

# **ANABOLISM II:**

## **Biosynthesis of Fatty Acids & Lipids**

### **ANABOLISM II: Biosynthesis of Fatty Acids & Lipids**

1. Biosynthesis of fatty acids
2. Regulation of fatty acid degradation and synthesis
3. Assembly of fatty acids into triacylglycerol and phospholipids Exam 4 ↑
4. Metabolism of isoprenes Exam 5 ↓
  - a. Isoprene biosynthesis and ketone bodies
  - b. Isoprene polymerization
    - i. Cholesterol
    - ii. Steroids & other molecules
    - iii. Regulation
    - iv. Role of cholesterol in human disease

# Fatty Acid Biosynthesis

## FAS I vs. FAS II

### FAS I

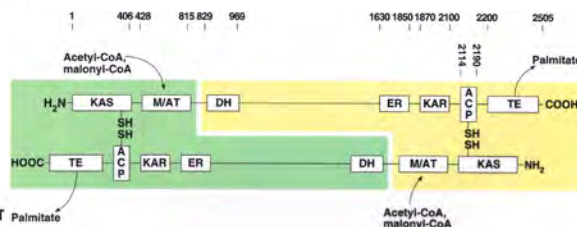
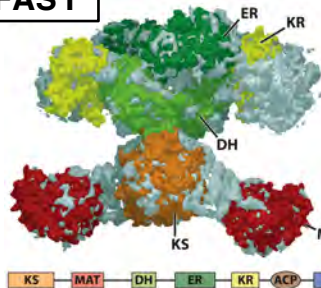
- Single polypeptide chain in vertebrates
- Leads to single product: palmitate 16:0
- C-15 and C-16 are from the acetyl-CoA used to prime the Rx
- FAS I in vertebrates and fungi

### FAS II

- Made of separate, diffusible enzymes
- Makes many products (saturated, unsaturated, branched, many lengths, etc.)
- Mostly in plants and bacteria



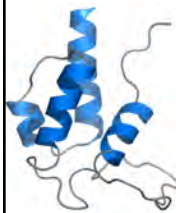
### FAS I



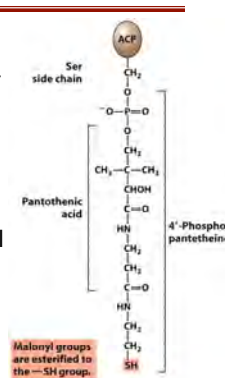
What you can't see is the ACP.....

# Fatty Acid Biosynthesis

## Acyl Carrier Protein (ACP)

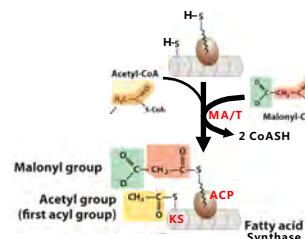


- The *E. coli* ACP is a small 77-residue protein with a covalently attached prosthetic group, 4'-phosphopantetheine, at a Ser residue.
  - In vertebrate FAS, it's a domain with a flexible arm to tether the growing acyl chain
- Delivers acetate (in the first step) or malonate (in all the next steps) to the fatty acid synthase enzymes
- Shuttles the growing chain from one active site to another during the four-step reaction



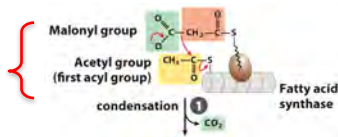
## Priming FAS

- Two thiols must be **charged with the correct acyl groups** before the condensation reaction can begin.
  - thiol from 4-phosphopantetheine in ACP
  - thiol from Cys  $\beta$ -ketoacyl-ACP synthase (KS)
- The acetyl group of acetyl-CoA is transferred to ACP.
  - catalyzed by malonyl/acetyl-CoA transferase (MAT)
  - ACP passes this acetate to the Cys of the KS domain of FAS 1.
  - ACP -SH group is recharged with malonate from malonyl-CoA again catalyzed by MAT



# Fatty Acid Biosynthesis

Note that malonyl-CoA and acetyl-CoA have already been attached to complex via thioester linkages to enzyme and have shed their CoA attachments.



**Step 1:** Condensation reaction attaches **two C** from acetyl group (or longer fatty acyl chain) to **two C** from malonyl group.

- release of  $\text{CO}_2$  activates malonyl group for attachment
- creates  **$\beta$ -keto intermediate** (acetoacetyl-ACP)
- Catalyzed by  **$\beta$ -ketoacyl-ACP synthase (KS)**

Acetoacetyl-AC

**Step 2:** **First reduction:** NADPH reduces the  $\beta$ -keto intermediate to an alcohol.

- carbonyl at C-3 reduced to form **D- $\beta$ -hydroxybutyryl-ACP**
- NADPH is  $2e^-$  donor
- catalyzed by  **$\beta$ -ketoacyl-ACP reductase (KR)**

D- $\beta$ -hydroxybut

**Step 3:** **Dehydration:** **OH** group from C-2 and **H** from neighboring  $\text{CH}_2$  are eliminated, creating double bond (trans-alkene).

