

BOSTON UNIVERSITY
SCHOOL OF SOCIAL WORK

**ADMITTED STUDENTS DAY 2018** 

APRIL 7, 2018



### BOSTON UNIVERSITY SCHOOL OF SOCIAL WORK

#### **ADMITTED STUDENTS DAY 2018**

#### Schedule of Events

9:00-9:20 AM: Continental Breakfast & Registration

9:20-9:35 AM: Welcome

9:35-10:00 AM: Equity & Inclusion Presentation

10:00-10:30 AM: Financing Your Graduate Education

10:30-10:45 AM: Break

10:45-11:45 AM: Faculty Presentation

11:45-11:55 AM: Next Steps for Admitted Students

11:55 AM-12:00 PM: Break

12:00-1:15 PM: Lunch Roundtable Discussions: Current Students & Alumni

#### **Optional Activities**

1:15-2:00 PM: Living in Boston: Housing & More (Student-Led Presentation) 2:00-3:00 PM: BUSSW Campus & Beyond (Student-Led Presentation)



BOSTON UNIVERSITY
SCHOOL OF SOCIAL WORK
ADMITTED STUDENTS DAY 2018

**EQUITY & INCLUSION** 

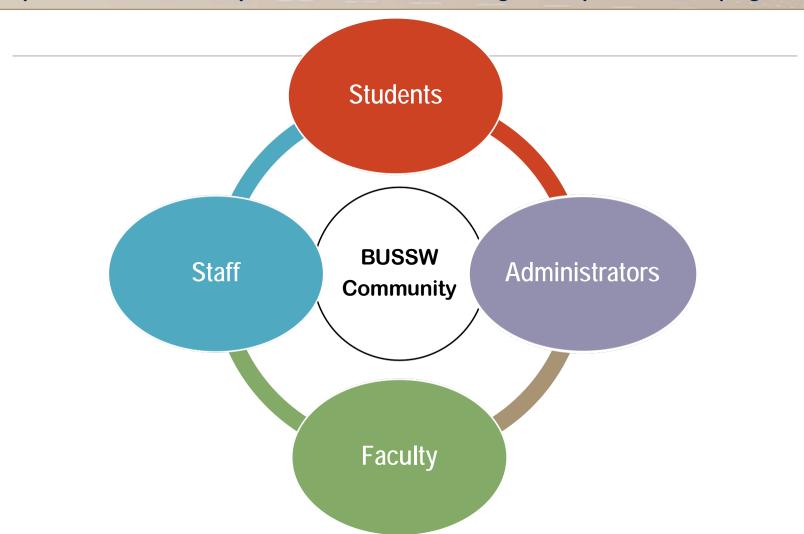
## EQUITY AND INCLUSION COMMITTEE MISSION

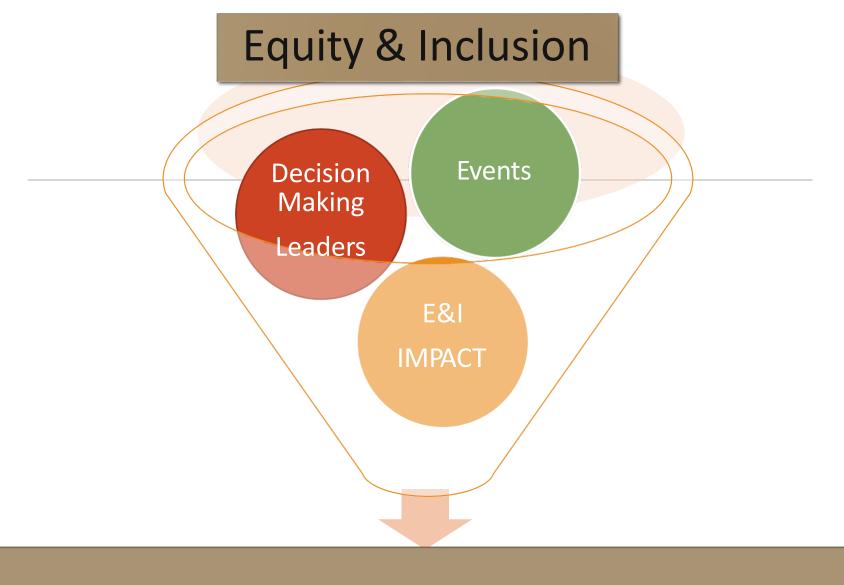
The Equity and Inclusion Committee is charged with providing leadership and promoting, valuing and affirming social justice & equity in all areas of the school including:

- Practice, research and scholarship
- Recruitment of students, faculty, administrators
- Classroom teaching
- Curriculum development
- Student & alumni relations and community activities

#### **Multiple Perspectives**

Representatives from every area of the school, including off campus and online programs.





