



## Fall Session 2024

September 25th, 2024 – December 9, 2024

*Some groups will be held **online** via Zoom, and some groups will be held **in person**. If you plan to attend our online sessions, high speed internet and the use of a laptop, desktop computer or tablet is recommended for the best experience. Parking may be available during in person groups for those who need it.*

[www.bu.edu/aphasiacenter](http://www.bu.edu/aphasiacenter)

[aphasiacenter@bu.edu](mailto:aphasiacenter@bu.edu)

(617) 353 – 0197

# Registration

The **Aphasia Resource Center** is pleased to announce the Fall 2024 Program.

## **Enrollment**

You may request enrollment by completing the separate registration form.  
If you are new to groups, please see the section “*New Referrals*” below.

- Forms can be completed and sent by email to [aphasiacenter@bu.edu](mailto:aphasiacenter@bu.edu)
- You may also register by phone at (617) 353 – 0197
  - Please leave a message with your name, contact information and group selection.

## **Requirements for Online Participation**

For groups that will be meeting virtually, we ask that group members have access to Zoom with video and audio, as well as access to email.

## **Deadline**

Registration request forms **MUST** be received by **Friday, August 30<sup>th</sup>, 2024** to receive full consideration.

## **Placement and Confirmation**

Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Requests will be reviewed to determine appropriateness of each individual for the requested group(s). Registration requests received after the deadline will be assigned on a first come, first served basis while space is available.

If you wish to enroll in more than one group, please **RANK** the groups according to your preference. Please also indicate the **TOTAL** number of groups you would like to take. Places will be assigned based on your preference.

We encourage you to request as many groups as you wish; however, **registration requests are not a guarantee of enrollment**. You will receive confirmation of enrollment with your group placement no later than Monday, September 16<sup>th</sup>, 2024. If you do not receive a confirmation, please contact the center.

## **New Referrals**

To help us provide the best possible care, we ask that all new referrals send a recent evaluation report from another facility along with your application.

## **Faculty**

Elizabeth Hoover, PhD., CCC-SLP, BC-ANCDS Anne Carney, M.S., CCC-SLP Brooke Wayne, M.S., CCC-SLP	Jerome Kaplan, M.A., CCC-SLP Elisabeth Russell, M.S., CCC-SLP Craig Slater, PhD., MPH, OT
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### **Note about Online and In Person Groups**

Information about joining online groups with Zoom will be shared after group confirmations have been sent out.

Please note that in person groups and online groups will be held separately. You may not attend a specified in person group online.

**\*\*Please see additional OT opportunity listed at the end of the program for care partners of those with aphasia.**

### **Parking**

If you require parking close to the building, please indicate this on your registration form with the make and model of your car as well as your license plate number.

**Limited space is available** in our parking area located behind the building. Instruction on how to access the lot will be sent via email prior to the start of the program. Otherwise, there is a drop off location at the front of our building at 635 Commonwealth Avenue as well as metered parking along Commonwealth Ave.

# Monday Groups

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## Monday Morning Groups

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### [Aphasia Book Club: Fiction \(Online\)](#)

This group meets to discuss the content and ideas generated through reading a text. The “book” is ~300 pages in length and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text or listen to an audio version. Group members will read ~ 30 pages each week. In addition, members will be given written summaries of the book chapters in advance of the weekly reading to assist with processing and recall of the book. Each week we will review the content of the readings as a group and then discuss the content and ideas through rich and dynamic conversation.

**Meeting time:** Mondays, 10:30–11:45 am

**Faculty:** Elizabeth Hoover

### [Toastmasters/Storytelling \(In person\)](#)

This group will focus on communicating effectively when speaking in groups. It is modeled after Toastmasters International, whose philosophy is to learn by doing in a supportive environment. Group Members will share stories and experiences on a variety of topics and will provide feedback to each other. Specific strategies in areas such as organization, eye contact, use of notes, and visual materials will be provided. The goal is to enable the storyteller/speaker to more effectively communicate in group speaking situations.

**Meeting time:** Mondays, 10:30–11:45 am

**Faculty:** Jerry Kaplan

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## Monday Afternoon Groups

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### [Music Appreciation and Chorus Group \(In person\)](#)

Do you love to sing or play an instrument? Come join us as we work weekly to practice and develop our individual and group talents. Everyone has some talent. We'll help you find it. Group members will put on a show at the end of the semester for the aphasia community group. This group will gather to discuss, listen to, and perform songs from a variety of genres. Group members will be encouraged to share favorite songs, perform on their own musical instruments and in group singing.

