



# 2018 CAMP GUIDE

# ***THE SUMMER OF A LIFETIME***

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***STARTS HERE***









# GET READY FOR MEMORY MAKING

Boston University Fitness & Recreation Center's Camp Terrier is packed with fun for your child aged 5 through 15. Camp days are active! Campers spend time running, jumping, kicking, twirling, climbing, splashing and making new friends.

Shhhh. Don't tell your camper, but this is what sets Camp Terrier apart: its learning outcomes. Each camp has its own educational and developmental goals, ensuring your child grows in confidence and learns new skills while enjoying the summer of a lifetime.

With a variety of interest areas, your camper can choose how to spend their summer vacation - swimming, sailing, dancing, climbing or trying a little of everything!

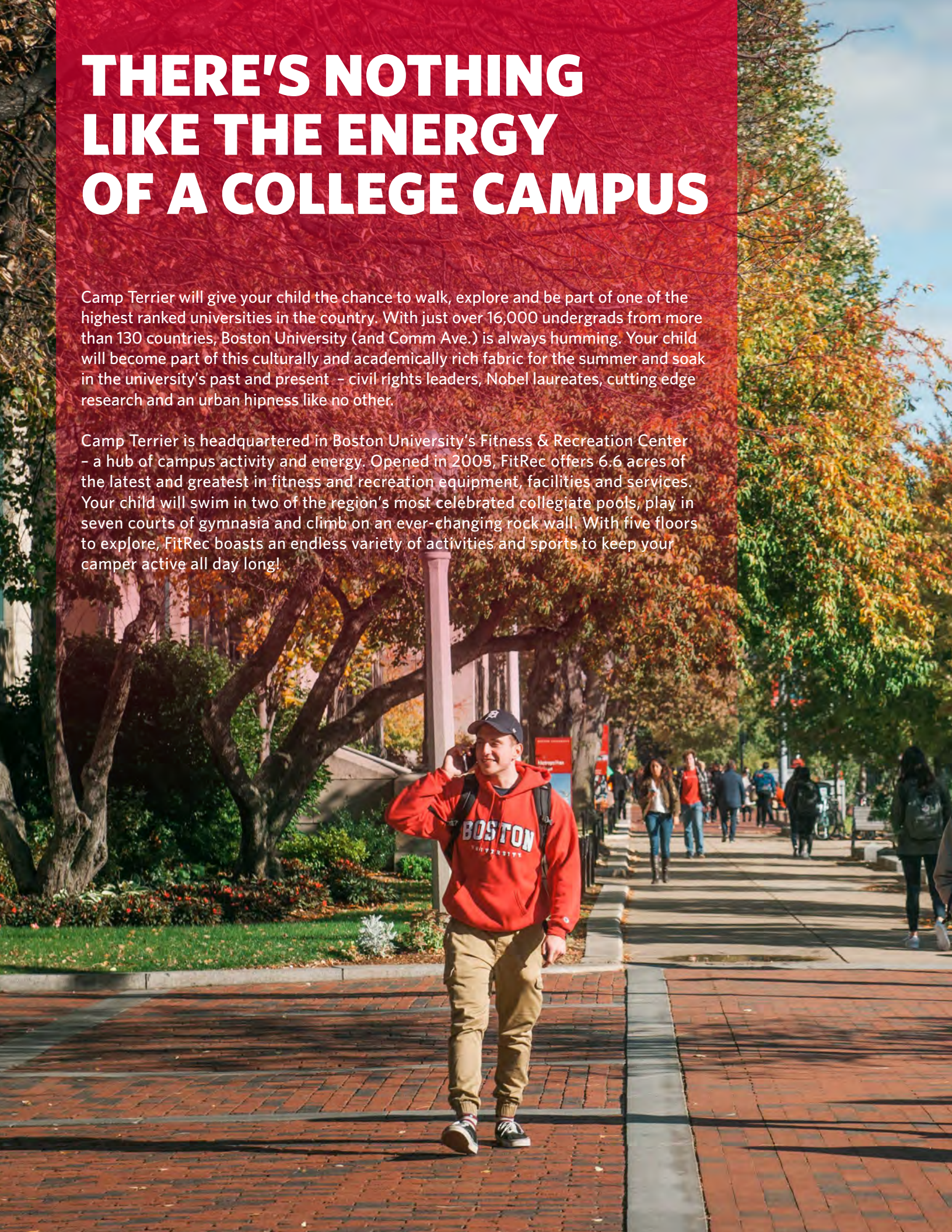




# THERE'S NOTHING LIKE THE ENERGY OF A COLLEGE CAMPUS

Camp Terrier will give your child the chance to walk, explore and be part of one of the highest ranked universities in the country. With just over 16,000 undergrads from more than 130 countries, Boston University (and Comm Ave.) is always humming. Your child will become part of this culturally and academically rich fabric for the summer and soak in the university's past and present - civil rights leaders, Nobel laureates, cutting edge research and an urban hipness like no other.

