



Auckland Programs



- 1. Name the type of animal is known for eating the strips of rubber from car windows
- 2. A self-governed island of NZ has this animated character on the back of their legal tender coins
- 3. Only ____% of NZ's population is human the rest are animals
- 4. Name the world's only carnivorous gastropod molluscs
- 5. Name the only native land mammal to NZ
- 6. Name the 3 official languages of NZ
- 7. Name the extreme sport that started in NZ
- 8. This trilogy brought ~\$200 million into NZ's economy
- 9. To prove the intelligence of shelter animals, two dogs were taught to drive a _____
- 10. In 1990, the NZ Prime Minister appointed a National

Kiwi Trivia: Answers

- 1. The Kea bird (will also just accept bird)
- 2. Pikachu
- 3. Only <u>5%</u> of NZ's population is human the rest are animals
- 4. Powelliphanta a giant carnivorous albino snail
- 5. Bats
- 6. English, Maori, NZ Sign Language
- 7. Bungee jumping
- 8. Lord of the Rings
- 9. To prove the intelligence of shelter animals, two dogs were taught to drive a <u>car</u>
- 10. In 1990, the NZ Prime Minister appointed a National Wizzard

Agenda/Introductions



- Introductions and Program Statistics
- Logistics
- Academics
- Internships
- Life on Site
- Finances and Budgeting
- Health and Safety
- Action Items
- Wrap up/Questions

Introductions

Lauren Prema

Program Manager Boston

Kevin Martin

On-site Program Director Auckland

Returnees

Lauren McDermott, Internship, Fall '15 Julia Thee, University Studies, Spring '16 Alexxa Robinson, Internship, Spring '16



Giant Weta heaviest insect

Program Statistics

- 38 total students
- 25 Internship,
- 4 Management
- 9 University Studies
- 36 BU, 2 non-BU
- 31 female, 6 male
- 9 AUT, 29 UofA



Pre-Departure Roadmap

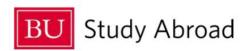






Boston University Study Abroad

Pre-Departure Roadmap



BU Study Abroad

▶ twitter.com/BUabroad → facebook.com/BUabroad → bu.edu/abroad

Auckland Hub Page

Boston University Global Programs: Study Abroad





VISA VISA VISA

Completed Phase 2: Core Preparations (October 20 - December 20)

- Completed application for UofA or AUT
- You receive an official admissions letter from Lauren
- Assemble & mail visa: check out the hub page for instructions

Visa Application: Due DEC 01

Please read this section VERY carefully. New Zealand's Washington Embassy is extraordinarily strict about its visa application requirements. Your application my be denied or significantly delayed if you do not follow the instructions carefully.

WHAT TYPE OF VISA AM I APPLYING FOR?

You are applying for a **Student Visa (NZ 1012)**. Citizens of any country can apply for this visa, and it will allow you multiple entries into NZ, and to stay and study in the country for up to 6 months.

WHEN SHOULD I APPLY FOR MY VISA?

The deadline for mailing your application is December 1st. Prior to applying for your visa, make sure that your passport will be valid at least three months past the date you plan to leave New Zealand (U.S. State Dept. recommends 6 months).

Once you mail in your visa application packet, **processing time is up to 10 business** days (two weeks). The New Zealand Visa Application Center may keep your passport for approximately 2 weeks, so you should plan any international travel during the time leading up to your departure accordingly.

Please note that you cannot submit your visa application until you have completed your "University of Auckland/AUT Application" above, and received your "Offer of Admission" letter from your Auckland university. Students should apply for their visas as soon as they receive the letter, so it's important to read all of these

Auckland Staff



Kevin Martin, Program Director kmartin@bu.edu



Brett Armstrong, Assistant Director brettnz@bu.edu

Vivienne Kent, Professor

Program Academic Calendar

Summer Semester

January 5 – lectures begin February 17- lectures end Feb 20-22 – Exams

Semester 1

March 6 – lectures begin, internships begin June 9 – lectures end, internships end June 10-July 03 - Exams



Academics on Site

Required course (all students):

- CAS SS 315: Aotearoa New Zealand: History and Society
- (1) summer course

Internship students:

(1) elective in Semester 1
 + internship course

University Studies students:

 (2) electives during Semester 1



You'll be directly enrolling at U of Auckland or AUT during Summer Semester & Semester I for your electives.





