

# FY101: THE FIRST YEAR EXPERIENCE

Thursdays/ 11:15 am - 12:05 pm

CAS 325

Fall 2024

## INSTRUCTOR & PEER MENTOR CONTACT INFO:

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CAS '26 Economics

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[GroupMe](#)

## COURSE DESCRIPTION & GOALS

A continuation of the orientation process, FY101 is a unique course designed to provide you with the opportunity to explore issues relevant to new students at Boston University. Through discussions, activities, and field trips, we will investigate the social, academic and cultural dimensions of student life at BU. Our goal for the semester is to provide you with a small community of peers who will serve as conversation partners as together you learn how to leverage BU's resources to create a richer and fuller college experience.

*FY101 is 1-credit, P/F, and does not count toward graduation requirements.*

## COURSE LEARNING OUTCOMES

**After successful completion of FY101, students will be able to:**

### BU COMMUNITY –

- Identify appropriate campus resources and opportunities that contribute to their **campus engagement** and overall **sense of belonging**
- Develop and apply skills that contribute to **building positive relationships** with peers, staff and faculty.

### HEALTH, WELLNESS & SAFETY –

- Explore and practice strategies to **balance** academics, social life, campus involvement, and personal well-being.
- Locate and describe the resources that assist in keeping the campus community **healthy, safe and well**.

### ACADEMIC PATHWAYS AND SUCCESS -

- Explore and practice appropriate **academic strategies** to their courses and learning experiences.
- Consider how **academic opportunities** will help them achieve their **goals**.

### YOUR IDENTITY-

- Reflect on how their values have been shaped by their **personal background**, including their **social identities**.

## COURSE AGREEMENTS

**Academic Responsibility.** You are expected to attend class, participate, and complete all assigned work on time. Attendance and punctuality is extremely important. It is your responsibility to communicate with the instructor, in a timely manner, if you must be absent from class.

**Respect & Confidentiality.** Some of the topics we will cover will be sensitive and personal in nature. Please show consideration for your classmates, by not sharing their stories without permission. If you do not feel comfortable sharing on a particular topic, don't!

**Academic Conduct.** You are expected to maintain high standards of academic honesty and integrity. Please see the BU Academic Conduct Code:

<http://www.bu.edu/academics/resources/academic-conduct-code/>

**Disconnect.** Unless otherwise noted, there is no need for phones or laptops in FY101.

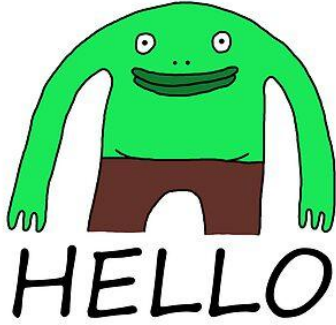






### **COURSE REQUIREMENTS**

A passing grade will be achieved by demonstrating 80% participation through attendance, discussions, and completing all assignments.

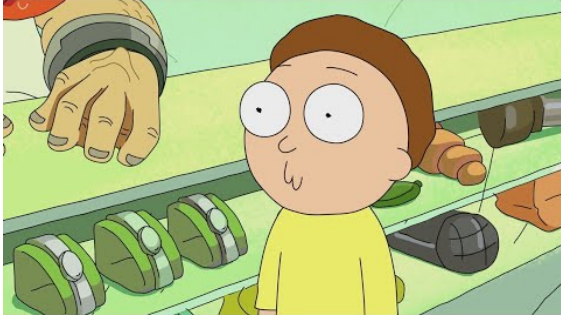

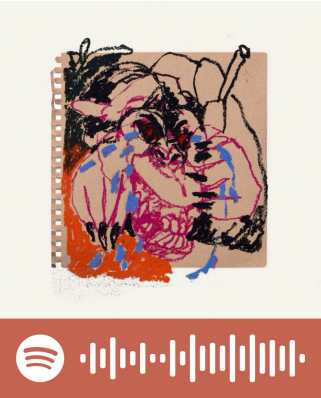

Reflection is a required part of class.

FY101 is supplemented through optional events through the [First Year Experience Rewards Program](#) as well as through [FY101-only weekend excursions](#).

## COURSE OUTLINE




| Class # | Date | Topic  | Notes   |
|---------|------|--|---|
| 1       | 9/5  | <p>Welcome to FY101!</p>  |       |
| 2       | 9/12 | <p>Getting to Know You and Getting Involved</p>  |    |
| 3       | 9/19 | <p>Getting to Know You and Boston</p>  |   |



|   |       |  |   |
|---|-------|--|---|
| 4 | 9/26  | <p><b>Outing - Newbury Street</b></p>  |    |
| 5 | 10/3  | <p><b>Course Registration Preparation</b></p>  |   |
| 6 | 10/10 | <p><b>Time Management &amp; Priorities</b></p>   |  |

|   |       |  |   |
|---|-------|--|---|
| 7 | 10/17 | <p><b>Stress Management</b></p>         |    |
| 8 | 10/24 | <p><b>Faizaan's Choice - TBD</b></p>  |   |
| 9 | 10/31 | <p><b>Elijah's Choice - TBD</b></p>  |  |

|    |       |   |   |
|----|-------|---|---|
| 10 | 11/7  | <p><b>Election Week</b></p>  A cartoon illustration of a yellow dog wearing sunglasses and a grey shirt, standing at a podium. Behind the dog is a large, stylized red and blue dog head. To the left of the dog are several red, white, and blue balloons. The background shows a house with a window and some greenery. |  A podcast cover featuring a collage of images including a green circular logo with the word 'ELECTION', a handwritten note that says 'Take part of from the Thank you of your America', a red and white striped American flag, and a black and white photo of a person. At the bottom is a red bar with the Spotify logo and a series of vertical bars of varying heights. <p><a href="#">Massachusetts Voter Registration Info</a></p> |
| 11 | 11/14 | <p><b>Values</b></p>  |  A podcast cover featuring a silhouette of a person standing on a hill, looking out over a landscape with mountains in the background. The sky is a deep purple. At the bottom is a blue bar with the Spotify logo and a series of vertical bars of varying heights. <p>PARENTAL ADVISORY EXPLICIT CONTENT</p>  |
| 12 | 11/21 | <p><b>Identity &amp; Action</b></p>   |  A podcast cover featuring a close-up of two hands, one holding a small white object with a lowercase 'i' on it. The background is a mix of red and blue. At the bottom is a red bar with the Spotify logo and a series of vertical bars of varying heights. <p>PARENTAL ADVISORY EXPLICIT CONTENT</p> <p>by HENRIK LARSEN</p> <p><i>Resumes Due</i></p>   |

|    |       |   |   |
|----|-------|---|---|
|    | 11/28 | <p><b>No Class- Thanksgiving Break</b></p>  | <p>The BEATLES</p>   |
| 13 | 12/5  | <p><b>Wrap-up/ In class assessment</b></p>  |  <p><i>Letter to Myself Due</i></p> <p><a href="#">EC 101 Final Key</a></p> |