

A top-down view of a rustic wooden table covered with fresh produce. In the top left, a bunch of bright red radishes sits on a wooden cutting board. To the right, a wooden bowl is filled with fresh green herbs. In the center, a bunch of vibrant green asparagus lies horizontally. On the right side, several green pea pods are scattered, some open to reveal the peas. In the bottom left, a white bowl is overflowing with fresh blueberries. At the bottom center, a single slice of a red cherry tomato is visible. The background is a warm, natural wood grain.

CATERING ON THE CHARLES





ALL-DAY PACKAGES

All Day Delicious \$44.69

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 15 guests or more.

Delicious Dawn

✓ Assorted Muffins	400-510 Cal each
✓ Assorted Scones	430-470 Cal each
✓ EW PF Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

AM Perk Up

✓ Granola Bars	190 Cal each
✓ Assorted Individual Yogurt Cups	50-150 Cal each
Iced Tea	5 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Power Up Lunch

✓ VG Tomato and Cucumber Couscous Salad	120 Cal/3.75 oz. serving
✓ EW PF Orange Fennel Spinach Salad	210 Cal/3.2 oz. serving
✓ Bakery-Fresh Rolls with Butter	160 Cal each
✓ EW PF Green Beans Gremolata	70 Cal/3 oz. serving
✓ EW PF Three Pepper Cavatappi with Pesto	310 Cal/7.5 oz. serving
✓ EW PF Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce	200 Cal/5.75 oz. serving
✓ New York Cheesecake	440 Cal/slice
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

PM Pick Me Up

✓ Chilled Spinach Dip with Tortilla Chips	230 Cal/2.25 oz. serving
✓ EW PF Grilled Vegetable Tray	70 Cal/3 oz. serving
✓ Bakery-Fresh Brownies	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Meeting Wrap Up \$38.49

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 15 guests or more.

Morning Mini

✓ Miniature Muffins	80-120 Cal each
✓ Miniature Danish	140-170 Cal each
✓ Miniature Scones	110-120 Cal each
✓ Yogurt Parfait Cups	370-400 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

The Energizer

✓ Donut Holes	45-90 Cal each
✓ VG EW PF Bananas	110 Cal each
Iced Tea	5 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

It's a Wrap

Chicken Caesar Wrap	540 Cal each
Pepper Jack Tuna Wrap	590 Cal each
Cran-Apple Turkey Wrap	650 Cal each
✓ Grilled Vegetable Wrap	620 Cal each
✓ VG EW PF Seasonal Fresh Fruit Salad	40 Cal/2.5 oz. serving
Choice of One (1) Salad:	
✓ VG EW PF Traditional Garden Salad	50 Cal/3.5 oz. serving
✓ VG Grilled Vegetable Pasta Salad	130 Cal/3 oz. serving
✓ Individual Bag of Chips	100-160 Cal each
✓ Assorted Craveworthy Cookies	250-310 Cal each
✓ Bakery-Fresh Brownies	250 Cal/2.25 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Mid-Day Munchies

✓ Tortilla Chips	90 Cal/1 oz. serving
Choice of Two (2) Salsas:	
✓ VG Salsa Roja	20 Cal/1 oz. serving
✓ VG Salsa Verde	20 Cal/1 oz. serving
✓ VG Pico De Gallo	10 Cal/1 oz. serving
✓ VG EW PF Assorted Whole Fruit	50-110 Cal each
✓ Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

ALL-DAY PACKAGES

Simple Pleasures \$29.19

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 15 guests or more.

Simple Continental

Assorted Donuts	190-490 Cal each
Assorted Bagels	170-360 Cal each
Orange Juice	120 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Box Lunch

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Sandwich:

Tuna Salad Ciabatta	540 Cal each
Ham and Swiss Sub	380 Cal each
Turkey and Swiss Sandwich	490 Cal each
Assorted Roasted Pepper and Mozzarella Ciabatta	530 Cal each
Individual Bag of Chips	100-160 Cal each
Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each

Mid-Day Munchies

Tortilla Chips	90 Cal/1 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja	20 Cal/1 oz. serving
Salsa Verde	20 Cal/1 oz. serving
Pico De Gallo	10 Cal/1 oz. serving
Assorted Whole Fruit	50-110 Cal each
Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Choose one of these 3 packages to sustain you throughout the day.

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Before placing your order, please inform your server if a person in your party has a food allergy.