MORE RACIAL, SOCIOECONOMIC JUSTICE IMPACT AT BUSSW

# EVENTS

- Admitted Day
- New Student's Orientation
- Immigration
   Speakers
   refugee kids
   video
- Discussion &
   Action for
   Puerto Rico and
   the Caribbean
   affected by
   Hurricanes
- Invisible and Visible Disability
- Transgender Workshop
- Social Justice Conversations

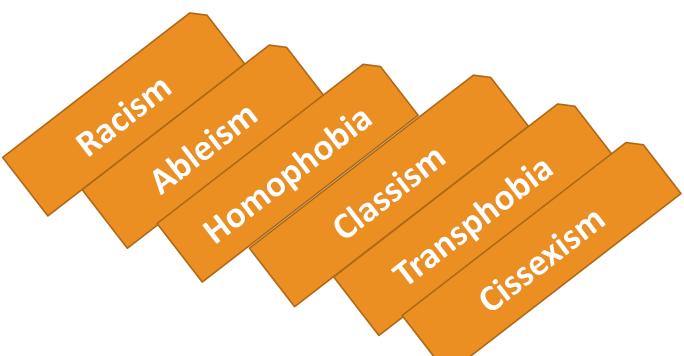
# LEADERSHIP

- Dean provides financial resources for Committee activities
- Student leadership has been key in action towards justice
- Continue to Increase number of staff & students in the committee and involve in related initiatives

# **DECISION MAKING**

- Participation in faculty search process
- Revision of Faculty Search Form to include racial/social justice questions
- Engaging in school-wide discussions with new Associate Provost for Diversity and Inclusion







#### REFUGEE KIDS

ONE SMALL SCHOOL TAKES ON THE WORLD

WEDNESDAY, MARCH 23, 5:30-7:30 p.m., College of Arts & Sciences Room 522 REFRESHMENTS, FILM SCREENING & DISCUSSION WITH THE FILMMAKERS



**Boston University** School of Social Work

#### BUSSW Equity and Inclusion Committee & Student Services invites you to a:

## Community Lunch, Discussion & Action for Puerto Rico and the Caribbean affected by Hurricanes

**When**: October 11, 2017

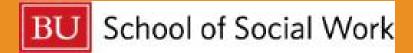
<u>Time</u>: 12:00 -1:45pm

**Where**: Conant Lounge (lunch provided)

Discussion By Students, Faculty, Staff Affected

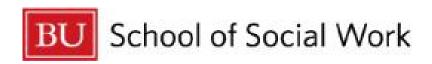
and Relief Efforts Action Plan

\*Bring – Cash donations, Non- perishable food, soap, toothbrush, baby clothing









Equity and Inclusion Committee & the Racial Justice Sequence Invites

All Faculty, Students and Staff to attend one or both events

When: Wed March 14, 2018

LGBTQ SPEAKER SERIES
Boston Alliance of LGBTQ Youth
(BAGLY) & LGBTQ + Adolescents
Social Services (GLASS)

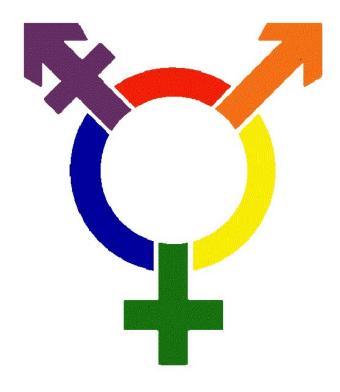
SSW Conant Lounge Time: 5:00-6:15 PM NETWORKING WITH SOCIAL JUSTICE FRIENDS & ACTIVISTS

**SSW Conant Lounge** 

Time: 6:30 - 7:30pm

**Dinner will Be Provided!!** 

RSVP To Prof. Mark Gianino = mgianino@bu.edu



When:

Thursday March 22, 2018

Where:

**Conant Lounge** 

Time:

12:30-2:00pm

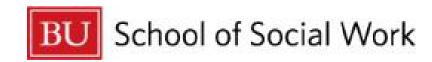
The Equity & Inclusion Committee and Boston University Graduate Workers Union invite you to join us:

