**PRIDE Skills**
Behaviors are influenced by what comes before (antecedents) and what comes after (consequences) the action. Remember to focus on both antecedents and consequences when implementing these skills!

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<tr>
<th>P.R.I.D.E</th>
<th>Reason</th>
<th>Examples</th>
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<tr>
<td><strong>Praise appropriate behaviors</strong>&lt;br&gt;<em>Praise behaviors you want to see more of</em>&lt;br&gt;• Good to use labeled, specific praises&lt;br&gt;• Increases desired behavior and lets the child know what behaviors you want to see more of&lt;br&gt;• Antecedents: praise child for what s/he is already doing well&lt;br&gt;• Consequences: praise child for following through with a behavior in a positive manner</td>
<td>I like the way you are sitting so quietly!&lt;br&gt;Great job keeping your hands to yourself.&lt;br&gt;Thank you for sharing those toys with me.&lt;br&gt;I love how you’re sitting so quietly while you play!</td>
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<td><strong>Reflect appropriate talk</strong>&lt;br&gt;<em>Repeat talk that you want to hear more of</em>&lt;br&gt;• Allows child to direct the conversation&lt;br&gt;• Shows the child you're listening and playing along&lt;br&gt;• Increases verbal communication</td>
<td>Child: I made a drawing&lt;br&gt;   You: You made a drawing!&lt;br&gt;Child: I like to play with these blocks!&lt;br&gt;   You: These are fun blocks to play with</td>
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<td><strong>Imitate appropriate play</strong>&lt;br&gt;<em>Imitate play that you want to see more of</em>&lt;br&gt;• Allows child to lead the play&lt;br&gt;• Shows child you are playing along</td>
<td>Child: I'm building a castle!&lt;br&gt;   You: I'm building a castle, too.&lt;br&gt;Child: I'm drawing a house&lt;br&gt;   You: I'm going to draw a house in my picture, too.</td>
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<td><strong>Describe appropriate behavior</strong>&lt;br&gt;<em>Verbally describe what child is doing</em>&lt;br&gt;• Allows child to lead the play&lt;br&gt;• Shows child you are interested and want to play along&lt;br&gt;• Holds child’s attention&lt;br&gt;• Good to describe what child is doing with his/her hands</td>
<td>You: You’re building a house&lt;br&gt;   You: You drew a rainbow&lt;br&gt;   You: Your truck driver looks happy</td>
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<td><strong>Enthusiasm</strong>&lt;br&gt;<em>Show that you’re excited to play</em>&lt;br&gt;• Gives child positive attention&lt;br&gt;• Shows that you want to play along&lt;br&gt;• Supports positive statements&lt;br&gt;• Models appropriate positive emotions</td>
<td>You: This is such a fun game!&lt;br&gt;   You: That's great!&lt;br&gt;   You: Good job!</td>
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**Antecedents:**<br>- Giving instructions<br>  (Good instructions: concise, specific, short)<br>- Child is sleepy/hungry/bad mood<br>- Child is in great mood

**Consequences:**<br>- Child follows through with instructions<br>- Child gets angry at command<br>- Child continues to use a good behavior
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<th><strong>TIPS</strong></th>
<th><strong>Reason</strong></th>
<th><strong>Examples of what to do</strong></th>
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| Actively ignore inappropriate behavior | • Decreases bad behaviors  
• Helps child notice the differences in your responses to good and bad behaviors | *Describe appropriate behavior:*  
Child: I hate picking up toys!!  
You: I love how you’re picking up all of your toys and putting them away (ignore fuss/complaining) |
| Avoid giving commands         | • Increases compliance  
• Doesn’t allow child to lead  
• Can cause unpleasantness | *Imitate appropriate behavior*  
Child: sits and draws picture  
You: also sit and draw picture  

*Child is hitting/climbing on you… When child stops, you say:*  
I love how you put your hands by your side! (NOT: I love how you stopped hitting me!)

*Praise things you want to see MORE of*  
Reflect appropriate talk  
Child: I have three cars!  
You: three cars. |
| Avoid asking questions        | • Many are commands or require an answer  
• May seem like you aren’t listening/don’t understand the child/disagree with something the child said | *Instead of telling them what NOT to do, tell them what TO DO*  
Praise appropriate behavior and be enthusiastic  
You: I like how you are using your indoor voice! |
| Avoid criticizing             | • Doesn’t help decrease bad behaviors  
• Can increase the bad behavior  
• May create an unpleasant interaction |   |