

# **SECTION VI:**

## ***COMMUNITY RESOURCES***

# COMMUNITY RESOURCES

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The following information is a supplement to the Healthcare Resources & Mental Health Services sections on p.99-102. Please use the resources below in conjunction with that information. This list is not meant to be exhaustive; please use it as an introduction for further investigation and/or involvement in these areas.

## ***Mental Health/Counseling***

### **National Alliance on Mental Illness**

Advocacy/support for families  
400 West Cummings Park, Suite 6650  
Woburn, MA 01801  
Helpline: 800-370-9085

### **Massachusetts Department of Mental Health**

Central Office:  
25 Staniford Street, Boston, MA 02114  
Phone: 617-626-8000  
TTY: (617) 727-9842  
[www.mass.gov/dmh](http://www.mass.gov/dmh)

### **Social Work Therapy Referral Service**

A free, confidential telephone counseling referral service with personalized matches based on location, specialty & insurance or fee requirements.

Phone: 617-720-2828  
Toll Free: 800-242-9794

## ***Suicide Prevention Services***

### **USA National Suicide Hotline**

1-800-SUICIDE (784-2433)

### **National Suicide Prevention Lifeline Veterans**

1-800-273-8255  
1-800-273-8255 & press 1  
TTY: 1-800-799-4TTY (4889)

## ***COMMUNITY RESOURCES (continued)***

### ***Chronic Conditions, Disabilities and Special Needs***

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#### **Disability Services at Boston University**

(see page 96 for further details)

19 Deerfield Street, 2<sup>nd</sup> Floor

Boston, MA 02215

[www.bu.edu/disability](http://www.bu.edu/disability)

[access@bu.edu](mailto:access@bu.edu)

617-353-3658 (Voice/TTY)

#### **Massachusetts Commission for the Deaf and Hard of Hearing**

Case management, interpreter referral services, information, agency training and technical assistance.

600 Washington St.

Boston, MA 02111

Voice: 617-740-1600; TTY 617-740-1700

Voice: (800) 882-1155

Video Phone: 617-326-7546 (At front desk)

Request an Emergency Interpreter: (800) 249-9949 (24/7 for legal needs, 9:00 AM- 5:00 PM for medical emergencies)

#### **Massachusetts Department of Developmental Services**

Central Office

500 Harrison Ave.

Boston, MA 02118

Phone: 617-727-5608; TTY: 617-624-7783

After Hours Emergency 781-894-3600

Email: [DDS.Info@state.ma.us](mailto:DDS.Info@state.ma.us)

#### **Boston Center for Independent Living**

Provides advocacy information & referral, peer support, skills training and PCA services to enhance the independence of people with disabilities

[www.bostoncil.org](http://www.bostoncil.org)

60 Temple Place, 5th Floor

Boston, MA 02111

617-338-6665; TTY 617-338-6662;

Fax: 617-338-6661; Toll Free 866-338-8085

#### **Massachusetts Department of Public Health - Division for Perinatal, Early Childhood, and Special Health Needs**

Plans, implements, and evaluates public health programs for pregnant women, families with children ages birth to 22 with chronic medical, physical, developmental, behavioral or emotional conditions

Community Support Line:

1-800-882-1435 or

Phone: 617-624-6060

[www.mass.gov/dph/specialhealthneeds](http://www.mass.gov/dph/specialhealthneeds)

#### **Latin American Health Institute**

LHI Social Services Unit provides links to family support services for people with disabilities and links to medical and social services for Latinos living with HIV/AIDS.

<http://www.lhi.org>

95 Berkeley Street, Boston, MA 02116

Phone: 617-350-6900

#### **Various resources of people living with Cancers:**

<http://webmd.com/cancer/cancer-helpline>

**American Cancer Society**

Treatment, services, literature, transportation, equipment, encouragement, support, information and referral

<http://www.cancer.org>

24-Hour, English, Spanish & Chinese

1-800-227-2345

**List of Multiple Resources:**

<http://www.webmd.com/cancer/cancer-helpline>

**COMMUNITY RESOURCES (continued)**

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**Children and Parenting Issues****Department of Children and Families**

Provides for the delivery of various childcare services to families that meet income and/or service need eligibility criteria.

600 Washington St.

Boston, MA 02211

617-748-2000

**Parents Helping Parents**

Referral to support groups nationwide for parents dealing with stress from parenting.

108 Water Street

Watertown, MA 02472

<http://www.parentshelpingparents.org/>

1-617-926-5008

1-800-632-8188 – 24 hour stress line

[info@parentshelpingparents.org](mailto:info@parentshelpingparents.org)

**Massachusetts Department of Public Health  
- Division for Perinatal, Early Childhood,  
and Special Health Needs**

Plans, implements, and evaluates public health programs for pregnant women, families with children ages birth to 22 with chronic medical, physical, developmental, behavioral or emotional conditions.

