6th World Congress of Behavioral and Cognitive Therapies

Translating Science Into Practice

Boston
June 2-5, 2010
Boston University
www.wcbct2010.org
Participating World Associations for Behavioral & Cognitive Therapies

Asociacion Argentina de Terapia Cognitiva, Argentina
Association for Behavioral and Cognitive Therapies, US
Australian Association of Behavioral and Cognitive Therapies, Australia
Brazilian Federation of Cognitive Therapies, Brazil
British Association for Behavioural and Cognitive Psychotherapies, UK
Catalan Society of Behaviour Research and Therapy, Spain
Chinese Association of Cognitive Behaviour Therapy, China
Cognitive Behaviour Therapy, South Africa
Croatian Association for Behavioural-Cognitive Therapies, Croatia
European Association for Behavioural and Cognitive Therapies, Europe
Finnish Association for Cognitive and Behaviour Therapy, Finland
Flemish Association of Behaviour Therapy, Belgium
French Association of Behaviour and Cognitive Therapy, France
German Association for Behaviour Modification Therapy, Germany
Greek Association for Cognitive and Behavioural Psychotherapies, Greece
Israel Association for CBT, Israel
Italian Association for Behavioural and Cognitive Therapy, Italy
Keimyung University School of Medicine, Korea
Lebanese Society for Cognitive Behaviour Therapy, Lebanon
Mexican Institute for Cognitive Psychotherapy, Mexico
Norwegian Association for Behavioural and Cognitive Therapy, Norway
Polish Association for Cognitive and Behavioural Therapy, Poland
Romanian Association of Cognitive and Behavioural Psychotherapies, Romania
Serbian Association for Cognitive and Behavioural Therapies, Serbia & Montenegro
Swedish Association of Behavioural Therapy, Sweden
Swedish Association for Cognitive and Behavioural Therapies, Sweden
Swiss Association for Cognitive Psychotherapy, Switzerland
Turkish Association for Cognitive and Behavioural Psychotherapies, Turkey
INTRODUCTION

Boston University (BU) and the Association for Behavioral and Cognitive Therapies (ABCT) have the joint pleasure of hosting the 6th World Congress of Behavioral and Cognitive Therapies from June 2-5, 2010. The WCBCT committee chose the beautiful and historic city of Boston to host the congress and we know that this will guarantee a setting for an exciting and memorable event. This brochure provides information on the scientific and social program that you will experience as well as information on how to register for the congress and organize your trip to Boston. Regular updates on the congress scientific program, workshops, social program and further information on the city of Boston are available on the congress website www.wcbct2010.org.

We are delighted and honored to host the 6th World Congress of Behavioral and Cognitive Therapies in Boston, a vibrant city with a strong international flavor. We invite visitors to tour its many museums and historical places and to enjoy its restaurants, fine music, theater and art. Congress delegates from all over the world will hear outstanding scientific and clinical presentations and meet international colleagues, old and new, on the campus of Boston University which is located near the heart of the city along the banks of the Charles River:

– Gail Steketee and Michael Otto, WCBCT2010 Congress Organizers

After extensive planning, we are excited to offer you an exceptional scientific program featuring influential researchers and clinicians from around the world. We look forward to a diverse conference where leaders in the field will present cutting edge research and the latest advances in clinical techniques. In addition to our excellent scientific program, we have planned a full social program to help you meet old and new friends, experience the unique food, culture and sites of Boston, and ensure a WCBCT experience you won’t want to miss!

– Sabine Wilhelm, WCBCT2010 Scientific Program Chair
COMMITTEES

WCBCT2010 Organizers
Gail Steketee, USA, WCBCT2010 Congress Organizer
Michael W. Otto, USA, WCBCT2010 Congress Organizer

Scientific Program Organizing Committee
Sabine Wilhelm, USA, Chair, Scientific Committee
Ruta Dimaite, USA, Scientific Program Inquiries
Jennifer L. Greenberg, USA
Luana Marques, USA
Hannah Reese, USA
Sharon Sung, USA
Caitlin Taylor, USA

Local Organizing Committee
Stefan Hofmann, Chair, USA
Thilo Deckersbach, USA

World Congress Advisors
Rod Holland, UK, President of the European Association of Behavioral and Cognitive Therapies
Philip Tata, UK, Scientific Chair, The British Association of Behavioral and Cognitive Psychotherapies