BREAKFAST

Breakfast Collections

All prices are per person and available for 25 guests or more. All appropriate condiments included.

Mini Continental \$11.39



✓ Miniature Muffins	80-120 Cal each
✓ Miniature Danish	140-170 Cal each
✓ Miniature Bagels	110-160 Cal each
✓   Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Healthy Choice Breakfast \$10.59

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

✓ Individual Cereal Cups	140-260 Cal each
Milk	120 Cal each
✓   Bananas	110 Cal each
✓ Assorted Individual Yogurt Cups	50-150 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

À la Carte Breakfast

✓ Assorted Bagels \$23.99 Per Dozen	170-360 Cal each
✓ Cinnamon Rolls \$20.99 Per Dozen	350 Cal each
✓ Assorted Scones \$23.99 Per Dozen	430-470 Cal each
✓ Assorted Individual Yogurt Cups \$3.39 Each	50-150 Cal each
✓    Whole Fruit \$1.39 Each	50-110 Cal each
✓ Assorted Breakfast Breads \$14.59 Serves 12	110-280 Cal each

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BREAKFAST

Hot Breakfast

All prices are per person and available for 25 guests or more. All appropriate condiments included.

Ultimate Breakfast \$16.59

Choice of Three (3) Breakfast Pastries:

✔ Assorted Danish	120-530 Cal each
✔ Assorted Muffins	400-510 Cal each
✔ Assorted Scones	430-470 Cal each
✔ Assorted Bagels	170-360 Cal each
✔ Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving
✔ Scrambled Eggs	180 Cal/4 oz. serving
✔ Breakfast Potatoes	130-150 Cal/3 oz. serving
Bacon	45 Cal each
Breakfast Sausage	130-220 Cal each
✔ Cheddar and Onion Frittata	270 Cal each
✔ Pancakes	50 Cal each
✔ Maple Syrup	70 Cal/1 oz. serving
Assorted Juices	110-170 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

American Breakfast \$12.59

Choice of One (1) Breakfast Pastry:

✔ Assorted Danish	120-530 Cal each
✔ Assorted Muffins	400-510 Cal each
✔ Assorted Scones	430-470 Cal each
✔ Assorted Bagels	170-360 Cal each
✔ Breakfast Potatoes	130-150 Cal/3 oz. serving
Bacon	45 Cal each
Breakfast Sausage	130-220 Cal each
✔ Scrambled Eggs	180 Cal/4 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving



Sunrise Sandwich Buffet \$13.59

✔ Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving
✔ Breakfast Potatoes	130-150 Cal/3 oz. serving

Choice of Two (2) Sunrise Breakfast Sandwiches:

✔ Egg and Cheese English Muffin	260 Cal each
✔ Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	520 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	370 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito	590 Cal each
✔ Spicy Veggie Sausage Biscuit	370 Cal each
Spicy Southern Chicken Biscuit	640 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply



BREAKFAST

Breakfast Enhancements

All prices are per person and available for 25 guests or more.

Lox and Bagels \$10.69

- ▼ Bagels 170-360 Cal each
 Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered Red Onion and Cream Cheese 120 Cal/3.25 oz. serving

Yogurt Parfaits \$4.49

Choose Your Favorite:

- ▼ Blueberry Orange Yogurt Parfait 410 Cal each
- ▼ PF Apple, Raisin and Cranberry Yogurt Parfait 400 Cal each
- ▼ PF Honey Ginger Pear Yogurt Parfait 440 Cal each
- ▼ Strawberry Yogurt Parfait 370 Cal each

Sensible Sandwiches \$6.09

Choice of Two (2) Sensible Breakfast Sandwiches:

- ▼ EW Garden Vegetables and Egg on Wheat English Muffin 220 Cal each
- EW Southwest Garden Vegetable, Ham and Egg on a Wheat English Muffin 220 Cal each
- EW PF Turkey Sausage, Swiss and Egg on Wheat English Muffin 250 Cal each
- ▼ Spinach and Feta Flatbread Sandwich 230 Cal each
- EW PF Turkey Sausage and Egg White Flatbread 280 Cal each
- EW PF Mexican Turkey Bacon Flatbread 280 Cal each
- EW Chicken and Spinach English Muffin 380 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

**All packages include necessary accompaniments and condiments*

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SANDWICHES & SALADS

Classic Collections

All prices are per person and available for 15 guests or more.

