**FY101: THE FIRST YEAR EXPERIENCE**

Mondays / **Time**

**Location**

Fall 2021

**INSTRUCTOR & PEER MENTOR CONTACT INFO:**

Instructor: Peer Mentor:

**COURSE DESCRIPTION & GOALS**

A continuation of the orientation process, FY101 is a unique course designed to provide you with the opportunity to explore issues relevant to new students at Boston University. Through discussions, activities, and field trips, we will investigate the social, academic and cultural dimensions of student life at BU. Our goal for the semester is to provide you with a small community of peers who will serve as conversation partners as together you learn how to leverage BU’s resources to create a richer and fuller college experience.

*FY101 is 1-credit, P/F, and does not count toward graduation requirements.*

**COURSE LEARNING OUTCOMES**

**After successful completion of FY101, students will be able to:**

* **BU COMMUNITY** –
  + Identify appropriate campus resources and opportunities that contribute to their **campus engagement** and overall **sense of belonging.**
  + Develop and apply skills that contribute to **building positive relationships** with peers, staff and faculty.
* **HEALTH, WELLNESS & SAFETY** –
  + Explore and practice strategies to **balance** academics, social life, campus involvement, and personal well-being.
  + Locate and describe theresources that assist in keeping the campus community **healthy, safe and well.**
* **ACADEMIC PATHWAYS AND SUCCESS -**
  + Explore and practice appropriate **academic strategies** to their courses and learning experiences.
  + Consider how **academic opportunities** will help them achieve their **goals.**
* **YOUR IDENTITY-**
  + Reflect on how their values have been shaped by their **personal background,** including their **social identities.**

**COURSE AGREEMENTS**

* ***Academic Responsibility.*** You are expected to attend class, participate, and complete all assigned work on time. Attendance and punctuality is extremely important. It is your responsibility to communicate with the instructor, in a timely manner, if you must be absent from class.
* ***Respect & Confidentiality.*** Some of the topics we will cover will be sensitive and personal in nature. Please show consideration for your classmates, by not sharing their stories without permission. If you do not feel comfortable sharing on a particular topic, don’t!
* ***Academic Conduct.*** You are expected to maintain high standards of academic honesty and integrity. Please see the BU Academic Conduct Code:
  + <http://www.bu.edu/academics/resources/academic-conduct-code/>
* ***Disconnect.*** Unless otherwise noted, there is no need for phones or laptops in FY101.

**COURSE REQUIREMENTS**

A passing grade will be achieved by demonstrating 80% participation through attendance, discussions, and completing all assignments.

Reflection is a required part of class.

**COURSE OUTLINE**

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| **Class #** | **Date** | **Topic** | **Notes** |
| 1 | 9/13 | **Welcome to FY101!** |  |
| 2 | 9/20 | Getting Involved & Exploring Majors |  |
| 3 | 9/27 | Getting to Know You and Boston |  |
| 4 | 10/4 | Getting to Know You and Time Management & Priorities | *Take Strong Interest Inventory by 10/12* |
| 5 | **10/12**  **(Tues runs as a Monday schedule)** | Stress Management | *Strong Interest Inventory Due* |
| 6 | 10/18 | Your Interests & Major Exploration  (Strong Interest Inventory) | *Take CliftonStrengths by 11/1* |
| 7 | 10/25 | Sex Positivity & Consent | **Combined Virtual Class-**  **Zoom Link TBD** |
| 8 | 11/1 | Registration Preparation | *CliftonStrengths Due* |
| 9 | 11/8 | Your Strengths |  |
| 10 | 11/15 | Peer Mentor Choice | *Resumes Due* |
| 11 | 11/22 | Values |  |
| 12 | 11/29 | Identity & Action |  |
| 13 | 12/6 | **Wrap-up/ In class assessment** | *Letter to Myself Due* |