- OH and H removed from C-2 and C-3 of  $\beta$ -hydroxybutyryl-ACP to form **trans- $\Delta^2$ -butenoyl-ACP**
- catalyzed by  **$\beta$ -hydroxyacyl-ACP dehydratase (DH)**



trans- $\Delta^2$ -Butenoyl-ACP (Crotonyl-ACP)

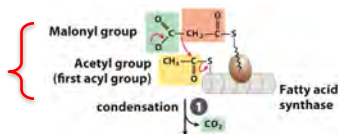
**Step 4:** **Second reduction:** NADPH reduces double bond to yield saturated alkane.

- NADPH is the electron donor to reduce double bond of trans- $\Delta^2$ -butenoyl-ACP to form **butyryl-ACP**.
- catalyzed by **enoyl-ACP reductase (ER)**

E

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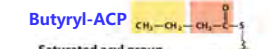
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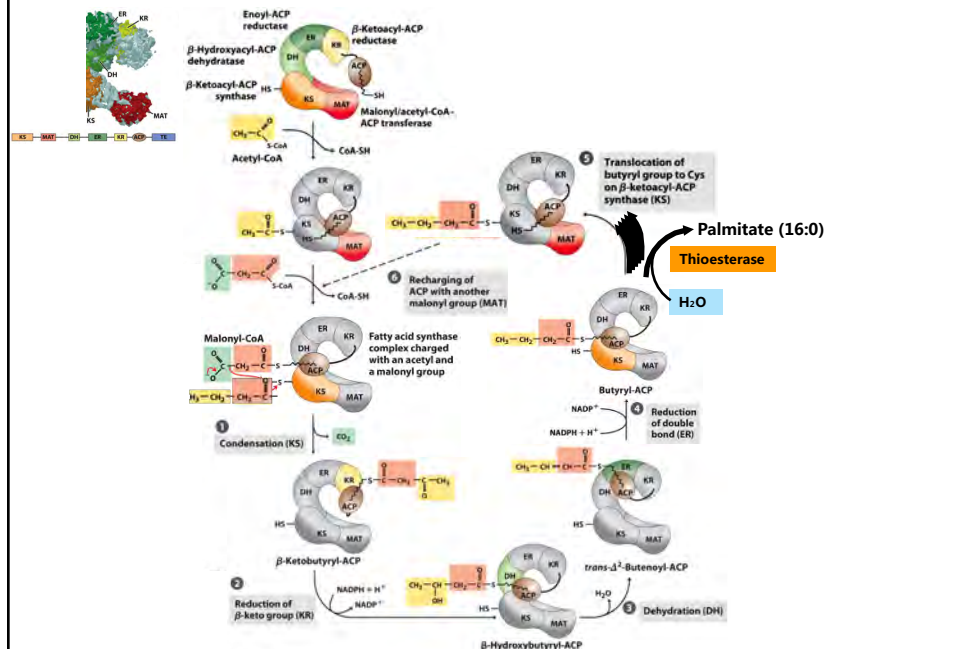
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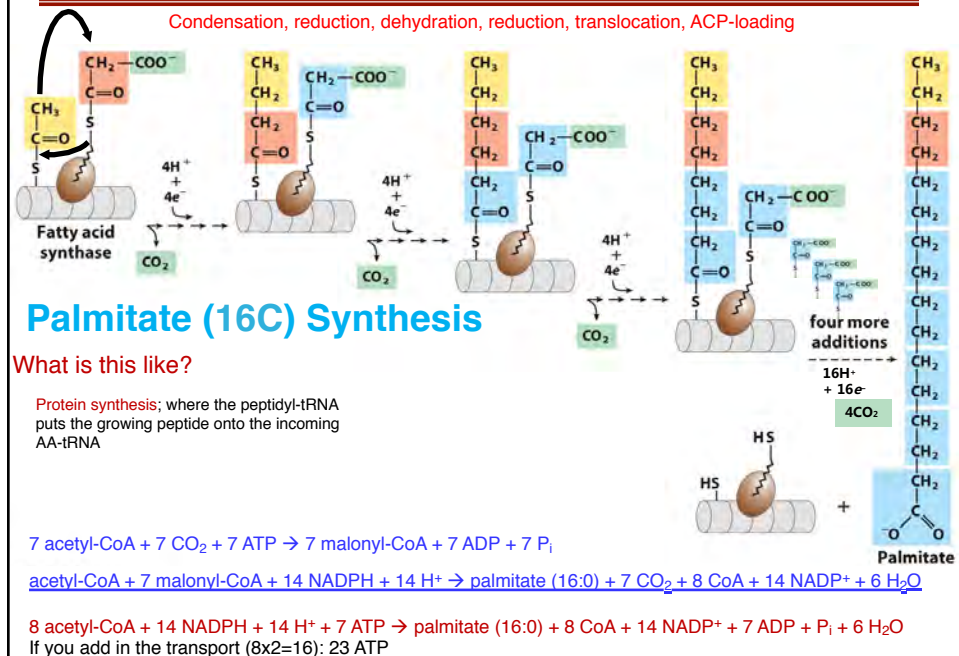
Butyryl-ACP