Academics on Site

NZ's academic culture:

- As elaborated in the online roadmap, teaching and learning styles may differ dramatically
- Courses more lecture-based
- Less continuous feedback
- Professors may be less available



Academics on Site: University of Auckland









Remember to review the full set of Academic Policies on your program hub page.

Academic Policies for Direct Enrollment at a Foreign University

As a student enrolling in one or more classes at a foreign university, you are required to:

- Maintain full-time status (12+ BU credits)
- Verify course equivalencies with your academic advisor
- Follow host university policies for final exam registration
- Understand how grades and credits from your host university will be converted to BU grades and credits

As a student enrolling in one or more classes at a foreign university, you may not:

- Audit classes abroad
- Take pass/fail classes abroad (no credit will be granted at BU)

Withdrawals and Incompletes at Host Universities

- Withdrawals reported on your host university transcript will be reported as 'W' on your BU transcript
- Incompletes reported on your host university transcript will be reported as 'F' on your BU transcript

Please note:

All grades assigned to you by the host institution will be recorded on your BU transcript and all grades earned abroad will be factored into your GPA. Boston University cannot edit, modify or change in any way the final grades that are issued by your host institution and indicated on your host university transcript. You cannot opt to omit courses taken abroad and/or grades earned abroad from your BU transcript.

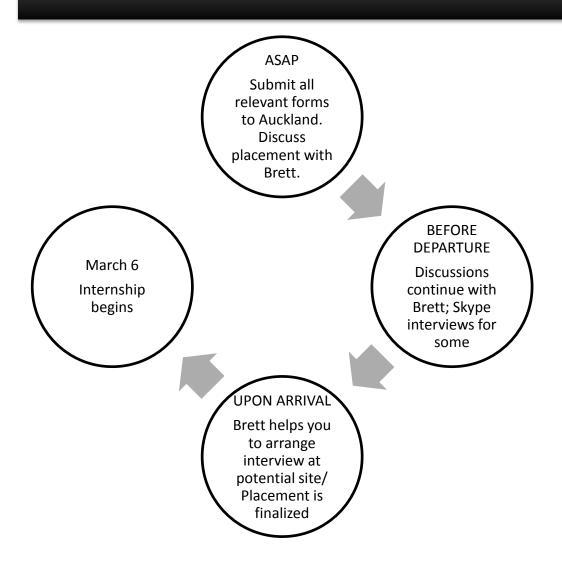
Academic Policies



- All students are subject to BU's <u>Academic</u> Code of Conduct
- Attendance policies
 - Personal travel must NOT conflict with academic obligations
 - Details will be given during the on-site orientation and/or in syllabi
- Must take the full course load (16 credits) for a grade
- All coursework must be completed prior to end of program (or an F may be assigned)
- If accommodations are needed, notify BU Study Abroad and BU's Office of Disability Services

Internship Placement Process

- -Have your CV polished and perfected! Your CV will be read by BU advisors in Auckland to ascertain potential placements.
- The placement process is a PROCESS! Flexibility & patience are key.
- Do some reflection about what you hope to gain from the experience and what you are able to give the internship.
- Remember: if you can't do the "boring" tasks well, you will never be asked to do the "cooler" tasks.



Internship Expectations

What an academic internship is NOT:

Not your dream job!

Not the key to an automatic job offer

Not specialized job training

Not exciting and engaging 100% of the time

Not necessarily a globally recognized company name

Not the same experience as your friends

Not optional – must complete full internship time;

participation is mandatory

work habits

Not all about you! Consider the needs of your company and think of it as a way to gain new skills or

Internship Expectations

What CAN an academic internship offer?

