AFAM QUARANTINE SURVIVAL GUIDE

A collection of literature, poems, entertainment, recipes, exercises, meditations, and activities that can be enjoyed at home and indoors during the quarantine, curated by the AFAM community.

<u>PULSE LIST 2019: TOP 10</u> NOLLYWOOD MOVIES OF THE YEAR



MUSIC <u>BLACK THOUGHT - NPR MUSIC TINY</u> <u>DESK CONCERT</u>



<u>BREAKFAST CLUB</u> <u>CLASSIC: CHILDISH</u> <u>GAMBINO ON WHITE</u> <u>PRIVILEGE AND TWITTER</u> <u>ACTIVISM</u>

STREAMING NOW

SELF MADE: INSPIRED BY THE LIFE OF MADAM C.J WALKER

Director: DeMane Davis and Kasi Lemmons

Streaming on: Netflix

A chronicle of the incredible story of Madam C.J. Walker, who was the first African American self-made millionaire.

HIP-HOP: BEYOND BEATS AND RHYMES

Streaming on: Kanopy

Hip-Hop: Beyond Beats & Rhymes provides a riveting examination of manhood, sexism, and homophobia in hip-hop culture. The documentary features revealing interviews about masculinity and sexism with rappers such as Mos Def, Fat Joe, Chuck D, Jadakiss, and Busta Rhymes.

THE AFRICAN AMERICAN ART Shaping the 21st century

The NYTimes Culture desk asked 35 black creative luminaries to discuss a work or peer from the previous two decades that has moved them. The full project is available online on the NYTimes

Excerpt: Chance the Rapper on Sorry to Bother You

Chance the Rapper: I think it's one of the best films to be made in the last 20 years. There are a lot of tropes in films nowadays that try to talk about black life, and it's kind of a spectacle — we have to see a black person get killed or somehow demeaned in a way that gives white viewers added value to the black character.

And that movie just completely stepped away from it. There's scenes where they build it up to make you think that the main character is going to have a violent interaction with somebody, or something grave is going to happen and it never happens.

That movie showed capitalism in a way that I had never understood — how much it had to do with black lives or global blackness. The fact that it affects everyone in the world makes it seem as if it's just a monetary issue or just a class issue or just something that affects everybody, but it's really a part of the fabric of the subjugation of black people.

ICA BOSTON: ARTIST INTERVIEW



Ol' Bay, 2019, painted canvas, fabric, digital rendering on canvas, hand colored photocopy, photocopy, paper, Flashe, gouache and acrylic on canvas, 96 × 84"

TSCHABALALA SELF: OUT OF BODY

Through an exaggerative figuration that embraces painting, sewing, assemblage, as well as a sensuous and implacable charisma, New Haven-based artist **Tschabalala Self** invites us to rethink how bodies are marked by race and gender while crafting her own expanding visual universe. Her exhibition *"Tschabalala Self: Out of Body"* runs January 20 to July 5, 2020, at the ICA Boston, and will be her largest solo exhibition to date.

Her full interview and exhibit can be found on the ICA website.



INTERESTING READS



<u>THE CITY BORN GREAT BY</u> <u>N.K. JEMISON</u>

In this standalone short story by N. K. Jemisin, author of The Fifth Season, the winner of this year's Hugo Award for Best Novel, New York City is about to go through a few changes. Like all great metropolises before it, when a city gets big enough, old enough, it must be born; but there are ancient enemies who cannot tolerate new life. Thus New York will live or die by the efforts of a reluctant midwife... and how well he can learn to sing the city's mighty song.



<u>THE EMBASSY OF</u> CAMBODIA BY ZADIE SMITH

The Embassy of Cambodia is a rare and brilliant story that takes us deep into the life of a young woman, Fatou, domestic servant to the Derawals and escapee from one set of hardships to another. Beginning and ending outside the Embassy of Cambodia, which happens to be located in Willesden, NW London, Zadie Smith's absorbing, moving and wryly observed story suggests how the apparently small things in an ordinary life always raise larger, more extraordinary questions

WHY SOCIAL DISTANCING WON'T WORK FOR US

FOR MILLIONS OF PEOPLE IN CITIES LIKE LAGOS, NIGERIA, THERE'S NO SUCH THING AS SOCIALLY DISTANCING YOURSELF.

HOW COVID-19 REVEALS THE PARADOXES OF NEOLIBERAL LOGIC

PANDEMICS FORCE EVEN NEOLIBERAL THINKERS TO ADMIT GOVERNMENT ACTION AND COLLECTIVE SOLIDARITY ARE URGENTLY NEEDED.

By OluTimehin Adegbeye

By Kiasha Naidoo