# AFAM QUARANTINE SURVIVAL GUIDE

A collection of literature, poems, entertainment, recipes, exercises, meditations, and activities that can be enjoyed at home and indoors during the quarantine, curated by the AFAM community.

### <u>NYC DANCE TROUPE TURNS VOGUING INTO A</u> <u>RALLYING CRY FOR BLACK LIVES LOST</u>



# VIDEO

<u>Out There Without Fear: Jamaica's</u> <u>Dancehall Dance -Full</u> <u>Documentary by Joelle Powe</u>

<u>Hypocrisy in Jamaican Classism |</u> <u>BUTSEEYA Ep.1 with Dr. Carolyn</u> <u>Cooper</u>

# STREAMING NOW

### MARCUS GARVEY: A GIANT OF BLACK Politics

Streaming on: Kanopy Black Nationalist pioneer and First Hero of Jamaica, Marcus Garvey is discussed by contemporaries, historians, family and friends. The film traces his early successes in organizing West Indian contract labor, to the phenomenal rise of his Universal Negro Improvement Association, which took America by storm in the 20s. Garvey was a victim of his own success - he threatened the establishment enough for the FBI to infiltrate the organization.

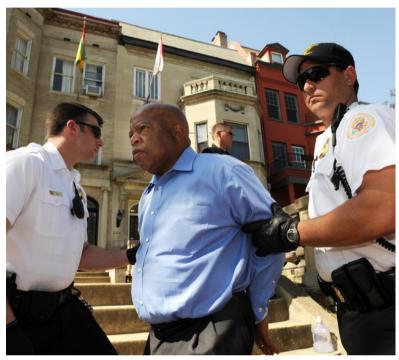
### CHASING TRANE: THE JOHN COLTRANE DOCUMENTARY

#### Streaming on: Netflix

Featuring interviews, insights, and archival footage, this documentary aims to reveal how historical events shaped the music of John Coltrane. Set against the social, political and cultural landscape of the times, CHASING TRANE brings John Coltrane to life as a fully dimensional being, inviting the audience to engage with Coltrane the man, Coltrane the artist.

### JOHN LEWSIS' LIFE IN PICTURES

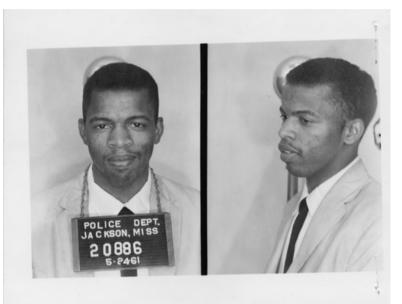
<u>BU Today: US Rep. John Lewis</u> to 2018 Grads: Be Bold and <u>Courageous</u>



Lewis is led away in handcuffs by a Secret Service officer in Washington, DC, as he protested Sudan's Darfur conflict in April 2009. *Tim Sloan/AFP/Getty Images* 

# LISTEN IN

### BBC SOUNDS: MY NIGERIAN GREAT GRANDFATHER SOLD SLAVES



This police mug shot of Lewis was taken in Jackson, Mississippi, after he used a restroom reserved for White people during the Freedom Ride movement. *Kypros/Hulton Archive/Getty Images* 



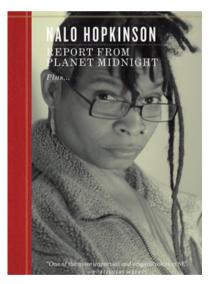
Lewis, Williams and other marchers face a line of state troopers blocking the Edmund Pettus Bridge. Spider Martin/The Spider Martin Civil Rights Collection/National Archives

# **INTERESTING READS**



### PLAYING NICE WITH GOD'S BOWLING BALL BY N.K JEMISIN

They took another statement from Jeffy once his mother arrived. Grace watched closely while Taliafero conducted the interview. Taliafero asked Jeffy the same questions in different ways, urged him to repeat certain details, made him describe the three hundred-dollar card and retrace his steps from school to home every afternoon. But despite all that, Grace detected no inconsistencies in the boy's story.



#### SHIFT BY NALO HOPKINSON

In him it manifest as a weakness; a weakness for cream. He fancy himself a prince of Africa, a mannish Cleopatra, bathing in mother's milk. Him believe say it would make him pretty. Him never had mirrors to look in, and with the mother we had, the surface of the sea never calm enough that him could see him face in it. Him would never believe me say that him pretty already. Him fancy if cream would only touch him, if him could only submerge himself entirely in it, it would redeem him

#### **GANGS AND ACTIVISTS**

WHAT DOES IT MEAN WHEN A COMMUNITY TAKES JUSTICE INTO ITS OWN HANDS? REVISITING THE CASE OF PEOPLE AGAINST GANGSTERISM AND DRUGS (PAGAD) IN CAPE TOWN.

#### **BEYOND THE WESTERN GAZE**

THE "AFRICA NEEDS HELP" VS. "NO! AFRICA CAN TEACH YOU LESSONS!" IS TIRING. OTHER THAN BENEFITING A FEW PUNDITS, ARE WE DERIVING ANY VALUE FROM IT?

By Suren Pillay

#### By George Kibala Bauer