

FitRec Shoe Policy

Students must bring clean footwear to wear in multi-use rooms and dance classes. No street shoes are permitted on the dance floors.

Students must bring separate, clean aerobic, gym or dance shoes for classes. These studio-only shoes must not be worn outside or even in the hallways. Please carry them to class.

When you arrive for class, please leave street shoes in the cubbies outside the studios. (Valuables should go into the studio; do not leave unattended.)

Please enter the dance and multi-use studios in either socks or bare feet then put on your clean studio-only shoes. Likewise, remove studio-only shoes before exiting studio.

This is in your best interest! Your failure to abide by this policy can damage floors, or more importantly, injure you and other students who take class barefoot or work on the floor.

We appreciate your assistance and cooperation in this matter. Thank you.

You may choose to clean a pair of shoes and designate for in-studio use ONLY or visit places to buy dance shoes and dancewear:

www.discountdance.com

www.dance4less.com

www.dancedistributors.com

www.teddyshoes.com

Recommended:

For Hip Hop, cross trainer or running sneakers.

For Cardio Jazz Funk, the same or a jazz sneaker.

Jazz shoes not recommended.