Community Resource Line:

1-800-882-1435 or

Bureau of Family Health and Nutrition

250 Washington Street

Boston, MA 02108

Phone: 617-624-6060

[www.mass.gov/dph/specialhealthneeds](http://www.mass.gov/dph/specialhealthneeds)

**Boston University Children's Center**

<http://www.bu.edu/family/childcare-centers-on-campus/boston-university-childrens-center/> The

Boston University Children's Center is a full-time early childhood educational program for children of BU employees between the ages of ages 2-5 year old.

32 Harry Agganis Way, Boston, MA 02215

617-353-3413

**Office of Family Resources at BU**

<http://www.bu.edu/family/>

Provides resource and referral for all types of childcare. Information can be obtained for infant, toddler, preschool and school age children. There are school age vacation programs as well as summer school vacation. 985 Commonwealth Avenue, 2nd floor.

Phone: 617-353-5954, Fax: 617-353-2333

**One Tough Job**

Information and support regarding parenting, school & child care, nurturing your family, health & safety, growth & development and parenting tips sorted by age

<http://www.onetoughjob.org>

English & Spanish

## **COMMUNITY RESOURCES (continued)**

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### **Family Planning Services**

#### **ABCD/Boston Family Planning**

Comprehensive family planning counseling, education & medical care including birth control, physical exams, STI, HIV & fertility services. (See also Sexual Assault)

- Services in English & Spanish.
  - Written info. In English, Spanish, Portuguese, Haitian, Creole, Chinese and Vietnamese.
  - Multiple Locations throughout Boston
- <http://bostonabcd.org/boston-family-planning-program.aspx>

Phone: **617-348-6000**

TTY: 617- 423-9215

#### **Planned Parenthood of Greater Boston**

Walk-in hours, English, Spanish.  
Cape Verdean Creole, Haitian Creole translators available.  
1055 Commonwealth Avenue  
Boston, MA 02215-1001  
Phone: 1-800-258-4448;  
Fax: (617) 616-1617

#### **CEOC Cambridge Family Planning**

Multiple locations throughout Cambridge including:  
11 Inman Street, Cambridge, MA 02139  
Phone: 617-868-2900

#### **Health Quarters:**

<http://www.healthq.org/>

Beverly: (978) 922-4490

Haverill: (978) 521-4444

Lawrence: (978) 691-5258

Lynn: (781) 593-1115

#### **Health Imperatives:**

##### **Health Care of Southeastern Massachusetts**

<http://www.healthimperatives.org/>

Southeast region including Cape & Islands

Brockton HQ: (508) 583-3005

[info@healthimperatives.org](mailto:info@healthimperatives.org)

#### **Citizens for Citizens-Family Planning**

Taunton: 508-823-6924

Fall River: 508-679-0198 or 508-673-2400

<http://cfcinc.org/programs/health-programs/family-planning/>

## **COMMUNITY RESOURCES (continued)**

### **Gay/Lesbian/Bisexual/Transgender Resources**

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#### **Gay, Lesbian, Bisexual, Transgender Helpline - Fenway Health**

1340 Boylston St, Boston, MA 02115  
Phone: 617-267-9001  
Toll free: 888-340-4528  
Anonymous and confidential phone lines offering information, referrals and support.

#### **MALE Center**

Community Resource & Wellness Center for Gay and Bisexual Men  
571 Columbus Avenue, Boston, MA 02118  
617-450-1987 **GLBT National Help Center**  
Provides free, confidential phone and internet peer-counseling, info, and local resources  
[www.glnh.org](http://www.glnh.org)  
malecenter@aac.org  
Youth Line (through age 25):  
1-800-246-7743 & online chat support avail.  
All Ages Line:  
1-888-843-4564

#### **Boston Gay and Lesbian Adolescent Social Services (GLASS)**

A community center for GLBT youth ages 13-25, providing a wide range of health and social services.  
25 West St. 3<sup>rd</sup> Floor  
Boston, MA 02111  
Phone: 617-266-3349  
Fax: 617-247-9860  
irivera@jri.org

#### **Gender Talk**

Comprehensive web site and Boston radio talk show advocating for transgender rights and educating about gender identity.  
<http://www.gendertalk.com/>

#### **Peer Listening Line Fenway Health**

Provides confidential health care, information, support, and referrals nationwide. Trained GLBT youth volunteers can help find a service, phone number or just be a friendly and non-judgmental person to listen.  
1340 Boylston Street, Boston, MA 02115  
Phone: 617-267-2535  
Toll free: 800-399-7337