Can provide professional experience and practice **Can** offer exposure to different management styles and organizational structures

Can help build your professional network
Can enhance cultural awareness and language skills
Can help you hone problem-solving skills
Can make you become more adaptable as an employee

Can help identify your skills, interests, and values to discover career paths that are (or are not) a good match

Can integrate your practical learning with your academic work and field of study

Can provide transferrable and valuable skills like perseverance and grit (especially if getting through tasks you don't necessarily love)

(IN SEVENTEEN EASY STEPS)

Take your internship very seriously. (Seriously.)

Get in on time (without complaining about how early it is or how late you were up the night before).

Listen very carefully and always take notes (just when people are giving you assignments, not during social situations).

3

NO.

5

Do more than is expected on every single assignment (unless more costs more).

There is (almost) always something you can do (so let your bosses know when you are available; don't just wait until someone notices you are free).

Show up. People are relying on you. (A school assignment is NOT a reason to "call in sick.") 7 Understand that you don't know it all (even though you feel like you do).

8 Turn off your cellphone (even if your ring is really cute).

9 Don't smoke cigars.
(Nasty habit.)

10 Do not unnecessarily distract others who are busy working (even though Project Runway was particularly great last night).

11 Bring snacks (sometimes sweet, sometimes salty).

Be proactive. If there is nothing official for you to do, figure something out on your own. (Like get to know the book collection so when someone is looking for something you can be helpful. Or go through the portfolio so you can really study the company's work.)

Look out for opportunities to demonstrate what you do know and how you can contribute (but don't push it—nobody likes a show off).

There are (almost) no stupid questions. (Ignorance is not bliss, just ignorant and it can be a major waste of time.)

Don't just follow directions. Think about what you are doing while you are doing it (so when the designer says, "but that's illegible" you won't have to say, "I know!").

16 Be eager to learn and people will be more likely to teach you.

15

17 Understand that the success of the internship is (almost) entirely up to you.

Did we leave something important out? Please e-mail us at all@number17.com and we will include it in our next installment of HOW TO BE A GOOD INTERN. •Address e-mails with "Dear Mr./Dear Mrs." as opposed to "hi" or "hey". You NEVER know where someone else is coming from.

•Dress for the job you want! A suit may not be necessary, but it's better to dress up more on the first day and see what others are wearing.

 You may get LESS supervision than you are used to. Ask questions if you don't know something, but try to find a solution first. Be pro-active and useful, to your organization.

•Have your CV polished and perfected! Your CV is getting read by actual potential supervisors

•Do some reflection about what you hope to gain from the experience and what you are able to give the internship. Take initiative on the job; if you can't do the "boring" stuff right, why would your boss ask you to do more "interesting" projects?

 All experience is valuable and many skills are transferrable, even if the skills you learn are perseverance (doing something you don't love) and grit!

FORTUNE: YOU WILL BE A GREAT INTERN.

Life on Site: Housing

- Living in apartments called "Scene 3"
- 2-bedroom suites
- 2-person bedrooms
- Shared bathroom, kitchen & living area
- Kitchen has full-size fridge, microwave, dishwasher, cutlery, pots, pans, etc.
- Bed linens, towel provided
- BBQ area outsite
- Tennis court & pool
- Gym (by membership for additional cost
- Wi-fi available, is limited (you can pay to have more access)
- En-suite laundry