Saturated acyl group, lengthened by two carbons

# Fatty Acid Biosynthesis



# Fatty Acid Biosynthesis

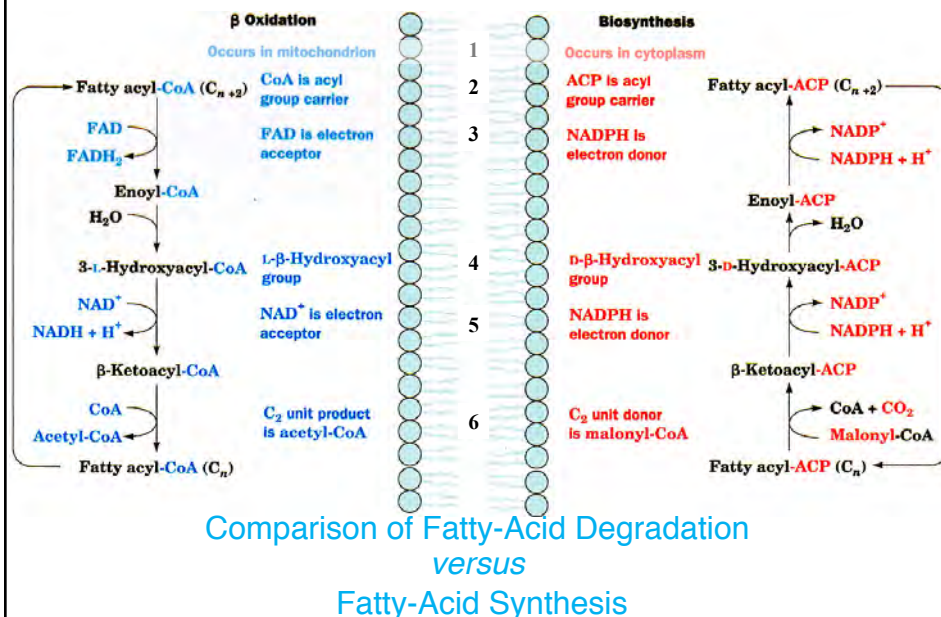


# Fatty Acid Biosynthesis

**β Oxidation**  **Biosynthesis**  
Occurs in mitochondrion  Occurs in cytoplasm

Comparison of Fatty-Acid Degradation  
versus  
Fatty-Acid Synthesis

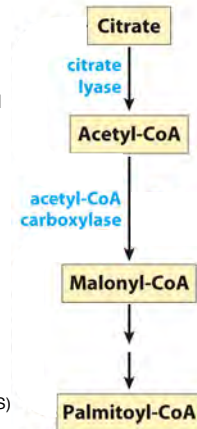
# Fatty Acid Biosynthesis



# Fatty Acid Biosynthesis

## Control of Fatty-Acid Synthesis

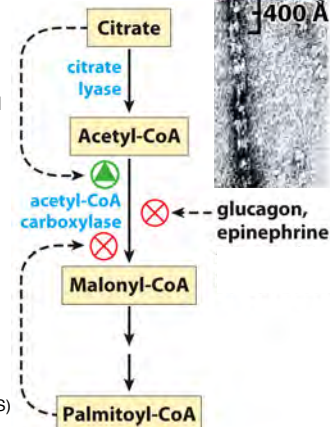
- **Acetyl CoA carboxylase (ACC)** catalyzes the **committal step**.
- **Allosteric Control**
  - Inhibited when energy is needed, fatty acids are acylated for degradation, and inhibit ACC.
    - ACC is feedback-inhibited by **palmitoyl-CoA**.
  - ACC is **activated** by **citrate**.
    - Citrate is made from acetyl-CoA in mitochondria (acetyl-CoA<sup>m</sup>).
    - Citrate signals excess energy to be converted to fat.
  - When [acetyl-CoA]<sup>m</sup> ↑ it is converted to citrate... citrate is exported to cytosol.
- **Hormonal Control**
  - Glucagon and epinephrine: leads to activation of AMP-dependent Protein Kinase (AMPK)
    - Phosphorylation **inactivates** ACC
    - Phosphorylation reverses the polymerization → monomers (**inactive**)
  - Insulin: leads to activation of Protein Phosphatase 2A
    - Dephosphorylation **activates** ACC
    - When dephosphorylated, ACC polymerizes into **long filaments** (**active**)
- **Changes in gene expression**
  - example: excess of certain polyunsaturated fatty acids (eicosanoids) bind to transcription factors called peroxisome proliferator-activated receptors (PPARs)



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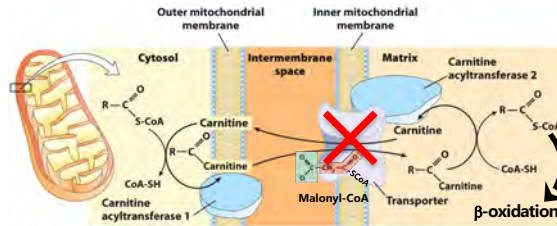