Deli Express \$17.39

Choice of Two (2) Side Salads	25-330 Cal each
🍷 Individual Bags of Chips	100-160 Cal each
🍷 Assorted Baked Breads and Rolls	110-160 Cal each
Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Tuna)	
25-80 Cal/1 oz. serving	
🍷 Cheese Tray (Cheddar and Swiss)	110 Cal/1 oz. serving
🍷 Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini)	20 Cal/1 oz. serving
🍷 Assorted Craveworthy Cookies	250-310 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Premium Box Lunches

Asian Grain Bowl \$16.99

🍷 🍷 Chicken, Red Quinoa, Brown Rice, Kale, Garlic Broccoli, Edamame and Almonds with a Carrot Ginger Dressing	660 Cal each
🍷 Bakery-Fresh Roll with Butter	160 Cal each
🍷 🍷 🍷 Fresh Fruit Cup	40 Cal/2.5 oz. serving
🍷 Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

Steakhouse Chop Salad \$17.49

Grilled Beef Steak tossed with Blue Cheese, Vegetables and Romaine tossed with Dijon Vinaigrette	
200 Cal each	
🍷 Bakery-Fresh Roll with Butter	160 Cal each
🍷 🍷 🍷 Fresh Fruit Cup	40 Cal/2.5 oz. serving
🍷 Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

Mojito Shrimp Salad \$17.49

Grilled Marinated Shrimp on a Bed of Romaine tossed with Tomato, Jicama, Radish and Mojito Vinaigrette	
300 Cal each	
🍷 Bakery-Fresh Roll with Butter	160 Cal each
🍷 🍷 🍷 Fresh Fruit Cup	40 Cal/2.5 oz. serving
🍷 Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

Classic Box Lunch \$11.49

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich	140-750 Cal each
🍷 Individual Bag of Chips	100-160 Cal each
🍷 Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each

Classic Selections Buffet \$17.39

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads	25-330 Cal each
🍷 Dill Pickle Slices	0 Cal/1 oz. serving
🍷 Individual Bags of Chips	100-160 Cal each
Choice of Three (3) Classic Sandwiches	140-750 Cal each
🍷 Assorted Craveworthy Cookies	250-310 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Classic Sandwich Options

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Thai Beef Wrap	280 Cal each
Turkey, Bacon and Cheddar Baguette with a Mesquite Mayonnaise	600 Cal each
Buffalo Chicken Lavash	620 Cal each
🍷 🍷 Veggie Lavash: Arugula, Tomato, Cucumber, Red Pepper Mint, Feta and Hummus	140 Cal each
🍷 🍷 Roasted Chickpea Gyro	410 Cal each

Additional Premium Box Lunch options
available upon request!
Please contact your catering professional

SANDWICHES & SALADS

Classic Collections

All prices are per person and available for 15 guests or more.

The Executive Luncheon \$19.49

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads	25-330 Cal each
Dill Pickle Slices	0 Cal/1 oz. serving
Individual Bags of Chips	100-160 Cal each
Choice of Three (3) Executive Luncheon Sandwiches	370-760 Cal each
Assorted Craveworthy Cookies	250-310 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Executive Luncheon Sandwiches

(Available Sandwich choices for The Executive Luncheon Buffet)

Turkey Feta Ciabatta with Spinach and Sun-Dried Tomato Aioli	620 Cal each
Tuna and Apple Salad with Fresh Tomatoes and Arugula on Ciabatta Bread	370 Cal each
Roast Beef, Caramelized Onion and Kale Ciabatta	500 Cal each
Chicken Teriyaki Ciabatta with Pineapple Salsa on a Ciabatta	510 Cal each
Italian Sub with Fresh Lettuce, Tomato, Onion and Herbal Honey Dijon Sauce	560 Cal each
Sliced Portobello Mushroom with Arugula and Olive Pesto Spread on a French Baguette	570 Cal each
Roasted Beet and Ricotta Sandwich	590 Cal each

Side Salad Selections

(Included with Deli Express, Classic Selections, and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic Vinaigrette Dressing	50 Cal/3.5 oz. serving
Arugula Salad with Cauliflower and Beets	140 Cal/2.5 oz. serving
Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in Spicy Caribbean Jerk Seasoning	120 Cal/4 oz. serving
Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing	240 Cal/4 oz. serving
Asian Slaw with Red Peppers, Carrots, Scallions, Minced Fresh Mint and Cilantro in a Sesame Teriyaki Dressing	70 Cal/3 oz. serving
Fresh Fruit Salad	40 Cal/2.5 oz. serving
Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives	90 Cal/3 oz. serving
Tabbouleh with Ground Bulgur, Tomatoes, Parsley and Scallions Combined in an Olive Oil Mix	330 Cal/3.25 oz. serving
Grilled Vegetable Pasta Salad with a Balsamic Dressing	130 Cal/3 oz. serving
Herbed Quinoa Side Salad	100 Cal/3.5 oz. serving

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BUFFETS

Themed Buffets

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Includes choice of beverages.

