



Aphasia Resource Center



Fall Session 2019

September 23, 2019 – December 12, 2019

Sargent College, Boston University
635 Commonwealth Avenue
Boston, MA 02215

(617) 353 – 0197

www.bu.edu/aphasiacenter
aphasiacenter@bu.edu

Registration Deadline: Friday, August 30, 2019

Registration

The **Aphasia Resource Center** is pleased to announce the Fall 2019 Program.

Enrollment

You may request enrollment by completing the form at the end of the packet. If you are new to groups, please see the section “*New Referrals*” on the next page. Forms can be completed and sent by:

1. Mail:
Boston University, Aphasia Resource Center
635 Commonwealth Ave, 6th Floor
Boston, MA 02215
2. Fax: (617) 358 – 5460
3. Email: aphasiacenter@bu.edu
4. Call: (617) 353 – 0197 (we will fill out the form with you over the phone)

Deadline

Registration request forms **MUST** be received by Friday, August 30, 2019 to receive full consideration.

Placement and Confirmation

Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Requests will be reviewed to determine appropriateness of each individual for the requested group(s). Registration requests received after the deadline will be assigned on a first come, first served basis while space is available.

If you wish to enroll in more than one group, please **RANK** the groups according to your preference. Please also indicate the **TOTAL** number of groups you would like to take. Places will be assigned based on your preference.

We encourage you to request as many groups as you wish; however, **registration requests are not a guarantee of enrollment**. You will receive confirmation of enrollment with your group placement no later than Friday, September 13, 2019. If you do not receive a confirmation, please contact the center.

New Referrals

To help us provide the best possible care, we ask that all new referrals for the weekly groups participate in a speech and language evaluation at the ARC.

**You may be considered for group enrollment prior to an evaluation if you send a recent evaluation report from another facility along with your application.*

Faculty

Elizabeth Hoover, PhD., CCC-SLP, BC-ANCDS

Jerome Kaplan M.A., CCC-SLP

Magdalen (Maggie) Balz, M.S. CCC-SLP

Monday Groups

Monday Morning Groups

Storytelling/Toastmasters

This group will focus on communicating effectively when speaking in groups. It is modeled after Toastmasters International, whose philosophy is to learn by doing in a supportive environment. Group members will share stories and experiences on a variety of topics and will provide feedback to each other. Specific strategies in areas such as organization, eye contact, use of notes, and visual materials will be provided. The goal is to enable the storyteller/speaker to more effectively communicate in group speaking situations.

Meeting time: Mondays, 10:30–11:45 am

Faculty: Jerry Kaplan

Book Group

This group meets to discuss the content and ideas generated through reading a text. The “book” is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text from print or via CD.

Meeting time: Mondays, 10:30–11:45 am

Faculty: Liz Hoover

Monday Afternoon Groups

Aphasia Community Chorus

Music, an essential form of communication, is especially rewarding, inspiring, and empowering for people with aphasia and related disorders. Facilitated by a neurologic music therapist from MedRhythms, LLC, and graduate students, the Aphasia Community Chorus will hold weekly rehearsals leading up to performances during the semester. Previous singing experience is not required. Please join us for this unique and exciting opportunity.

Meeting time: Mondays, 1:00 – 2:30 pm (*please note later end time*)

Faculty: Jerome Kaplan, Speech-Language Pathologist, Caitlin Hyatt, Neurologic Music Therapist

Games

This group will focus on different aspects of language (naming, discourse, gestures, reading and writing) through involvement in different types of age-appropriate games. Games will be chosen on a weekly basis by group consensus to facilitate group members' communication goals. Group members will also be encouraged to suggest and teach favorite games.

Meeting time: Mondays, 1:00 – 2:15 pm

Faculty: Liz Hoover

Wednesday Groups

Wednesday Morning Groups

Total Communication

This group will incorporate conversation, writing, gestures, and other forms of verbal and non-verbal communication. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication. This group is designed for people with all levels of aphasia.

Meeting time: Wednesdays, 10:30–11:45 am

Faculty: Jerry Kaplan

Creative Writing and Artistic Expression Group

This group will introduce participants to journaling as a tool for reflection and communication to share creative ideas. Group members may choose to express themselves through any combination of writing, drawing, photography, voice and/or video. Group members may use an iPad, laptop, or paper notebook to store their writing. Each member will have an opportunity to share one or two pieces of work at the end of the semester in our culminating celebration of spoken word performance and gallery display on the last week of the semester. All are welcome to join.

Meeting time: Wednesdays, 10:30–11:45 am

Faculty: Maggie Balz

Caregivers Support Group

This group is intended to be a place where caregivers can voice their concerns, ask questions, discuss topics that affect them, and share experiences. Topics which may be addressed include stress, intimacy, loneliness, hope, guilt, hopelessness, as well as other concerns. Caregivers are expected to attend each session--barring unforeseen circumstances--in order to maintain continuity, ensure confidentiality, respect, and empathy among the participants.

