



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE:** Information about the cost of this plan (called the premium) will be provided separately. This is only a **summary**. For more information about your coverage, or to get a copy of the complete terms of coverage, see www.bu.edu/hr.

For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at bluecrossma.com/sbcglossary or call **1-800-882-1093** to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u>?	\$250 member / \$500 family in-network Boston Medical Center and Other PPO Providers; \$500 member / \$1,000 family out-of-network.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u>?	Yes. In-network prenatal and preventive care, most office visits, mental health visits, therapy visits; emergency room.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u>?	\$2,500 member / \$5,000 family in-network Boston Medical Center and Other PPO Providers; \$5,000 member / \$10,000 family out-of-network.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u>?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u>?	Yes. See bluecrossma.com/findadoctor or call the Member Service number on your ID card for a list of network providers.	You pay the least if you use a <u>provider</u> in-network (lowest <u>cost share</u>). You pay more if you use a <u>provider</u> in-network (highest <u>cost share</u>). You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u>?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		In-Network Boston Medical Center Providers (You will pay the least)	In-Network Other PPO Providers	Out-of-Network (You will pay the most)	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$15 / visit	\$30 / visit	30% coinsurance	Deductible applies first for out-of-network
	<u>Specialist</u> visit	\$15 / visit; \$30 / chiropractor visit	\$30 / visit; \$30 / chiropractor visit	30% coinsurance; 30% coinsurance / chiropractor visit	Deductible applies first for out-of-network; limited to 20 chiropractor visits per calendar year
	<u>Preventive care/screening/immunization</u>	No charge	No charge	30% coinsurance	Deductible applies first for out-of-network; limited to age-based schedule and / or frequency. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	20% coinsurance for x-rays and lab tests for certain hospitals; 10% coinsurance for other providers	30% coinsurance	Deductible applies first; preauthorization may be required
	Imaging (CT/PET scans, MRIs)	No charge	20% coinsurance for certain hospitals; 10% coinsurance for other providers	30% coinsurance	Deductible applies first; preauthorization may be required

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		In-Network Boston Medical Center Providers (You will pay the least)	In-Network Other PPO Providers	Out-of-Network (You will pay the most)	
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at www.OptumRX.com	Generic drugs	\$8 copay for retail; 16\$ copay for mail-order	\$8 copay for retail; 16\$ copay for mail-order	Not Covered	30 day supply limit at retail; 90 day supply limit at mail-order or CVS retail
	Preferred brand drugs	20% coinsurance; Min \$40 and max \$60 for retail; Min \$80 and max \$120 for mail-order	20% coinsurance; Min \$40 and max \$60 for retail; Min \$80 and max \$120 for mail-order	Not Covered	30 day supply limit at retail; 90 day supply limit at mail-order or CVS retail
	Non-preferred brand drugs	30% coinsurance; Min \$60 and max \$80 for retail; Min \$120 and max \$160 for mail-order	30% coinsurance; Min \$60 and max \$80 for retail; Min \$120 and max \$160 for mail-order	Not Covered	30 day supply limit at retail; 90 day supply limit at mail-order or CVS retail
	<u>Specialty drugs</u>	Covered at same levels as other drugs	Covered at same levels as other drugs	Not Covered	30 day supply limit for specialty drugs
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	20% coinsurance for certain hospitals; 10% coinsurance for other providers	30% coinsurance	Deductible applies first; pre-authorization required for certain services

	Physician/surgeon fees	No charge	10% coinsurance	30% coinsurance	Deductible applies first; pre-authorization required for certain services
If you need immediate medical attention	<u>Emergency room care</u>	\$100 / visit	\$100 / visit	\$100 / visit	Copayment waived if admitted or for observation stay
	<u>Emergency medical transportation</u>	10% coinsurance	10% coinsurance	10% coinsurance	In-network deductible applies first for in-network and out-of-network services
	<u>Urgent care</u>	\$15 / visit	\$30 / visit	30% coinsurance	Deductible applies first for out of network
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	20% coinsurance for certain hospitals; 10% coinsurance for other providers	30% coinsurance	Deductible applies first; pre-authorization required
	Physician/surgeon fees	No charge	10% coinsurance	30% coinsurance	Deductible applies first; pre-authorization required

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		In-Network Boston Medical Center Providers (You will pay the least)	In-Network Other PPO Providers	Out-of-Network (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$15 / visit	\$30 / visit	30% coinsurance	Deductible applies first for out-of-network; pre-authorization required for certain services
	Inpatient services	No charge	20% coinsurance for certain hospitals; no charge for other providers	30% coinsurance	Deductible applies first; preauthorization required for certain services
If you are pregnant	Office visits	No charge	No charge for prenatal care; 10% coinsurance for postnatal care	30% coinsurance	Deductible applies first except in-network prenatal care; cost sharing does not apply for in-network preventive services; maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound)
	Childbirth/delivery professional services	No charge	10% coinsurance	30% coinsurance	
	Childbirth/delivery facility services	No charge	20% coinsurance for certain hospitals; 10% coinsurance for other providers	30% coinsurance	

