F-1 Optional Practical Training: Application Basics

Offered the first Friday of every month (excluding January and September) and other dates as convenient.

Covers topics for students preparing to apply for OPT:

- Eligibility factors and timing of application
- Considerations for travel and employment
- Tips for preparing and mailing the OPT application.

<table>
<thead>
<tr>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday, February 6th</td>
</tr>
<tr>
<td>Thursday, February 19th</td>
</tr>
<tr>
<td>Friday, March 6th</td>
</tr>
<tr>
<td>Thursday, March 19th</td>
</tr>
<tr>
<td>Friday, April 3rd</td>
</tr>
<tr>
<td>Friday, May 1st</td>
</tr>
<tr>
<td>Friday, June 5th</td>
</tr>
</tbody>
</table>

All sessions 3:00-4:00 p.m.
ISSO, 888 Commonwealth Ave, 2nd FL

Pre-Registration for these workshops is not required. Space is Limited.

F-1 Optional Practical Training: Transitions (STEM, Cap-Gap)

For students who have already submitted an OPT application and who may already be on OPT.

Covers advanced OPT topics including:

- 17-month extensions for students in certain Science, Technology, Engineering and Math (STEM) fields
- Questions about moving to H-1B employment-based immigration sponsorship
- “Cap-gap” extensions of status and work permission.

<table>
<thead>
<tr>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday, February 13th</td>
</tr>
<tr>
<td>Thursday, March 12th</td>
</tr>
<tr>
<td>Thursday, April 9th</td>
</tr>
</tbody>
</table>

All sessions 3:00-4:00 p.m.
ISSO, 888 Commonwealth Ave, 2nd FL

ISSO also offers OPT workshops at schools and colleges. Please check out our website for more information: [www.bu.edu/isso](http://www.bu.edu/isso)