AFAM QUARANTINE SURVIVAL GUIDE

A collection of literature, poems, entertainment, recipes, exercises, meditations, and activities that can be enjoyed at home and indoors during the quarantine, curated by the AFAM community.

BLACK TALK, BLACK FEELING: MEDIA ROUND TABLE

STREAMING NOW

DRY WOOD

Streaming on: Kanopy
Les Blank ventured back to Southwest Louisiana for this work of ramshackle beauty, an immersion in the region's black Creole community that teems with delightful detail. A glimpse into the life, food, and Mardi Gras celebrations of black Creoles in French Louisiana, featuring the stories and music of "Bois Sec" Ardoin and Canray Fontenot.

FAMILY MATTERS

Streaming on: Hulu
Policeman Carl Winslow has enough to deal with on the job. But when he gets home, he still has to handle kids, his wife, Harriette (whose character was first introduced on the sitcom "Perfect Strangers"), his mom, a sister-in-law and Urkel, the nerd next door who doesn't understand that he doesn't actually live with the Winslows.

LISTEN IN

NPR CODE SWITCH; THE MOTHERS WHO FOUGHT TO RADICALLY REIMAGINE WELFARE

NPR TINY DESK CONCERT: CHIKA
KERRY JAMES MARSHALL’S
BLACK BIRDS

(Crow, Goldfinch),” 2020. Kerry James Marshall and David Zwirner

VIDEO

'A NEW PHASE OF AMERICAN WHITENESS': A COMPLEX HISTORY AND AN UNCERTAIN FUTURE | THINK | NBC NEWS

COOKING: SUYA

For the suya spice blend:
3 tablespoons cayenne pepper
1 ½ tablespoons roasted peanuts, ground into a fine powder
1 tablespoon paprika
1 tablespoon garlic powder
1 tablespoon onion powder
½ tablespoon ground ginger
2 teaspoons kosher salt
2 Maggi bouillon cubes, crushed

For the suya:
1 pound jumbo shrimp, peeled and deveined
1 pound Wagyu rib eye beef, thinly sliced into strips
1 pound boneless chicken thighs, cut into 2-inch pieces

For the roasted tomato soubise:
2 medium vine-ripened tomatoes, stemmed
1 tablespoon olive oil
Kosher salt
2 tablespoons canola oil
1 medium white onion, thinly sliced
1 cup heavy cream
**SHAPE-UPS AT DELILAH’S**
**BY RION AMILCAR SCOTT**

When Tiny stumbled on the clippers, she realized she had grown tired of her perm. The time had come to shave it all off and let her natural hair grow long. She’d shape it and twist it, braid it and maybe lock it, as her mother had, but whenever her hair grew she felt the urge only to trim it into what everyone called “boy styles”: a faded-in Mohawk, or just a fade, or a Caesar, or a temple taper. It changed every two weeks. SoonTiny began to choose her lovers based partly on the shape of their heads, what styles she could carve on their domes.

**THE GANGSTERS**
**BY COLSON WHITEHEAD**

First, you had to settle the question of out. *When did you get out?* Asking this was like showing off, even though anyone you could ask had already received the same gift: the same sun wrapped in shiny paper, the same soft benevolent sky, the same gravel road that sooner or later would skin you, pure joy in the town of Sag Harbor. Still, it was hard not to believe that it all belonged to you more than to anyone else, that it had been made for you, had been waiting for years for you to come along. We all felt that way.

**ALTHOUGH IT’S DANGEROUS, WE NEED TO SURVIVE**

**BURUNDIAN REFUGEES IN NAKIVALE REFUGEE SETTLEMENT IN UGANDA ARE ENACTING GRASSROOTS RESPONSES TO COVID-19.**

By Sam Meyerson

**GMO’S FOR AFRICA?**

**RATHER THAN ADDRESSING FOOD SCARCITY, GENETICALLY MODIFIED CROPS MAY RENDER AFRICAN FARMERS AND SCIENTISTS MORE, NOT LESS, RELIANT ON GLOBAL MARKETS.**

By Joeva Rock and Rachel Schurman