Scientific Committee
Sabine Wilhelm, Chair, USA
Lynn E. Alden, British Columbia
Lauren B. Alloy, USA
Nader Amir, USA*
Gerhard Andersson, Sweden*
Arnoud Arntz, the Netherlands*
Gordon J. Asmundson, Canada
Donald H. Baucom, USA
Sunil S. Bhar, Australia
Susan M. Bogels, the Netherlands
Daniel Bogiaizian, Argentina
Brian Borsari, USA
Martine Bouvard, France
Ulrike Buhlmann, Germany
Richard A. Bryant, Australia
Richard A. Brown, USA
Vicente E. Caballo, Spain
Per Carlbring, Sweden
Cheryl N. Carmin, USA
Corrine Cather, USA*
Trudie Chalder, UK
Gregory S. Chasson, USA
Junwen Chen, China
Alfredo Cia, Argentina
Pim Cuijpers, the Netherlands
John F. Curry, USA
Kate Davidson, UK
Thilo Deckersbach, USA
Peter J. de Jong, the Netherlands
Martina de Zwaan, Germany
Robert Didden, the Netherlands
Sona Dimidjian, USA
Keith S. Dobson, Canada*
Anke Ehlers, UK
Iris M. Engelhard, the Netherlands*
Cecilia A. Essau, UK
Ian M. Evans, New Zealand*
Jeanne M. Fama, USA
Ladan Fata, Iran
Randy O. Frost, USA*
Toshiaki Furukawa, Japan
Brandon E. Gibb, USA
Antonio Godoy, Spain
Jennifer D. Gottlieb, USA
Jennifer L. Greenberg, USA
Joseph A. Greer, USA
Kurt Hahlweg, Germany*
Allison G. Harvey, USA
Nina Heinrichs, Germany
Laura Hernandez-Guzman, Mexico
Emily A. Holmes, UK

* Indicates Scientific Committee Stream Leaders
Brunna Tuschen-Caffier, Germany*
Edward R. Watkins, UK
Risa B. Weisberg, USA
Maureen L. Whittall, Canada*
Kim Wilson, USA
G. Terence Wilson, USA
Michael J. Zvolensky, USA

International Advisory Committee

Torkil Berge, Norway
Claudia Bregman, Argentina
Marco Callegero, Brazil
Antonino Carcione, Italy
Frédéric Chapelle, France
Daniel David, Romania
Bradley Drake, South Africa
Sarah Egan, Australia
Mary Jane Eimer, USA
Thomas Heidenreich, Germany
Arturo Herman Contreras, Mexico
Rod Holland, Europe
Viktor Kaldo, Sweden
Aimee Karam, Lebanon
Jum Bum Kim, Korea
Anna-Maija Kokko, Finland
Zorica Maric, Serbia & Montenegro
Sofi Marom, Israel
Claudine Ott, Switzerland
Xavier Pellicer, Spain
Guido Pieters, Belgium
Agnieszka Popiel, Poland
Nicola Popiel, Poland
Jaco Rossouw, South Africa
Gregoris Simos, Greece
Walter Stroehm, Germany
Mehmet Sungur, Turkey
Cecilia Svanborg, Sweden
John L. Taylor, UK
Andreas Veith, Germany
Chee-Wing Wong, China
Ivanka Zivcic-Becirevic, Croatia
SCIENTIFIC PROGRAM

The scientific program is being assembled by an international panel of experts and will cover a diverse range of themes including: adult addictive disorders, adult anxiety disorders, aging, behavioral medicine, child and adolescent mental health, basic processes, developmental disabilities, diversity (cultural, gender & GLBT issues), adult eating disorders, adult mood disorders, OCD and related disorders, personality disorders and challenging behaviors, professional issues, psychosis, sex, marital and family relationships, therapy context, process and delivery, translational research and dissemination, and adult trauma. The scientific program will span 3 days (June 3-5) and will include plenary sessions, keynote addresses, master clinician seminars, workshops, roundtable discussions, panel debates, symposia, open papers, and poster sessions. Pre-congress workshops will be offered on June 2. Pre-congress workshops are skill-based workshops led by internationally renowned teachers in their field, and will cover a range of CBT applications at introductory, intermediate and advanced levels of training. The invited addresses, full day pre-congress workshops and in-congress master clinician seminars have been confirmed. Additional detail regarding these events can be found on the following pages, and will provide you with an overview of the exceptional range and quality of events you can expect in the final program. Please visit the congress website www.wcbct2010.org for full details of the program and to sign-up for the WCBCT listserv to receive e-mail updates regarding WCBCT 2010 and future congresses. The official language of the congress will be English.

