



THE SNAP CHALLENGE 12/06-12/20

Living on a limited budget can be especially tough during the holiday times. For many families and individuals, the Supplemental Nutrition Assistance Program (SNAP) provides essential benefits that can alleviate the harsh realities of **food insecurity**. But even with these benefits, eating healthy, nutritious meals every day can be tough!

For one week during the open period, join students, Deans, and faculty to live on a budget of **~\$33**-the average budget of a family being supported by the SNAP.

Please attend the informational lunch session for more details!

Questions can be sent to Fabian Chang (fchang@bu.edu) or Dan McGrail (dmcgrail2@gmail.com)

Information Session
featuring a talk by
Kathy Ireland, RD:
December 3, 12:00-
1:00 pm In Room
R103! **Lunch** will be
served.

Join Deans of the
School of Medicine,
as well as
colleagues from
other BU
institutions!

Sponsored by: BU
Student Nutrition
Action and Awareness
Council (SNAAC)