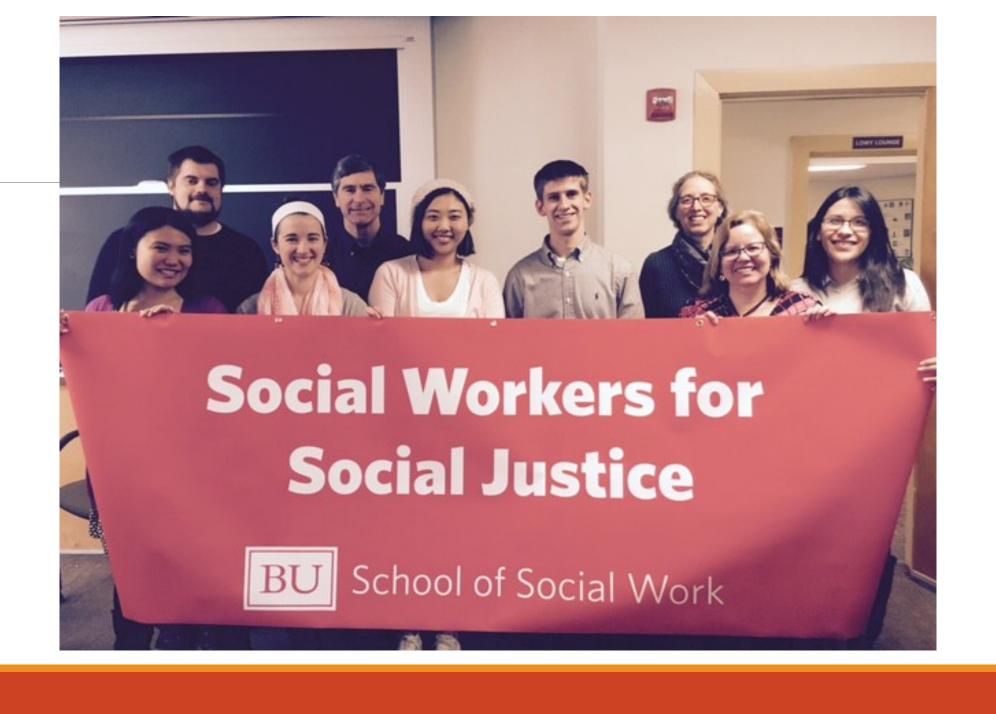
#### TRANSGENDER INCLUSION IN HIGHER ED WORKSHOP

This workshop is intended to educate participants about gender identity and current issues in trans activism, with tips on how participants can support trans students and coworkers.

RSVP to klacey@bu.edu

Lunch will be provided!





Thank you!
Muchas Gracias!



BOSTON UNIVERSITY
SCHOOL OF SOCIAL WORK

ADMITTED STUDENTS DAY 2018
FINANCIAL AID

#### Financing Your Graduate Education

#### **Overview:**

- Types of Financial Aid
- 2018/2019 Cost of Tuition and Fees
- Loan Repayment/Forgiveness
- Questions

#### Types of Financial Aid

#### **Full-Time Students**

- Merit-Based Scholarships
- SSW ScholarshipOpportunities
- Federal Work Study
- Student Employment
- Federal Direct Unsubsidized Loan
- Credit-Based Loans

#### **Part-Time Students**

- Merit-Based Scholarships
- SSW Scholarship Opportunities
- Federal Direct Unsubsidized Loan
- Credit-Based Loans

#### 2018/2019 Cost of Tuition and Fees

#### 2018/2019 Tuition and Fees

**Full-Time** 

**Tuition: \$34,112** 

Fees: \$776

(Student Services, health, grad. Program fee)

**Medical Insurance: To Be** 

**Announced** 

**Part-Time** 

**\$1,066/credit** Charles River Campus (Boston)

\$706/credit Off campus (Bedford, Fall River, Cape Cod)

Fee: \$60/ semester Student Services Fee

Medical Insurance (9 or more credits per semester): To be announced

#### Loan Forgiveness and Loan Repayment

#### **Public Service Loan Forgiveness**

- Work full-time in a public service job (government or non- profit
- Loan balance forgiven after 120 qualified payments made while employed
- Only payments after 10/01/2007 qualify
- Payments do not have to be consecutive

#### Repayment Assistance

- Agency or state programs
- Usually offered in Health Care Professional Shortage Area (HPSA) eg.
   Mental/Behavioral Health Care Providers (LCSW)
- Usually requires service agreement/commitment