Life on Site: Housing

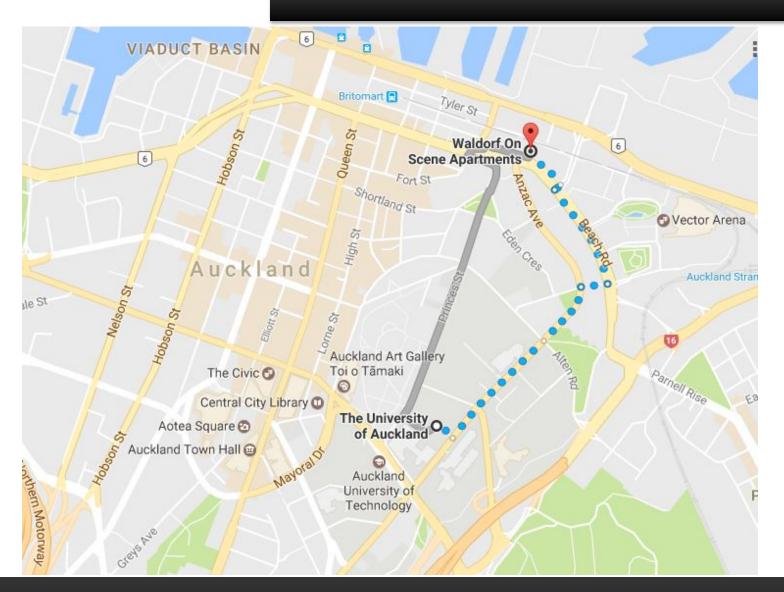
- Room assignments

 announced upon
 arrival, based on
 housing questionnaires
- About a 15 min. walk to the universities
- After-hours security
- No overnight guests

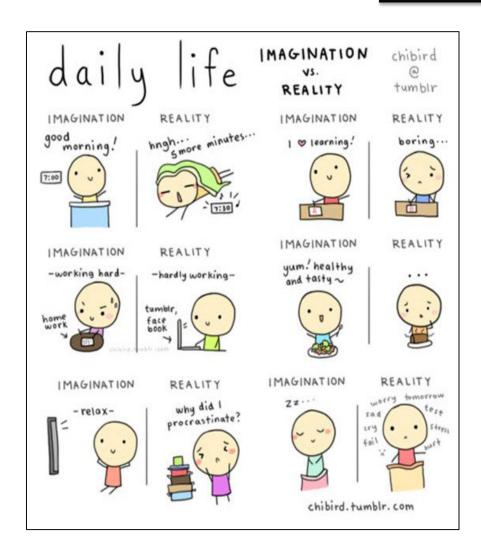




Life on Site: Getting Around



Life on Site: Daily Life



- Gym memberships available through universities for a monthly fee
- Getting involved at the university
- Grocery shopping & pharmacies within 10 min walk
- Walking city; buses for internships
- Travel & excursions

Communication

Mobile Phones

- You must have a local number for emergencies, internships and ease of use
- A cheap, pay-as-you-go mobile phone option will be available for you to purchase at Orientation in Auckland. Details on how to activate a phone and phone plans will also be given at Orientation.
- The phones available for purchase are basic mobile phones. If you are planning on bringing a phone, this phone must be unlocked in order to use it with an New Zealand service provider.
- Keep your current smartphone on "airplane mode" and use apps on Wi-Fi when it's available.
- US-based international mobile phone plans are more expensive and often don't work.

Staying connected with home

- Make a plan BEFORE you leave home to manage your loved ones' expectations
- Skype/Facetime; think of alternatives too (e.g. have your parents call your mobile from Skype)
- Email, messaging, and apps (WhatsApp)
- Differences locally: wi-fi at residence can be spotty; less public wi-fi spots



Boston University Study Abroad

STUDY ABROAD PROGRAM BUDGET—Academic Year 2016/2017 NAME OF PROGRAM: Auckland Internship Program PROGRAM LOCATION: Auckland, New Zealand PROGRAM LENGTH: 25 weeks, Spring, 16 credits

Budgeting & Finances

PROGRAM CHARGES — Billed by Boston University	
Program Tuition	\$ 14,560
Housing/Student Services Fee	\$ 8,614
(Includes housing, excursions, overseas medical insurance, and emergency travel assistance coverage.)	
Total Program Charges	\$ 23,174

US MEDICAL INSURANCE — Optional, Billed by Boston University	
Medical Insurance (Waived if student demonstrates coverage by a comprehensive US based policy)	\$ 1,290
Total Program Charges With Medical Insurance	\$ 24,464

Board/Food	\$	2,500
Airfare (from the West Coast)**	\$	2,100
Local Transportation	\$	225
Books	\$	100
Visa/Immigration Requirements*	\$	70
Personal Spending	\$	2,000
Total Estimated Additional Expenses	5	6,995

TOTAL ESTIMATED EXPENSES	\$ 31,459
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- Students typically spend around \$2,000 on personal expenses (travel, shopping, etc.)
- Be sure to budget for food, airfare and local transportation
- USD \$1 = NZD \$1.39
- NZD \$1 = USD \$0.72