Camp Terrier is headquartered in Boston University's Fitness & Recreation Center - a hub of campus activity and energy. Opened in 2005, FitRec offers 6.6 acres of the latest and greatest in fitness and recreation equipment, facilities and services. Your child will swim in two of the region's most celebrated collegiate pools, play in seven courts of gymnasias and climb on an ever-changing rock wall. With five floors to explore, FitRec boasts an endless variety of activities and sports to keep your camper active all day long!









# SUMMER CAMP WITH THE PROS

At Camp Terrier your child will be mentored by professionals. Each camp option is directed by a full time, Boston University professional in his or her field. A sailor who holds a trans-Atlantic sailing record? Check! A dancer with professional companies and an entire career as dance faculty at a world class university? Check! Lifelong childhood development and recreation specialists? Check! They're all here at Camp Terrier.













# GENERAL RECREATION



**AGES 5\* - 9**

This program began as a collaboration between the Department of Physical Education and Dance (PERD) and Family Resources at BU. Camp activities include: swimming, sports, climbing, arts & crafts, field trips and much more!

Each session has its own theme that is woven into activities, crafts, trips and games. Past themes have included: A Taste of Summer, In and Around BU, In and Around Boston, The Olympics, Art Extravaganza and Under the Big Top.

Each session also features one field trip. Past trips have included: The New England Aquarium, Boston Children's Museum, Swan Boats & Public Garden and the Harvard Natural History Museum.

*\*All 5 year olds must be enrolled in Kindergarten as of September 2018.*

## A TYPICAL DAY

8:30a	Arrival
9a	Instructional Swim
10a	Snack/Choice Time including board games, coloring or reading
11a	Rockwall
12p	Lunch
12:30p	Outdoor games including tag, parachute or bubbles and chalk
1p	Gym Game: Bananas!
2p	Recreational Swim
3:15p	Snack
4p	Arts & Crafts
5p	End of Day Wrap-Up

## SESSIONS AVAILABLE

- 1 June 18 - June 22
- 2 June 25 - June 29
- 3\* July 2 - July 13
- 4 July 16 - July 27
- 5 July 30 - August 10
- 6 August 13 - August 17

*\*camp closed July 4th*

*"My daughter attended the Make Your Own Movie week and it was one of the highlights of her summer. She still asks to watch her group video on a weekly basis!"*

*-Camp Parent 2017*



# GENERAL SPORTS



**AGES 8 - 13**

Give your child the chance to explore all that FitRec has to offer in the General Recreation Sports option. Campers will have two swim lessons, open swim and rock climbing lessons each day. Sports activities will rotate and include: basketball, soccer, floor hockey, court sports, volleyball and more! Groups will also participate in fitness activities and team building games each week.

Each session will include a field trip or enrichment activity. Past events have included: trips to The Sports Museum, Museum of Science and Omni Theater and Fenway Park as well as in-house visits from Barn Babies, Rainforest Reptiles and Scientists.

## A TYPICAL DAY

8:30a	Arrival/Basketball and Gym Games including: Hula Hoops and Jump Rope
9a	World Cup Soccer/Foam Floor Hockey
10:30a	Snack Break
11a	Instructional Swim
12p	Picnic Lunch and Outdoor Tag Games
1p	Newcomb/Free Swim
3:15p	Instructional Swim
4p	Rock Climbing and Bouldering Games
5p	End of Day Wrap-Up

## SESSIONS AVAILABLE

- 1** June 18 - June 22
- 2** June 25 - June 29
- 3\*** July 2 - July 13
- 4** July 16 - July 27
- 5** July 30 - August 10
- 6** August 13 - August 17

*\*camp closed July 4th*

*"I am not sure what exactly distinguished this camp from the fun he had at other camps this summer, BUT, something about your program put it in a special category for our son. He is already planning his return next summer!"*

*-Camp Parent 2017*











# SAILING



**AGES 9 - 13**

Give your child the opportunity to experience all the fun and adventure of sailing. Campers who select the Sailing interest option will spend the majority of their afternoon on the Charles River learning to sail. They will learn knots, how to rig a boat, points of sail, boating safety and sailing technique.