Call for Papers

Electronic submission of abstracts for symposia, workshops, roundtable discussions, panel debates, open papers and posters is now open. Symposia, workshop, panel discussion and roundtable abstract submission closes October 18, 2009 and open paper and poster abstract submission closes December 4, 2009. The congress provides an opportunity for cognitive and behavior researchers and clinicians to present state-of-the-art CBT across its many applications. Preference will be given to submissions in which different countries are represented as well as to submissions focusing on translational research. In order to ensure that all parts of the world are represented, we strongly encourage you to submit!

All abstracts must be submitted in English. Delegates who are uncomfortable presenting in English are invited to submit a poster presentation for review by the Scientific Review Committee. Delegates who are presenting must register for the congress before presentation can be included in the program. Each author can submit a maximum of 6 contributions with a maximum acceptance of 4 contributions (as first author).

You can contribute to the scientific program through a wide range of formats including:

- Symposia
- In-Congress Workshops
- Panel Debates
- Clinical Roundtables
- Open Papers
- Posters

Additional information about the various submission formats and the online submission process can be found on our website www.wcbct2010.org.

Please contact us at wcbct2010@partners.org with any questions regarding the scientific program.

Important Dates

To guarantee the ‘Early Bird’ reduced registration rate, you must register by February 15, 2010.

- **01 JUN 2009** - Conference website and abstract submission opens
- **18 OCT 2009** - Symposia, workshop, panel discussion, and clinical roundtable abstract submission closes
- **01 NOV 2009** - Online registration opens
- **04 DEC 2009** - Open paper and poster abstract submission closes
- **15 FEB 2010** - Early Bird reduced registration deadline
- **02 MAY 2010** - Final cancellation date for refund
- **02 JUN 2010** - Invited pre-congress workshops and opening ceremony
- **05 JUN 2010** - Closing ceremony
TIMETABLE

**Wednesday, June 2**

**Full Day Pre-Congress Workshops**
- 9:00 – 12:00: Workshop Part I
- 12:00 – 1:00: Lunch
- 1:00 – 4:00: Workshop Part II
- TBA: Opening Ceremony and Reception

**Thursday, June 3**
- 9:00 – 12:00: Scientific Sessions
- 12:00 – 1:00: Invited Addresses
- 1:00 – 2:00: Lunch
- 2:00 – 5:00: Scientific Sessions
- 5:00 – 6:00: Invited Addresses

**Friday, June 4**
- 9:00 – 12:00: Scientific Sessions
- 12:00 – 1:00: Invited Addresses
- 1:00 – 2:00: Lunch
- 2:00 – 5:00: Scientific Sessions
- 5:00 – 6:00: Invited Addresses
- TBA: Gala Banquet (ticketed event)

**Saturday, June 5**
- 9:00 – 12:00: Scientific Sessions
- 12:00 – 1:00: Invited Addresses
- 1:00 – 2:00: Lunch
- 2:00 – 5:00: Scientific Sessions
- 5:00 – 6:00: Invited Addresses
- 6:15 – 7:00: Closing Ceremony
INVITED ADDRESSES

Cognitive Behavior Therapy in 2010: An Interim Report and Future Directions
David H. Barlow, Boston University, USA

A Conversation Period
Aaron T. Beck, University of Pennsylvania, USA

Adult Addictive Disorders
Mindfulness-Based Relapse Prevention in the Treatment of Addictive Behaviors
G. Alan Marlatt, University of Washington, USA

Aging
Integrated Health Care for an Aging Population: CBT as a Component of Comprehensive Care for Older Adults
Antonette M. Zeiss, VA Central Office in Washington, DC, USA

Adult Anxiety
Social Phobia: Cognitive Theory and Therapy
David M. Clark, Institute of Psychiatry, King’s College London, UK
Optimizing Learning During Exposure Therapy for Anxiety Disorders
Michelle G. Craske, University of California-Los Angeles, USA

Basic Processes
The “Unconscious” and Psychopathology: New Insights from Implicit Cognition Research and their Clinical Implications
Peter J. de Jong, University of Groningen, the Netherlands
New Frontiers in the Experimental Psychopathology of Anxiety Disorders
Richard J. McNally, Harvard University, USA

Behavioral Medicine
CBT for Primary and Comorbid Insomnia: New Trends in Treatment Development and Dissemination
Charles M. Morin, Laval University, Canada
Psychological Interventions in Medical Conditions: Advances of Behavioral Medicine
Winfried Rief, Philips University-Marburg, Germany

