PDP GS 150 A1 Beginning Cricket

Instructor: Tegveer Ghura Email: tegveerg@bu.edu Phone: 413-800-9933 Meets once per week (Wed 3:35pm - 5:00pm) : 1 credit

Course Description:

This course is a beginning cricket course. The course is for those who have little or no knowledge of this international sport. Students are expected to do initial warm-ups prior to class.

Required Equipment:

Students are required to wear athletic apparel and running shoes in every class. The instructor will provide equipment such as bats, balls and wickets.

Course Goals:

The objectives of this course are to:

- · learn history and fundamentals of cricket
- learn and practice fielding & fielding positions, bowling skills, batting techniques, and umpiring.
- learn basic scoring
- understand how cricket can be used in promoting diplomacy and peace
- participate in practice matches
- spark interest for further participation beyond this Introductory Course

Course Outline/Topics:

This course will cover following topics:

- Background and fundamentals
 - Learn the background of cricket
 - Understand how culture and sports influence each other
 - Learn basic laws of cricket
 - Learn cricket etiquettes
 - Cricket records, heroes, influential leagues/tournaments, rivalries
- Learn and practice fielding skills
 - Learn fielding positions
 - Fielding techniques
 - Wicket keeping
- Learn and practice bowling skills
 - Bowling basics
 - Bowling: fast, medium fast, and spin
 - Field setting
- Learn and practice batting techniques
- Batting basics
 - Playing strokes on both off and on sides
 - Switching strikers and running between the wickets
- Learn and apply cricket laws
 - Understand cricket terminology
 - Learn umpiring laws
 - Practice umpiring
 - Play cricket matches

Grading Policy

This class will be graded Pass/Fail, based on attendance. Please visit the <u>Registrar's website</u> often to view relevant deadlines! Below is a list of possible grades you may receive in this class:

<u>P – Pass:</u> Completed course requirements, 80% or more classes attended

<u>W – Withdraw:</u> If you drop this class after **February 25**, you will receive a "W" grade. The final day to drop a class with a "W" grade is April 3.

<u>MG - Missing Grade:</u> If you decide you do not want to take this course, but forget to drop it, this grade will appear on your transcript. You will still be allowed to graduate and it will not affect your overall GPA, however you are strongly encouraged to drop this course within the allotted deadline to avoid this grade. Dropping before the deadline will remove this class from your transcript entirely.

<u>I – Incomplete:</u> If you fail to meet the attendance requirements of this course, you will receive an "I" until you have made up all missed classes. Please make arrangements with your instructor to do so within the following semester. Your grade will be changed to a "P" once you have made up all classes.

<u>AU-Audit:</u> If you intend to audit this class, please fill out and ask your instructor to sign a Class Adjustment/AU form and turn it in to the Registrar's Office by the deadline.

<u>F- Fail:</u> It is very unlikely that you will receive a failing grade. Your instructor is happy to work with you to make up any missed classes. A grade of "F" will only be given in extenuating circumstances, such as violating the BU student code of conduct.

Attendance Policy & Make-Up Classes:

Because this class is graded solely on attendance and learning is cumulative, it is important that you attend each class. You will need an **80%** attendance record to receive a passing grade. You are allowed **4** unexcused absences. Excused absences (such as illness or injury with a doctor's note or death of a family member) will not count against your attendance record. If you have more than **4** unexcused absences, you will need to arrange to make up the classes you have missed. You can do this by attending the BU Cricket Club's practices which meet twice a week – instructor to provide details.

Please let me know if you plan on attending said practices so that I can plan accordingly. It is your responsibility to keep track of your attendance record and make up any classes you have missed.

Blackboard, FitRec Website & Course Evaluation:

A Blackboard course site may be available for this class online at <u>http://www.learn.bu.edu</u> and can be accessed by entering your BU username and password. All students enrolled in this class should have access to this site, even if your school does not use Blackboard. This site will give you access to the course syllabus, any additional content, and allow you to email other students in this class. Emergency cancelations as well as other announcements may also be posted here.

For a broader explanation of PDP credit class policies, please visit the FitRec's website: <u>http://www.bu.edu/fitrec/about/physical-education/</u>

Course evaluations will be sent via email at midterm and at the end of the semester. Please take the time fill these out – your feedback is very important to us!

Student Conduct:

Boston University's codes of conduct are enforced at the Fitness and Recreation Center at all times. Use of Boston University facilities is a privilege and participants are expected to be good citizens and respect the rights of others. Individuals who engage in unacceptable or irresponsible behavior may have their access to the Fitness and Recreation Center revoked or modified indefinitely as determined by the Executive Director of Physical Education, Recreation and Dance. Students may be subject to further university disciplinary action as outlined in the Boston University Code of Student Responsibilities (www.bu.edu/dos/policies/student-responsibilities).

Schedule

Week	Date	Торіс
1	January 22	 Introduction and syllabus overview Background and history of cricket, basic laws, and terminology Introduction to Batting Basic Fielding & Throwing Introduction to Bowling: basic motion and practice
2	January 29	 Laws of cricket Basic Fielding and Throwing Basic Wicket keeping and fielding practice Explanation of 'Offside' & 'Leg-side' Working on individual bowling and batting styles
3	February 5	 Introduction to Batting Basics - continued Good and bad balls: line and length Bowling skills and practice: Fast, medium, and spin Umpiring signals
4	February 12	 Ways of getting 'out' Basics of Scoring Bowling tactics: deception, line and length Laws of cricket (flexibility in laws) Bowling and fielding & Wicket keeping practice Running between the wickets
5	February 19	 Introduction to batting: Batting shots, footwork, power and placement Fielding practice: Solo and team Batting practice with focus on footwork
6	February 26	 Umpiring signals Laws of cricket (overview and application) Practice matches
7	March 4	 Assessing your skill level as a bowler, batter or an all-rounder. Batting, fielding, and bowling practice
8	March 11	** Spring Recess March 7-15

9	March 18	- Scoring - advanced - Practice matches - Watch a Cricket Game
10	March 25	 Practice Batting: Playing strokes on off and on side of the wicket Practice Bowling: Pitching on off and leg stump Advanced fielding
11	April 1	 Use of Strategy & Captaincy in Test & ODI Batting: Playing strokes on off and on side of the wicket Bowling: Pitching on off and leg stump
12	April 8	 Practice match Cricket jargon, records & heroes Watch a Cricket Game – recognize tactics and styles of play
13	April 15	 Batting: Pull, Cut and sweep Bowling: Bouncers, yorkers, and spin Practice match
14	April 22*	- Watch a live match or highlights of a match
15	April 29	 Closing Remarks Class feedback What is the "Spirit of Cricket?"

* Substitute Monday Schedule

** Spring Break from March 7 - 15. Classes resume on March 25th

Important Websites

http://en.wikipedia.org/wiki/Historyofcricket

www.espncricinfo.com

www.facebook.com/BUcricketclub

www.icc-cricket.org