#### Financing Your Graduate Education

#### **QUESTIONS?**



## BOSTON UNIVERSITY SCHOOL OF SOCIAL WORK

#### **ADMITTED STUDENTS DAY 2018**

#### Schedule of Events

9:00-9:20 AM: Continental Breakfast & Registration

9:20-9:35 AM: Welcome

9:35-10:00 AM: Equity & Inclusion Presentation

10:00-10:30 AM: Financing Your Graduate Education

10:30-10:45 AM: Break

10:45-11:45 AM: Faculty Presentation

11:45-11:55 AM: Next Steps for Admitted Students

11:55 AM-12:00 PM: Break

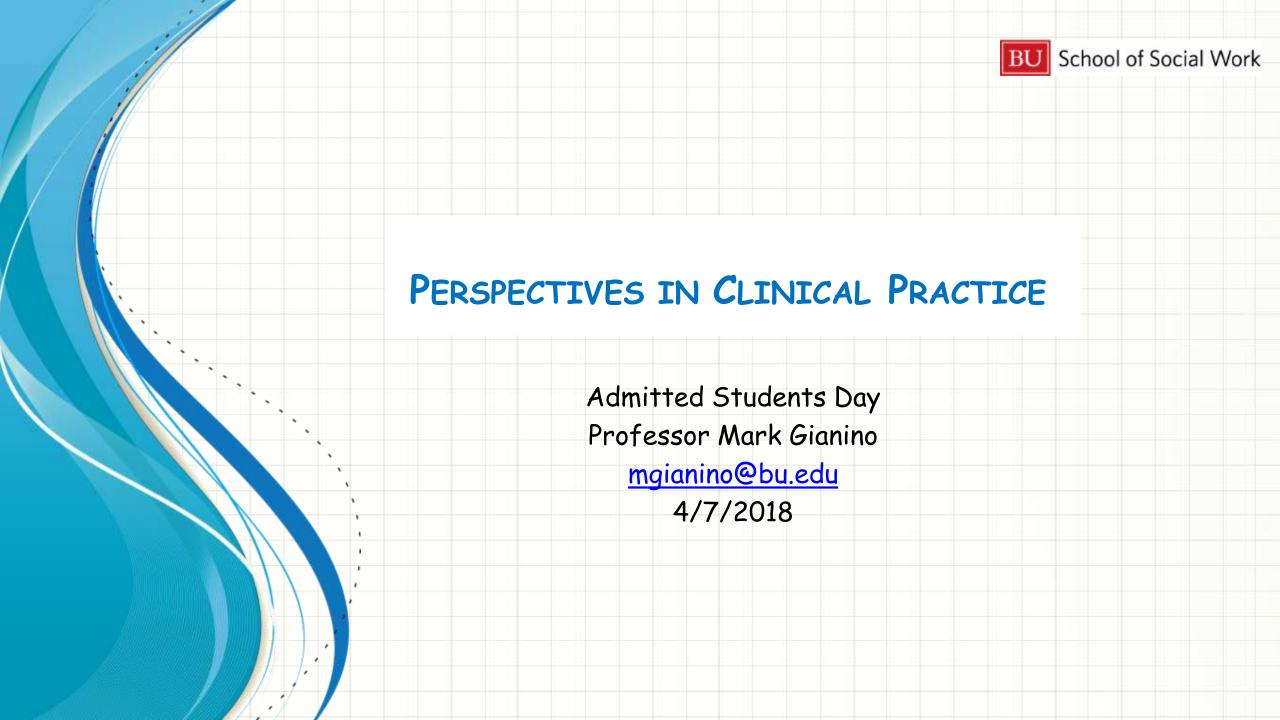
12:00-1:15 PM: Lunch Roundtable Discussions: Current Students & Alumni

#### **Optional Activities**

1:15-2:00 PM: Living in Boston: Housing & More (Student-Led Presentation) 2:00-3:00 PM: BUSSW Campus & Beyond (Student-Led Presentation)



BOSTON UNIVERSITY
SCHOOL OF SOCIAL WORK **ADMITTED STUDENTS DAY 2018**FACULTY PRESENTATION



Partner up with someone nearby and share with them:

- 1. Name and preferred pronoun
- 2. What are you hoping an MSW will enable you to do?
- 3. Previous social work type experience
- 4. One fun fact not social work related

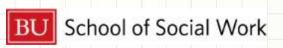
• Clinical practice = profound appreciation for the individual's:

-STRENGTHS

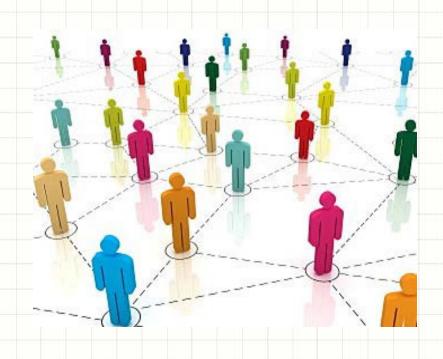
-SOCIAL CONTEXT

-RESOURCES

\*Compassion \*Openness & \*No Judgment

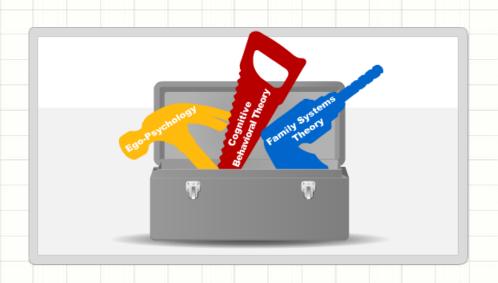


# Clinical Social Work Person-in-Environment



- Socio-economic
- Culture
- Family History
- Environmental factors

# Tool Box When to use the best Evidenced Based Intervention



Trauma Informed

Cognitive Behavior Therapy (CBT)