**Meeting time:** Mondays, 1:00 – 2:15 pm

**Faculty:** Jerry Kaplan

### [Canine Assisted Aphasia Group \(In person\)](#)

Are you a dog lover who would like to learn positive training techniques *and* engage in conversation with new people? If so, then join us for this novel treatment group with BU's comfort therapy dog, “Bean.” *This group will meet on an altered schedule: not all group members will come in each week.* Each group member will participate in four sessions over the course of the semester – two large groups with all members, and two small group sessions with Bean and her handler. Group members will learn training request/cues with Bean, the puppy and then take her out into the BU/Sargent community to engage with others about the experience of dog training with Bean to showcase what you’ve learned and share your experiences.

**Meeting time:** Mondays, 1:00 – 2:15 pm

**Faculty:** Elizabeth Hoover

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## Wednesday Morning Groups

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### Movies (Online)

This group will feature both classic and contemporary movies and documentaries, including silent movies. Participants will receive links to movies and documentaries to watch at home. During each session, we will watch specific scenes and discuss the plot, characters, relationships, and other aspects of the movie. Movie suggestions from group members are encouraged.

**Meeting time:** Wednesdays, 10:30–11:45 am

**Faculty:** Jerry Kaplan

### Music Appreciation (Online)

The Music Appreciation Group, formerly the Chorus Group, will gather via Zoom Video to discuss, listen to, and perform songs from a variety of genres. Group members will be encouraged to share favorite songs, music videos, perform on their own musical instruments and in group singing.

**Meeting time:** Wednesdays, 10:30–11:45 am

**Faculty:** Liz Hoover

### Cooking Group (In person)

Would you like to be more active in meal preparation, gain more independence in the kitchen or learn new healthy recipes? If yes, join us for an aphasia friendly “hands-on” cooking group. Group members will work with speech therapy, occupational therapy, and nutrition students to follow recipes, use adaptive cooking tools/strategies and discuss health promoting modifications. Group members will also participate in conversations about healthy eating at home and while dining out.

**Meeting time:** Wednesdays, 10:30–11:45 am

**Faculty:** Anne Carney & Craig Slater

### Total Conversation (In person)

"Total Conversation" Group is a combination of past "Conversation" and "Total Communication" Groups. This group addresses functional communication through talking, writing, drawing, and forms of nonverbal communication such as gesture and pantomime. Music, poetry, and other forms of creative expression will also be encouraged. This Group will encourage participants with diverse types and severities of aphasia to exchange ideas and develop connections through all forms of communication.

**Meeting time:** Wednesdays, 10:30–11:45 am

**Faculty:** Brooke Wayne

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## Wednesday Afternoon Groups

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### [“Moth” Mainstage Group \(Online\)](#)

Do you have a story that you’d like to share on a bigger stage? This advanced storytelling group will support people developing and practicing their unique stories with the goal of sharing them on a public stage. Over the semester, group members will create and practice telling their story, write a short pitch summary and practice recording a two-minute “pitch” or teaser of their story. At the end of the semester members will share their story with an audience and if they wish, record the pitch to send to the “Moth Radio Hour” team.

**Meeting time:** Wednesdays, 1:00 – 2:15 pm

**Faculty:** Jerry Kaplan

### [Aphasia Book Club: Non-Fiction \(Online\)](#)

This group meets to discuss the content and ideas generated through reading a non-fiction text. The “book” is ~300 pages in length and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text or listen to an audio version. Group members will read ~ 30 pages each week. In addition, members will be given written summaries of the book chapters in advance of the weekly reading to assist with processing and recall of the book. Each week we will review the content of the readings as a group and then discuss the content and ideas through rich and dynamic conversation.

**Meeting time:** Wednesdays, 1:00 – 2:15 pm

**Faculty:** Elisabeth Russell

### [Community Connection \(In person\)](#)

This group uses structured activities to focus conversation around central themes or ideas and will end with a community-focused activity. In each session, we will work hierarchically through the chosen theme allowing group members to build on vocabulary and increase their communicative effectiveness. In the last week, depending on the current social distancing restrictions, we will plan an event to celebrate the theme for the semester. Our aim is to keep each session meaningful and interesting, creating opportunities to share ideas, experiences and have fun.

**Meeting time:** Wednesdays, 1:00 – 2:15 pm

**Faculty:** Brooke Wayne

# Thursday Groups

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## Thursday Morning Groups

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### Language Games (In Person)

This group will address various aspects of communication (e.g., naming, discourse, gesture, drawing and writing) through friendly and competitive games. Each week, participants will be given a choice of games that will target a range of communication goals. Group members are also welcome to suggest and introduce games.