Cajun Collection \$17.49

Cajun Coleslaw	50 Cal/1.75 oz. serving
Fiesta Cornbread	120 Cal each
Red Beans and Rice	140 Cal/4.5 oz. serving
Okra with Corn and Bacon	130 Cal/3.5 oz. serving
Choice of Two (2) Cajun-Themed Entrées:	
Vegan Jambalaya	200 Cal/9.625 oz. serving
Shrimp Etouffee	190 Cal/8.25 oz. serving
Creole BBQ Chicken	430 Cal/6 oz. serving
Bananas Foster Cupcakes	180 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Power Lunch \$17.49

Grilled Flatbread	110 Cal each
Seasonal Fresh Fruit Platter	40 Cal/2.25 oz. serving
Choice of Three (3) Salad Platters:	
Southwest Chicken with Greens, Corn, Black Beans and Vegetables tossed with a Hearty Grain Blend	440 Cal/13.875 oz. serving
Chickpea Couscous with Shawarma Beef, Tomato and Cucumber Herb Salad and a touch of Spicy Harissa	540 Cal/16.5 oz. serving
Grilled Salmon with Bulgur Wheat, Lentils and Hummus in a Roasted Garlic Lemon Vinaigrette garnished with Carrot Sesame Hummus and Pea Mint Salad	520 Cal/11.125 oz. serving
Chilled Lo Mein Noodles topped with Grilled Chicken Breast and Veggies in a Spicy Thai Lime Sriracha Dressing	470 Cal/11.88 oz. serving
Rice Noodles and Greens topped with Nam Tok Pork, Stir-Fried Vegetables, Chopped Peanuts and a Spicy Sweet Chili Vinaigrette	230 Cal/6 oz. serving
Vegan Aquafaba Chocolate Mousse	230 Cal/2.75 oz. serving
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Pasta Trio Buffet \$17.99

Caesar Salad	160 Cal/2.7 oz. serving
Garlic Breadsticks	110 Cal each
Manicotti Marinara	140 Cal/3.25 oz. serving
Chicken and Broccoli Ravioli Rigatoni and Meat Balls	320 Cal/8.75 oz. serving
Lemon Cheesecake Bars	310 Cal/7.5 oz. serving
300 Cal/2.75 oz. serving	
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Add on Grilled Chicken Breast for an Additional Fee	160 Cal/3 oz. serving



BUFFETS

Themed Buffets

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Yucatan Bowl \$20.29

● VG Romaine Lettuce Salad	0 Cal/0.25 oz. serving
● V Avocado Ranch Dressing	80 Cal/1 oz. serving
Choice of One (1) Rice:	
● VG Cilantro Lime White Rice	120 Cal/3 oz. serving
● VG EW Cilantro Lime Brown Rice	140 Cal/3.5 oz. serving
● V EW Charro Beans	90 Cal/3 oz. serving
Braised Chicken	180 Cal/3 oz. serving
Braised Beef	160 Cal/3 oz. serving
● VG EW Roasted Portobello Mushrooms	20 Cal/2.25 oz. serving
● VG Guacamole	40 Cal/1.33 oz. serving
Choice of Two (2) Salsas:	
● VG Pico De Gallo	10 Cal/1 oz. serving
● VG Salsa Verde	10 Cal/1 oz. serving
● VG Salsa Roja	20 Cal/1 oz. serving
● V Dulce De Leche Brownie	220 Cal/2.25 oz. serving
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Republic of Spice \$19.19

● VG EW PF Kachumber Side Salad	40 Cal/3.9 oz. serving
● VG PF Tikka Chaat Side Salad	70 Cal/3 oz. serving
● V Curry-Spiced Naan	440 Cal each
Kadai Jhinga Masala	120 Cal/4.5 oz. serving
● EW Tandoori Chicken	150 Cal/3 oz. serving
● VG Lemon-Ginger Basmati Rice	170 Cal/3.25 oz. serving
● VG Pickled Red Onion	10 Cal/0.5 oz. serving
● VG Shredded Carrot	10 Cal/0.5 oz. serving
● VG Cilantro	0 Cal/0.125 oz. serving
● VG Mango Chutney	45 Cal/1 oz. serving
Cucumber Mint Raita	15 Cal/1 oz. serving
● VG Tomato Chutney	5 Cal/0.5 oz. serving
● V Honey Lemon Rice Pudding	200 Cal/4.25 oz. serving
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Looking to create your own Themed Buffet or Unique Custom Buffet?

