, Member	<i>Valid through July 2025</i>
Basic Life Support CPR/AED	<i>Valid through September 2025</i>
"Follow Your Dreams" Scholarship Award	2021