

Danielsen Institute

185 Bay State Road

Boston, MA 02215

## **Training Plan (2024-2025)**

**Trainee: XXXXX, MA**

**Position: Doctoral Psychology Internship**

**Training Period: 9/1/24 – 8/31/25**

## Supervision

|  |  |  |  |
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| **Focus/Type of supervision** | **Supervisor(s)** | **Format** | **Frequency** |
| *Psychotherapy* | Saliha Kozan, Ph.D.  | Individual | 1 hour per week |
| *Psychotherapy* | David Rupert, Psy.D. | Individual | 1 hour per week |
| *Psychotherapy* | George Stavros, Ph.D.  | Individual | 1 hour per week |
| *Group Supervision* | Saliha Kozan, Ph.D.Michele Klau, CNS | Group (4 fellows) | 1.5 hours per week |
| *Psychological Assessment/Testing* | Nicolae Dumitrascu, Ph.D.Rex Kintanar, Psy.D. Rex for reports.  | Individual and small group | 1.5 hours per week seminar; individual review of reports |
| *Chrysalis Groups* | Laura Captari, Ph.D.George Stavros, Ph.D. | Group | 1 hour peer week in group plus consultation with licensed co-leader |
| *Peer Supervision* | Peers | Group (8 fellows) | 1 hour per month plus ad hoc consultation |

## Service delivery targets and details

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| --- | --- |
| **Individual or conjoint psychotherapy** | 552 billable hours by the end of year. |
| **CHRYSALIS Facilitation** | 4, 8-week sessions, equivalent to 48 billable hours by year end. |
| **Psychological Assessment** | 9 batteries including administration, scoring, report writing, interviews and feedback (14 hours per battery).  |
| **Clinical case management** | Completion of all paperwork and procedures in a timely and accurate manner. Timely professional consultations, risk management, collateral contacts. Notes must be completed within one week.Sessions must be recorded by the end of the week. Intakes must be completed within three weeks.  |
| **Other details** | Must be available 1 - 2 nights per week to see clients |

## Didactic and Clinical Seminars

Please note, format and hours subject to change with notice by facilitators. Please see DI Calendar for most up-to-date information.

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| --- | --- | --- | --- |
| **Seminar name** | **Facilitators** | **Format** | **Hours** |
| SERT Seminar | Clinical staff | Small GroupIN PERSON | 1.25 hours / week |
| Trainees of Color Mentoring Group | Saliha Kozan, Ph.D, Jonathan Vanderbeck, MDiv, DSW, LICSW | Small GroupIN PERSON | Approx 1 hour / month |
| Psychology Intern Seminar | David Rupert, Psy.D. | Small GroupIN PERSON | 1 hour / month |
| Couples & Family Therapy Seminar  | Steve Sandage, Ph.D., Sarah Crabtree, Ph.D., LMFT | Small GroupZOOM | 1 hour / week |
| Wednesday clinical trainings and seminars | Facilitators and speakers vary. Please see the attachment for details. | Variable | 8 – 12 hours per month |

## Tasks, requirements, and responsibilities for successful completion

* 1. Attend and actively participate in all required training, clinical, or research meetings apart from excused/valid absences.
	2. Accrue the required training hours. This is a full-time clinical internship that should accrue at least 1800 total training hours with 25% or more direct client contact, 4 hours of supervision per week (APA standard), and 1 hour of qualifying supervision for every 16 hours of training (MA standard).
	3. Achieve required ratings on your training goals and elements (see your attached Training Goals).
	4. Comply with all applicable laws, rules, regulations and guidelines, including APA Ethics, Boston University policies, and Danielsen Institute policies/procedures.
	5. Follow through on guidance/requests from supervisors or administrators.
	6. Meet all paperwork, billing, and administrative requirements.
	7. Inform supervisors of any acute or high-risk situations, mistakes, or conflictual interactions as soon as possible (immediately if warranted).

**Individual Supervision Agreement**

Please review and sign the Supervision Agreement (attached) with each individual or small group supervisor.

**Evaluations**

Formal evaluations occur twice a year, but we aspire to have on-going informal feedback in all directions throughout the year. In the formal evaluation cycles, trainees will evaluate the program and supervisors, and receive ratings and comments on training competencies. Practicum students/interns will be evaluated with the forms and procedures required by their respective schools. Evaluations include ratings and comments on all elements of your training goals. See your Training Goals for required ratings to complete training.

**Grievance Procedures**

Please see the relevant section of the Policies and Procedures Manual.

**Benefits**

Benefits for this training position include the following:

1. A salary paid twice a month. The salary is $58,656 annualized.
2. Employee status at Boston University
3. Health insurance through BU employee plans (requires employee contributions).
4. Paid leave time including holidays, vacation, and sick days accruing per BU Human Resources policies.
5. BU email, access to internet services, access to BU libraries.
6. A professional office with phone and computer provided.
7. A $100 professional development stipend

**Attachments**

1. Training Competencies & Elements
2. Individual Supervision Agreement
3. Memo on leave time
4. Memo on Wednesday Clinical Training meetings