Contact us at jskikas@bu.edu / 617.353.2957 or catering@bu.edu to explore more options and personalize your buffet to fit your event.

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BUFFETS






Themed Buffets

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BU BBQ \$13.59

Hamburger with buns, hot dogs with buns, vegetarian burgers, potato chips, assorted cookies, watermelon. Choice of Two (2) beverages

A Taste of Italy - Chilled Buffet \$24.29

Caesar Salad	160 Cal/2.7 oz. serving
   Italian White Bean Salad	90 Cal/3.33 oz. serving
 Garlic Breadsticks	110 Cal each
   Seasonal Vegetables	70 Cal/3 oz. serving
 Three Pepper Pesto Cavatappi	310 Cal/7.5 oz. serving
 Grilled Rosemary Chicken	130 Cal/3 oz. serving
 Grilled Fennel Tuna	150 Cal/3 oz. serving
Assorted Italian Ices	70-75 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Lazy Summer BBQ \$20.99

  Coleslaw	150 Cal/3 oz. serving
 Cornbread Fiesta Muffins	120 Cal each
 Macaroni and Cheese	260 Cal/4 oz. serving
 Baked Beans	170 Cal/4.75 oz. serving
BBQ Chicken	430 Cal/6 oz. serving
Sliced Brisket	350 Cal/5 oz. serving
 Assorted Craveworthy Cookies	250-310 Cal each
 Gourmet Dessert Bars	300-370 Cal/2.75-3.25 oz. serving
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving



BUFFETS

Create Your Own Buffet

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages.

Buffet Starters

Seasonal Garden Salad with Balsamic Vinaigrette	50 Cal/3.5 oz. serving
Classic Caesar Salad	160 Cal/2.7 oz. serving
Greek Salad with Crumbled Feta	120 Cal/3.25 oz. serving
Antipasto Salad	130 Cal/3 oz. serving
Roasted Vegetable Platter with Chimichurri Mayo	210 Cal/4 oz. serving
Seasonal Fresh Fruit Salad	40 Cal/2.25 oz. serving

Buffet Entrees

Lemon Artichoke Chicken Breast \$26.99	200 Cal/5.75 oz. serving
Slow-Roasted Turkey Breast Rubbed with Sage and Thyme \$26.99	130 Cal/3 oz. serving
Cavatappi with Grilled Chicken, Chorizo, Tomatoes, Mushrooms, Roasted Peppers and Beans \$26.99	770 Cal/18 oz. serving
Grilled Salmon in a Moroccan Herb Sauce \$26.99	120 Cal/2.75 oz. serving
Beef Pot Roast with Dijon Shallot Sauce \$26.99	330 Cal/5 oz. serving
Quinoa Cake Topped with Tomato Chutney \$19.69	270 Cal/4.25 oz. serving
Crispy Five Spice Tofu \$19.69	270 Cal each

Buffet Sides

Roasted Root Vegetables	100 Cal/2.75 oz. serving
Tomato Caper Ratatouille	45 Cal/4.25 oz. serving
Garlic Spinach and Kale	60 Cal/3.25 oz. serving
Ginger Honey Glazed Carrots	110 Cal/3.25 oz. serving
Mashed Sweet Potatoes	110 Cal/4.25 oz. serving
Roasted Red Potatoes	100 Cal/2.75 oz. serving
Quinoa and Wild Rice Blend	110 Cal/2.6 oz. serving

Buffet Finishes

Cherry Cheesecake Tarts	170 Cal/1.75 oz. serving
Dulce De Leche Brownie	220 Cal/2.25 oz. serving
Spiced Carrot Cake	370 Cal/slice
Chocolate Cake	270 Cal/slice
Aquafaba Chocolate Mousse	230 Cal/2.75 oz. serving
Glazed Strawberry Bars	390 Cal each

RECEPTIONS

Hors d'oeuvres

Hors d'oeuvres are priced per dozen.