• as of 12/12/2016

Banking









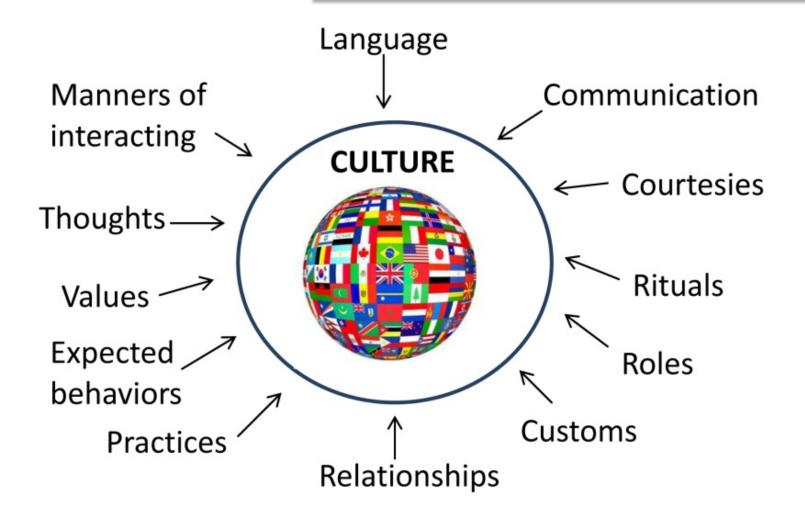
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- Tell your bank and credit card companies you're going abroad!
- Check to see...
 - if your bank has an New Zealand partner (e.g. Westpac/BOA)
 - Anything else your bank might recommend in preparation for program
- Good to bring a backup credit card that allows you to make cash withdrawals
- You must have a 4-digit pin for your debit/credit cards and a "chip" is recommended
- Make copies of all cards and leave them at home
- New Zealand has much more of a cash-based consumer culture.
 - Withdraw larger amounts and only carry around what you need for that day to avoid large fees

Culture



When the similarities between cultures mask the differences within them.

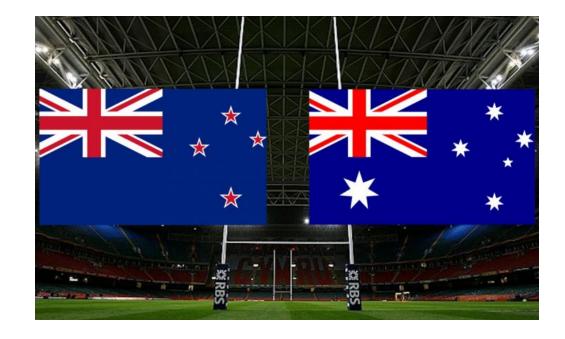
- Differences are slight and therefore dismissed
- Expectations come with speaking the "same"language
- Assumptions made about a culture of similarity

US & Canada

US & New Zealand

New Zealand & Australia



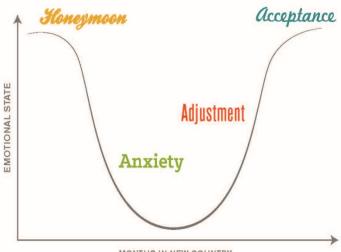


- 1. Research your host country prior to departure
- 2. Keep an open mind
- Search out new experiences and friends 3.
- Do not judge the people of a country by one person or one experience
- Keep a sense of humor 5.
- Listen and observe rather than merely see or hear
- 7. Reflect daily to process your experiences
- Use your host university's support system 8.
- Stay in touch with home 9.
- 10. Remember you have traveled far to learn about and experience a new culture, and to represent your country and school; most people only DREAM about having this experience.

There is no "best way" to deal with culture shock; it always depends on the individual.