# Fatty Acid Biosynthesis

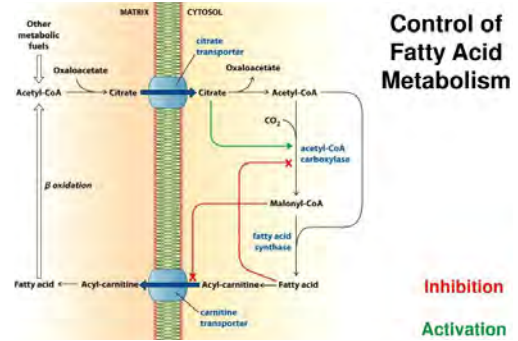
Recall how  $\beta$ -oxidation starts: Acyl-Carnitine/Carnitine Transport:

- $\beta$  oxidation of fatty acids occurs in mitochondria.
- If fatty acyl-CoAs are not transported in, they cannot be degraded
- Transport is via **carnitine transporter**.
- Blocking  $\beta$  oxidation with initial committed product of fatty-acid synthesis: malonyl-CoA



## Reciprocal Control of Fatty-Acid Degradation versus Fatty-Acid Synthesis

ensures that fat synthesis and oxidation don't occur simultaneously



# Fatty Acid Biosynthesis

## Diversification of Palmitate: Elongation

### Fatty Acid Elongation Systems

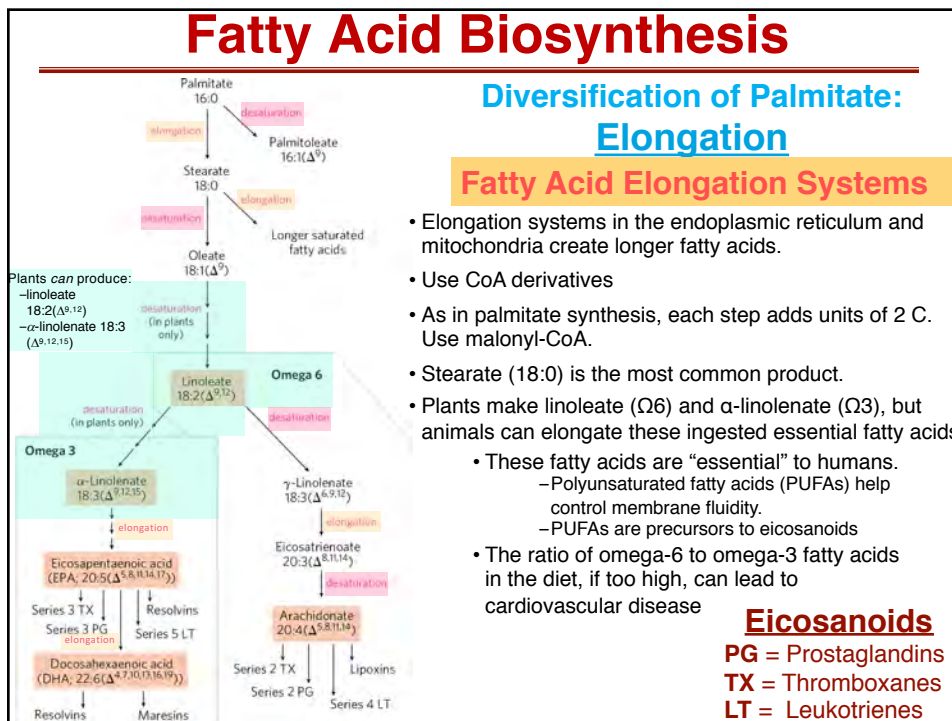
- Elongation systems in the endoplasmic reticulum and mitochondria create longer fatty acids.
- Use CoA derivatives
- As in palmitate synthesis, each step adds units of 2 C. Use malonyl-CoA.
- Stearate (18:0) is the most common product.
- Plants make linoleate ( $\Omega 6$ ) and  $\alpha$ -linolenate ( $\Omega 3$ ), but animals can elongate these ingested essential fatty acids
  - These fatty acids are "essential" to humans.
    - Polyunsaturated fatty acids (PUFAs) help control membrane fluidity.
    - PUFAs are precursors to eicosanoids
- The ratio of omega-6 to omega-3 fatty acids in the diet, if too high, can lead to cardiovascular disease