Reception Hors d'oeuvres (Hot)

Bacon Wrapped Scallops \$39.99	20 Cal each
Buffalo Style Chicken Spring Rolls \$25.99	25 Cal each
Coconut Shrimp \$34.99	45 Cal each
Crab Cakes \$39.99	30 Cal each
🍷 Mac n' Cheese Melts \$25.99	80 Cal each
Sesame Chicken \$36.99	40 Cal each
🌱 Vegetable Spring Rolls \$35.99	15 Cal each



Reception Hors d'oeuvres (Cold)

🌱 🍷 🌱 Veggie Hummus Cup \$26.99	190 Cal each
🌱 🍷 🌱 Gazpacho Shooter \$19.99	30 Cal/2 oz. serving
Shrimp and Coconut Ceviche \$44.99	70 Cal/2 oz. serving
🍷 Bruschetta Crostini \$17.49	50 Cal each
🍷 🍷 🌱 Roasted Butternut Tartine \$17.49	100 Cal each
Chicken Cobb Tartine \$17.99	150 Cal each

Unsure of how many items and how much to order for your reception? Contact your catering events specialist to discuss the proper amounts needed for a reception.

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



RECEPTIONS

Reception Platters and Dips

All prices are per person and available for 25 guests or more.

Classic Sliced Cheese Tray \$53.99 Serves 12

▼ Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Pita Chips and Crostini 290 Cal/2.75 oz. serving

Fresh Garden Crudités \$47.99 Serves 12

▼ 🌱 Fresh Garden Crudités with Ranch Dill Dip 120 Cal/5 oz. serving

▼ 🌱 🥗 🌱 **Seasonal Fresh Fruit Platter** \$41.99 Serves 12
40 Cal/2.5 oz. serving

Antipasto Platter \$76.99 Serves 12

Antipasto Platter with Marinated Vegetables, Italian Meats and Cheese 250 Cal/5 oz. serving

Flatbread Crisps \$41.99 Serves 12

▼ Flatbread Crisps served with Hummus, Harissa and Tzatziki 420 Cal/6.18 oz. serving

May we suggest a Served Meal or Reception?

Our talented chefs are delighted to create special menus that accommodate your culinary preferences and budget. Please contact our Catering Office at (617) 353-2957 to arrange a personal consultation.

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

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RECEPTIONS

Reception Stations

Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 25 guests or more.

American Tea \$12.49

Fresh Mozzarella Tea Sandwiches	250 Cal each
Grilled Chicken and Apple Tea Sandwiches	230 Cal each
Roast Beef and Brie Tea Sandwiches	270 Cal each
<ul style="list-style-type: none"> ▼ Scones with Jam and Honey Cream Cheese ▼ Assorted Petit Fours ▼ Shortbread Cookies 	380 Cal/3 oz. serving 60-140 Cal each 20 Cal each
Hot Water with Assorted Tea Bags	0 Cal/8 oz. serving

Soft Pretzel Bar \$6.49

<ul style="list-style-type: none"> ▼ V Hot Pretzels 	170 Cal each
Choice of Three (3) Dipping Sauces:	
<ul style="list-style-type: none"> ▼ Honey Mustard Sauce ▼ V Spicy Mustard Sauce ▼ V Yellow Mustard Sauce ▼ Nacho Cheese Sauce ▼ V Vegan Cheddar Cheese Sauce ▼ Cajun Cheese Sauce ▼ Buffalo Blue Sauce ▼ Chocolate Sauce ▼ Caramel Sauce 	130 Cal/1 oz. serving 30 Cal/1 oz. serving 20 Cal/1 oz. serving 40 Cal/1 oz. serving 60 Cal/1 oz. serving 60 Cal/1 oz. serving 30 Cal/1 oz. serving 70 Cal/1 oz. serving 100 Cal/1 oz. serving

Slide Into Home \$14.99

Choice of Three (3) Sliders:	
<ul style="list-style-type: none"> ▼ EW V PP Grilled Veggie Sliders Bacon-Blue Meatball Sliders Ham and Cheese Sliders ▼ PP Spicy Cauliflower Slider Shredded Pork and Slaw Sliders Cheeseburger Sliders Sriracha Fried Chicken Sliders 	110 Cal each 220 Cal each 160 Cal each 180 Cal each 340 Cal each 260 Cal each 390 Cal each

Breaks

All prices are per person and available for 15 guests or more.