Sailing lessons are offered each afternoon for 1.5 hours. Once the campers become more skilled sailors, they will participate in challenges such as "obstacle course races" and sailing games on Pirate Day and Tropical Day.

### Prerequisites

All campers must be at a Level 4 swimming status as recommended by the American Red Cross Standards. The boating swim test will be conducted by FitRec Aquatics Staff on the first day of each session.

### Boating Swim Test:

- Jump or dive into the water and swim 3 body lengths underwater
- Continue swimming 100 yards (4 lengths of the pool) demonstrating rhythmic breathing (front crawl or breast stroke)
- Tread water for 2 minutes
- Float on stomach for 1 minute without kicking (turning head to breathe)

### ABOUT THE DIRECTOR

## STAN SCHREYER



Stan is a Boston University alumnus who graduated in 1999 and serves as the Sailing Manager at FitRec. He began sailing at the age of four and throughout his sailing career he has won nine major sailing championships, served as a member of the US Sailing Team and is the holder of a trans-Atlantic sailing record.

### A TYPICAL DAY

8:30a	Arrival/Basketball and Gym Games including: Hula Hoops and Jump Rope
9a	Newcomb (Volleyball-type gym game)
10:15a	Snack
10:30a	Instructional Swim /Kickball
12p	Lunch
1p	Sailing Lessons/Free Swim/World Cup Soccer/Rock Climbing (groups rotate through afternoon activities)
5p	End of Day Wrap-Up

*"My favorite thing about camp was that I learned how to dock in a sail boat. I also learned how to skipper a boat."*

-2017 Camper

### SESSIONS AVAILABLE

<b>1</b>	June 18 - June 22
<b>2</b>	June 25 - June 29
<b>3*</b>	July 2 - July 13
<b>4</b>	July 16 - July 27
<b>5</b>	July 30 - August 10
<b>6</b>	August 13 - August 17

\*camp closed July 4th



# DANCE ARTS



**AGES 8 - 13**

Our two week dance camps are for dancers of all levels who want to learn in a fun and supportive environment. Students will hone their technical dance skills, work with our teachers to create original choreography and improve their performance skills.

Campers will be grouped based on age, experience and ability for their daily classes in Ballet, Modern, and Jazz/Hip Hop. Our program includes special classes with guest artists in other styles of dance, such as Aerial, Ethnic and Making Dances (Composition). Recreational swim is offered daily with other fun activities planned including costume projects, games and time on the rock wall or in the gym.

Each session campers form groups and make up their own dances. Students will create original choreography and improve their performance skills for the culminating informal showing on the last day of each session. Family and friends are all invited to the performance.

**ABOUT THE DIRECTOR**

**MICKI TAYLOR-PINNEY**



Micki Taylor-Pinney has been a part of the BU community since 1985. She directs the dance program, advises the BU Dance Theatre Group, co-directs the dance minor program in CFA and is the faculty advisor of programming for Reach, a 5-week intensive summer dance program.

*"Amazing camp. They learned so much and they now love to dance."*

*-Dance Arts Camp Parent 2017*

**A TYPICAL DAY**

8:30a	Check-in: fun activities in the gym
9a	Dance meet-up to prepare for the day
9:15a	Jazz/Hip Hop class
10:15a	Snack break and hydration time
10:30a	Ballet Class: Back to the Barre then Leaps and Turns
11:15a	Recreational Swim
12p	Outdoor Lunch with Friends and Counselors
1p	Modern/Contemporary class: Learn choreography and express yourself
2p	Dance and theater games, such as Museum and Freeze Dance
2:30p	Class with Guest Artists, could be Aerial, Swing, African, Hip Hop
3:30p	Making Dances
4:30p	Open Gym
5p	End of Day Wrap-Up

**SESSIONS AVAILABLE**

**3\*** July 2 - July 13

**4** July 16 - July 27

**5** July 30 - August 10

*\*camp closed July 4th*











# COMPETITIVE SWIMMING



**AGES 9 - 14**

Looking to become a faster more efficient competitive swimmer? Campers will swim twice a day and sessions will include stroke technique work, refinement of starts and turns and endurance training.