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		In-Network Boston Medical Center Providers (You will pay the least)	In-Network Other PPO Providers	Out-of-Network (You will pay the most)	
If you need help recovering or have other special health needs	<u>Home health care</u>	10% coinsurance	10% coinsurance	30% coinsurance	Deductible applies first; preauthorization required
	<u>Rehabilitation services</u>	\$15 / visit	\$30 / visit	30% coinsurance	Deductible applies first for out of network; limited to 100 visits per calendar year (other than for home health care and speech therapy); cost share waived for physical therapy visits at the Trustees of Boston University rehabilitation facility; preauthorization required for certain services
	<u>Habilitation services</u>	\$15 / visit	\$30 / visit	30% coinsurance	Deductible applies first for out-of-network; rehabilitation therapy coverage limits apply; coverage limits waived for early intervention services for eligible children; pre-authorization required for certain services
	<u>Skilled nursing care</u>	10% coinsurance	10% coinsurance	30% coinsurance	Deductible applies first; limited to 100 days per calendar year; preauthorization required
	<u>Durable medical equipment</u>	10% coinsurance	10% coinsurance	30% coinsurance	Deductible applies first; in-network cost share waived for one breast pump per birth
	<u>Hospice services</u>	10% coinsurance	10% coinsurance	30% coinsurance	Deductible applies first; preauthorization required for certain services

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		In-Network Boston Medical Center Providers (You will pay the least)	In-Network Other PPO Providers	Out-of-Network (You will pay the most)	
If your child needs dental or eye care	Children's eye exam	No charge	No charge	30% coinsurance	Deductible applies first for out-of-network; limited to one exam every 12 months
	Children's glasses	Not covered	Not covered	Not covered	None
	Children's dental check-up	No charge for members with a cleft palate / cleft lip condition	No charge for members with a cleft palate / cleft lip condition	30% coinsurance	Limited to members under age 18; deductible applies first for out-of-network

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Long-term care
- Children's glasses
- Dental care (Adult)
- Private-duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Infertility treatment
- Routine foot care (only for patients with systemic circulatory disease)
- Chiropractic care (20 visits per calendar year)
- Non-emergency care when traveling outside the United States. circulatory disease)
- Hearing aids (\$2,000 per ear every three years)
- Routine eye care - adult (one exam every 12 months)
- Weight loss programs (\$150 per calendar year per calendar years)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform and the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Your state insurance department might also be able to help. If you are a Massachusetts resident, you can contact the Massachusetts Division of Insurance at 1-877-563-4467 or www.mass.gov/doi. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. For more information about possibly buying individual coverage through a state exchange, you can contact your state's marketplace, if applicable. If you are a

Massachusetts resident, contact the Massachusetts Health Connector by visiting www.mahealthconnector.org. For more information on your rights to continue your employer coverage, contact your plan sponsor. (A plan sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Member Service number listed on your ID card or contact your plan sponsor. (A plan sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Does this plan provide Minimum Essential Coverage? [Yes]

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? [Yes]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Disclaimer: This document contains only a partial description of the benefits, limitations, exclusions and other provisions of this health care plan. It is not a policy. It is a general overview only. It does not provide all the details of this coverage, including benefits, exclusions and policy limitations. In the event there are discrepancies between this document and the policy, the terms and conditions of the policy will govern.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery)

■The plan's overall deductible	\$250
■Delivery fee copay	\$0
■Facility fee copay	\$0
■Diagnostic tests copay	\$0

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,713
In this example, Peg would pay:	
<i>Cost Sharing</i>	
Deductibles	\$250
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$78
The total Peg would pay is	\$328

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■The plan's overall deductible	\$250
■Specialist visit copay	\$15
■Primary care visit copay	\$15
■Diagnostic tests copay	\$0

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,389
In this example, Joe would pay:	
<i>Cost Sharing</i>	
Deductibles	\$134
Copayments	\$120
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$6,041
The total Joe would pay is	\$6,295

Jacquie's Simple Fracture

(in-network emergency room visit and follow-up care)

■The plan's overall deductible	\$250
■Specialist visit copay	\$15
■Emergency room copay	\$100
■Ambulance services coinsurance	10%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,925
In this example, Jacquie would pay:	
<i>Cost Sharing</i>	
Deductibles	\$250
Copayments	\$175
Coinsurance	\$59
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Jacquie would pay is	\$484

The plan would be responsible for the other costs of these EXAMPLE covered services.