**Meeting time:** Thursdays, 11:00-12:15 pm

**Faculty:** Elisabeth Russell

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## Thursday Afternoon Groups

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### Talk of the Town! (Online)

Many of us enjoy reading or watching the news. In this group, we will practice sharing thoughts and ideas as we discuss current events taking place locally as well as around the world. Together, we will read news articles and/or watch newscasts and discuss these current events. Each meeting, we will also focus a portion of the discussion on at least one positive news story. Participants should understand spoken or written language at a paragraph level.

**Meeting time:** Thursdays, 1:00–2:15 pm

**Faculty:** Anne Carney

# Group Meeting Dates

## MONDAY GROUPS MEETING DATES

September 30 ( <i>First day of Monday groups</i> )	November 11
October 7	November 18
No Class October 14: Indigenous People's Day	November 25
October 21	December 2
October 28	December 9 ( <i>Last day of Monday groups</i> )
November 4	

## WEDNESDAY GROUPS MEETING DATES

September 25 ( <i>First day of Wednesday groups</i> )	November 6
October 2	November 13
October 9	November 20
October 16	No Class November 27: Thanksgiving Holiday
October 23	December 4 ( <i>Last day of Wednesday groups</i> )
October 30	

## THURSDAY GROUPS MEETING DATES

September 26 ( <i>First day of Thursday groups</i> )	November 7
October 3	November 14
October 10	November 21
October 17	No Class November 28: Thanksgiving Holiday
October 24	December 5 ( <i>Last day of Thursday groups</i> )
October 31	



# Aphasia Community Group

## *Saturday Group*

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Now in its 35<sup>th</sup> year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders.




Presentations on treatment, recreation, community and family support are offered by group members and guests. In the last portion of each session, the group is divided into smaller "breakout" sessions to share ideas, feelings, and concerns.

*The Aphasia Community Group is currently offered online on the dates listed below. We will send email announcements about these online sessions with the zoom link information prior to each meeting date.*

We will continue to assess the possibility of bringing groups back in person. If a group is moved to an **in-person** venue, we will make an announcement both on our website and by email several weeks in advance of the date.

**Meeting time:** Saturdays, 11:00 am – 12:30 pm      **Faculty:** Jerry Kaplan

SATURDAY MEETING DATES	
September 7	November 2
September 21	November 16
October 5	December 14
October 19	

Times	Monday	Wednesday	Thursday	Saturday
10:30 – 11:45 am	 <p>Aphasia Book Club: Fiction (Liz Hoover) <i>Online</i></p>  <p>Toastmasters/ Storytelling (Jerry Kaplan) <i>In person</i></p>	 <p>Movies (Jerry Kaplan) <i>Online</i></p>  <p>Music Appreciation (Liz Hoover) <i>Online</i></p>  <p>Cooking Group (Anne Carney) <i>In person</i></p>  <p>Total Conversation (Brooke Wayne) <i>In person</i></p>	 <p>Language Games (Elisabeth Russell) <i>In person</i> *11:00-12:15pm</p>	<p><b>Aphasia Community Group</b></p>  <p><b>Saturdays</b></p> <p>11:00 am – 12:30 pm</p> <p>September 7 September 21 October 5 October 19 November 2 November 16 December 14</p>
11:45 am – 1:00 pm	 <p>Lunch Break</p>			
1:00 – 2:15 pm	 <p>Music Appreciation &amp; Chorus Group (Jerry Kaplan) <i>In person</i></p>  <p>Canine Assisted Aphasia Group (Liz Hoover) <i>In person</i></p>	 <p>The “Moth” Mainstage Group (Jerry Kaplan) <i>Online</i></p>  <p>Non-Fiction Book Club (Elisabeth Russell) <i>Online</i></p>  <p>Community Connection (Brooke Wayne) <i>In person</i></p>	 <p>Talk of the Town! (Anne Carney) <i>Online</i></p>	



Boston University College of Health & Rehabilitation Sciences: Sargent College **Department of Occupational Therapy**

## Fall 2024 Occupational Therapy Student Clinic Caregiver Support/Training

- Are you a caregiver who is in need of support to help with caregiving?  
Would you be interested in working with Occupational Therapy?
- Willing to work on goals with an **occupational therapy student**?
- Willing to participate in weekly sessions:
  - 1x / week from end of September through the end of November
  - Available Times:
    - Mondays 10:30-11:30
    - Mondays 12:45-1:45
    - Thursdays 10:30-11:30
    - Thursdays 12:45-1:45

If interested, please contact Jennifer Kaldenberg by e-mail at [jenmk@bu.edu](mailto:jenmk@bu.edu) or by phone at 857-225-5975.

There is no cost to you for participating in this clinic.