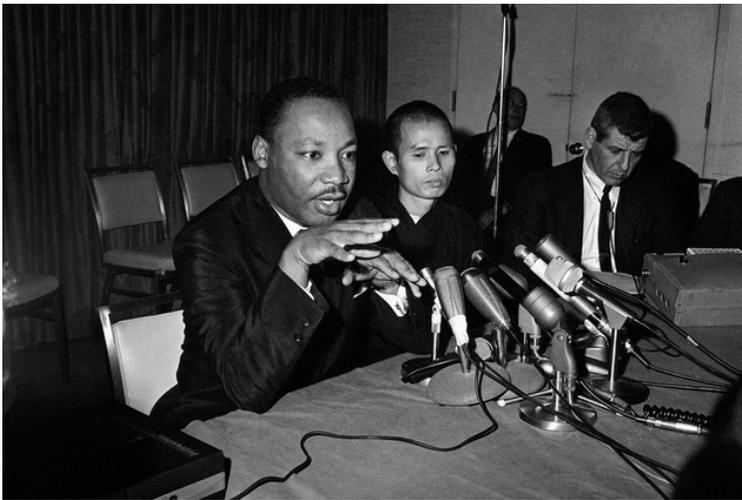


# AFAM QUARANTINE SURVIVAL GUIDE

A collection of literature, poems, entertainment, recipes, exercises, meditations, and activities that can be enjoyed at home and indoors during the quarantine, curated by the AFAM community.

## ON BUDDHISM AND BLACKNESS



## LISTEN IN: THE NEW YORKER RADIO HOUR

### HILTON ALS'S HOMECOMING AND THE MARCH FOR QUEER LIBERATION



## STREAMING NOW

### JAMES BALDWIN: THE PRICE OF THE TICKET

Streaming on: Kanopy

The documentary captures on film the passionate intellect and courageous writing of a man who was born black, impoverished, gay and gifted. Baldwin was at once a major twentieth century American author, a Civil Rights activist and, for two crucial decades, a prophetic voice calling Americans, Black and white, to confront their shared racial tragedy

### QUEEN SUGAR

Streaming on: Hulu

Produced by Oprah Winfrey, award-winning filmmaker Ava DuVernay (Selma), and Melissa Carter, Queen Sugar chronicles the lives and loves of the estranged Bordelon siblings in Saint Josephine, Louisiana. Reunited by a family tragedy, the Bordelons must navigate their complicated lives in order to run an ailing sugarcane farm. The mainstream themes in the series often accompany episodes centered on racial profiling, the long reach of chattel slavery in American history and the inequities in the criminal justice system, and other issues related to African Americans.

## **NEW ORLEANS MUSEUM OF ART: TIMOTHY DUFFY | BLUE MUSE**



*Ironing Board Sam (Sammie Moore), 9th Wonder of the World, Hillsboro, NC, 2015, Timothy Duffy (American, b. 1969)Tintype*



*Lonnie Holley, White Man Stealing My Roots, Hillsboro, NC, 2017/2017 Timothy Duffy (American, b. 1969)Tintype*

## **VIDEO**

### **THE ECONOMY OF INCARCERATION:**

**RUTH WILSON GILMORE**

### **WHY I, AS A BLACK MAN, ATTEND**

**KKK RALLIES.**

## **COOKING: DORO WAT**

8 to 10 boneless, skinless chicken thighs

Juice of 1 lemon

1 tablespoon white vinegar

4 to 5 large onions, peeled and quartered

Fresh ginger (1-inch piece), peeled and grated

½ head of garlic, peeled

⅓ cup olive oil

1 to 2 tablespoons hot chile powder like cayenne

1 tablespoon sweet paprika

½ teaspoon ground ginger

½ teaspoon ground coriander

1 teaspoon ground cardamom

¼ teaspoon dried thyme

¼ teaspoon ground fenugreek

¾ teaspoon salt or to taste

Pinch of freshly ground black pepper

Injera, pita, naan or rice, for serving Hard-

boiled eggs, for serving (optional)

# INTERESTING READS

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## JAMAICA GINGER BY NALO HOPKINSON AND NISHI SHAWL

“Damn and blast it!” Plaquette let herself in through the showroom door of the watchmaker’s that morning to hear Msieur blistering the air of his shop with his swearing. The hulking clockwork man he’d been working on was high-stepping around the workroom floor in a clumsy lurch. It lifted its knees comically high, its body listing to one side and its feet coming down in the wrong order; toe, then heel.



## SUPER BASS BY KAI ASHANTE WILSON

The Summer King lowered his shining hand, and it fell dark. Become Cianco the man again, he stood up with Gian, and celebrations began. The hymns and holy drumbeats turned worldly, the dancing fast and loose. Everyone feasted. Long after dark, beloved hands plucked Gian mid-dance from amidst a sweaty grind of women, and he clung to Cianco as the dizzy world spun still, he’d drunk so much.

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## THE NIGER DELTA, OIL, AND TRUMP’S AMERICA

LESSONS FOR AMERICANS IN THE AGE OF BLACK LIVES MATTER, FROM THE NIGER DELTA’S LONG STRUGGLE FOR ENVIRONMENTAL JUSTICE.

By Omolade Adunbi

## TALES OF A CIVILIZED SLAVERY

BLACK BRAZILIANS HAVE TO FIGHT OFFICIAL AND POPULAR NARRATIVES HIDING THE COUNTRY’S BRUTAL AND VIOLENT LEGACY OF SLAVERY.

By Danê Jaheem Sosaba