### Eicosanoids

PG = Prostaglandins

TX = Thromboxanes

LT = Leukotrienes



# Fatty Acid Biosynthesis

## Diversification of Palmitate:

**Fatty Acyl-CoA Desaturase** Desaturation

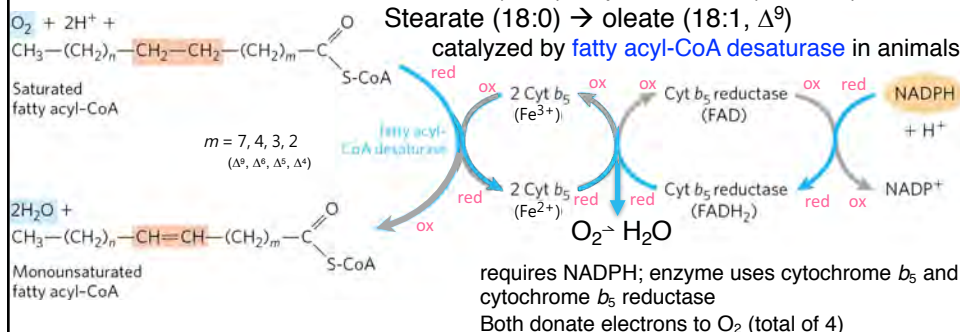
- Looks like a mixed-function oxidase: OXIDASE
- Humans have  $\Delta^4$ ,  $\Delta^5$ ,  $\Delta^6$ , and  $\Delta^9$  desaturases but *cannot* desaturate beyond  $\Delta^9$ .

FOR EXAMPLE:  $\Delta^9$ -desaturase

Palmitate(16:0) → palmitoleate(16:1,  $\Delta^9$ )

Stearate (18:0)  $\rightarrow$  oleate (18:1,  $\Delta^9$ )

catalyzed by **fatty acyl-CoA desaturase** in animals



In plants & bacteria the desaturases work on PL, not fatty-acyl CoA: needed for rapid changes in fluidity

# Fatty Acid Biosynthesis

## Eicosanoids: Synthesis and Classes

- Linoleate ( $18:2(\Delta^{9,12})$ ) gets desaturated on both sides =  **$\gamma$ -linolenate** ( $18:3(\Delta^{6,9,12})$ ) &  **$\alpha$ -linolenate** ( $18:3(\Delta^{9,12,15})$ ).
- Elongation to C20, and further desaturation of  **$\gamma$ -linolenate** ( $18:3(\Delta^{6,9,12})$ ) gives **Arachidionate**,  $20:4(\Delta^{5,8,11,14})$
- Elongation to C20, and TWO further desaturation of  **$\alpha$ -linolenate** ( $18:3(\Delta^{9,12,15})$ ) gives **EPA**,  $20:5(\Delta^{5,8,11,14,17})$ . More of the same gets **DHA**,  $22:6(\Delta^{4,7,10,13,16,19})$
- These desaturations are all going closer to the carboxylate and can be accomplished by animals.

**From these Eicosanoids** (20C Polyunsaturated fatty acids (PUFAs)) bioactive paracrine signaling molecules are made: **PG** – Prostaglandins

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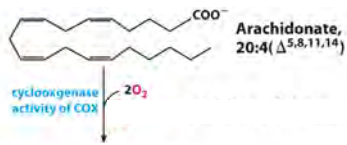
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- Created from the arachidonate or EPA, which are incorporated into membranes phospholipids.
- In response to stimuli (hormone, etc.), phospholipase A<sub>2</sub> is activated
- The unsaturated C-2 fatty acid is released

Essentialist	Major Site(s) of Synthesis	Major Biological Activities
PGI <sub>2</sub>	main cells	inhibits platelet and leukocyte aggregation, decreases T-cell proliferation and lymphocyte migration and secretion of IL-1, IL-6, and IL-2; induces vasodilation and production of cAMP
PGF <sub>2</sub>	adipose, intestine, liver	increases vasodilation and cAMP production; enhancement of the effects of IL-1 and IL-2; induces leukocyte adhesion and release of reactive and of platelet aggregation; decreases T-cell proliferation and lymphocyte migration and secretion of IL-1, IL-6, and IL-2
PGI <sub>2</sub>	kidney, pituitary, liver	increases vasodilation, bronchoconstriction and a smooth muscle contraction
PGH <sub>2</sub>	many sites	a short-lived precursor to thromboxane A <sub>2</sub> and B <sub>2</sub> ; mutation of platelet aggregation and vasodilation
PGI <sub>2</sub>	heart, vascular endothelial cells	inhibits platelet and leukocyte aggregation, decreases T-cell proliferation and lymphocyte migration and secretion of IL-1, IL-6, and IL-2; induces vasodilation and production of cAMP
TXA <sub>2</sub>	platelets	induces platelet aggregation, vasodilation, lymphocyte proliferation and bronchoconstriction
TXB <sub>2</sub>	platelets	induces vasodilation



# Fatty Acid Biosynthesis



## Eicosanoids: Cyclic Pathway

- PGH<sub>2</sub> synthase (cyclooxygenase, or COX) has isozymes
- COX-1 is ubiquitous and catalyzes synthesis of prostaglandins that regulate *gastric mucin secretion and other smooth muscle functions*
- COX-2 is inducible (except in brain) by immune response and acts at the sites of inflammation. It catalyzes synthesis of prostaglandins that mediate *pain, inflammation, and fever*.

