

SAVE THE DATE!

FINALS FRENZY @BUERC April 22-25

Brain Food

If chips and soda fuel your all-night cram sessions, you could use a few tips on eating foods that fuel your brain and managing your time so you can banish cramming for good.

We'll tackle the part about brain food in this session.

Tuesday, April 23, 3 p.m., Room 101
Thursday, April 25, 5 p.m., Room 101

Multiple Choice

Remember the process of elimination? Learn strategies to pick the best answer when A, B, C and D all look too good to be true.

Monday, April 22, 1 p.m., Room 101
Wednesday, April 24, 3 p.m., Room 101

Smart Money 101

Thinking of getting a summer job? Wondering what it takes to re-pay your student loans?

Take these valuable tips from the Financial Assistance Office.

Summer Working, Summer Not
Tuesday, April 23, 4 p.m., Room 101

Coming to Terms w/Student Loan Repayment
Thursday, April 25, 1 p.m., Room 101

Stress Buddy

Student Health Ambassadors from Student Health Services will discuss stress-management techniques you can use the next time you fret over tests, to-do lists or just about anything.

Wednesday, April 24, 5 p.m., Room 545A

Test Prep

How early you start studying and what you do to prep for tests matters.

Learn tips for more effective, less stressful study sessions.

Monday, April 22, 3 p.m. Room 101
Tuesday, April 23, 5 p.m., Room 545A

Time Management

Too much to do and not enough time?

Get tips on how to manage your time so that you have plenty to go around for school and fun.

Tuesday, April 23, 2 p.m, Room 101
Wednesday, April 24, 1 p.m., Room 101