Ecological Model

#### Classroom Role Plays techniques



Skills in Group Work



Individual or Family Assessment and Intervention

#### Clinical Social Work integrates social justice



## **CSWE EPAS 2.1.5: Advance Human Rights and Social Justice**

- Social workers recognize global & social interconnections of oppression and,
- Identify theories of justice and strategies to promote human and civil rights.



# Clinical Social Work Skills



- Validate
- Universalize
- Identify and affirm strengths
- Provide concrete services
- Use closed/open ended questions
- Prompt
- Reflect
- Summarize
- Refocus
  - Goal-set
- Partialize and prioritize
- Accentuate the positive
- Reflect discrepancies
- Observe stuck patterns
- Educate/share information

#### Clinical Courses

#### **FOUNDATION COURSE**

 CP 759 Introduction to Clinical Social Work with individual, families and groups

#### **CLINICAL ELECTIVES**

- CP 785 Family Therapy
- CP 795 Cognitive and Behavioral Treatment
- CP 799 Brief and Time Effective Treatment
- CP 804 Adult/child Trauma
- CP 809 Alcoholism and Drug Abuse Assessment & Treatment

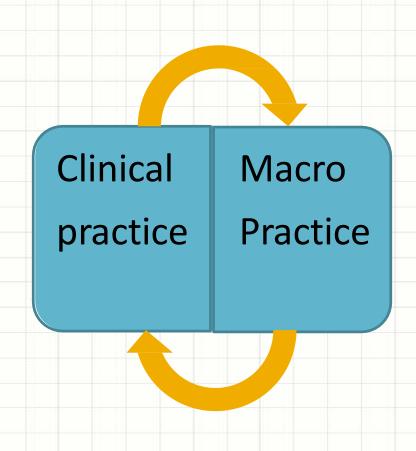
#### We can help shape history







#### INTEGRATED CLINICAL & MACRO PERSPECTIVES



#### **Discussion: The Olivares Family**

- Joaquín Olivares, a 38-year-old Mexican immigrant and his 35-year-old wife, Maria, presented to a family services agency with the complaint of "family problems." The Olivares have been married for 12 years and have two children (a son aged 6 and a daughter aged 8). They are documented and have lived in the U.S. for eight years with their green cards. He was recently laid off after 5 years as a well-paid machine worker in a factory. He now works as a day laborer for minimum wage. Mrs. Olivares works as a housekeeper for a family. Their 8 year old daughter was a straight A student, but recently her grades have fallen and she is not doing well in school.
- Mr. Olivares complains that his wife has recently started to "nag" him about his drinking. He admits that
  during the last few months he has increased his intake of alcohol, but denies this is a problem for him,
  as he drinks "only on the weekends."
- Mr. and Mrs. Olivares describe difficulties they experience living in the U.S. Neither speaks much English. Mr. Olivares admits to being quite worried about his recent lay off, saying he doesn't want to "let the family down" in his responsibilities. As a result, he works longer days in order to make ends meet. His weekend drinking is, for him, his way of coping and relaxing.

#### **Questions:**

- 1. Identify strengths, problems, and issues that arise with the Olivares from both a clinical perspective.
- 2. Develop two strategies for social work practice with the Olivares, from both a clinical and macro perspective.







# #BeTheChangeBU

BOSTON UNIVERSITY
SCHOOL OF SOCIAL WORK
ADMITTED STUDENTS DAY 2018

**NEXT STEPS** 

# TIME LINE

- Field Education
  - Outreach to full-time students post deposit
  - Outreach to part-time students during 1st year
- Social Media Invitation
  - Facebook page for incoming class post deposit
- Student Services & Registrar
  - Contact in early summer with information about orientation, course selection, student involvement, housing





# WHAT ELSE?

- Housing: proximity to campus or field placement
  - CRC folks- stick around for the Housing Presentation
- Parking & Transportation- walkable city, public transportation, car
- Scheduling:
  - ❖ 16 hours/week in field 1st placement
  - ❖ 24 hours/week in field 2<sup>nd</sup> placement (traditional)
  - ❖ Part-time students not in the field 1<sup>st</sup> year, start during 2<sup>nd</sup> year in the program



