



## Chair's Column

For this edition of the FM newsletter we have included a description of the "Summer Externship in Family Medicine". A special thank you to BUSM alumni Jeanne Arnold & Peter Jeffries for their generous support of the program. The quotes from the students in the article describe well the impact of these experience on their career choices. –Dr. Brian Jack

It was another amazing summer for the FM Summer Externship! This mentorship program is sponsored by the Boston University AHEC and the Department of Family Medicine and directed by Nanette Harvey, MD from the DFM. It pairs a Boston University medical student between her/his first and second year of study with a family physician in anywhere in the US. The student spends approximately thirty hours per week for four weeks immersed in the practice setting.

This year fourteen students participated in nine different states and one site in Canada at various geographic and practice settings. There were rural, suburban and urban sites including one at an Indian Health Services Clinic in Gallup, New Mexico. Students shadowed Family Physicians and other health care professionals at their site and were able to observe and participate in the care of patients in this one month longitudinal setting.

In order for students to stay connected to BU faculty and their peers, they participated in an interactive online teaching program. They posted reflective pieces, participated in discussion of a book and posted a screening project. There were 323 postings from the fourteen students! These are only two of these wonderful postings.

*Since I have always wanted to be a doctor with the ability to treat any kind of problem thrown at him, the family medicine externship has been a great experience for me. It has shown me another field, which, perhaps even more so than emergency medicine and primary care (my previous medical interests), can achieve this goal. Seeing my doctor work this summer was truly inspiring, and as such, I plan to continue exploring the field of family medicine during my next few years of medical school. – Sean Schowalter, MS2*

*...There is a sense of trust, faith, respect, and caring. In seeing each patient as a whole person, as well as the product of their circumstances and experiences on the continuum of birth to death, family medicine embodies the rich, holistic perspective that attracted me to medicine in the first place. It was never about diseases; it was always about people, who happen to have diseases (or worries or babies or housing issues or sick family members). I have been so inspired by this experience, and feel that this opportunity has allowed me to further explore my personal interest and motivations both in the clinic and in the moments in between. And, although so much of this experience has been amazingly new and wonderfully challenging, in a way it feels a little like coming home, to find an environment and people who embody the kind of physician and person I'd like to become. – Marie Jena, MS2*

**This year we want to particularly thank Jeanne F Arnold MD ABFP & Peter F Jeffries MD ABFP who are BUSM alumni from the classes of '61 and '60. Their generous support sponsored three BUSM students for the FM Summer Externship. The three students who were the recipients of the Arnold/Jeffries Scholarships were Hannah Burley (Stowe, Vt), Emily Kemper (Gallup, NM- IHS site), and Sean Schowalter (Albany, NY).**

Students have greatly appreciated this early clinical exposure to Family Medicine and the support of the DFM. If you are interested in mentoring a future FM Summer Externship student or donating to the program, let us know!

Nanette Harvey, MD  
Director, Summer Externship in Family Medicine

### Family Medicine Administrative Office

One Boston Medical Center  
Place

Dowling 5 South  
Boston, MA 02118

T: 617.414.4465

F: 617.414.3345

### Family Medicine Center

850 Harrison Avenue  
Yawkey Ambulatory Care  
Center

Floor 4

Boston, Ma 02118

T: 617.414.2080

## Highlights & Achievements



### **"Vietnam's Ministry of Health Recognizes BUSM for Building Capacity in Hospital Nutrition"**

Click [here](#) to read more.



Congratulations to the DFM Walk for Hunger Team! They walked 20 miles through Boston, Brookline, Chestnut Hill, Newton, Watertown and Cambridge in about 7 hours this past May.

The team of walkers included Jess Koval, Ana & Tony Barros, Florence Laforest, Latia Holmes, Myrdell Belizaire and Dana Mars.

Special thanks to DFM donors: Carol Mostow, Chandize Ross, Christy Odell, Rob Saper, Florence Laforest, Ana Barros, Jess Martin, Karla, Katie K, Khadra Mohumud, Lana Habash, Megan H, Michele Blinn, Maureen Brean, Nicole B, Pete M, GiGI Suozzo, Zuleika Valdez, family, friends and anonymous donors.

**Nidhi Lal, MD** was accepted into the 2015-2016 BU Academy for Faculty Advancement.

The Gabe Team received funding by the Kellogg Foundation for \$769,472.

**Ruth Potee, MD** has been honored by the Franklin District Medical Society as the 2015 Community Clinician of the Year!

**Dr. Pablo Hernandez Itriago** and **Dr. Oscar Cornelio-Flores** have been accepted into the Minority Faculty Leadership & Career Development Program (MFLCDP)!

**Dr. Paula Gardiner** has been promoted to Associate Professor for the DFM and recently led the BMC "Resilience and Mindfulness Program for Clinicians".



### **LEBOHA equips local doctors to manage district and community health services**

## Congratulations to Newly Appointed Faculty!



Sandro Galea, MD  
Professor



Jordana Price, MD  
Instructor



Oscar Cornelio-Flores, MD  
Instructor



Nicole Steinmuller, MD  
Instructor



Shayne Poulin, MD  
Instructor



Jessica Koval, NP  
Instructor



Dana Mars, NP  
Assistant Professor



Kristine Slatkavitz, NP  
Instructor

## Welcome new faculty!



Marissa Hamrick, MD



Michelle St. Fleur,  
MD



Nathan Cardoos, MD



Lindsay Corse, MD



Meredith Amos, MD

## Upcoming Events

### DFM Picnic

Sunday, September 20, 2015, 12-4pm  
Griggs Park in Brookline

### DFM Annual Retreat

Tuesday, September 22, 2015, 7:30-1:00  
BU Charles River Campus  
1 Silber Way, 9th Floor Trustee Room

### Primary Care Week

October 5-9

### DFM Global Health Interest Meeting

Tuesday October 20th, 6:00pm - 8:00pm  
Estragon, 700 Harrison Ave

### DFM Weekly Meeting Schedule:

Tuesday, 8-9: Faculty Meeting  
Tuesday, 12-1: Grand Rounds  
Tuesday, 3:30-4:30: Research in Progress  
Thursday, 12-1: Inpatient Conference

### Residency Interviews Begin:

Monday, November 2 (Planning Meeting 10/7 at 5:30pm)

### DFM Holiday Party:

Friday, December 4th

To see all of the DFM calendars, [click here](#).