Snack Attack \$7.09

<ul style="list-style-type: none"> ▼ Individual Bags of Chips ▼ Roasted Peanuts ▼ Trail Mix ▼ Assorted Craveworthy Cookies ▼ Bakery-Fresh Brownies 	100-160 Cal each 170 Cal/1 oz. serving 290 Cal each 250-310 Cal each 250 Cal/2.25 oz. serving
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Breads and Spreads \$6.19

<ul style="list-style-type: none"> ▼ Tortilla Chips ▼ Pita Chips ▼ Crostini 	190 Cal/2 oz. serving 140 Cal/2 oz. serving 40 Cal each
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Choice of Four (4) Spreads:

<ul style="list-style-type: none"> ▼ PP Korean Roja Guacamole ▼ V PP Ginger Verde Guacamole ▼ Chilled Spinach Dip ▼ Feta and Roasted Garlic Dip ▼ PP Traditional Hummus ▼ Artichoke and Olive Dip ▼ V EW PP Seasonal Fresh Fruit Platter 	90 Cal/2 oz. serving 90 Cal/2 oz. serving 200 Cal/2 oz. serving 260 Cal/2 oz. serving 80 Cal/2 oz. serving 140 Cal/2 oz. serving 40 Cal/2.5 oz. serving
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Rev'd Up and Ready to Go \$7.79

<ul style="list-style-type: none"> ▼ PP Chocolate Orange Power Poppers ▼ EW Fruit Skewers with Yogurt Honey Dip ▼ EW PP Carrots and Celery Sticks with Ranch Dip ▼ Cinnamon-Honey Granola 	100 Cal each 100 Cal/6.5 oz. serving 100 Cal/6.5 oz. serving 340 Cal/3 oz. serving
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Executive Coffee Break \$6.49

<ul style="list-style-type: none"> ▼ Lemon Cheesecake Bars ▼ Raspberry Coconut Almond Bars ▼ Bakery-Fresh Brownies 	300 Cal/2.75 oz. serving 370 Cal/3.25 oz. serving 250 Cal/2.25 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

BEVERAGES & DESSERTS

Beverages

Includes appropriate accompaniments

Starbucks Coffee, Decaf and Hot Water with Assorted Teavana Tea Bags \$3.89 Per Person	0 Cal/8 oz. serving
Bottled Water \$2.29 Each	0 Cal each
Assorted Sodas (Can) \$2.09 Each	0-150 Cal each
Assorted Individual Fruit Juices \$2.49 Each	110-170 Cal each
Sparkling Water \$2.09 Each	0 Cal each
Regular Coffee, Decaf and Hot Water with Assorted Tea Bags \$15.39 Per Gallon	0 Cal/8 oz. serving
Hot Chocolate \$15.99 Per Gallon	160 Cal/8 oz. serving
Lemonade \$15.99 Per Gallon	90 Cal/8 oz. serving
Iced Water \$4.29 Per Gallon	0 Cal/8 oz. serving
Infused Water \$17.39 Per Gallon	
Choice of One (1) Fruit Infused Water:	
Lemon Infused Water	0 Cal/8 oz. serving
Orange Infused Water	10 Cal/8 oz. serving
Apple Infused Water	20 Cal/8 oz. serving
Cucumber Infused Water	10 Cal/8 oz. serving
Grapefruit Infused Water	10 Cal/8 oz. serving

Desserts

✔ Assorted Craveworthy Cookies \$15.99 Per Dozen	250-310 Cal each
✔ Bakery-Fresh Brownies \$13.99 Per Dozen	250 Cal/2.25 oz. serving
✔ Gourmet Dessert Bars \$19.49 Per Dozen	300-370 Cal/2.75-3.25 oz. serving
Custom Artisan Cupcakes \$23.99	
✔ Chocolate Cupcake with Fudge Icing	480 Cal each
✔ Vanilla Cupcake	380 Cal each
✔ Bananas Foster Cupcake	180 Cal each
✔ Devil's Food Cupcake	380 Cal each
✔ Chocolate Covered Strawberries \$37.09 Per Dozen	40 Cal each

Ordering Information

Lead Time

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Contact Us Today

617.353.2957
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catering@bu.edu
www.bu.edu/catering

Prices effective until 07/01/2022
Prices may be subject to change

✔ Vegetarian ✔ Vegan ✔ Eat Well ✔ Plant Forward

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