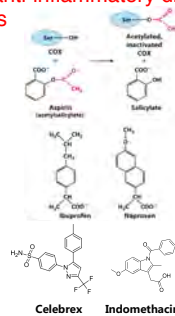
Nonsteroidal anti-inflammatory drugs (NSAIDs) inhibit COX isozymes



Bengt Samuelsson  
Nobel Prize 1982

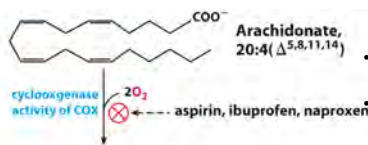
PGH<sub>2</sub> synthase is a cyclooxygenase/oxidase enzyme that functions in the smooth ER.

- Step 1: PGH<sub>2</sub>'s cyclooxygenase activity adds 2 O<sub>2</sub> to form PGG<sub>2</sub>.
- Step 2: PGH<sub>2</sub>'s peroxidase activity converts peroxide to alcohol, creates PGH<sub>2</sub>.



- Aspirin (acetylsalicylate) is an irreversible inhibitor.
  - acetylates a Ser in active site
  - blocks active site in both COX isozymes
- Ibuprofen, naproxen, and indomethacin are competitive inhibitors.
  - resemble substrate; also block active site in both isozymes
- Celebrex and Vioxin are specific for COX-2

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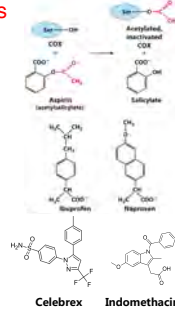
Nonsteroidal anti-inflammatory drugs (NSAIDs) inhibit COX isozymes



Bengt Samuelsson  
Nobel Prize 1982

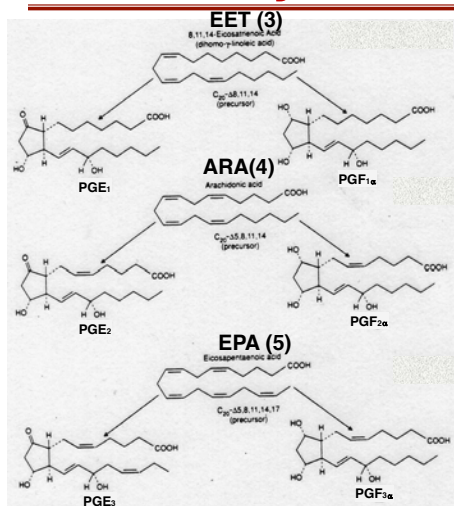
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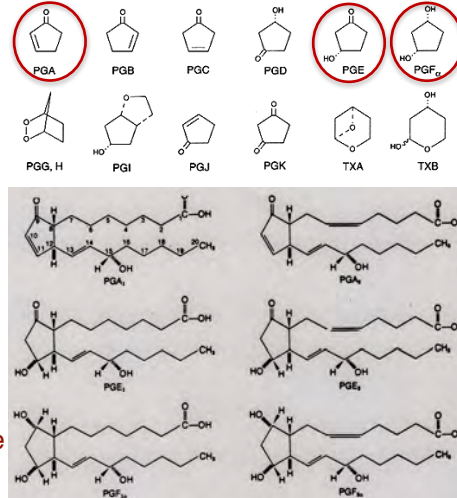


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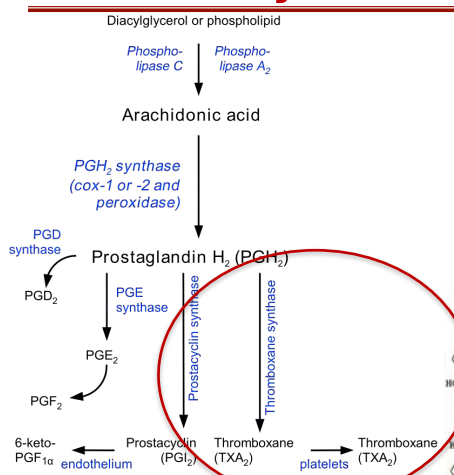


## Prostaglandin & Thromboxane: Synthesis and Classes

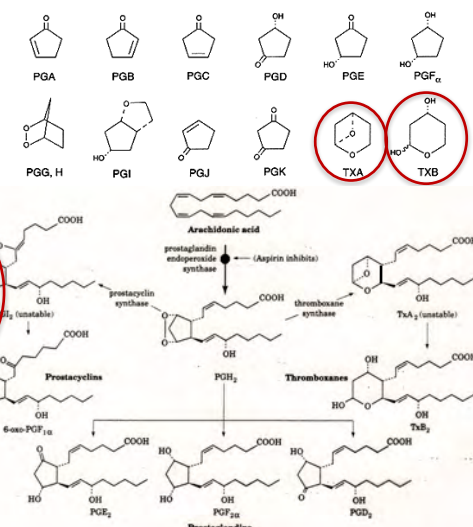


**PG = Prostaglandins/TB=Thromboxane**  
 –letters after are for number and oxidation state of oxygens and ring  
 –subscript is the number of double bonds

