

**Packing List**  
Be Human  
July 6-18, 2025

Clothing

- Clothes enough for 12 days and 11 nights\*
  - Shirts
  - Underwear
  - Socks
  - Pants
  - Sweaters
  - Athletic wear
  - Rain jacket
- One nice outfit for the final event with families and friends
- Bathing suit - if you would like to swim at Fitrec
- Tennis shoes (comfortable walking shoes) Closed toed shoes that you don't mind getting dirty
- Sandals
- Shower caddy
- Shower shoes
- Toiletries

Technology

- Laptop and charger
- Cellphone and charger

Misc

- Comforter or blanket
- Personal Towel
- Pillow
- Bed sheets
- Fan

\*There will be a laundry machine in the building that you will need to pay for. You will be responsible for bringing detergent etc. More details will be shared closer to program date