

May 2017: End-of-Semester Dance Classes

Make up classes, have fun, or take a study break!

Open to all!

Time	Thursday 5/4 FitRec Stressbuster Day	Friday 5/5	Monday 5/8	Tuesday 5/9
11 am–12 pm		Cardio-Jazz Funk (L131/132) Jossie Coleman		Dance Film: “Dancing: Dancing at Court” (122)
12 – 1 pm	Afro-Fusion (L131/132) Jossie Coleman	Hip Hop (L131/132) Jossie Coleman		Dance Film: “Dancing: Dancing in One World” (122)
1-2pm		Stretch and Relaxation (L131/132) Micki Taylor-Pinney		
5-6pm	Stretch and Relaxation (L126/128) Micki Taylor- Pinney		Modern – all levels (L240) Micki Taylor-Pinney	
6-7 pm	Pilates (L126/128) Ann Brown Allen		Pilates (L137) Ann Brown Allen	
7-8 pm	African Drumming L126/L128			

All classes located in Fitness and Recreation Center; 915 Commonwealth Avenue

Sponsored by: Department of Physical Education, Recreation & Dance

Timothy Moore, Executive Director & Micki Taylor-Pinney, Director of Dance

For more info, call 617/353-1597 or visit www.bu.edu/fitrec/dance

- Make-up slips are available in PERD Suite 2nd floor of FitRec and flier sorter outside L240
- Slips must be submitted by **May 9 at 2 pm** to receive grade changes this semester
- Drop off slips at PERD Suite, 2nd Floor (9am – 5pm); or mailbox outside FRC L246, or fax to 617-353-5147