# Fatty Acid Biosynthesis



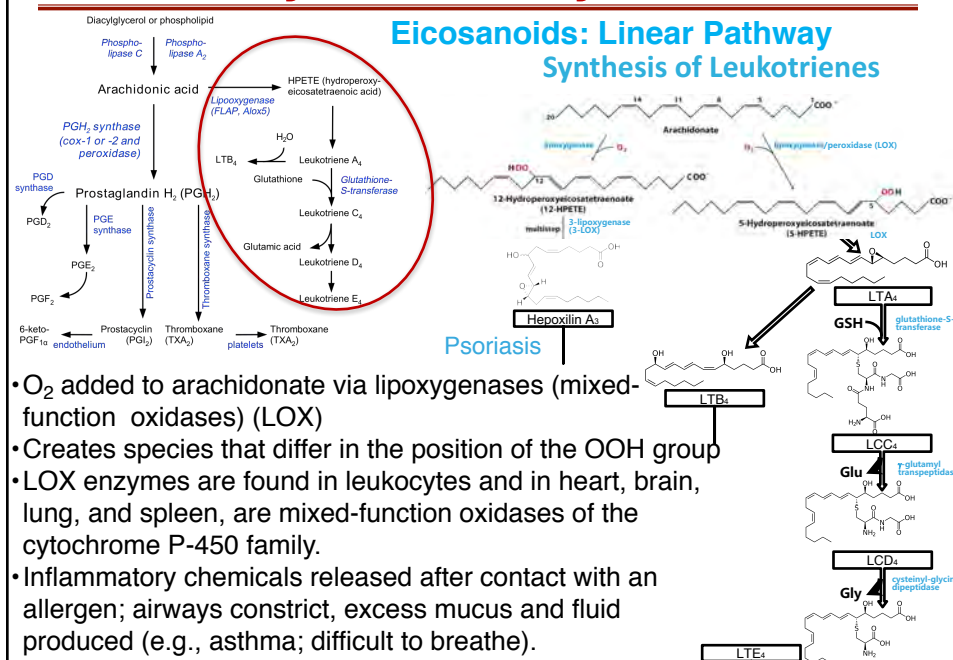
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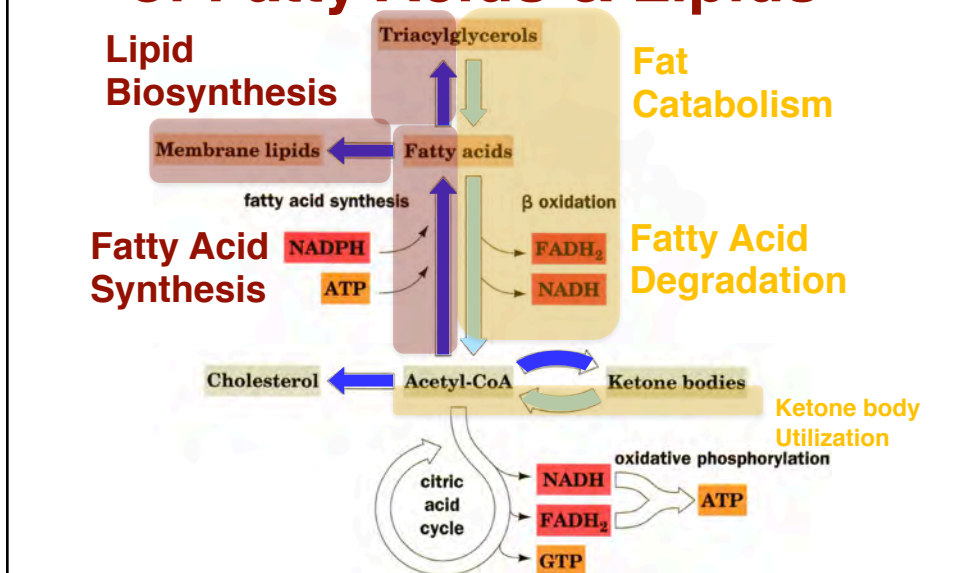
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Platelet aggregation and wound healing

# Fatty Acid Biosynthesis



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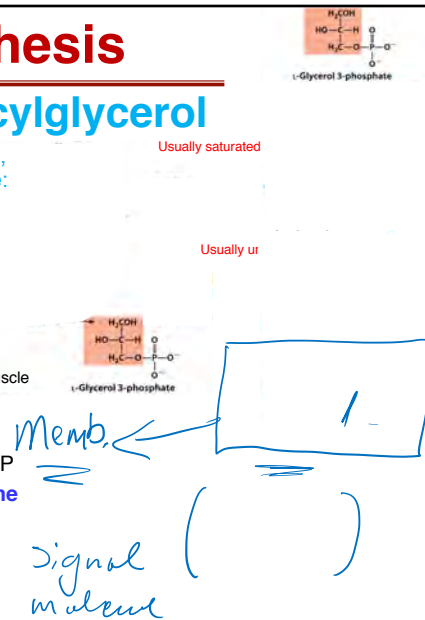


# Lipid Biosynthesis

## Biosynthesis of Triacylglycerol

Fat (Triacylglycerol) and Phospholipids in Animals, Plants, and Bacteria have a common intermediate: **Phosphatidic Acid**

