



The **Summary of Benefits and Coverage (SBC)** document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE:** Information about the cost of this plan (called the premium) will be provided separately. This is only a **summary**. For more information about your coverage, or to get a copy of the complete terms of coverage, see www.bu.edu/hr.

For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at bluecrossma.com/sbcglossary or call **1-800-882-1093** to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u>?	\$1,500 individual contract / \$3,000 family contract in-network; \$3,000 individual contract / \$6,000 family contract out of network.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible</u>?	Yes. In-network prenatal and preventive care.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u>?	\$3,000 individual contract / \$6,000 family contract in-network; \$6,000 individual contract / \$12,000 family contract out of network.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out of pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u>?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u>?	Yes. See bluecrossma.com/findadoctor or call the Member Service number on your ID card for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u>?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network (You will pay the least)	Out-of-Network (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	10% coinsurance	30% coinsurance	Deductible applies first
	<u>Specialist</u> visit	10% coinsurance; 10% coinsurance / chiropractor visit	30% coinsurance; 30% coinsurance / chiropractor visit	Deductible applies first; limited to 20 chiropractor visits per calendar year
	<u>Preventive care/screening/immunization</u>	No charge	30% coinsurance	Deductible applies first to out of network; limited to age-based schedule and / or frequency. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	10% coinsurance	30% coinsurance	Deductible applies first; preauthorization may be required
	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% coinsurance	Deductible applies first; preauthorization may be required
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.OptumRX.com	Generic drugs	10% coinsurance	Not Covered	30 day supply limit at retail; 90 day supply limit at mail-order or CVS retail
	Preferred brand drugs	10% coinsurance	Not Covered	30 day supply limit at retail; 90 day supply limit at mail-order or CVS retail
	Non-preferred brand drugs	10% coinsurance	Not Covered	30 day supply limit at retail; 90 day supply limit at mail-order or CVS retail
	<u>Specialty drugs</u>		Not Covered	30 day supply limit for specialty drugs
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	Deductible applies first
	Physician/surgeon fees	10% coinsurance	30% coinsurance	Deductible applies first

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network (You will pay the least)	Out-of-Network (You will pay the most)	
If you need immediate medical attention	<u>Emergency room care</u>	10% coinsurance	10% coinsurance	In-network deductible applies first for in-network and out-of-network services
	<u>Emergency medical transportation</u>	10% coinsurance	10% coinsurance	In-network deductible applies first for in-network and out-of-network services
	<u>Urgent care</u>	10% coinsurance	30% coinsurance	Deductible applies first
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	30% coinsurance	Deductible applies first; preauthorization required
	Physician/surgeon fees	10% coinsurance	30% coinsurance	Deductible applies first; preauthorization required
If you need mental health, behavioral health, or substance abuse services	Outpatient services	10% coinsurance	30% coinsurance	Deductible applies first; preauthorization required for certain services
	Inpatient services	10% coinsurance	30% coinsurance	Deductible applies first; preauthorization required for certain services
If you are pregnant	Office visits	No charge for prenatal care; 10% coinsurance for postnatal care	30% coinsurance	Deductible applies first except for in-network prenatal care; cost sharing does not apply for in-network preventive services; maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound)
	Childbirth/delivery professional services	10% coinsurance	30% coinsurance	
	Childbirth/delivery facility services	10% coinsurance	30% coinsurance	
Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network (You will pay the least)	Out-of-Network (You will pay the most)	
	<u>Home health care</u>	10% coinsurance	30% coinsurance	Deductible applies first; preauthorization required

If you need help recovering or have other special health needs	<u>Rehabilitation services</u>	10% coinsurance	30% coinsurance	Deductible applies first; limited to 100 visits per calendar year (other than for home health care and speech therapy); in-network coinsurance waived for visits at the Trustees of Boston University rehabilitation facility
	<u>Habilitation services</u>	10% coinsurance	30% coinsurance	Deductible applies first; rehabilitation therapy coverage limits apply; coverage limits waived for early intervention services for eligible children
	<u>Skilled nursing care</u>	10% coinsurance	30% coinsurance	Deductible applies first; limited to 100 days per calendar year; preauthorization required
	<u>Durable medical equipment</u>	10% coinsurance	30% coinsurance	Deductible applies first; in-network cost share waived for one breast pump per birth
	<u>Hospice services</u>	10% coinsurance	30% coinsurance	Deductible applies first; preauthorization required for certain services
If your child needs dental or eye care	Children's eye exam	No charge	30% coinsurance	Deductible applies first for out of network; limited to one exam every 12 months
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	No charge for members with a cleft palate / cleft lip condition	30% coinsurance for members with a cleft palate / cleft lip condition	Limited to members under age 18; deductible applies first for out-of-network

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Long-term care
- Children's glasses
- Dental care (Adult)
- Private-duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care (20 visits per calendar year)
- Hearing aids (\$2,000 per ear every three months)
- Routine eye care - adult (one exam every 12 month)
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- Infertility treatment
- Non-emergency care when traveling outside the US
- Weight loss programs (\$150 per calendar year per calendar years)
- Routine foot care (only for patients with systemic circulatory disease)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the

U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform and the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Your state insurance department might also be able to help. If you are a Massachusetts resident, you can contact the Massachusetts Division of Insurance at 1-877-563-4467 or www.mass.gov/doj. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. For more information about possibly buying individual coverage through a state exchange, you can contact your state's marketplace, if applicable. If you are a Massachusetts resident, contact the Massachusetts Health Connector by visiting www.mahealthconnector.org. For more information on your rights to continue your employer coverage, contact your plan sponsor. (A plan sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Member Service number listed on your ID card or contact your plan sponsor. (A plan sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Does this plan provide Minimum Essential Coverage? [Yes]

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? [No]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Disclaimer: This document contains only a partial description of the benefits, limitations, exclusions and other provisions of this health care plan. It is not a policy. It is a general overview only. It does not provide all the details of this coverage, including benefits, exclusions and policy limitations. In the event there are discrepancies between this document and the policy, the terms and conditions of the policy will govern.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery)

■The plan's overall deductible	\$1,500
■Delivery fee coinsurance	10%
■Facility fee coinsurance	10%
■Diagnostic tests coinsurance	10%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,713
In this example, Peg would pay:	
<i>Cost Sharing</i>	
Deductibles	\$1,500
Copayments	\$0
Coinsurance	\$1,222
<i>What isn't covered</i>	
Limits or exclusions	\$78
The total Peg would pay is	\$2,800

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■The plan's overall deductible	\$1,500
■Specialist visit coinsurance	10%
■Primary care visit coinsurance	10%
■Diagnostic tests coinsurance	10%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,389
In this example, Joe would pay:	
<i>Cost Sharing</i>	
Deductibles	\$1,198
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$6,041
The total Joe would pay is	\$7,239

Jacque's Simple Fracture

(in-network emergency room visit and follow-up care)

■The plan's overall deductible	\$1,500
■Specialist visit coinsurance	10%
■Emergency room coinsurance	10%
■Ambulance services coinsurance	10%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,925
In this example, Jacquie would pay:	
<i>Cost Sharing</i>	
Deductibles	\$1,500
Copayments	\$0
Coinsurance	\$58
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Jacquie would pay is	\$1,558

The plan would be responsible for the other costs of these EXAMPLE covered services.