Child and Adolescent Mental Health
Building Resilience in Families and School Communities - Quo Vadis?
Paula M. Barrett, The University of Queensland, Australia
The Role of Fathers in the Aetiology and Treatment of Childhood Anxiety Disorders
Susan M. Bögels, University of Maastricht, the Netherlands
Treatment of Phobic and Anxiety Disorders in Children and Adolescents: Where To From Here
Tom H. Ollendick, Virginia Polytechnic Institute and State University, USA

Developmental Disabilities
Developmental Disabilities: In Search of Practice Based on Evidence, a 40 year Sojourn
Michael R. Petronko, Rutgers University, USA

Diversity (Cultural, Gender & GLBT Issues)
Evidence-Based Internet Interventions: Toward the Global Application of Behavioral and Cognitive Approaches
Ricardo F. Munoz, University of California-San Francisco, USA

Adult Eating Disorders
Is There the Courage to Change the World’s Diet?
Kelly D. Brownell, Yale University, USA
Transdiagnostic CBT: Potential Strengths and Weaknesses
Christopher G. Fairburn, Oxford University, UK
Adult Mood Disorders
Psychotherapy: From Iatrogenia to an Evidence-Based Medical Treatment
Francesco Colom, Bipolar Disorders Program, Clinical Institute of Neuroscience, Spain
Cognitive Behavior Therapy in the Treatment and Prevention of Depression
Steven D. Hollon, Vanderbilt University, USA

Adult OCD Spectrum
Too Much in the Head: A Paradoxical Look at Obsessions
David A. Clark, University of New Brunswick, Canada
Cognitive Behavior Therapy for Obsessive-Compulsive Disorder: The State of the Art
Paul M. Emmelkamp, University of Amsterdam, the Netherlands

Personality Disorders and Challenging Behavior
Dialectical Behavior Therapy for BPD: an Overview of the Data
Marsha M. Linehan, University of Washington, USA
New Advances in Schema Therapy for Personality Disorders
Jeffrey E. Young, Cognitive Therapy Center of New York, USA

Professional Issues
Dissemination: The (Multi) Billion Dollar Challenge: Are We Getting It Right?
David H. Barlow, Boston University, USA
Anxiety and Couples: For Better or for Worse
Dianne L. Chambless, University of Pennsylvania, USA
Clinical Supervision - Art or Science?
Mark H. Freeston, Newcastle University, UK

Adult Psychosis
The Future of CBT for Psychosis: Theory, Research Findings and Implications for New Therapy Developments
Philippa Garety, Institute of Psychiatry, UK
CBT of Psychosis: Historical Evolution and Current Approaches
Antonio Pinto, Department of Mental Health of the Province of Naples, Italy

Sex, Marital, & Family Relationships
Strengthening Couples: Dissemination of Interventions for the Treatment and Prevention of Couple Distress
Kurt Hahlweg, Technical University of Braunschweig, Germany

Therapy Context, Process & Delivery
How Do We Create a More Progressive Discipline? Turtles, Hares, and Transdiagnostic Processes
Steven C. Hayes, University of Nevada, USA
Case Formulation-Driven Cognitive-Behavior Therapy
Jacqueline B. Persons, San Francisco Bay Area Center for Cognitive Therapy, USA

Translational Research
Novel Ways to Combine Medication with Psychotherapy: Improving Extinction Learning During Psychotherapy
Michael Davis, Emory University, USA
Overcoming our Fears: Neural Mechanisms of Extinction
Gregory J. Quirk, University of Puerto Rico School of Medicine, Puerto Rico

Adult Trauma
A Cognitive Approach to Understanding and Treating Posttraumatic Stress Disorder
Anike Ehlers, Institute of Psychiatry, King’s College London, UK
Trauma, War, and Terrorism: Recent Findings in the Treatment of PTSD
Terry M. Keane, National Center for PTSD, Boston VA Healthcare System and Boston University, USA
**MASTER CLINICIAN SEMINARS**

**Adult Anxiety**
Miracle Cures Do Happen: Two Examples from a Cognitive Therapy Session and an Interpersonal/Emotional Processing Session
Thomas D. Borkovec, Pennsylvania State University, USA

Metacognitive Therapy with Adult Anxiety: Case Formulation and Meta-Level Change Strategies
Adrian Wells, University of Manchester, UK

Rapid and Effective Treatment of Specific Phobias
Lars-Göran Öst, Stockholm University, Sweden

**Behavioral Medicine**
Cognitive-Behavioral Therapy for the Beginning of the End of Life: Interventions for Chronic, Progressive Illness
Jason M. Satterfield, University of California-San Francisco, School of Medicine, USA