# We invite you to...

- Complete the evaluation survey
- Participate in Networking Lunch
- Optional CRC MSW Student Housing Presentation and Tours



# #BeTheChangeBU

# BOSTON UNIVERSITY SCHOOL OF SOCIAL WORK

#### **ADMITTED STUDENTS DAY 2018**

#### Schedule of Events

9:00-9:20 AM: Continental Breakfast & Registration

9:20-9:35 AM: Welcome

9:35-10:00 AM: Equity & Inclusion Presentation

10:00-10:30 AM: Financing Your Graduate Education

10:30-10:45 AM: Break

10:45-11:45 AM: Faculty Presentation

11:45-11:55 AM: Next Steps for Admitted Students

11:55 AM-12:00 PM: Break

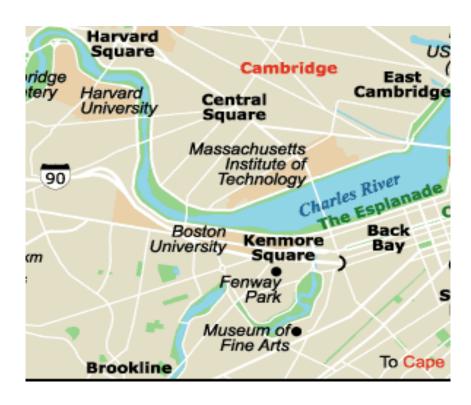
12:00-1:15 PM: Lunch Roundtable Discussions: Current Students & Alumni

#### **Optional Activities**

1:15-2:00 PM: Living in Boston: Housing & More (Student-Led Presentation) 2:00-3:00 PM: BUSSW Campus & Beyond (Student-Led Presentation)



## **BUSSW NEIGHBORHOOD**







# **NEIGHBORHOODS**





**BUSSW** 

- 1 ALLSTON (LOWER ALLSTON)
- 5 BRIGHTON
- 6 BROOKLINE
- 7 CAMBRIDGE
- 13 JAMAICA PLAIN
- 16 MISSION HILL
- SOMERVILLE

### **COST RANGE**



#### **Very Expensive:**

Studios: \$2200-\$3200 1 Bed: \$2500-\$4100 2 Bed: \$2800-\$4800 3 Bed: \$3400-\$5200



#### **Expensive:**

Studios: \$1600-\$2500 1 Bed: \$1800-\$2700 2 Bed: \$2600-\$3500 3 Bed: \$3000-\$3600



Studios: \$950-\$1500 1 Bed: \$1200-\$1800 2 Bed: \$1800-\$2500 3 Bed: \$2300-\$2900



Studios: \$800-\$1200 1 Bed: \$1000-\$1400 2 Bed: \$1200-\$1800 3 Bed: \$1600-\$2200



## **BUT I DON'T HAVE A CAR...**

Boston is a small city and these neighborhoods are closer than you think!

#### MBTA T Pass:

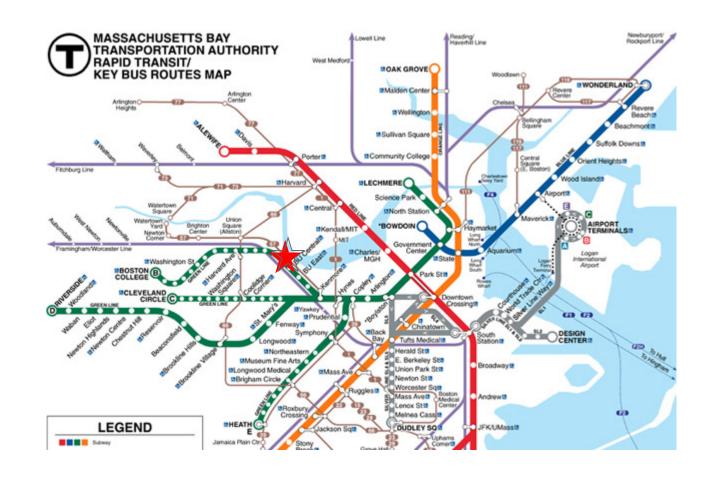
Get a Charlie Card

Bus: \$1.70/ride

Train: \$2.25/ride

Monthly: \$84.50

BU: \$267/semester



# THINGS TO THINK ABOUT: HOUSING



- How close/far do you want to live?
- How far are you willing to commute to class/internship?
- When do you want to move?
- What's your budget?
- What are your "nonnegotiables" in an apartment?
- What are things you're willing to give up?