Each day campers will meet with coaches and guest speakers to discuss topics such as nutrition, racing strategies, sports psychology and fitness - all with an underlying focus on the joy of swimming. Each session will conclude with a mock meet which spectators are encouraged to attend!

## Prerequisites

Campers must be able to complete:

- 100 yard freestyle
- 50 yard backstroke
- 50 yard breaststroke
- 50 yard butterfly
- 100 IM continuous

## ABOUT THE DIRECTOR

### MEG GRIMES



Meg is a graduate of Boston University's School of Education with a Masters of Education in Coaching and serves as the Assistant Manager of Aquatics. Meg has been involved in aquatics her entire life and spent her a good deal of her undergraduate career competing for the Boston University Varsity Swim Team.

*"Coaching swimmers to develop their passion for this sport is one of my joys in life. Through many different activities, our Competitive Camp coaches work to enhance the swimmers' stroke technique and endurance, as well as their confidence in and out of the water."*

- Meg Grimes

## A TYPICAL DAY

8:30a	Drop Off/Check-In
9a	Dry Land Training
10a	Freestyle Drills
11a	Classroom: Stroke Development and Analysis
12p	Lunch
1p	Team Building in Gym
1:45p	Guest Speaker leading a discussion on sports psychology
2:45p	Freestyle Technique and Freestyle Flip-Turns
4p	Free Swim
4:45p	Group Activities/Pick Up

## SESSIONS AVAILABLE

*\*1 week sessions\**

<b>3</b>	July 9 - July 13
<b>4</b>	July 16 - July 20 July 23 - July 27
<b>5</b>	July 30 - August 3 August 6 - August 10
<b>6</b>	August 13 - August 17



# ROCK CLIMBING



**AGES 11 - 15**

Camp Terrier Rock Climbing is a great option for older campers looking to expand their recreational activities into the great outdoors! The climbing wall is the home base for this camp, but participants will take 2-4 field trips each week. Adventures will include hiking, kayaking, climbing and canoeing. Campers will also enjoy court sports, yoga and swimming. Excursions range from half day to full day trips.

This camp is open to all skill and experience levels.

**ABOUT THE DIRECTOR**  
**SEAN KURNAS**



Sean has been climbing since he was 12 years old. He has climbed extensively around the United States, including the White Mountains, Red River Gorge, Yosemite and Moab and internationally in Spain. For the past six years, he has been the Climbing Manager at Boston University's Fitness and Recreation Center. Sean's climbing goals are to continue to improve, travel and see the climbing that the world has to offer- and also to climb 5.10 when he's 80.

**SESSIONS AVAILABLE**

**4** July 16 - July 27

**5** July 30 - August 10

**A TYPICAL DAY**

9a	Check-in
9:15a	Depart FitRec
10:15a	Arrive at Cape Ann
10:30a	Hike in to Red Rocks where campers will rope climb, hike and picnic outside
3p	Depart for FitRec
4p	Open Swim
5p	Pick-Up

*"The instructors were excellent and challenged my son accordingly to his skills and comfort level."*

*-Climbing Camp Parent 2017*







# SUMMER AT A GLANCE

## SESSION 1 June 18 - June 22

### GENERAL RECREATION

Non-Member	Member
\$430	\$380

### GENERAL SPORTS

Non-Member	Member
\$570	\$480

### SAILING

Non-Member	Member
\$570	\$480

## SESSION 2 June 25 - June 29

### GENERAL RECREATION

Non-Member	Member
\$430	\$380

### GENERAL SPORTS

Non-Member	Member
\$570	\$480

### SAILING

Non-Member	Member
\$570	\$480

## SESSION 3\* July 2 - July 13

### GENERAL RECREATION

Non-Member	Member
\$810	\$710

### GENERAL SPORTS

Non-Member	Member
\$785	\$715

### SAILING

Non-Member	Member
\$785	\$715

### DANCE ARTS

Non-Member	Member
\$785	\$715

### COMPETITIVE SWIMMING

1 week session | 7/9 - 7/13

Non-Member	Member
\$600	\$500

*"My greatest memories as a child were at summer camp where I learned how to swim, climb and play basketball. Camp gave me the tools to grow as a person and to develop the skills that I still use to this day—caring, sharing and listening."*

-BARBARA GREEN-GLAZ

\*camp closed July 4th

## CAMP POLICIES

### REGISTRATION

Register online at: [bu.edu/fitrec/camp](http://bu.edu/fitrec/camp)

Please note: Enrollment after 5/1/18 must be paid in full at the time of registration.