## Faculty Publications & Presentations

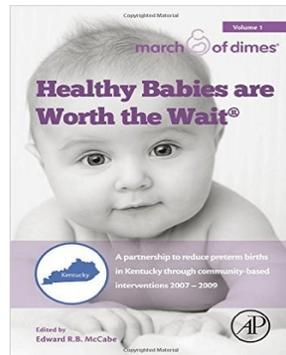


### **Bicycle Safety in Boston is a Public Health Issue**

By: Katherine Gergen Barnett  
Click [here](#) finish the story.

### **Healthy Babies are Worth the Wait**

By: Karla Damus  
Click [here](#) to read more.



### **Stress Management and Relaxation Techniques Use Among Underserved Inpatients in an Inner City Hospital**

To read more click [here](#).  
By: Paula Gardiner

### **The Call To A New Kind Of Care: Integrative Medicine Group Visits Offer Promise In The Treatment Of Chronic Pain And Depression**

Click [here](#) to read more.

By: Katherine Gergen Barnett



### **Boston Medical Center to Provide Acupuncture Services for People Living With HIV/AIDS**

Click [here](#) to read more.

By: Katherine Gergen Barnett

## The Boston Globe

### **“We must be sure to keep primary care path well tended”**

Click [here](#) to read more.

By: Dr. Brian Jack & Dr. Jeffrey Samet

## Faculty Publications & Presentations



### Nguyen: Care based on politics is not good medicine

By: May Nguyen

Click [here](#) to read more.

### Patient Decision Control and the Use of Cardiac Catheterization

By: Suzanne E. Mitchell, MD, MS; Michael K. Paasche-Orlow, MD, MA, MPH; Michelle B. Orner, MPH; Sabrina K. Stewart, BA; Nancy R. Kressin, PhD

Click [here](#) to read more.

### “Despite Scholar Athletes program, Boston still fails student athletes”

by Doug Comeau

Click [here](#) to read more.



For all of our faculty publications and presentations, visit the DFM website's [New s page here](#).

## Residency Highlights

### Residents working hard!



Intern Juliana Castedo (from left), resident Stephanie Charles, intern Julie Bartolomeo (MED'15), and Veronica Torres (MED'16) at work at Boston Medical Center in July. Photo by Cydney Scott

The next **Residency Clinical Competency Committee (CCC) Meeting** is scheduled for **December 9<sup>th</sup>, 2015**. At this meeting the CCC will review each resident and their progress thus far in the Residency to be able to submit the required information to the ACGME.

**Advisors & Preceptors** – Please be aware that the Health Center Review Meetings will take place in late November/early December.

**Advisors** - please schedule a meeting with your Advisee for early November to review the “Mid-Year Review” Report in New Innovations in preparation for the Health Center Review Meetings.

**Preceptors** - please be sure to complete evaluations of the residents that you precept so that the information will be included in the resident’s review.

**Residency Interview Season** is right around the corner! ERAS opens on **September 15<sup>th</sup>** and interview days will be held from November through mid-January. On the interview days, residents will be taking groups of applicants on tours of the Hospital and to one of the Health Centers. If you see a tour group passing through your area, please be sure to take a moment to say hello

## Medical Student Education

On July 21, over 50 medical students and over 20 Family Medicine faculty and residents participated in a new program, Second Year Launch.

The event took place on the afternoon before the second year curriculum began. Students participated in hands on workshops run by DFM faculty and residents. Workshops included:

- Vaginal delivery
- Summer Emergencies
- Suturing
- Physician wellness
- Sports Medicine
- Hands on contraception

The event was a huge success – thank you to all the residents and faculty who participated!

We are planning to expand capacity for next year, and we hope many faculty and residents will participate again!



Katherine Gergen Barnett leading yoga on the Talbot Green

## Growing the DFM Family

Welcome the New Faces  
of Family Medicine!



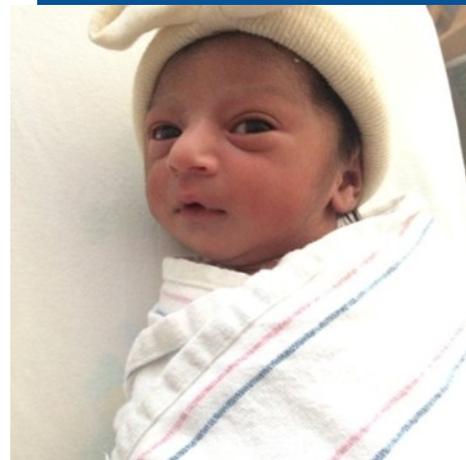
Congratulations to Jenny Siegel & Elizabeth Ferrenz who gave birth to a baby girl on August 1, 2015!



Congratulations to Yen Loh' who gave birth to Garrett Tian Cai Colclough on August 30 2015!



Big shoutout to new parents Mekkin Lynch, PGY-3 & husband Rahshiek Glenn for their new addition Ronin Kian Glenn born June 29, 2015!



Sundari and Raj Chetty's daughter Sanvi (which means "seeker of knowledge" in Sanskrit) born August 2015