### **HOUSING TIMELINE**

#### 5-6 months before move-in:

Do your research. Decide on your housing budget and where in Boston you want to live. Choose at least 2 neighborhoods. Begin contacting potential roommates. Schedule a visit to Boston.

#### 2-3 months before move-in:

Visit Boston. Meet potential roommate(s). Look at apartments and submit application. You will definitely want to meet the landlord prior to signing a lease!

### **HOUSING TIMELINE**

#### Once you've found your apartment, book a rental van.

September 1 is a common move-in day in Boston, so book it early! You also will need to apply for a parking permit for the city for your rental van. That can be done online through the link below.



### **HOUSING TIMELINE**

#### 1 week before move-in:

Review your lease. Notify the post office about your address change. Confirm your truck reservation and make sure you have your parking permits. Call to have utilities turned on during your moving day, and turned off at your old apartment (if applicable).

#### Move-in day standards:

Your apartment should be clean, safe, and have working fire alarms.

# FINDING HOUSING



- Facebook (BUSSW student group)
- BU Housing Website (on campus & off campus apartments )
- Realty Companies
- Craigslist
- Find a Roommate today!

### THINGS TO THINK ABOUT: ROOMMATES

- Do you like to study in silence or with some noise?
- Do you like to go to bed early or stay up later?
- Does clutter in your space bother you or not?
- How do you balance work, school, and your free time?
- Do you like to study at home alone or with other people?



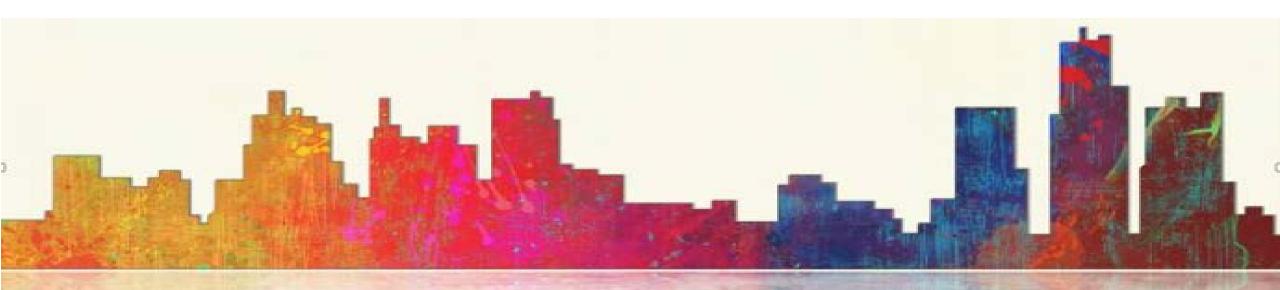
#### **BOSTON UNIVERSITY GRADUATE HOUSING**

#### On Campus

- Go through BU Real Estate website https://www.bu.edu/realestate/
- Can apply between April and September
- Both private apartment and shared hallway options

#### **Off Campus**

- Go through BU website https://offcampus.bu.edu/
- Apartments throughout the city of Boston
- Can login to begin searching with or without a BU email address



#### **WORK FOR RESIDENCE LIFE**

#### **Resident Assistant**

- Must be a full-time student
- Responsible for a hallway or small building of undergraduate students
- Run hall meetings, plan events, & share on call duties
- About 20 hours/week of work (not actually that high)
- FREE housing (free food if your space does not have a kitchen)

#### **Graduate Resident Assistant**

- Must be a full-time student
- Responsible for a group of RAs
- About 20 hours/week of work (not actually that high)
- Run weekly meetings, disciplinary hearings, & work with hall director
- FREE housing (free food if your space does not have a kitchen)
- Small stipend!

Note: These positions are full for the 2018/2019 academic year & You must be available Wednesday nights for mandatory meetings

# **THANK YOU!**

Please feel free to askus additional questions!



# #BeTheChangeBU

BOSTON UNIVERSITY
SCHOOL OF SOCIAL WORK
ADMITTED STUDENTS DAY 2018



# Get to Know the Boston University Campus





# Student Health Services 881 Commonwealth Avenue

- Home to Primary Care,
   Behavioral Health &
   Wellness, and Prevention
   Services
- On-campus services are accessible to students and referrals can be made to additional resources and providers