Treatment of Multiple Health Risk Behaviors: Poor Quality Diet, Inactivity, Smoking
Bonnie Spring, Northwestern University, Feinberg School of Medicine, USA

**Child and Adolescent Mental Health**
Beyond Behavioral Parent Training: Making Family Interventions Really Work for Young Conduct Problem Children
Mark R. Dadds, King’s College London, UK

The Clinical Side of CBT for Anxious Youth: Tips from the Trenches
Philip C. Kendall, Temple University, USA

Treatment of Anxious Children in a Group Format
Ron Rapee, Macquarie University, Australia

**Diversity (Cultural, Gender & GLBT Issues)**
Cognitive-Behavioral Interventions for Disadvantaged Participants with Chronic Medical Conditions
Juan Jose Sanchez-Sosa, National University of Mexico, Mexico

**Adult Eating Disorders**
A Cognitive Behavioral Approach to Weight Loss and Maintenance
Judith S. Beck, University of Pennsylvania, USA

**Adult Mood Disorders**
Working with Negative Cognitions in Depression: Evidence-based and Utility-based Strategies for Cognitive Change
Keith S. Dobson, University of Calgary, Canada

The Role of the Family in the Course and Treatment of Bipolar Disorder
David J. Miklowitz, University of Colorado at Boulder, USA

**Personality Disorders and Challenging Behavior**
Schema Therapy for Borderline Personality Disorder
Arnoud Arntz, University of Maastricht, the Netherlands

A Comprehensive Treatment for Anger Problems with Adolescents
Raymond DiGiuseppe, St. John’s University, USA

**Adult Psychosis**
New Ways of Working with Delusions
Philippe Garety, Institute of Psychiatry, London, UK

Illness/Wellness Management and Recovery for Severe Mental Illness: Current Status and Future Directions?
Kim T. Mueser, Dartmouth Medical School, USA

**Sex, Marital, & Family Relationships**
Acceptance and Change in Couple Therapy
Andrew Christensen, University of California-Los Angeles, USA

Three Exciting New Ways to Make Cognitive Behavioral Couple Therapy Work Better
W. Kim Halford, University of Queensland, Australia

Therapy Context, Process & Delivery
Developing and Using a Case Formulation to Guide Treatment
Jacqueline B. Persons, San Francisco Bay Area Center for Cognitive Therapy, USA

Translational Research
Modification of Attention Bias: A Novel Treatment for Anxiety Disorders
Nader Amir, San Diego State University, USA

**Adult Trauma**
Challenging Cognitions with a Post-Traumatic Stress Disorder Client Using Cognitive Processing Therapy
Patricia A. Resick, National Center for PTSD, Boston VA Healthcare System and Boston University, USA
FULL DAY
PRE-Congress Workshops

Adult Addictive Disorders
WORKSHOP 1: Translational Research on Craving: Where Have We Been? Where Are We Going?
Peter M. Monti, Brown University, USA

Adult Anxiety
WORKSHOP 2: Metacognitive Therapy: Applications to Treating PTSD and Generalized Anxiety Disorder
Adrian Wells, University of Manchester, UK

Behavioral Medicine
WORKSHOP 3: Applications of CBT for Depression and Anxiety in Medically-Ill Populations
Steven A. Safren, Massachusetts General Hospital and Harvard Medical School, USA with Joseph A. Greer, Williams College and Massachusetts General Hospital and Harvard Medical School, USA

WORKSHOP 4: Treating health anxiety using CBT: not the worried well, rather the walking wounded
Paul M. Salkovskis, Institute of Psychiatry, King's College London, UK

Child and Adolescent Mental Health
WORKSHOP 5: Treating Anxiety Disorders in Youth: Clinical Procedures Informed by Developmental, Cognitive, Behavioral, and Family Literatures
Philip C. Kendall, Temple University, USA

WORKSHOP 6: Recent Advances in the Assessment and Treatment of Phobic and Anxiety Disorders in Children and Adolescents
Tom H. Ollendick, Virginia Polytechnic Institute and State University, USA

WORKSHOP 7: Comprehensive Behavioral Intervention for Tics in Children and Adolescents
John C. Piacentini, University of California Los Angeles, USA with Douglas W. Woods, University of Wisconsin-Milwaukee, USA

Adult Eating Disorders
WORKSHOP 8: Transdiagnostic CBT: Potential Strengths and Weaknesses
Christopher G. Fairburn, Oxford University, UK