Meeting time: Wednesdays, 10:30–11:45 am

Group led by: Celina Mark

Wednesday Afternoon Groups

Movies

This group will feature both classic and contemporary movies and documentaries. Each movie will be screened over two or three sessions, followed by group discussion of the plot, characters, relationships, and other aspects of the movie. Even if you've seen a particular movie before, another look will provide an opportunity to discover new things. Movies will be selected based on group suggestions.

Meeting time: Wednesdays, 1:00 – 2:30 pm (*please note later end time*)

Faculty: Jerome Kaplan

What's Cooking in the Kitchen?

Many people with aphasia would like to be more active in the kitchen. Reading recipes, using utensils, and identifying nutritionally balanced foods can be challenging after a stroke or brain injury. This group will implement “hands-on” cooking sessions, as well as other conversational learning opportunities surrounding the theme of food and meal preparation. Clients will work with speech therapy, occupational therapy, and nutrition to access their potential for preparing food and cooking. Group members will trial adaptive equipment, nutrition recommendations, and reading comprehension strategies with recipes. All are welcome to join.

Meeting time: Wednesdays, 1:00 – 2:15 pm

Faculty: Maggie Balz

Thursday Groups

Thursday Morning Groups

In the News

Many of us enjoy reading or watching the news. In this group, we will practice sharing thoughts and ideas as we discuss current events taking place around the world. We will read and/or watch news articles and discuss these current events. Participants should understand spoken or written language at a paragraph level.

Meeting time: Thursdays, 10:30–11:45 am

Faculty: Jerry Kaplan

Thursday Afternoon Groups

Community Connection

This group uses structured activities to focus conversation around central themes or ideas and ends with a community visit. In each session, we will work hierarchically through the chosen theme allowing group members to build on vocabulary and increase their communicative effectiveness. In the last week, the group will visit a local place that exemplifies the theme studied throughout the semester. Our aim is to keep each session meaningful and interesting, creating opportunities to share ideas, experiences and have fun.

Meeting time: Thursdays, 1:00 – 2:15 pm

Faculty: Jerry Kaplan

Group Meeting Dates

MONDAY GROUPS MEETING DATES

September 23 (<i>First Groups</i>)	November 4
September 30	November 11
October 7	November 18
No Groups: Oct 14 (Columbus Day)	November 25
October 21	December 2
October 28	December 9 (<i>Last Groups</i>)

WEDNESDAY GROUPS MEETING DATES

September 25 (<i>First Groups</i>)	November 6
October 2	November 13
October 9	November 20
October 16	No Groups: Nov 27(Thanksgiving)
October 23	December 4
October 30	December 11 (<i>Last Groups</i>)

THURSDAY GROUPS MEETING DATES

September 26(<i>First Groups</i>)	November 7
October 3	November 14
October 10	No Groups: November 21
October 17	No Groups: Nov 28 (Thanksgiving)
October 24	December 5
October 31	December 12 (<i>Last Groups</i>)

Aphasia Community Group

Monthly Saturday Group

Now in its 30th year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders. Presentations on treatment, recreation, and/or family support are offered by group members and guests. In the last portion of each session, participants meet in small "breakout" sessions to share ideas, feelings, and concerns. Family members meet separately from persons with aphasia. Light snacks and beverages are provided.

Please Note: Weather conditions and other BU events may impact Aphasia Community Group sessions. Before attending please confirm by calling 617.353.0197 for a recorded message or check our website: www.bu.edu/aphasiacenter