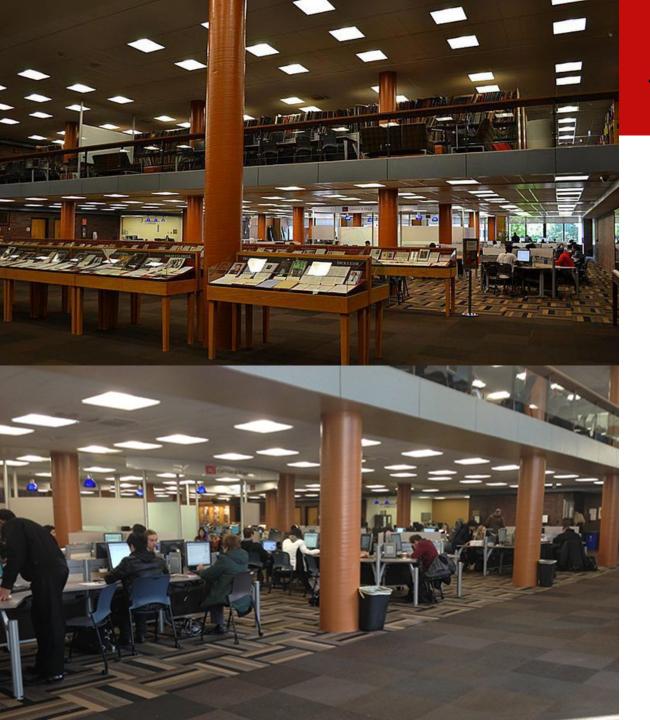


**Howard Thurman Center for Common** Ground located on the lower level

University-wide events

University ID cards & SSW Orientation





# Mugar Memorial Library 771 Commonwealth Avenue

- BU's main library on campus (located in the GSU)
- Access to course reserves, reference books, printing, copies, computers, IT, etc.

Other libraries to check out: School of Law, School of Education, School of Theology

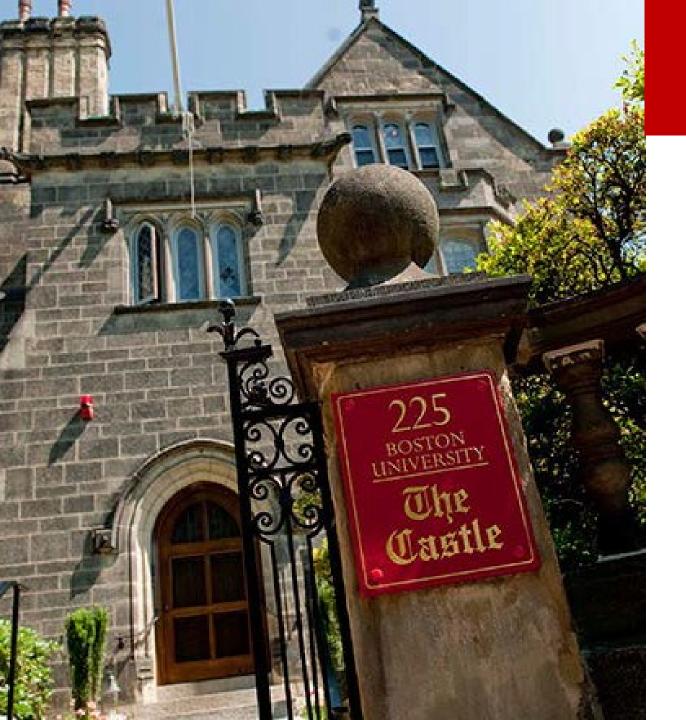


# Charles River Esplanade

- Located behind BUSSW over the pedestrian bridge
- Several miles of pedestrian paths for walking, running, and biking along the river







# BU Castle/BU Pub 225 Bay State Rd

- Historical building where many events and functions take place
- Currently being renovated to house the new Alumni Center
- Pub located in the basement is a popular lunch and hangout spot for those 21 and over

\*Fun fact: The new Ghostbusters movie (2016) filmed in Boston shot an outside scene of The Castle

# Our School 264 Bay State Rd

- Administrative Offices
- Faculty Offices
- Two Classrooms
- Student Lounge
- Student Mailboxes





# SSW Classrooms 119 & 121 and Student Lounges

- Many classes take place in these two classrooms
- The Student Lounge is located on the first floor of the school
- This is a popular hang out spot for students to do work, socialize, etc.

### **EPIC**

#### 750 Commonwealth Avenue

- Located across the street from BUSSW
- Most classes not held in BUSSW are held in the EPC
- Next door Pavement
   Coffee, so if you have time,
   pick up a drink or treat
   before class!



# Other Places Around Campus

- BU Bookstore
- Yawkey Center for Student Services
- Disability Services
- Informational Services and Tech Help Center





# #BeTheChangeBU

BOSTON UNIVERSITY
SCHOOL OF SOCIAL WORK

ADMITTED STUDENTS DAY 2018
THANK YOU!