Top 10 Tips for Coping with Culture Shock

STAGES of CULTURE SHOCK



MONTHS IN NEW COUNTRY



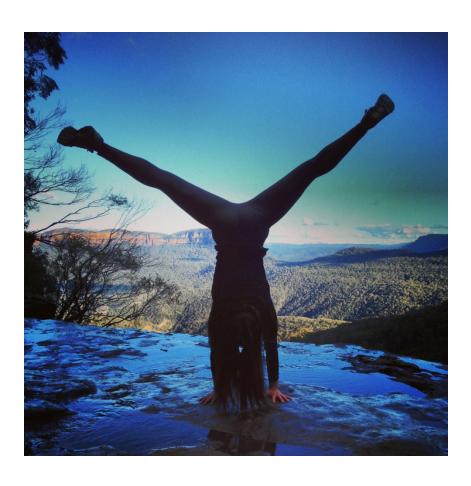


Health

Plan ahead!

- Visit your doctor about any health concerns or for a physical, if overdue
- Maintain regular dental appointments
- Make a plan to access your medications abroad
 - Talk to your doctor
 - Make a copy of your prescriptions; keep them with your packed medications
 - If allowable, obtain a supply for full semester
 - If you can't obtain a full supply of medication, get a letter from your doctor explaining your medication (dosage, molecular name, etc.) and you will make an appointment in Auckland to get a new prescription
 - Do not plan to ship medicine abroad
- Understand that medical facilities will be different abroad
- Learn about local health system and cultural differences
- Contact program staff with any concerns

Mental Health



- Talk to your therapist/counselor about mental health while abroad and make a plan before you go.
- Even if you may be excited about new opportunities, stress or anxiety may increase abroad.
- Keep Healthy:
 - Cultural norms
 - Keep up routine (when possible)
 - Mental health care covered
 - Use the on-site staff as a resource

Overseas Insurance Coverage

Prior to program start date, all students will be automatically enrolled in international health coverage.

HTH Worldwide Insurance

- Emergency evacuation coverage
- Limited medical coverage
- In an emergency, call 1.800.257.4823 or collect at +1.610.254.8771

http://www.bu.edu/abroad/files/2015/05/New Zealand Switzerland Insurance plan.pdf

New Zealand Health Insurance

- NZ StudentSafe: you're covered through U of Auckland or AUT
- Will go over during on-site orientation

http://www.studentassist.co.nz/sites/default/files/studentsafeunversity wording 2015 0.pdf

All students are required to maintain their US-based health insurance coverage while abroad.



International Health Insurance





At least two weeks before the program start date, all students will be automatically enrolled in international insurance coverage and emergency travel assistance services through HTH WorldWide, including evacuation coverage.

- Valid for the duration of the program, and <u>extendable</u> at the student's expense
 - Detailed coverage information is provided on the BU Study Abroad <u>Health & Safety page</u> and again by email at the time of enrollment
 - In case of need of medical treatment, mental health counseling, or travel assistance while abroad or to set up appointments in advance, contact HTH directly and identify yourself as a Boston University student:
 - +1 610-254-8771
 - globalhealth@hthworldwide.com
- All students are required to maintain their US-based health insurance coverage while abroad

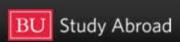
Safety Plans

Program Emergency Plan

- Boston University closely monitors the security situation across the world, and follows guidance from local authorities and the US State Department
- Detailed emergency plans and general safety precautions will be explained during orientation

Personal Emergency Plan

- Always have emergency contact numbers with you, both in your phone and separately
- Enroll in the <u>State Department STEP Program</u> to get travel alerts and warnings
- Talk with your family about communication expectations in the event of an emergency



Personal Safety

Take Responsibility for your OWN Risk Management!

- Talk to your family and friends about the locationbuildings, housing, staff, insurance, resources
- Practice situational awareness: Be aware of your surroundings; be vigilant of others.
- Do not drive (road and pedestrian accidents are #1 cause of injury/death abroad)
- Do not participate in demonstrations or protests
- Drink responsibly –The majority of problems student's face are related to alcohol. It's not the staff's responsibility to manage your consumption!
- Travel with others and look out for each other.
- Pay attention to the news (before and during the program)
- Practice safe sex and report any sexual assault to staff abroad.



