

International Student Job Search Resources

For international students, searching for a job in the United States can be frustrating, but with the right tools and starting early you can be successful in your search. It's good practice to collect information about visas, work permits, and immigration requirements before you start. The resources below will help you make career decisions.

Basic Information

On-Campus Employment

F-1 and J-1 students can work on-campus for up to 20 hours per week. No additional work authorization is required.

Curricular Practical Training (CPT)

CPT is short-term (~3 months) work authorization that can be used for off campus internships or co-ops. [More details here.](#)

Optional Practical Training (OPT)

OPT is longer term (1-3 years) work authorization that can be used pre- or post-graduation for internships or full-time jobs.

Resources

[My Visa Jobs](#)

- Match your skills and background with U.S. employers
- Review visa reports & databases
- Find employers who sponsor positions in your field

[GoinGlobal](#)

- Research jobs in USA/Canada and other countries.
- Review job search strategies specifically for each country
- Search H1B listings for all 50 states

[Internationalstudent.com](#)

- Find job and internship listings
- Learn country-specific job search strategies

[Uniworld](#)

- Find jobs with multinational companies

[Handshake Filters](#)

- Filter employers by "Accepts OPT" or "willing to sponsor" when searching for a jobs

[Additional Resources](#)

[CPT Application](#)

[BU ISSO](#)

[ENG Cooperative Education](#)