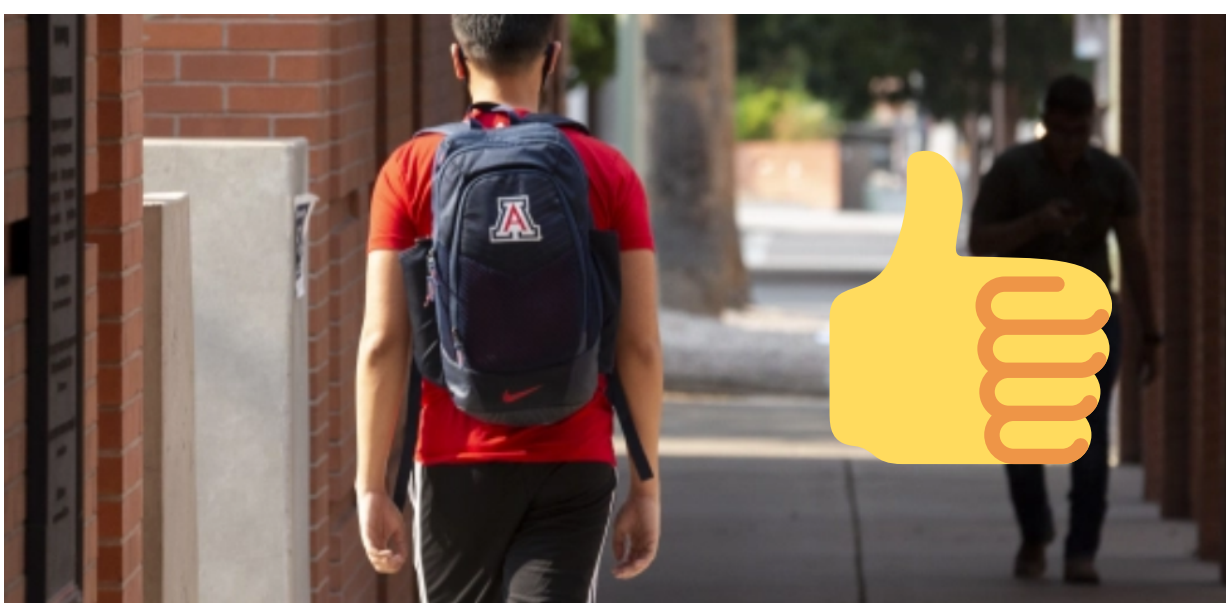
Backpack Awareness

Tips to pack and wear your backpack

Check the fit:

- **Step 1**: Put your backpack on with both straps.
- **Step 2**: Adjust the backpack to sit above your rear.
- **Step 3**: Adjust the backpack to sit on your shoulders.
- **Step 4**: Make sure the backpack is NOT on your neck.



Tips for packing your backpack:

- Pack it light! If it feels heavy, it's too heavy!
- Place the heaviest items, like your Chromebook, closest to your body.

What to pack:

- **M**ask
- **M**oney
- **S**anitizer
- **S**nack
- **C**ell Phone
- **C**hromebook

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Pack it light! Wear it right!