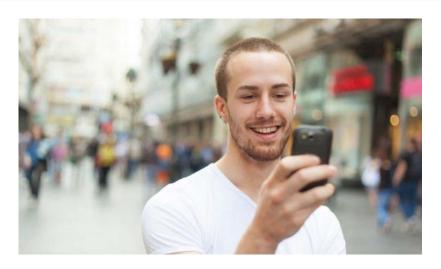


Personal Safety

Our Expectations of you:

We expect that you will...

- Share responsibility for your safety and that of others in the program
- You will be reachable by local phone at all times. Keep your phone charged and topped-up with minutes.
- You will reach out to program staff and your family if you experience, witness or become aware of a serious incident of any kind.
- You will report issues of any sort in a timely manner to the on-site staff (or directly to Boston if necessary) so that we can help you.





Personal Safety

"I didn't know what to call what happened to me, I just knew it felt bad."

You don't have to go through this alone.





Dean of Students Office 617-353-4126 dos@bu.edu

Visit www.bu.edu/safety for more information.

- Boston University is committed to fostering a safe learning environment for all members of the University community and preventing sexual misconduct
- All forms of sexual misconduct, including rape, acquaintance rape, sexual assault, domestic and dating violence, stalking, and sexual harassment are violations of Boston University's policies, whether they happen on campus or off campus.
- Reporting: On-site staff should be first resource. If unavailable or uncomfortable reporting, contact Title IX Deputy Coordinator Debbie Miller at millerda@bu.edu.
- BU staff/site staff are obligated to report any incident of sexual misconduct
- On-site staff will go over this in orientation

Personal Safety





Keep your belongings safe

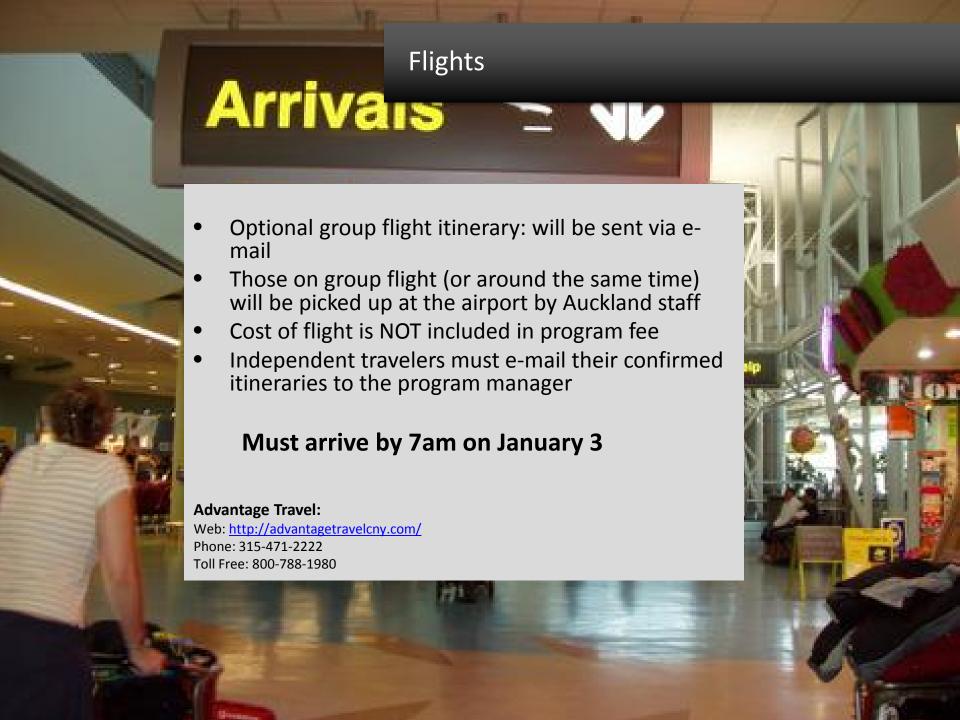
- Do not bring valuables or sentimental items abroad
- Avoid carrying large amounts of cash
- Monitor your wallet/purse closely. Keep money hidden, or consider a money belt
- Limit smartphone usage in public
- Carry only necessities out at night – make sure you have emergency numbers with you

