

AFAM QUARANTINE SURVIVAL GUIDE

A collection of literature, poems, entertainment, recipes, exercises, meditations, and activities that can be enjoyed at home and indoors during the quarantine, curated by the AFAM community.

HISTORIC 'BLACK JOURNAL' STREAMS FOR THE FIRST TIME



COOKING: EGUSI STEW

4 cups diced small onions
2 tablespoons minced garlic
2 whole tomatoes, chopped
2 tablespoons minced ginger
1 teaspoon minced Scotch bonnet pepper
1 cup red palm oil
2 cups ground egusi seeds
1 teaspoon crayfish powder
3 Maggi cubes
1/4 teaspoon dried iru powder
2 quarts chicken stock
1 pound goat shoulder, cubed
Kosher salt
2 tablespoons canola oil
2 cups pumpkin leaf or spinach, strained dry

STREAMING NOW

BESSIE

Streaming on: Hulu

Bessie is an HBO TV film about the American blues singer Bessie Smith, and focuses on her transformation as a struggling young singer into "The Empress of the Blues". Queen Latifah stars as Bessie Smith in this vivid portrait of the legendary 20th century blues singer.

REMASTERED: THE TWO KILLINGS OF SAM COOKE

Streaming on: Netflix

ReMastered: The Two Killings of Sam Cooke is a 2019 documentary film about Sam Cooke, the artist and activist, and the circumstances and controversy surrounding his murder. While Sam Cooke rose to stardom as a soul singer, his outspoken views on civil rights drew attention that may have contributed to his death at age 33.

PEABODY ESSEX MUSEUM | JACOB LAWRENCE: THE AMERICAN STRUGGLE



Panel 5, 1955, Collection of Harvey and Harvey-Ann Ross. © The Jacob and Gwendolyn Knight Lawrence Foundation, Seattle/Artists Rights Society (ARS), New York. Photo by Bob Packert/PEM

*We have no property! We have no wives!
No children! We have no city! No country!*
—Petition of many slaves, 1773

The title of this panel derives from a petition for freedom made by an enslaved man self-identified only as “Felix” to the governor of the Province of Massachusetts Bay and its House of Representatives on January 6, 1773. In the petition, Felix admonished the “vicious” enslaved willing to take up arms in their fight for freedom.



Panel 21, 1956, Collection of Harvey and Harvey-Ann Ross. © The Jacob and Gwendolyn Knight Lawrence Foundation, Seattle/Artists Rights Society (ARS), New York. Photo by Bob Packert/PEM

*Listen, Father! The Americans have not yet
defeated us by land; neither are we sure
they have done so by water—we therefore
wish to remain here and fight our enemy . . .*
—Tecumseh to the British, Tippecanoe, 1811

Lawrence’s painting vividly imagines a field composed entirely of crossed arms— some brightly uniformed and others brown and bare. The combination of image and text portrays this battle as one of displacement and a claim for Native lands from the perspective of those who refused defeat.

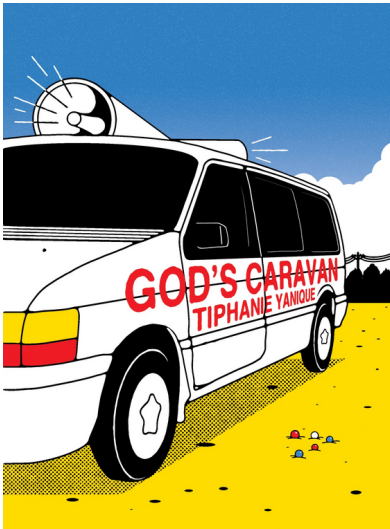
INTERESTING READS

ARIZONA BY JOHN EDGAR WIDEMAN



Our silences really, not our voices, engaged in conversation. Though I hear you singing. Softly. Clearly. Your song, “URML,” in my story, inseparable from it before there is a story. Point of this letter is not exactly to ask permission to put you in a story I’m writing, Freddie Jackson. Rather, I’m letting you know (informing/fessing up/sharing) I have no choice. You are in it already without being asked, without any exit offered, like the color we share, which this country assigns to us before we are born.

GOD’S CARAVAN BY TIPHANIE YANIQUE



Now. This was the South. Memphis, Tennessee, to be specific. Soulsville, the black part, to be exact. The marble-playing boys all understood call-and-response. “Ride or die,” the electric mouths shouted. “Amen,” the mouths of the boys shouted back. Earl, big-city boy but shy, rolled his loot of marbles around in his pockets. This fondling would have looked indecent if anyone had been watching. But everyone was watching the Dodge Caravan. The door, To Heaven or Bust, opened like the eye of God.

HOW ETHIOPIAN ART SECURED ITSELF ON THE WORLD STAGE

OVER THE LAST FIVE YEARS CONTEMPORARY ETHIOPIAN ARTISTS HAVE BEEN MAKING A NAME FOR THEMSELVES ON THE GLOBAL ART MARKET, BUT IT’S BEEN A LONG TIME COMING.

By Ginanne Brownell

TO FIGHT UNEMPLOYMENT WE HAVE TO FIGHT CAPITALISM

THREE ACTIVISTS FROM THE ASSEMBLY OF THE UNEMPLOYED TALK TO US ABOUT THE CHALLENGES FACING WORKING-CLASS COMMUNITIES IN SOUTH AFRICA.

An interview with: Siyabulela MamaAyanda
KotaKhokhoma Motsi