Adult Mood Disorders
WORKSHOP 9: Maximizing the Impact of Cognitive Therapy for Depression: Insights from Clinical Practice, Supervision and Research
Robert J. DeRubeis, University of Pennsylvania, USA

WORKSHOP 10: Empirically Supported Interventions for Bipolar Disorder: Psychoeducational and Cognitive Strategies
Sheri L. Johnson, University of Miami, USA

WORKSHOP 11: Mindfulness and Relapse Prophylaxis in Mood Disorders
Zindel V. Segal, University of Toronto, Canada

Adult OCD Spectrum
WORKSHOP 12: Treating OCD: How to Supercharge Exposure Therapy with the Latest Cognitive Techniques
Jonathan S. Abramowitz, University of North Carolina, USA with Maureen L. Whittal, University of British Columbia, Canada

Personality Disorders and Challenging Behavior
WORKSHOP 13: Mindfulness, Willingness and Radical Acceptance: Translating Zen Practices into Behavioral Skills
Marsha M. Linehan, University of Washington, USA

WORKSHOP 14: Schema Therapy for Borderline Personality Disorder
Jeffrey E. Young, Cognitive Therapy Center of New York, USA

Professional Issues
WORKSHOP 15: From Chaos to Clarity: A Step-by-Step Model for Complex Cases
Christine A. Padesky, Center for Cognitive Therapy, USA

Adult Psychois
WORKSHOP 16: Cognitive Behavior Therapy for Schizophrenia and Psychotic Disorders: What is Achievable?
Nick Tarrier, University of Manchester, UK

Sex, Marital, & Family Relationships
WORKSHOP 17: Cognitive-Behavioral Couple Therapy: Attending to the Relationship and the Individual
Donald H. Baucom, University of North Carolina-Chapel Hill, USA

Therapy Context, Process & Delivery
WORKSHOP 18: Well-Being Therapy: An Introductory Course
Giovanni A. Fava, State University of New York at Buffalo, USA and University of Bologna, Italy

WORKSHOP 19: Using the Therapeutic Relationship in Cognitive Behavioral Therapy
Robert L. Leahy, American Institute for Cognitive Therapy, USA

Adult Trauma
WORKSHOP 20: Cognitive Processing Therapy for Post-Traumatic Stress Disorder
Patricia A. Resick, National Center for PTSD, Boston VA Healthcare System and Boston University, USA
REGISTRATION & EXHIBITOR INFORMATION

Online registration will open on the congress website www.wcbct2010.org beginning November 1, 2009. All participants must complete a registration form in order to attend the congress. This form can be submitted electronically or downloaded from the congress website at www.wcbct2010.org.

Registration Fee

<table>
<thead>
<tr>
<th></th>
<th>Before 2/15</th>
<th>After 2/15</th>
<th>On site</th>
<th>On site Per diem</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional</td>
<td>$325</td>
<td>$375</td>
<td>$450</td>
<td>$160</td>
</tr>
<tr>
<td>Emerging Countries*</td>
<td>$225</td>
<td>$275</td>
<td>$325</td>
<td></td>
</tr>
<tr>
<td>Trainee**</td>
<td>$225</td>
<td>$275</td>
<td>$325</td>
<td></td>
</tr>
</tbody>
</table>

The Basic Registration Fee includes
- Admission to the scientific sessions from Thursday, June 3 to Saturday, June 5 except for the congress workshops and master clinician seminars.
- Final program and abstract CD
- Badge
- Access to the exhibition area and poster sessions
- Coffee breaks
- Tourist information on Boston
- Parking
  Payment for overnight parking for those staying on campus
- Opening ceremony and welcome reception Wednesday June 2, 2010

The following options can be added to basic registration:

<table>
<thead>
<tr>
<th></th>
<th>Pre-Congress Workshops</th>
<th>In Congress Workshops</th>
<th>MC Seminars</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professionals</td>
<td>$110</td>
<td>$50</td>
<td>$160</td>
</tr>
<tr>
<td>Trainees</td>
<td>$80</td>
<td>$45</td>
<td>$50</td>
</tr>
</tbody>
</table>

- Sign-up and payment for any ticketed scientific events
- Sign up and payment for any optional social events (i.e., Gala cruise)
- On Campus Housing
  Please request type of room(s) and indicate any preferred roommates
- Meal Plans
  Breakfast and Lunch for on-campus residents
  Lunch only for locals and those staying in hotels
- Sign up only (no payment) for those needing day parking
  (you will pay on-site)

The Pre-Congress Workshop Registration Fee includes:
- Access to one pre-congress workshop of your choice
- Handouts for the workshop
- Badge
- Coffee breaks
- Certificate of attendance

In-congress workshops will be advertised on the congress website by April 2010 and can be booked in advance or at the Congress. Please see the website for additional details on registration and to register online www.wcbct2010.org.