Personal Safety - Preparation

- BU provides a variety of educational programs designed to promote awareness and prevention of sexual assault and domestic violence.
- Rape Aggression Defense (RAD) training
- The Boston University Police Department offers RAD training several times during the year, and can schedule additional sessions on request.
- Sexual Assault Response & Prevention Center
- In cooperation with BU's <u>Student Health Services</u>, SARP provides a variety of services, including:
 - Step Up. Step In. (bystander training)
 - health services
 - mental health counseling
 - violence prevention workshops during the academic year and upon request
- Be Safe@BU
- The Dean of Students provides programming at student orientation and beyond to educate the BU community on a variety of safety measures, including assault prevention.
- Wellness & Prevention Services: http://www.bu.edu/shs/wellness/
- Non-BU students, please also research your university's services







Travel

LOGISTICS

- Confirm your departure time and flight
- Arrive at the airport no later than three hours prior to your departure
- Wear heavier clothes on the flight to be able to have room in your suitcase

CARRY ON

- Passport with visa
- Liquids 3oz or less in plastic bags (check www.tsa.gov for up to date requirements)
- Essentials to last you a few days in your carry-on in case your luggage gets lost (toothpaste, deodorant, underwear, medicine, socks)
- Full roundtrip flight itinerary
- Site contact details and address of The Quadrant

HEALTH WHILE TRAVELING

- Drink lots of water and stay hydrated; get up and move around cabin
- Be sure to time your medications while traveling
- Get on a good schedule after you arrive: jetlag can take up to a week to go away!

Packing List

Luggage:

- Use bags that are light and sturdy one large, one carry on, one shoulder bag or backpack
- Pack only what you can carry yourself
- Check airline restrictions on weight and number of bags you can take aboard, overage fees may apply
- Do not plan on shipping items abroad



Packing List

Things to bring:

- You are provided with 1 towel, 1 pillow and bed linens. Bring any extra items you need (e.g. beach towel, extra pillow, etc.)
- Outlet adapter
- Specific clothing for the site climate and for internship
- External hard drive or USB drive for backing up academic work

What NOT to bring:

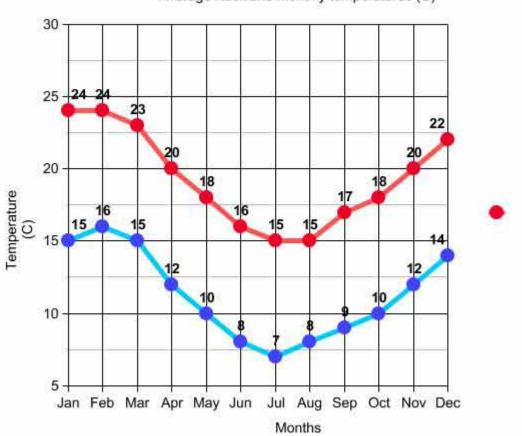
- Conspicuous clothing or electronics
- Sentimental items you couldn't do without
- Personal appliances (hairdryers, straighteners, shavers); you can get one there





Weather Averages





Temperature	
Celsius (°¢)	Fahrenheit (°F)
-15	5
-10	14
-5	23
0	32
5	41
10	50
15	59
20	68
22*	71.6*
25	77
30	86
35	95
40	104
Celsius (°¢)	Fahrenheit (°F)
*room temperature	OANDA.com THE CURRENCY SITE [TM)

Future Communication

- Some communication you can expect to receive over the next few months:
 - From Boston staff:
 - Pre-departure Module and general reminders
 - Getting Ready to Go e-mail (important reminders sent a few weeks before departure)
 - Insurance e-mail
 - Financial information
 - From Auckland staff:
 - Facebook messages
 - E-mails re: internship

Join BUSA on Facebook and follow us on Twitter!



Future Communication: Intercession

Offices Closed

December 24 – January 02

- BU Study Abroad
- BU Auckland
- New Zealand Embassy



Action Items

- ☐ Urgent: Obtain your visa!!!

 Notify Lauren once it is received.
- ☐ Ccomplete outstanding Auckland forms!
- ☐ Complete general predeparture documents to get registered for your program
- ☐ Watch the online roadmap (again!)



