

BU AQUATICS Hiring Event

Who:

- Anyone interested in working as lifeguard or swim instructor for Boston University.
 - No certification needed to apply.
 - Lifeguards – applicants will be placed into a lifeguard certification class for free. Employment will be dependent on passing the certification.
 - Swim Instructors – on the job training will be provided.

What:

- Anyone interested in applying to work at Boston University's Fitness and Recreation Center as a Lifeguard and/or Swim Instructor is invited to attend one of the hiring events listed below.
- Applicants will be tested on their swimming skills, so bring your swimsuit, towel, and goggles. Those who make it past the swim test will then be interviewed, pick shifts they want to work, and complete the hiring paperwork.
 - Lifeguard Swim Test:
 - 300 yards continuously demonstrating breath control and rhythmic breathing.
 - Applicants may swim using the front crawl, breaststroke, or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used during this portion, and it will not be a timed event.
 - Tread water for 2 minutes using only the legs.
 - Applicants will place their hands under their armpits.
 - Complete a timed event within 1 minute, 40 seconds.
 - Starting in the water, swim 20 yards using the front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards on the back returning to the starting point with both hands on the object and exit the water without using a ladder or steps.
 - Swim goggles are not allowed for this timed event.
 - Swim Instructor Swim Assessment:
 - Swim the following strokes consistent with the Stroke Performance Charts, Level 4 of the American Red Cross Learn-to-Swim program:
 - Front crawl – 25 yards
 - Back crawl – 25 yards
 - Breaststroke – 25 yards
 - Butterfly – 15 yards
 - Maintain position on back for 1 minute in deep water (floating or sculling).
 - Tread water for 1 minute.

When:

- Applicants should attend one session from either round 1 or round 2 of the hiring events below:
 - Round 1:
 - Monday April 10 from 6-8pm
 - Thursday April 13 from 6-8pm
 - Wednesday April 19 from 6-8pm
 - Friday April 21 from 6-8pm
 - Round 2:
 - Monday May 22 from 6-8pm
 - Thursday May 25 from 6-8pm
 - Wednesday May 31 from 6-8pm
 - Friday June 2 from 6-8pm

Where:

- Boston University's Fitness and Recreation Center
 - Meet in the Pool Spectator Seating area.