Location: BU Sargent College, Room 102

Faculty: Jerome Kaplan

Meeting Time: 11:00 am – 2:00 pm

Aphasia Community Group Dates

Saturday, September 21, 2019

Saturday, October 26, 2019

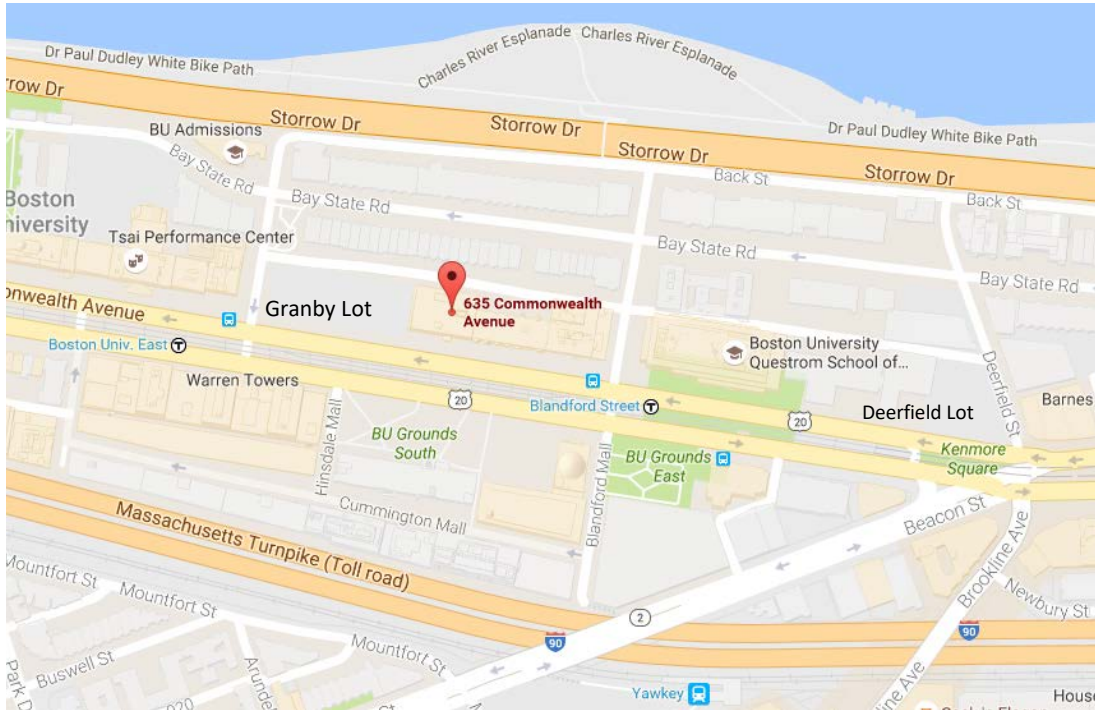
Saturday, November 16, 2019

Saturday, December 14, 2019

Planned Snow Date: Sunday, December 15th

Location and Directions

**Sargent College, Boston University
Aphasia Resource Center, Room 607
635 Commonwealth Avenue, Boston MA 02215**



PARKING:

Parking at BU is extremely limited. There are some metered parking spaces in front of the college and on surrounding streets.

Parking Lots: There are parking lots which charge a \$16 daily rate or \$3 per ½ hour. Discount vouchers may be purchased for \$12 (each) for the Granby Lot from the front desk on the 6th floor for the Aphasia Resource Center. Only cash or check payment accepted. Please visit this link for lot location and rate details:

www.bu.edu/parking/lots-locations/family-guests-and-visitor-parking/

Purchase of vouchers is not a guarantee of parking in the lots. All parking lots on BU campus are public lots and can be full. It is important to note that if you see empty spots in the lots, these may be reserved for other departments, events, or research groups.

Granby Lot, 665 Commonwealth Ave: From Kenmore Square, bear to the right onto Commonwealth Ave. The lot is located on the right on the corner of Granby St.













Kenmore Lot, 30 Deerfield St: Located within Kenmore Square, the lot is on the right immediately after you bear onto Commonwealth Ave.

BY "T": Take the Green Line "B" train (Boston College) to the "Blandford St." or "Boston University East" stop.



Aphasia Resource Center

Fall 2019

Times	Monday	Wednesday	Thursday	Saturday
10:30 – 11:45 am	 Storytelling/ Toastmasters	 Total Communication	 In the News	Aphasia Community Group  Sargent College Room 102 11am-2pm
	 Book Group	 Writing Group		
11:45 am – 1:00 pm	 Lunch Break (on your own)			September 21
1:00 – 2:15 pm	 Aphasia Community Chorus (1:00 - 2:30 pm)	 Movies (1:00 - 2:30 pm)	 Community Connection	October 26 November 16 December 14
	 Games	 Cooking Group		

Fall 2019 Registration Request Form

ALL FIELDS REQUIRED

I am a returning member of the Aphasia Resource Center.

or

I am new to the Aphasia Resource Center

and;

I have included a recent SLP or Neuropsychology report(s) with my registration

Name: _____

Address: _____

City

State

Zip

Phone: _____ Email: _____

What is the best way to reach you? (choose one): email or phone

Will you be driving to groups and parking? yes or no

I would like to enroll in _____ (number) groups in total. Please **rank** groups of interest in order of preference (#1 being your first choice; 1,2,3)

	Monday Groups	Wednesday Groups	Thursday Groups
Morning Groups	<input type="checkbox"/> Storytelling/ Toastmasters	<input type="checkbox"/> Total Communication	<input type="checkbox"/> In the News
	<input type="checkbox"/> Book Group	<input type="checkbox"/> Writing	
		<input type="checkbox"/> Caregivers Group <i>Caregiver Name:</i> _____	
Afternoon Groups	<input type="checkbox"/> Chorus	<input type="checkbox"/> Movies	<input type="checkbox"/> Community Connection
	<input type="checkbox"/> Games	<input type="checkbox"/> Cooking	

Registration **MUST BE RECEIVED BY Friday, August 30, 2019** to receive full consideration.

____ I am interested in being contacted by the BU research labs (Aphasia Research Lab, Language Science Lab, or Stepp Lab) for participation in aphasia/stroke research studies.

Please fill out form and return by:

- mail to: Aphasia Resource Center, 635 Commonwealth Ave, 6th Floor, Boston, MA 02215
- fax to: (617) 358 – 5460 or email to: aphasiacenter@bu.edu or call (617) 353 – 0197