Exhibitor Registration

An exhibition will be organized to promote products and services relevant to the conference. The exhibition offers an excellent opportunity for exhibitors to enhance the impact of print, web, and media messages, and for delegates to meet representatives of the exhibiting companies. If you are interested in exhibiting, please visit the congress website for additional detail or contact the Conference Secretariat.

Tel  +1 212 647 1890
Fax  +1 212 647 1865
Email mebrown@abct.org

Social Program

In addition to the extensive scientific program, the Boston 2010 WCBCT has designed a full social program to help attendees enjoy the best of Boston and its surrounding areas. Additional information about the Social Program can be found on the congress website and will be provided in the WCBCT Conference Program.

* Countries designated as Emerging Counties are detailed on the registration page of the website and on the online registration form.
** Trainees include current students and those with student status within the last 2 years.
GENERAL INFORMATION

Congress Venue
The Congress will be held at
Boston University
Boston, Massachusetts 02215
Visit the Boston University website at www.bu.edu

Boston University is one of the largest private universities in the United States, with approximately 30,000 students enrolled in 16 Schools and Colleges of the university. The campus spans 1.5 miles along the Charles River, stretching from Kenmore Square (the site of the Boston Red Sox’s playing field at Fenway Park) down to its new Student Village and state-of-the-art Agganis Arena and Fit Rec sports facility.

Congress Dates
Full day pre-congress workshops will be held Wednesday June 2. The congress will begin Thursday morning, June 3 and will end Saturday afternoon, June 5, 2010.

Registration
Delegates are encouraged to register online beginning November 1, 2009. Early Bird reduced registration is available until February 15, 2009. Registration will also be available onsite beginning Wednesday June 2, 2010.

Food and Beverage
Complimentary light refreshments will be served during official breaks. Meal plans (breakfast and lunch or lunch only) will be available for purchase and can be purchased in advance. Please see website for details.

Languages
The official congress language will be English.

Visa (Entering the USA)
Participants requiring an entrance visa to the USA should contact the USA consulate at their home country at least three months prior to the intended travel period. Please check the congress website www.wcbct2010.org for more information.

Letters of Invitation
Individuals requiring an official letter of invitation to obtain a visa and authorization to attend the conference should indicate this at the time of online submission. The invitation does not obligate the conference financially in any way. Expenses incurred are the sole responsibility of the participant.

Air Travel
Logan International Airport www.massport.com/logan
Boston’s major airport, Logan International (BOS), is readily accessible from most cities in the world. Logan has five terminals lettered A through E. A free airport shuttle runs between the terminals. Most international flights arrive at Terminal E. A Visitor Center in Terminal C offers tourist information. Logan Airport is across the harbor from downtown Boston and about 2 miles from the city center and 3 miles from the congress site at Boston University. Transportation to and from the airport is readily available by taxi or public transportation (MBTA, known locally as “the T”). Taxis can be found outside each terminal, and are often the most comfortable and convenient way to get to and from the airport. The journey from the airport to the city takes about 20 minutes, depending on the traffic, and costs about $20 to $30. Subway access to the conference at Boston University requires two changes and approximately 35-40 minutes; it costs $2 one way.
Host City

Boston is the largest city in New England, and is home to some of the most celebrated museums in the country, including the Boston Museum of Fine Arts (MFA), Institute of Contemporary Art (ICA), Isabella Stewart Gardner Museum, Museum of Science, New England Aquarium, USS Constitution Museum, Harvard Art Museums and MIT Museum. The Boston area also boasts over 65 colleges and universities, a force that keeps historic Boston vibrant and ever-changing. This helps make “Beantown” a first-class tourist destination and the perfect setting for meetings and exhibitions.

Boston and its surrounding areas offer a wide variety of natural beauty and outdoor activities. Its compact layout and culturally distinctive neighborhoods make Boston the perfect walking city. Go for a sail along the Charles River, a walk through the Boston Common and Public Gardens or try whale watching off the beautiful beaches of Cape Cod.