#### **Violence Recovery Program Fenway Health**

Provides counseling, support groups, advocacy, and referral services to Gay, Lesbian, Bisexual and Transgender (GLBT) victims of bias crime, domestic violence, sexual assault and police misconduct.  
617-927-6250; 800-834-3242  
(After 5:00 p.m. or on the weekends, call *Safelink* at **877.785.2020**)  
[VRP@fenwayhealth.org](mailto:VRP@fenwayhealth.org)

#### **Gay and Lesbian Advocates and Defenders (GLAD)**

Leading legal rights organization dedicated to ending discrimination based on sexual orientation, HIV status, and gender identity.  
30 Winter Street, Suite 800  
Boston, MA 02108  
[www.glad.org](http://www.glad.org)  
Legal Info Line:  
In Boston 617-426-1350  
In New England 800-455-GLAD  
Email: [gladlaw@glad.org](mailto:gladlaw@glad.org)

## ***COMMUNITY RESOURCES (continued)***

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### ***HIV/AIDS Resources***

#### **AIDS Action Committee of MA**

AIDS service organization providing education, advocacy, counseling, and referrals.

Boston Office: 75 Amory St.

Cambridge Office: 359 Green Street

<http://www.aac.org>

Main Phone: 617-437-6200

TTY: (617) 437-1394

AIDS/STD Hotline: 1-800-235-2331

Hepatitis Hotline: 888-443-4372

General: [info@aac.org](mailto:info@aac.org)

Client Services: [clientservices@aac.org](mailto:clientservices@aac.org)

#### **Victory Programs Inc.**

Residential treatment and housing programs for homeless individuals and families living with substance abuse, HIV/AIDS and other chronic diseases.

[www.vpi.org](http://www.vpi.org)

965 Mass Ave

Boston, MA 02118

Phone: 617-541-0222

#### **Boston Living Center**

Community resource center for people living with HIV/AIDS.

<http://www.bostonlivingcenter.org/>

<http://www.vpi.org/boston/>

29 Stanhope Street

Boston, MA 02116

Phone: 617-236-1012

#### **Latin American Health Institute**

LHI Social Services Unit provides links to medical and social services for Latinos living with HIV/AIDS, and family support services for people with disabilities.

<http://www.lhi.org>

95 Berkeley Street, Boston, MA 02116

Phone: 617-350-6900

## ***COMMUNITY RESOURCES (continued)***

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### ***Legal Services***

#### **Massachusetts Bar Association Lawyer Referral Service**

20 West Street  
Boston, MA -02111  
Phone: In Boston 617-654-0400  
Toll free in MA: 866-627-7577  
TTY: 617-338-0585  
<http://www.massbar.org/>

#### **Massachusetts Bar Association Dial-a-Lawyer Service**

Free legal advice on the first Wednesday of every month between 5:30pm & 7:30pm.  
Phone: 617-338-0610

#### **Boston College Legal Assistance Bureau**

Free legal services for the following:

- Residents of Waltham, Watertown & Newton
- Small businesses, entrepreneurs, non-profits and first time homebuyers in the Boston area
- Information, advice, and referral to elder (60+years) residents of Belmont, Brookline, Needham, Newton, Waltham, Watertown, Wellesley and Weston - regardless of income.

<http://www.bc.edu/schools/law/services>  
24 Crescent Street, Suite 202  
Waltham, MA 02453-4358  
Phone: 781- 893-4793  
TTY: (781) 736-9006

#### **Disability Law Center, Inc.**

DLC is a private, non-profit organization responsible for providing protection and advocacy for the rights of Massachusetts residents with disabilities in English & Spanish  
[www.dlc-ma.org](http://www.dlc-ma.org)  
11 Beacon Street, Suite 925  
Boston, MA 02108  
Voice: 617-723-8455; 800-872-9992  
TTY: 617-227-9464; 800-381-0577  
Fax: 617-723-9125

#### **Greater Boston Legal Services**

Provides free civil (non-criminal) legal assistance to low-income people in Boston and 31 surrounding cities and towns.  
[www.gbls.org](http://www.gbls.org)  
197 Friend Street  
Boston, MA 02114  
Voice: 617-371-1234  
Toll-Free: 800-323-3205  
TDD: (617) 371-1228



## ***COMMUNITY RESOURCES (continued)***

### ***Sexually Transmitted Disease Resources***

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#### **Massachusetts Department of Public Health, Sexually Transmitted Disease Clinic**

