

First Aid Kit

(Small Personal)

Number	Item	Expiration Dates (if applicable)
1 pair	Disposable Medical Gloves	
1	10cc Syringe	
4	Tegaderm (small, or your choice of blister prevention)	
4	2" x 3" fabric Band-aids	
1	Triangle Bandage	
1	Tweezer	
1 roll	1" Medical Tape	
2	4" x 4" Sterile Dressings/Band-aids	
1	SOAP Note	
1	Standard Medication Pack (small) Benadryl 10; Ibuprofen 20; Aleve 8; Pepto 10; Tylenol 8)	

First Aid Kit

(Large Personal)

Number	Item	Expiration Dates (if applicable)
2 pairs	Disposable Medical Gloves	
1	Tweezer	
1	10 cc Syringe	
8	Tegaderm (small)	
2	Tegaderm (large)	
12	2" x 3" fabric Band-aids	
1	4" Ace Elastic Wrap Bandage	
1	Triangle Bandage	
1 roll	2" Tape	
2	6" Roller Gauze	
4	4" x 4" Sterile Dressings/Band-aids	
1	5" x 9" Sterile Abdominal Dressings	
1 package (10)	Steri-Strips (wound closure)	
3	Antibiotic Cream	
1	SAOP Note	
1	Superglue	
1 pack	Standard Medication Pack (Benadryl 20; Ibuprofen 40; Aleve 20; Pepto 30; Tylenol 20)	