Walk your way through American history on the Black Heritage Trail or the Freedom Trail. Learn about the Boston Tea Party of 1773, explore the shops and restaurants of Faneuil Hall Marketplace, visit Paul Revere’s House and experience “the shot heard ‘round the world!” Plymouth Rock, the site where the Pilgrims first landed, is just a 30 minute ride from Boston. You’re likely to stumble across a part of Boston’s unique and cherished history around every corner! To get the experience “by land” and “by sea”, take advantage of one of the city’s “DUCK tours,” where you’ll enjoy a narrated tour of the city in an authentic, renovated World War II amphibious landing vehicle. Come taste New England favorites, like clam “chowdah”, lobster rolls and Boston cream pie, but save room for the cutting-edge cuisine that has landed Boston a reputation as a great restaurant town.

Boston also serves as the gateway to New England, including Maine’s charming towns, craggy coastline and beautiful vistas, New Hampshire’s forests, lakes, hiking and camping in the White Mountains, and Vermont’s picturesque villages and beautiful Green Mountains. Just two hours from Boston, the Berkshire Mountains offer quaint Bed and Breakfasts, wine vineyards, and the world-renowned Tanglewood Summer Music Series, offered by the Boston Symphony Orchestra.

Local Transportation

Boston has an efficient public transportation system of subway (“T”), buses, local trains and ferries that will take you to the Boston University area, the city center and its surroundings. A single bus or metro ticket costs $2.00 and visitor passes good for one day ($9) or one week ($15) can be purchased. Please refer to the MBTA website, www.mbta.com, for specific route and pricing information.

A free shuttle service will be provided between conference buildings during the conference.

Additional information on Boston

Visit the “About Boston” page on the World Congress Website for further information on the city of Boston.

Or visit
Greater Boston Convention and Visitors Bureau +1 617 424 7664
www.bostonusa.com

Massachusetts Office of Travel and Tourism +1 617 973 8525
www.massvacation.com
**Time Zone**
Boston is on Eastern Daylight/Summer Time (EDT) = Greenwich Mean Time (GMT)-4.

**Climate**
In the month of June, Boston enjoys a beautiful late spring and early summer weather with temperatures around 64 degrees Fahrenheit (ranging from 14 to 24 Celsius, with an overall average of 17 degrees Celsius).

**Cancellation Policies**
Registration. If conference registration is canceled on/before May 2, 2010, the price of registration minus a $40 handling fee will be refunded. WCBCT 2010 will not refund cancellations after May 2, 2010.

Hotel. Please check with your specific hotel regarding its cancellation policies.

**Disabilities & Accessibility**
The New England Information on Disabilities Exchange (INDEX) coordinates the Massachusetts Network of Information Providers for People with Disabilities, which maintains a database of resources for individuals with disabilities.

Massachusetts Network of Information Providers for People with Disabilities www.mnip-net.org

Massachusetts Office on Disability www.state.ma.us/mod

New England Information on Disabilities Exchange www.disabilityinfo.org

**Currency**
All hotels and most restaurants in Boston accept major credit cards. The local currency is the US dollar (USD). 1.00 USD is approximately 0.76 EUR (exchange rates of May 2009). Banks are generally open weekdays 9 AM-4 or 5 PM, plus Saturday 9 AM-noon or 1 PM at some branches. Automatic teller machines (ATMs) can be used to access cash quickly but usually have a surcharge of at least 1.50 USD per withdrawal. Look for ATMs outside banks and in large grocery stores, shopping centers and gas stations. If you are carrying foreign currency, it can be exchanged for USD at Logan International Airport. There is no national sales tax (such as VAT); however there are state and local taxes. Hotel rooms are subject to 12.45% tax and all sales are subject to a 5% sales tax, except store-purchased food and clothing up to $175.

**University Accommodations and Hotels**
A variety of university and hotel accommodation options are available. Boston University offers very attractive and modestly priced campus housing suites located in two modern high rise buildings (10 Buick St and Student Village II) with views of the Charles River and the city of Boston. Their location at the west end of the BU campus is the most convenient to the congress activities. BU housing suites cost $60 per person per night for single-occupancy bedrooms containing one person per bedroom. Ideal for students and professional delegates traveling alone or in groups, these rooms are arranged in three types of suites as follows:

- 4 bedrooms with 2 bathrooms, living area, and small kitchen
- 2 bedrooms with 1 bathroom, living area, and small kitchen
- 8 person suites containing 4 single bedrooms, 2 double bedrooms (2 people per room), 2 baths and living area (no kitchen).

Suitmates may be requested at the time of registration or delegates will be grouped together with other attendees by congress organizers. Please check the congress website for further accommodation options and updates as these become available.
6th World Congress of Behavioral and Cognitive Therapies
Translating Science Into Practice

wcbct2010.org