Diagnosis, treatment, information, referrals

<http://www.mass.gov/dph/cdc/std>

305 South Street

Jamaica Plain, MA 02130

Phone: 617 983-6940

Toll Free: 1-866-749-7122

### ***Substance Abuse & Gambling Resources***

#### **Massachusetts Al-Anon and Alateen**

Free, anonymous, confidential local group meetings throughout the region for people who have been affected by someone else's drinking:

[www.ma-al-anon-alateen.org/findmeeting.php](http://www.ma-al-anon-alateen.org/findmeeting.php)

*Literature Distribution Center:*

Information in English, Spanish and French about free, anonymous, confidential local groups throughout the region for people who have been affected by someone else's drinking

57 East Main Street, Suite 109

Westborough, MA 01581-1457

Phone: 508-366-0556

[LDCofMA@aol.com](mailto:LDCofMA@aol.com)

#### **Alcoholics Anonymous - Central Service Committee of Eastern Massachusetts**

Provides information about free, anonymous, confidential local groups throughout the region

[www.aaboston.org](http://www.aaboston.org)

Marine Industrial Park

12 Channel Street, 6<sup>th</sup> Floor

Boston, MA 02210

Voice/TDD: 617-426-9444

#### **Rehabinfo.net**

Educates site visitors through research-based, expert written content; dedicated to providing comprehensive information about addiction, treatment options and the path to full recovery

#### **Bureau of Substance Abuse Services, Massachusetts Department of Public Health**

250 Washington Street

Boston, MA 02108

*Drug or Alcohol Helplines & Website:*

<http://www.helpline-online.com/>

Voice: 800-327-5050

TTY: 888-448-8321

*Gambling Helplines & Website:*

<http://www.masscompulsivegambling.org>

1-800-GAM-1234

TTY: (617) 426-1855

#### **Narcotics Anonymous Helpline**

Meeting sites throughout Massachusetts

P.O. Box 437, Quincy, MA 02169

Toll Free: 1-866-624-3578 (NA-HELP-U)

[www.newenglandna.org](http://www.newenglandna.org)

[info@newenglandna.org](mailto:info@newenglandna.org)

<http://www.rehabinfo.net/>

Rehab Referral Line: (866) 531-8636

## **COMMUNITY RESOURCES (continued)**

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### **Domestic Violence Shelters & Services serving the Boston Area Offer services in various languages &/or for people with disabilities:**

#### **National Domestic Violence Hotline**

24-hours/day, English, Spanish & translators in 170 languages

<http://www.thehotline.org/>

1-800-799-7233

TDD: 1-800-787-3224

#### **Casa Myrna Vasquez**

24 hours /English, Spanish, Portuguese & translators for 140 languages

<http://www.casamyrna.org/>

(617) 521-0100

SafeLink Hotline: 1-877-785-2020

TTY: 1-877-521-2501

#### **Asian Task Force Against Domestic Violence**

English, Chinese, Cantonese, Mandarin, Taiwanese, Hindi, Japanese, Khmer, Korean, Nepali, Punjabi, Tagalog, Filipino, Tibetan, Urdu, & Vietnamese

<http://www.atask.org/site/>

(617) 338-2355

#### **For situations involving LGBT & polyamorous relationships:**

##### **The Network/La Red**

LGBT, polyamorous relationships, English & Spanish

<http://tnlr.org/>

Phone & TTY: (617) 742-4911

##### **Gay Men's Domestic Violence Project**

<http://gmdvp.org/>

1-800-832-1901

##### **Respond, Somerville**

English, Spanish & French

<http://www.respondinc.org/Home.aspx>

(617) 623-5900, TTY Dial: 711

##### **FINEX House, Boston**

Services in English, Chinese, Haitian Creole, Portuguese, Spanish, Vietnamese & Zulu, Wheelchair accessible

<http://finexhouse.org/what-is-abuse.htm>

(617) 436-2002

##### **Renewal House, Roxbury**

Services in English & Spanish

<http://www.uuum.org/567026>

(617) 566-6881

##### **The Network/La Red**

English & Spanish, LGBT & polyamorous relationships

<http://tnlr.org>

1-617-742-4911

1-800-832-1901

#### **For Women & Children Only:**

**Rosie's Place, Boston** - (617) 442-9322

**Transition House, Cambridge**

(617) 661-7203

#### **For Both Men & Women:**

**REACH Beyond Domestic Violence**

<http://www.reachma.org/>

1-800-899-4000

***Sexual Assault:***

**Boston Area Rape Crisis Center:**

99 Bishop Allen Drive

Cambridge, MA 02139

<http://www.barcc.org/>

**617-492-8306 (During business hours)**

1-(800) 841-8371

TTY: (617) 492-6434

24 hours/day, 12 years old-adulthood