- Animals and plants store **fat** for fuel.
  - plants: in seeds, nuts
  - typical 70-kg human has ~15 kg fat
    - enough to last 12 weeks
    - compare with 12 hours worth of glycogen in liver and muscle
- All organisms make **glycerophospholipids** for membranes.
- Both molecules contain glycerol from Glycerol 3-P
- Most Glycerol 3-P comes from **dihydroxyacetone phosphate** (DHAP) in glycolysis.
  - via glycerol 3-phosphate dehydrogenase
- Minor amount from glycerol (liver and kidney).
  - via glycerol kinase
- Phosphatidic acid** is the precursor to **fat** and **glycerophospholipids**.
  - fatty acids attached by acyl transferases
  - releases CoA

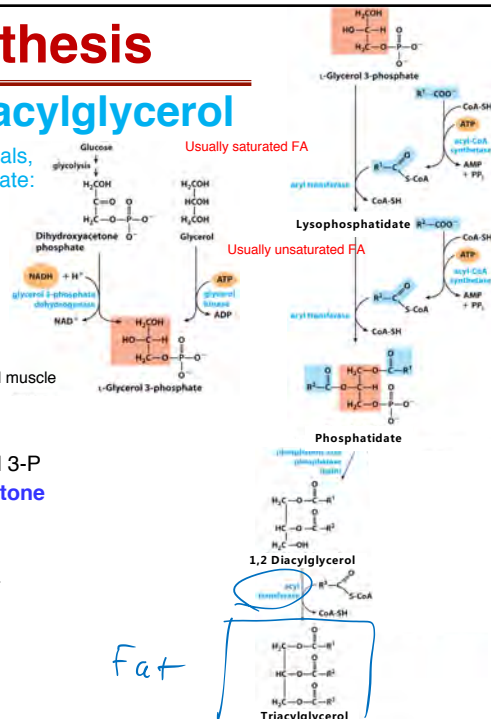


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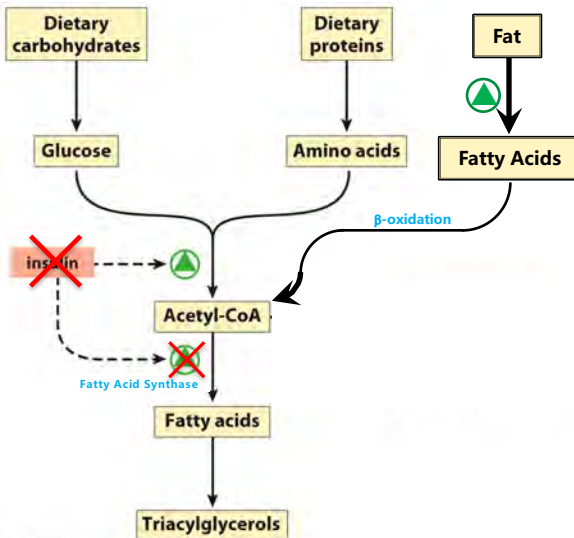
# Lipid Biosynthesis

## Regulation of Triacylglycerol Synthesis by Insulin

- **Secretion of Insulin** results in stimulation of triacylglycerol synthesis.

- **Lack of insulin** results in:

- increased lipolysis
- increased fatty acid oxidation
  - And when citric acid cycle intermediates (oxaloacetate) are depleted (as in diabetes when glucose cannot get in), acetyl-CoA builds up and ketones bodies are made
- Repression of fatty acid synthase (PP2A)
- ACC is not active
- No malonyl-CoA means  $\beta$ -oxidation is active



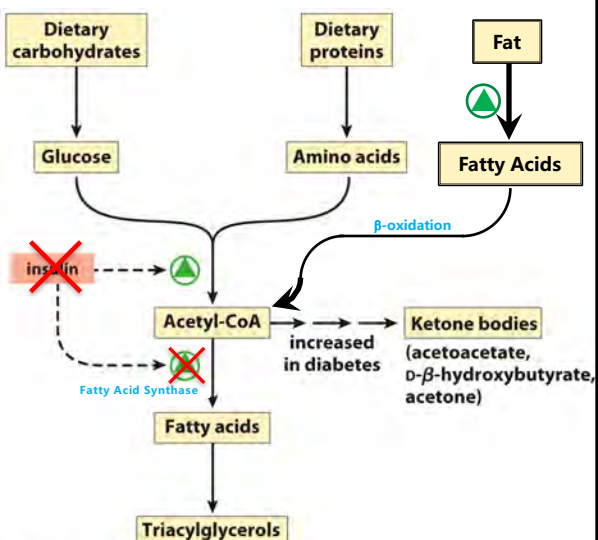
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# Lipid Biosynthesis

## Triacylglycerol Cycle is a seemingly Futile Cycle

- Seventy-five percent of free fatty acids (FFAs) released by lipolysis are re-esterified to form TAGs, rather than be used for fuel.
  - Some recycling occurs in adipose tissue.
  - Some FFAs from adipose cells are transported to the liver, remade into TAG, and redeposited in adipose cells.
- Although the distribution between these two paths may vary, overall, the percentage of FFAs being esterified remains at ~75%.

