Financial Literacy Components:

Income
EXPENSES
Budgeting
Credit

What Are Your Expenses?

- Monthly/Quarterly Bills
- Discretionary Spending (Includes ATM Usage)
- Future Spending Needs (Plan Ahead)
- ♦ 401K-Type Retirement (Start Early/Retire When You Want

How to Track Short-Term Spending

- Expenses to Track:
 - Food (groceries, restaurants...)
 - Transportation (public, auto, parking, gas...)
 - Clothing (new, dry-cleaning, laundry...)
 - Daily Needs (newspapers, coffee, lunch, snacks...)
 - ▶ FUN FACT: 2 medium coffees at Dunkin' every day, Monday through Friday = \$80.00 per month

Ways to Track Spending:

- Keep all Receipts
- Keep all ATM Slips
- ♦ Use Electronic Help (Apps) to Help Track in Real Time

Long-Term Spending:

- Retirement (Long-Term, But Begin Early)
- Goals (Thing You Want vs Need)
 - Vacation, New Car, Home, New iPhone...

See The Following:

- Websites that can help
- ♦ Apps that can assist in tracking...plenty of FREE apps
- Tips to Increase Savings
- Fun Facts on How to Reduce Spending
 - Such as: never food shop when hungry and just because it's on sale doesn't mean you're saving if you don't need item