### DEPOSIT

A non-refundable \$100 deposit per camper per session is due at the time of registration.

### IMPORTANT DEADLINES

Payment in full and all required paperwork are due by May 1, 2018.

### CANCELLATION

Cancellation requests must be submitted to [bucamps@bu.edu](mailto:bucamps@bu.edu).

Fees paid, less the \$100 non-refundable deposit, are fully-refundable until 5/1/18.

Any cancellation requests received between 5/1/18 - 5/31/18 will receive a 50% refund.

**No refunds after 6/1/18.**

### REQUIRED DOCUMENTS

Emergency Information Form  
 Health and Immunizations (Must be current within the last 2 years)  
 Permission and Release Form  
 Treatment Consent Form  
 Drop Off/Pick-up Form  
 Privacy Form  
 HIPPA Form  
 Camp Terrier Code of Conduct\*  
 Camper Profile\*  
 \*Not required for General Recreation

### WHAT TO BRING TO CAMP

- 2 nutritious snacks
- Lunch (with ice pack)
- Refillable water bottle
- Comfortable clothing
- Sneakers
- One-piece swim suit and goggles
- Towel
- Sunscreen

### HOURS OF OPERATION

The camp day is 9am-5pm.

Drop-off: 8:30am-9am

Pick-up: 5pm-5:30pm

### INCLEMENT WEATHER

With the BU Fitness and Recreation Center as our primary location, Camp Terrier has plenty of indoor options for rainy and/or high temperature days. In case of inclement weather, outdoor activities such as sailing, outdoor games and/or field trips may be postponed or substituted with indoor activities.

### CAMP CONTACT INFO

We welcome any and all questions and inquiries! Reach Camp Terrier at:  
[bucamps@bu.edu](mailto:bucamps@bu.edu)  
 617-353-CAMP (2267)

This camp must comply with regulations of the Massachusetts Department of Public Health (105 CMR 430.000) and be licensed by the City of Boston Board of Health.



## SESSION 4 July 16 - July 27

### GENERAL RECREATION

Non-Member	Member
\$860	\$760

### GENERAL SPORTS

Non-Member	Member
\$885	\$785

### SAILING

Non-Member	Member
\$885	\$785

### DANCE ARTS

Non-Member	Member
\$885	\$785

### ROCK CLIMBING

Non-Member	Member
\$1350	\$1100

### COMPETITIVE SWIMMING

1 week session | 7/16 - 7/20

Non-Member	Member
\$600	\$500

### COMPETITIVE SWIMMING

1 week session | 7/23 - 7/27

Non-Member	Member
\$600	\$500

## SESSION 5 July 30 - Aug 10

### GENERAL RECREATION

Non-Member	Member
\$860	\$760

### GENERAL SPORTS

Non-Member	Member
\$885	\$785

### SAILING

Non-Member	Member
\$885	\$785

### DANCE ARTS

Non-Member	Member
\$885	\$785

### ROCK CLIMBING

Non-Member	Member
\$1350	\$1100

### COMPETITIVE SWIMMING

1 week session | 7/30 - 8/3

Non-Member	Member
\$600	\$500

### COMPETITIVE SWIMMING

1 week session | 8/6 - 8/10

Non-Member	Member
\$600	\$500

## SESSION 6 Aug 13 - Aug 17

### GENERAL RECREATION

Non-Member	Member
\$430	\$380

### GENERAL SPORTS

Non-Member	Member
\$570	\$480

### SAILING

Non-Member	Member
\$570	\$480

### COMPETITIVE SWIMMING

Non-Member	Member
\$600	\$500



**STAFF INFO** Our experienced staff are certified camp and recreational professionals, trained students, recent graduates, as well as public and private school educators. All staff are First Aid, CPR, & AED certified. Extensive background checks are conducted prior to employment including criminal record (CORI) and sex offender registry (SORI).

### ABOUT THE EXECUTIVE DIRECTOR OF CAMP TERRIER

## BARBARA GREEN-GLAZ



Barbara is the Manager of Family Programming and Minors Program Coordinator at the Fitness and Recreation Center. She is a graduate of Boston University's College of Fine Arts with degrees in Vocal Performance [MusB] and Music Education [MusM]. She has worked for the Department of Physical Education, Recreation, and Dance ever since her days as a student. During that time she has created the Family Vacation Programs, Swimsport Camp and now Camp Terrier.





**BOSTON UNIVERSITY  
FITNESS & RECREATION CENTER  
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