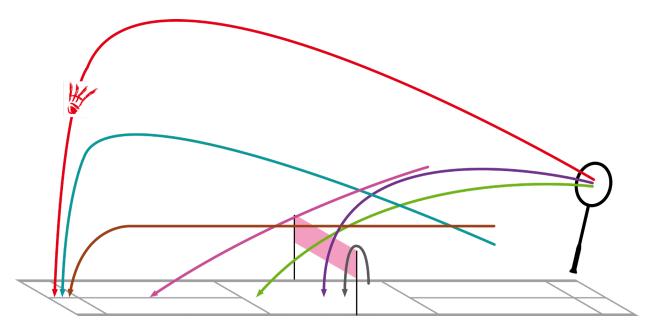
PDP GS 107 Beginning Badminton

Instructor: Kenneth Chan Email: <u>kenc@bu.edu</u> Phone: 516-236-3471

Meets once per week: 1.0 Credit



Course Description:

The course is designed badminton fundamentals and basic techniques. The fundamentals will be footwork and motion of swinging the racket. Rules will be explained; however, the course will not be exploring strategies.

Required Equipment:

Must have running shoes or badminton shoes. Having your own badminton racket is recommended.

Learning Outcomes:

Upon completion of this course, it is expected that students will be able to:

- Start a proper game
- Perform serves, clears, drops, lifts, and smashes
- Possess correct footwork

Grading Policy:

This class will be graded Pass/Fail, based on attendance. Please visit the <u>Registrar's website</u> often to view relevant deadlines! Below is a list of possible grades you may receive in this class:

P – Pass: Completed course requirements, 80% or more classes attended

W – Withdraw: If you drop this class after the specified deadline, you will receive a "W" grade.

MG - Missing Grade: If you decide you do not want to take this course, but forget to drop it, this grade will appear on your transcript. You will still be allowed to graduate and it will not affect your overall GPA, however you are strongly encouraged to drop this course within the allotted deadline to avoid this grade. Dropping before the deadline will remove this class from your transcript entirely.

<u>I – Incomplete:</u> If you fail to meet the attendance requirements of this course, you will receive an "I" until you have made up all missed classes. Please make arrangements with your instructor to do so within the following semester. Your grade will be changed to a "P" once you have made up all classes.

<u>AU- Audit:</u> If you intend to audit this class, please fill out and ask your instructor to sign a Class Adjustment/AU form and turn it in to the Registrar's Office by the deadline.

<u>F- Fail:</u> It is very unlikely that you will receive a failing grade. Your instructor is happy to work with you to make up any missed classes. A grade of "F" will only be given in extenuating circumstances, such as violating the BU student code of conduct.

Attendance Policy & Make-Up Classes:

Because this class is graded solely on attendance and learning is cumulative, it is important that you attend each class. You will need an 80% attendance record to receive a passing grade. You are allowed 3 unexcused absences. Excused absences (such as illness or injury with a doctor's note or death of a family member) will not count against your attendance record.

Blackboard, FitRec Website & Course Evaluation:

A Blackboard course site may be available for this class online at http://learn.bu.edu and can be accessed by entering your username and password. All students enrolled in this class should have access to this site, even if your school does not use Blackboard. This site will give you access to the course syllabus, any additional content, and allow you to email other students in this class. Emergency cancelations as well as other announcements may also be posted here.

For a broader explanation of PDP credit class policies, please visit the FitRec's website: http://www.bu.edu/fitrec/about/physical-education/

Course evaluations will be sent via email at midterm and at the end of the semester. Please take the time to fill these out – your feedback is very important to us!

Student Conduct:

Boston University's codes of conduct are enforced at the Fitness and Recreation Center at all times. Use of Boston University facilities is a privilege and participants are expected to be good citizens and respect the rights of others. Individuals who engage in unacceptable or irresponsible behavior may have their access to the Fitness and Recreation Center revoked or modified indefinitely as determined by the Executive Director of Physical Education, Recreation and Dance. Students may be subject to further university disciplinary action as outlined in the Boston University Code of Student Responsibilities (www.bu.edu/dos/policies/student-responsibilities).

Schedule: Beginning of class, 15-20min simple footwork from 2nd week to 6th week

Week 1	General explanation of the course/ Grips/ Rules / Games
Week 2	Review on grips/ backhand serve/ Retrieving serves / Games

Week 3	Clears/ Forehand serve/ Games
Week 4	More clears and forehand serves/ drops/ Games
Week 5	Lift/ Net/ knowledge of when to switching grips/ Games
Week 6	More of lifts, drops and clears/ Games
Week 7	Start of first drill: clear drop drop/ Drive/ Games
Week 8	Clear drop drop/ More of drives/ Smash/ Games
Week 9	More of smashes, lifts and drops/ Games
Week 10	Start of second drill: clear smash drop/ Games
Week 11	Review on clears, serves and drops/ Games
Week 12	Review of lift, net and drives/ Games
Week 13	Start of third drill: footwork and drives/ Games
Week 14	Games